

MONDAY

Collage
10am – 12pm

Chair Based Exercise £6
10:30am-12:00pm

Textiles
1pm - 3pm

TUESDAY

Art & Design and Paperwork
10am – 12pm

Massage £6
10.30am -12.30pm

WEDNESDAY

Pottery
Starting 7th June 2017
£126.00 6 classes
10am - 12noon

Mosaic/Ceramic
Starting 7th June 2017
£126.00 6 classes
12:45pm – 2.45pm

Music
1pm - 2pm – For users of the centre

Social media (Over 50)
2pm - 4pm (free)

THURSDAY

Painting & Drawing
10am - 12noon

Choir £1.50
11am – 12.30pm

Massage £6
12:30pm - 1:45pm

Painting & Drawing
1pm - 3pm

FRIDAY

Art & Design
10am -12noon

Art & Crafts
1pm - 3pm

8 Classes for only £48

Massage and Chair based exercise £6 per session

Choir £1.50 per session

Pottery or Mosaic/Ceramic - £126.00 for 6 Classes



The aim of these classes is to provide a comfortable and fun atmosphere in which clients can learn new skills and explore their creativity.

Pottery – A 6 week course for beginners; enjoyable course who would like to experience and explore various ceramic techniques – press molding, pinching, coiling and slab building. Pots will be decorated, glazed and fired during the course. Kiln firing will be briefly explained and all work will be fired. The aim of this course is to introduce basic pottery techniques. You will learn to make pinch and coiled forms, slab built forms, glazing your work using engobes, decorating the forms with coloured slips and simple figurative sculpture in clay. You will be shown surface decoration techniques and apply them to the forms you make. Limited places available. The course cost **£126.00**.

Days & Times: Wednesday 10am – 12pm

Exploring Collage - Get started and be inspired with 2D and 3D collage first used as an artists' technique in the 20th century. Whether telling a story or getting in contact with your creativity learn how to express yourself in this dynamic form that anyone can enjoy, mixing media and transforming found objects and materials.

Day & Time: Monday 10am-12pm

Textiles - The Textiles course takes a fun and creative approach to vintage techniques such as appliqué, patchwork, quilting and the sampler in the spirit of re-cycling, re-purposing; making fabric boxes, appliqué stuffed figures, colourful tote bags, cushions etc, using a range of decorative embroidery stitches. The course encourages individuals to build on their own unique strengths, cultures and fine motor skills to develop their own designs and directions at a pace that suits their own needs in a sociable and supportive environment.

Day & Time: Monday 1pm-3pm

Winkfield Resource Centre, 33 Winkfield Road, Wood Green, London N22 5RP
Tel 020 8489 8200

Painting & Drawing - Discover the fundamental skills of painting and drawing alongside discussions on diverse artists and their work. Explore different types of paint, painting methods and techniques. In the morning we will concentrate on painting and drawing and in the afternoons we will be exploring design plus different painting techniques. Ideal if you have little or no previous experience.

Day & Times: Thursday 10am – 12pm and 1pm – 3pm

Art & Design - Learn the practical techniques within the creative areas of Art, Design and Crafts. Experiment with a variety of tools and resources to create decorative items as: Necklaces, bracelets, wall hangings and bags. These creative workshops will be for beginners. Craft tools and craft resources will be provided.

Day & Times: Tuesday 10am – 12pm and Friday 10am -12pm and 1pm – 3pm

Social Media - Learn more about the internet and computers. Learn how to use email, write letters & send photos to friends and relatives without going out or paying for stamps.

Day & Times: Wednesday 2pm – 4pm

Massage & Chair Based Exercise - Tottenham Hotspur run weekly Chair based Exercises and Massage/Physiotherapy sessions in the Centre through its Foundation programme for clients at a low price of £6 per session.

Days & Times: Massage Tuesdays 10:30am-12:30pm & Thursdays 12:30pm-2pm Chair based exercise Mondays 10:30am-12:00pm

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Music - Music is an art form and cultural activity. Come & have fun playing instruments & sing in a group.

Days & Times: Wednesday 1pm – 2pm

Mosaic & Ceramic – **A 6 week course** for beginners; designed for beginners or people who want to develop their artistic and pattern making skills. Discover how to design and layout mosaic patterns on a variety of surfaces through demonstration. You will learn basic mosaicing techniques, like making templates, arranging and grouting to create unique pieces. Limited places available. The course cost **£126.00**.

Day & Times: Wednesday 12:45pm – 2.45pm

Choir - Singing is proven to improve health and well-being and a fabulous way to bring people together. This is a very popular group and we know all the songs that people like to sing in unison. Come and join in for just £1.50 per session.

Days & Times: Thursday 11am- 12:30pm

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