



Women's History Month 2021 Event Listings

Enjoy an exciting programme of online events and activities, designed to celebrate Haringey's women past and present, taking place throughout March 2021.

Enjoy discussions, outdoor exhibitions, craft, performances and activity days- all celebrating a whole host of women who have made their mark on the borough and beyond.

- Book events in advance
- Check with event contacts in advance of attending events in case of changes to listings or times
- Follow current government COVID19 guidance
- Please note that some events may be recorded

These pages will be updated regularly with new events and activities happening in Haringey.

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| Date: | Throughout March 2021 |
| Event Name: | Open Out Gallery: Celebrating Althea McNish |
| Place: | External window display, on the ground floor of East Wing (facing children's playground) of Bruce Castle Museum, Lordship Lane N17 8NU |
| Price: | Free |
| Event Details: | <p>OPEN OUT GALLERY is an art project where you can enjoy works by local artists, outside. Throughout March we will be celebrating local textile designer Althea McNish with a display of her fabrics in the ground floor windows of Bruce Castle Museum.</p> <p>Althea McNish was an internationally important textile designer and artist who was one of our neighbours - living here in Haringey, in West Green Road in Tottenham for nearly sixty years.</p> <p>Regarded as part of the Windrush generation, originally from Trinidad, Althea came to the UK in her late teens and had a prestigious career as a designer and became the first woman to rise to prominence in the field of textile design, designing Caribbean inspired fabrics for Liberty and Heal's.</p> |
| Booking information: | No booking necessary, just walk by! |

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| Date: | Throughout March 2021 |
| Event Name: | LITTLE Open Out Gallery: Celebrating Althea McNish |
| Place: | External window display, on the ground floor (facing children's playground) of Bruce Castle Museum, Lordship Lane N17 8NU |
| Price: | Free |
| Event Details: | <p>LITTLE OPEN OUT GALLERY is an art project where you can enjoy works created by local schoolchildren, outside! Throughout March we will be celebrating local textile designer Althea McNish - with a display of works created by schoolchildren from the 'Althea McNish' class at Tiverton Primary in Tottenham, inspired by Althea's fabrics - in the ground floor windows of Bruce Castle Museum. This exhibition compliments a display of Althea's fabrics in the larger windows of BCM's East Wing.</p> <p>Althea McNish was an internationally important textile designer and artist who was one of our neighbours - living here in Haringey, in West Green Road in Tottenham for almost sixty years, until her death in 2020.</p> <p>Regarded as part of the Windrush generation, originally from Trinidad, Althea came to the UK in her late teens and had a prestigious career as a designer and became the first woman to rise to prominence in the field of textile design, designing Caribbean inspired fabrics for Liberty and Heal's.</p> |
| Booking information: | No booking necessary, just walk by! |

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| Date: | Throughout March |
| Event Name: | Download: Women's History Month Quiz |
| Time: | n/a |
| Place: | YouTube and Haringey Website |
| Price: | Free |
| Event Details: | <p>This Women's History Month Family Quiz has been created by Mangozookidz and is a fun activity to involve all of your family and test your general knowledge of women role models throughout history.</p> <p>To play along in your own time, you can either watch a pre-recorded version of the questions and answers on YouTube or download the quiz sheets from www.haringey.gov.uk/whm/familyactivities</p> |
| Booking information: | For more information, or to be sent a link to the YouTube pre-recorded version, email info@mangozookidz.com or Tel: 07930 342 261 |

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| Date: | Every Monday & Wednesday Throughout March 2021 |
| Title: | Virtual Library Storytime: Little People, Big Dreams |
| Time: | 11am |
| Place: | Facebook & Instagram Live Haringey Libraries: Facebook Live Haringey Libraries: Instagram Live |
| Price: | Free |
| Description: | Join us for readings of eight pre-recorded short stories about remarkable women throughout history - aimed at children, but all ages are welcome to enjoy. |

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| | <p>The stories are taken from the 'Little People, Big Dreams' series, published by Frances Lincoln Children's Books. Titles include: Maya Angelou, Jane Austen, Anne Frank, Frida Kahlo, Ada Lovelace, Dolly Parton, Mary Shelley and Harriet Tubman.</p> <p>Take part by clicking on the Haringey Libraries Facebook or Instagram Live at 11am on the relevant day, to watch a different story:</p> <p>You are also welcome to join us for pre-recorded craft activities relating to some of the amazing women in the stories above. See details in our separate Virtual Craft Activity listing below.</p> <p>All of these titles, plus others in the series, are in stock and available to borrow from Haringey Libraries throughout Women's History Month, click on the links below to borrow each book:</p> <p>Week 1 1st - Maya Angelou: https://bit.ly/3dH58Xr 3rd - Dolly Parton: https://bit.ly/3pJpVvR</p> <p>Week 2 8th - Jane Austen: https://bit.ly/2ZC7gXY 10th - Frida Kahlo: https://bit.ly/3qMBWBO</p> <p>Week 3 15th - Ada Lovelace: https://bit.ly/3qKgTQj 17th - Mary Shelley: https://bit.ly/3dCpQaO</p> <p>Week 4 22nd - Harriett Tubman: https://bit.ly/3ujzCo9 24th - Anne Frank: https://bit.ly/2P19zSB</p> |
| Booking information: | No booking required, just follow the links above |

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| Date: | Every Tuesday in March |
| Event Name: | <i>WeMove: Young Womxn's Discussion & Creativity Group</i> |
| Time: | 5 to 6pm |
| Place: | Online (Zoom) please book your place |
| Price: | Free |
| Event Details: | A supportive space for discussion, debate and to share and develop your creative work; this could be art, writing, music or dance. This session is for anyone aged 17 to 21 who identifies as female or gender non-binary. |
| Booking information: | For more details, please email info@wemovedance.com or message Camilla 07493 612 589 |

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| Date: | Every Wednesday in March |
| Event Name: | Online Girls Only 11+ Boxing Session (usually at the Selby Boxing Club) |
| Time: | 5pm |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | Join our online. girls only, boxing club (usually at the Selby Centre). Learn to box from home. This is a great way to mix fitness and fun! All abilities welcome, |
| Booking information: | For Zoom link please contact Selby ABC by calling 07534 287 618 or by messaging @selbyabc1 on Instagram. |

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| Date: | Every Friday in March |
| Event Name: | Online Event: <i>Imagine a Journey with Wheely Tots</i> |
| Time: | 11.30am to 12noon |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | Join our weekly online parent and toddler walks to celebrate Women's History Month, where we will (virtually) meet, to share stories and plan routes to explore our areas. Wheely Tots is a UK Registered Charity that is centred around social integration and getting families active together. This event is open to all women and children. |
| Booking information: Contact details/Age restrictions etc. | This event will happen on Zoom, contact Antoinette on Antoinette@wheelytots.com or by calling 07397 902255 to be sent joining details. |

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| Date: | Every Friday in March |
| Event Name: | <i>WeMove: Afrofusion Dance with Fumy!</i> |
| Time: | 5 to 6pm |
| Place: | Online (zoom), please book your place by following the link below |
| Price: | Free |
| Event Details: | A lively dance class using a variety of Afrofusion styles, taught by one of London's leading choreographers, Fumy Opeyemi. All levels welcome. This class is aimed at people aged 12 – 19. |
| Booking information: | For more details, please email info@wemovedance.com or message Camilla 07493 612 589 |

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| Date: | Thursday 4 th March 2021 |
| Event Name: | Lockdown Lunch: Women's History Month and Me |
| Time: | 2pm |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | Lockdown Lunches bring people together over creativity, live performance and community. In this WHM special, the theme set will be 'Women's History Month and Me', and guests are invited to create poems, songs, stories, art etc around the theme, to be shared at the event. However, to attend you do not need to share and are more than welcome to just listen. We create an extremely warm environment, full of dynamic performances and the opportunity to feel creatively energised and be a part of a new community. This event is suitable for all ages, but aimed at those 55+ |
| Booking information: | Book your place and receive the link to join by emailing Radhika at radhika@jacksonslane.org.uk |

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| Date: | Monday 8 th to 15 th March |
| Event Name: | Wiredo |
| Place: | Online |
| Price: | Free |
| Event Details: | Jacksons Lane will be delving into their archive to make digitally available pre-recorded performances, throughout March from female artists. |

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| | <p>Thrilling and intense solo circus from Finnish artist Hanna Moisala Co-produced with Jacksons Lane, WireDo is about human senses, combining the techniques of tightwire walking and Shibari.</p> <p>Shibari is an ancient Japanese art-form that, deals with tying oneself up with ropes. The piece is a collaboration of the freestanding wire and human bondage.</p> <p>With her body, a tightwire and a physical composition that draws on the Japanese art of Shibari Hanna Moisala's WireDo, tells a gripping story of stepping out of one's comfort zone.</p> <p>Parental Guidance 12+</p> |
| Booking information: | Available to stream online at http://www.jacksonslane.org.uk/whats-on |

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| Date: | Monday 8 th March 2021 |
| Event Name: | Stories of Power with Charmaine Childs |
| Time: | At 2pm and again at 7pm |
| Place: | Online, please book your place by following the link below |
| Price: | £5, with a limited number of complimentary tickets available for those who require them |
| Event Details: | <p>Be the Strong Lady in your own personal circus, learn mental 'feats of strength' to help you achieve the impossible. <i>Stories of Power</i> invites participants to identify and craft a story from their own experience of being powerful. Join Charmaine of Strong Lady Productions.</p> <p>This event is suitable for ages 15+</p> |
| Booking information: | To book your place visit this link: https://www.jacksonslane.org.uk/whats-on/womens-history-month-stories-of-power |

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| Date: | Monday 8 th March 2021 |
| Event Name: | Online Panel Discussion: United Black Women's Action Group (UBWAG) |
| Time: | 7 to 8.30pm |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | <p>Join this online panel discussion with former United Black Women's Action Group (UBWAG) members, including civil rights campaigner and community activist, Baroness Martha Osamor; Monica White, former UBWAG member; and Stella Dadzie, author, education activist and historian. UBWAG was active in Haringey in the late 70s/early 80s and forms part of the rich tapestry of women's history in the borough. The discussion will be chaired by Cllr Hearn, Haringey Council's Lead Member for Equalities.</p> |
| Booking information: | <p>Booking is essential. To register, please book via https://www.eventbrite.co.uk/e/online-panel-discussion-united-black-womens-action-group-ubwag-tickets-143574835197</p> |

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| Date: | Tuesday 9 th March 2021 |
| Event Name: | Online Interactive Information Session: Become a VAWG Community Champion or Safe Space in Haringey |
| Time: | 10 to 11am |
| Place: | Online (Microsoft Teams) |
| Price: | Free |

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| Event Details: | Join us for this interactive information session to find out more about our Coordinated Community Response to end Violence Against Women and Girls (VAWG) and learn how you can make a difference in your community by becoming a VAWG Community Champion or Safe Space in Haringey |
| Booking information: | Book your free place on Eventbrite: https://www.eventbrite.co.uk/e/information-session-become-a-vawg-community-champion-in-haringey-tickets-142218367967 If you have any questions, please email vawg@haringey.gov.uk |

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| Date: | Wednesday 10 th March 2021 |
| Event Name: | Culture Bubble: The Contemporary Stage (Women's History Month Edition) |
| Time: | 7pm to 8.30pm |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | <p>Join an all-female panel of pioneering contemporary theatre makers in a discussion about the state of the contemporary stage. Each speaker is breaking new ground in the fields of verbatim theatre, community theatre, under representation on the stage and carbon neutral productions. The future of the theatre has never been in safer hands. So join the revolution, and ask the panellists those burning questions you've always wanted answering, but were afraid to ask!</p> <p>Panelists;</p> <ul style="list-style-type: none"> • Helen Monks – Lung Theatre • Abigail Sewell - Uproot Productions • Beth Sitek – Freelance Producer, Stage Manager and Performance Artist • Hetty Hodgson – Pigfoot Theatre <p>This event is for young people aged 16-24 who wish to embark on a creative career and is programmed by Alexandra Palace's Young Creative Industries Network.</p> <p>The webinar will conclude with a live Q&A, giving audiences the chance to probe our top creatives about the sector and answer questions about kick-starting a career in the arts.</p> <p>Please note that this event will be recorded.</p> |
| Booking information: | Register via this link https://us02web.zoom.us/webinar/register/WN_ncggggSGRbS5ccniGBQJ5Q |

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| Date: | Thursday 11 th March 2021 |
| Title: | Online Reading Group Event: <i>Discussing Becoming by Michelle Obama</i> |
| Time: | 1.30 to 3pm |
| Place: | Zoom, access via Eventbrite booking |
| Price: | Free |
| Description: | In celebration of Women's History Month, the Central Library Reading Group will be discussing <i>Becoming</i> , the memoir of the former First Lady of the United States, Michelle Obama, who was voted the world's 'Most Admired Woman' in 2019. |

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| | <p>Copies of the book are available to borrow on the Haringey Library Catalogue:</p> <ul style="list-style-type: none"> • Print: https://bit.ly/2NSoC07 • eBook: https://haringey.overdrive.com/media/3859391 • Audiobook: https://haringey.overdrive.com/media/3864841 • BorrowBox: https://bit.ly/3qOTPjK <p>This event is open to everybody over 16 years of age</p> |
| Booking information: | <p>Book via Eventbrite to get Zoom access: https://www.eventbrite.co.uk/e/reading-group-event-central-library-discusses-becoming-by-michelle-obama-tickets-142483978415</p> <p>Or please call 020 8489 2700 to book your space.</p> |

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| Date: | Thursday 11th March 2021 |
| Title: | Virtual Library Craft Activity: <i>Make a Flower Headdress</i> |
| Time: | 4.30pm |
| Place: | Facebook & Instagram Live Haringey Libraries: Facebook live Haringey Libraries: Instagram Live |
| Price: | Free |
| Description: | <p>Join this pre-recorded children's craft activity delivered by Haringey Libraries. Download the <i>Make a Flower Headdress</i> craft template from www.haringey.gov.uk/whm/familyactivities and follow the links above to watch a 'how to' video on how to create your own flower headdress, inspired by the Mexican artist Frida Kahlo (1907-1954),</p> <p>This activity is related to the 'Little People, Big Dreams' series, published by Frances Lincoln Children's Books. It is one of three crafts related to three of these books: Anne Frank, Frida Kahlo and Mary Shelley especially for Women's History Month.</p> <p>The activity sheet is also available with Ready Read book orders.</p> <p>Ready Read Book Packs can be requested via this link: https://bit.ly/3dyjgSz or by calling 020 8489 2700</p> |
| Booking information: | No booking required, just follow the links above |

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| Date: | Saturday 13 th March 2021 |
| Event Name: | Online Workshop: <i>Women with a Voice</i> |
| Time: | 11am to 12.30pm |
| Place: | Online |
| Price: | Free |
| Event Details: | <p>The Storytelling Lab is celebrating Women's History Month through storytelling.</p> <p><i>'Our lives, our cultures, are composed of many overlapping stories'</i> - Chimamanda Ngozi Adichie</p> <p>Our stories are powerful so it's wise to pay attention to which ones we are telling. When we own our stories, we claim our power. We will be talking about the importance of storytelling as stories help us connect and learn how much we have in common.</p> |

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| | <p>Come along to share and listen to stories and poems that celebrate our achievements and successes. Bring along a favourite poem, quote or story to share.</p> <p>This event will be hosted by Lady Esi and is open to all.</p> |
| Booking information: | <p>Book your free space on https://www.eventbrite.co.uk/e/women-with-a-voice-tickets-141736386347 or by emailing thestorylab100@gmail.com</p> |

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| Date: | Sunday 14 th March 2021 |
| Title: | Online Yoga Session: <i>Yin Yoga (for bloating and period pains)</i> |
| Time: | 12.30 to 1pm |
| Place: | Online (Zoom), access via email booking |
| Price: | Free |
| Description: | <p>Yin Yoga is a slow-paced style of yoga postures, incorporating principles of Traditional Chinese Medicine, with asanas that are held for longer periods of time. Asanas are held from 45 seconds to two minutes. Yin Yoga poses apply moderate stress to the connective tissues of the body—the tendons, fasciae, and ligaments—with the aim of increasing circulation in the joints and improving flexibility.</p> <p>This is one of three yoga sessions focusing on women's health and well-being: Note from the host: Welcome! As a certified practitioner and yoga teacher, I want to make the practice of yoga accessible to everyone and share my passion with you. Enjoy the visit! Practice with confidence - I am a trained and insured:</p> <ul style="list-style-type: none"> • Hatha, Vinyasa and Yin Yoga Teacher Diploma - Yoga Alliance USA Certification • Reiki Practitioner Level 2. • NLP Practitioner • Meditation Practitioner <p>This event is open to women over 16 years.</p> |
| Booking information: | <p>To book your space email the instructor at canaria1@hotmail.com More information available at https://www.lagunayoga.org/</p> |

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| Date: | Monday 15 th March 2021 |
| Title: | Virtual Book Club: <i>Discussing The Color Purple</i> |
| Time: | 1 to 2pm |
| Place: | Zoom, access via Eventbrite booking |
| Price: | Free |
| Description: | <p>Join our virtual Book-Club meeting where we will be discussing <i>The Color Purple</i>, Alice Walker's Pulitzer Prize Winning 1982 novel.</p> <p>Copies of the book are available to borrow from the Haringey Library Catalogue:</p> <ul style="list-style-type: none"> • Print: https://bit.ly/3uur0LJ • AudioBook : https://bit.ly/3ul9p8B <p>This event is open to everybody over 16 years of age</p> |
| Booking information: | <p>Book via Eventbrite to get Zoom access: https://www.eventbrite.co.uk/e/reading-group-event-central-library-discusses-becoming-by-michelle-obama-tickets-142483978415</p> |

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| | Alternatively email kady.christou@haringey.gov.uk to book or call 020 8489 2700 |
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| Date: | Monday 15 th March 2021 |
| Event Name: | Online Monthly Networking Evening: <i>M.O.B My Own Business</i> by 4U2 newsmag |
| Time: | 7 to 8pm |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | Join our monthly networking event for women entrepreneurs. |
| Booking information: | To book, please contact MOB@4u2newsmag.com or call 07778 224 342. For more information, please visit our website www.4U2newsmag.com |

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| Date: | Monday 15 th to 22 nd March |
| Event Name: | <i>HYENA</i> |
| Place: | Online |
| Price: | Free |
| Event Details: | <p>Jacksons Lane will be delving into their archive to make digitally available pre-recorded performances, throughout March from female artists.</p> <p>Co-produced with Jacksons Lane, boisterous and wild, <i>HYENA</i> is a synchronised display of sisterhood, strength and power, fusing circus, dance and song. These wild women epitomise their truthful fierce friendship and tribal solidarity with this creation of thrilling physical ritual and a heart-wrenching need to belong.</p> <p>Parental Guidance 12+</p> |
| Booking information: | Available to stream online at http://www.jacksonslane.org.uk/whats-on |

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| Date: | Thursday 18 th March 2021 |
| Title: | Online Writing Workshop: <i>Quotes for Women</i> |
| Time: | 1.30 to 3pm |
| Place: | Zoom (access via Eventbrite booking below) |
| Price: | Free |
| Description: | <p>Join our writing workshop, part of our Women's History Month. <i>Quotes for Women</i> invites women to attend this Zoom workshop and bring along any quotes about women they would like to share and discuss with the group. Afterwards, we shall write and share our own new quotes about, and in celebration of women.</p> <p>No experience needed.</p> <p>This event for women 16 years and over.</p> |
| Booking information: | Book via Eventbrite to get Zoom access: https://www.eventbrite.co.uk/e/quotes-for-women-writing-workshop-tickets-142487021517 Or please call 020 8489 2700 to book your space. |

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| Date: | Thursday 18 th March 2021 |
| Title: | Virtual Library Craft Activity: <i>Make a Frankenstein Mask</i> |
| Time: | 4.30pm |
| Place: | Facebook & Instagram Live Haringey Libraries: Facebook live Haringey Libraries: Instagram Live |

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| Price: | Free. |
| Description: | <p>Join this pre-recorded children's craft activity delivered by Haringey Libraries. Download the Make a Frankenstein Mask craft template* from www.haringey.gov.uk/whm/familyactivities and click on the links above to watch a 'how to' video on how to create your own Frankenstein mask, inspired by the gothic novel 'Frankenstein' or 'The Modern Prometheus' written by the author Mary Shelley.</p> <p>This activity is related to the 'Little People, Big Dreams' series, published by Frances Lincoln Children's Books. It is one of three crafts related to three of these books: Anne Frank, Frida Kahlo and Mary Shelley especially for Women's History Month.</p> <p>The activity sheet is also available with Ready Read book orders.</p> <p>Ready Read Book Packs can be requested via this link: https://bit.ly/3dyjgSz or by calling 020 8489 2700</p> <p>Please note that activity sheets will be uploaded a day before the event.</p> |
| Booking information: | No booking required, just follow the links above |

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| Date: | Friday 19 th March 2020 |
| Event Name: | Online Event: <i>Celebrating Influential Young People for Women History Month</i> |
| Time: | 5 to 7pm |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | <p>Join us for this special event for Women's History Month where young people will be discussing the change, challenges and opportunities they have experienced over the past year. We will be joined by guest speakers who will be discussing their own stories.</p> <p>As it is Women's History Month, everyone attending is encouraged to wear the symbolic colours green, purple and white on the day of the event.</p> <p>The event is aimed at young people aged 11 to 25.</p> |
| Booking information: | <p>Booking is essential, to get an ID code for Zoom please contact: Aminata Conteh at aminata.conteh@haringey.gov.uk T: 07976953259 or Charita Frederick at charita.frederick@haringey.gov.uk T: 07814979690</p> |

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| Date: | Sunday 21 st March 2021 |
| Event Name: | Online WHM Activity Day: <i>Care to Challenge</i> |
| Time: | 10am to 6pm (drop in whenever you like) |
| Place: | Online (Zoom), booking is essential contact sonjascantlebury@gmail.com for booking details |
| Price: | Free |

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| Event Details: | Pop in throughout the day for our online Women's History Month Activity Day, <i>Care to Challenge</i> . Try out some inspiring taster sessions organised by women in Haringey including: boxing sessions, healthy eating talks, poetry classes, dance sessions and much more! |
| Booking information: | For more information and to book a session contact: sonjascantlebury@gmail.com |

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| Date: | Sunday 21 st March 2021 |
| Event Name: | Online Activity: <i>Create Therapeutic Energy</i> |
| Time: | Morning session, contact Curly Shia for details |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | This taster class will show you techniques to enhance your stretching experience using visualisation in movement. Kinetic stretches help to release energy, reset our priorities, and help boost wellbeing and confidence, A truly inspiring, transcendent, and healing experience for your body and mind. |
| Booking information: | For more information, please email Curly Shia at riotfitness@hotmail.com or call 07944826040. To book any other classes. visit gymcatch.com/riotfitness to see the schedules. |

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| Date: | Sunday 21 st March 2021 |
| Title: | Online Yoga Session: <i>Hatha Yoga for Women</i> |
| Time: | 12.30 to 1pm |
| Place: | Zoom |
| Price: | Free |
| Description: | <p>Hatha yoga classes use the breath to create a link between the body and the mind. Hatha classes build flexibility and strength while minimizing the chance of injury. This well-rounded style balances and opens the body. You will learn to still the mind and be present in the moment.</p> <p>This is one of three yoga sessions focusing on women's health and well-being: Note about from host: Welcome! As a certified practitioner and yoga teacher, I want to make the practice of yoga accessible to everyone and share my passion with you. Enjoy the visit! Practice with confidence I am a trained and insured:</p> <ul style="list-style-type: none"> ● Hatha, Vinyasa and Yin Yoga Teacher Diploma - Yoga Alliance USA Certification ● Reiki Practitioner Level 2. ● NLP Practitioner ● Meditation Practitioner <p>This class is open to women over 16 years.</p> |
| Booking information: | To book your space email the instructor at canaria1@hotmail.com More information available at https://www.lagunayoga.org/ |

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| Date: | Sunday 21 st March 2021 |
| Event Name: | Online Talk: <i>History of Women's Football</i> |
| Time: | 2pm, duration 60 mins including Q &A |
| Place: | Online |
| Price: | Free |

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| Event Details: | Join this session, delivered by the Tottenham Hotspur Foundation, where you will discover how significant Haringey was for international women's football in the 19th century. Watch recorded history of women's football in the UK, real footage of 19 th century women playing football and learn about how women were portrayed by the press. This event is for those aged over 18, anyone under 18 is also welcome but must be accompanied by an adult. |
| Booking information: | Please register with the Tottenham Hotspur Foundation to receive booking details by contacting Joanna Yeung, at foundation@tottenhamhotspur.com |

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| Date: | Sunday 21 st March 2021 |
| Event Name: | Online Taster Session: <i>Girl Power, Be Active</i> with DILI management |
| Time: | 1 to 1.30pm |
| Place: | Instagram @DILICISports |
| Price: | Free |
| Event Details: | Get active and take part in our online taster session <i>Girl Power Get Active, This Girl Can</i> athletic fitness workout session. We're calling all girls and women in Haringey to join our exciting FREE online athletic fitness session. Let us bring the FUN and feel-good factor of a live class direct to your living room, for the most fun you will ever have while exercising! This class is for girls aged 8+ and women. |
| Booking information: | For more information call 07751 609 136 or email info@dilimanagement.com |

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| Date: | Tuesday 23 rd March 2021 |
| Title: | Online Events: <i>Women in Business Meet the founder – Downhill's Park Café</i> |
| Time: | 4pm |
| Place: | Zoom, access via Eventbrite booking |
| Price: | FREE |
| Description: | Join us to get insights from Haringey based founder Neri Gun and her female led team from Downhill's Park Café about the realities of running a hospitality business and the importance of being adaptable. This is a chance to connect and hear from a food retail business and social enterprise that has remained serving the community, despite being one of the most impacted sectors during the COVID pandemic. Topics covered: <ul style="list-style-type: none"> • How to find the right location as a start-up • How to build and maintain a flexible team • Balancing profit while prioritising the needs of community • The challenges and rewards of running a food business, before and during COVID <p><i>This event supports Start-ups in London Libraries in Haringey, which is funded by the European Regional Development Fund, JP Morgan and the British Library.</i></p> |

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| Booking information: | Book via Eventbrite to get Zoom access: https://www.eventbrite.co.uk/e/female-founder-starting-a-food-business-for-the-community-tickets-141362502049 Or email Nicola.moore@haringey.gov.uk |
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| Date: | Thursday 25 th March 2021 |
| Title: | Online Reading Group Event: <i>Discussing Lady Audley's Secret by Mary Elizabeth Braddon</i> |
| Time: | 1.30 to 3pm |
| Place: | Online (Zoom) |
| Price: | Free |
| Description: | Central Library Reading Group, in celebration of Women's History Month, will be discussing <i>Lady Audley's Secret</i> by Mary Elizabeth Braddon. In a plot involving bigamy, arson and murder, <i>Lady Audley's Secret</i> was one of the most successful 'sensation' novels of the nineteenth century. The book is available to borrow from the Haringey Library Catalogue: https://bit.ly/3bx28Ke This event is open all, over 16 years of age |
| Booking information: | Book via Eventbrite to get Zoom access: https://www.eventbrite.co.uk/e/reading-group-event-central-library-discusses-lady-audleys-secret-by-mary-tickets-142487849995 Or please call 020 8489 2700 to book your space. |

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| Date: | Thursday 25 th March 2021 |
| Title: | Virtual Library Craft Activity: <i>Make a Journal</i> |
| Time: | 4.30pm |
| Place: | Facebook & Instagram Live Haringey Libraries: Facebook live Haringey Libraries: Instagram Live |
| Price: | Free. |
| Description: | Join this live children's craft activity delivered by Haringey Libraries. Download the Make a Journal craft template* from www.haringey.gov.uk/whm/familyactivities and watch the 'how to' video on to create a your own journal, to celebrate the young Diarist Anne Frank (1929-1949). This activity is related to the 'Little People, Big Dreams' series, published by Frances Lincoln Children's Books. It is one of three crafts related to three of these books: Anne Frank, Frida Kahlo and Mary Shelley especially for Women's History Month. The activity sheet is also available with Ready Read book orders. Ready Read Book Packs can be requested via this link: https://bit.ly/3dyjqSz or by calling 020 8489 2700 * Please note that activity sheets will be uploaded a day before the event. |
| Booking information: | No booking required, just follow the links above |

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| Date: | Thursday 25 th March |
| Event Name: | Online Talk: <i>Talking Textiles: Celebrating the Crafting Genius of Althea McNish</i> |
| Time: | 7.30 to 9pm |

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| Place: | Online (Zoom), booking is essential |
| Price: | Free |
| Event Details: | <p>Althea McNish is a cultural icon in the world of textiles. She began designing over sixty years ago in this country, with her designs gracing a myriad of spaces.</p> <p>Althea died in April 2020. For almost sixty years she had made Tottenham her home, living in the same house with her husband John Weiss in West Green Road. Regarded as part of the Windrush Generation, Althea's extraordinary contribution to the design culture and couture of British textile design, and beyond in the wider arts, is being constantly reassessed and brought to the fore.</p> <p>Join Rose Sinclair of Goldsmiths College (external link), lecturer in Design Education, for this special talk for Women's History Month, as we celebrate the life of Althea McNish. We will look at the textiles by Althea in the collections of Bruce Castle Museum, and also the impact and vast range of her work in the world of design.</p> <p>This presentation looks at the place of textiles through the black British design and female lens, and asks what is it to craft and design as a black woman? What are the legacies of Althea's work in the 21st century?</p> |
| Booking information: | <p>Booking is essential. To register, please book via https://www.eventbrite.co.uk/e/talking-textiles-celebrating-the-crafting-genius-of-althea-mcnish-tickets-143577635573</p> |

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| Date: | Sunday 28th March 2021 |
| Title: | Online Class: Yoga for women over 60 |
| Time: | 12.30 to 1pm |
| Place: | Zoom, access via Eventbrite booking |
| Price: | Free |
| Description: | <p>Yoga for women over 60 helps with mobility, relaxation, reduces aches and pains, maintains muscle strength, and improves general strength and fitness. Yoga is recognised as being a good way for all, including older generations, to keep fit, stay mobile and socialise. Regular exercise reduces the risk of chronic disease. Yoga can be an excellent low-impact exercise option that's easier on the body than activities like cardio fitness or running.</p> <p>The third of three yoga sessions focusing on women's health and well-being: Note about from host: Welcome! As a certified practitioner and yoga teacher, I want to make the practice of yoga accessible to everyone and share my passion with you. Enjoy the visit! Practice with confidence - I am a trained and insured:</p> <ul style="list-style-type: none"> ● Hatha, Vinyasa and Yin Yoga Teacher Diploma - Yoga Alliance USA Certification ● Reiki Practitioner Level 2. ● NLP Practitioner ● Meditation Practitioner <p>Open to women over 60.</p> |
| Booking information: | <p>To book your space email the instructor at canaria1@hotmail.com More information available at https://www.lagunayoga.org/</p> |

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| Date: | Monday 29 th March 2021 |
| Event Name: | Munch & Listen TALK: <i>She Who Dared ... Women of Haringey</i> |
| Time: | 12.15 to 1.15pm |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | <p>Women's History Month sees a new web resource launched – The Haringey Women's History Map, highlighting the fascinating lives and accomplishments of many women who have contributed, influenced and helped shape the area we know today. This Munch & Listen Talk for WHM brings together a few of these women's amazing deeds and darings, from parachutist Dolly Shepherd and the first motorbike trials by women at Alexandra Palace, to the philanthropy of Mrs Smithies of Wood Green towards animal welfare, the vision of teacher Blanche Nevile in Tottenham and the novels of Buchi Emecheta OBE in Crouch End.</p> <p>Join Kirsten Forrest of Alexandra Palace and Deborah Hedgecock of Bruce Castle Museum as they share some of their stories – some known, others overlooked or forgotten, and those that need to be told</p> |
| Booking information: | <p>Booking is essential, please visit https://www.eventbrite.co.uk/e/she-who-daredwomen-of-haringey-tickets-144112730055 to register for the event.</p> |

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| Date: | Monday 29th March 2021 |
| Title: | Virtual Library: Online Junior Quiz |
| Time: | 4.30 to 5.30pm |
| Place: | Zoom, access via Eventbrite booking (sheets can also be provided by Haringey Libraries in Ready Reads packs) |
| Price: | Free |
| Description: | <p>Is your child a quiz wiz? Would they like to take part in our Women's History Month quiz? As part of our celebrations, we will be hosting an online quiz.</p> <p>For those that cannot join us online we will be sending out a quiz with every children's Ready Reads pack, for young people to enjoy, complete at home, and return.</p> <p>The Haringey Library Team will be selecting two lucky winners who will each receive a 'Big Night In Hamper' from Alexandra Palace, including lots of creative activities, events and a £30 takeaway gift voucher.</p> <p>Who will be crowned our Quiz Wiz?!</p> <p>Ready Read Book Packs can be requested via this link : https://bit.ly/3dyjgSz or by calling 020 8489 2700</p> |
| Booking information: | <p>Book via Eventbrite to get Zoom access: https://www.eventbrite.co.uk/e/virtual-library-junior-quiz-tickets-142504570005</p> <p>Or please call 020 8489 2700 to book your space. (Open to the children under 16 and their families)</p> |

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| Date: | 29 th , 30 th & 31 st March 2021 |
| Event Name: | Online Sewn Together Health & Wellbeing Beauty Fair for resilience and recovery |
| Time: | 11am to 12noon |
| Place: | Online (Zoom) |
| Price: | Free |
| Event Details: | <p>The aim of the health fair is to create and broaden health & wellbeing awareness, achieved through education and inspiring one and other. Explore the many aspects of health as we learn to become healthier individuals, developing healthy lifestyles.</p> <p>The webinar will include - information, support, signposting. holistic health experts, lotion & potions tips and online demonstrations.</p> |
| Booking information: Contact details/Age restrictions etc. | To book, please contact st@4u2newsmag.com or call 07778 224 342. For more information, please visit our website www.4U2newsmag.com |

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| Date: | Tuesday, 30 th March 2021 |
| Event Name: | Online Talk: Haringey Women's History Walk |
| Time: | 7 to 8.30pm |
| Place: | Online (Zoom) once registered, nearer the time the link will be sent) |
| Price: | Free, just register by following the link below |
| Event Details: | <p>Join us for this online women's history walk which looks at the history of some of the women of Haringey, in particular the black women who lived, worked or visited the borough.</p> <p>Avril Nanton is a fully qualified tour guide who regularly does walks and tours around Haringey, looking at black life in the borough.</p> <p>In this tour, she looks at some of the women who have contributed to the area - women such as Carleen de Sozer and Cynthia Jarrett, both of whom have a connection to the Tottenham area.</p> <p>Marking the end of Women's History Month in Haringey, join Avril Nanton on this online talk, which will discuss the lives of women who lived or worked in Haringey from the historic heart of Tottenham, the High Road, to Bruce Castle. We will discuss Priscilla Wakefield (1751-1832), nurse Sister Freda in the 1880s, to more recent histories of the seven sisters who planted trees and Tottenham's first black comedy club run by a woman.</p> <p>Come along and hear their fascinating stories, and those of many other African Caribbean women of Tottenham. The event is open to all and is suitable for both adults and children.</p> |
| Booking information: | Please register at https://bit.ly/3jziber or by visiting Haringey Women's History Walk avrilswalksandtalks |