

**1. Training menu:**

- ‘Understanding developmental needs to inform planning in social care’
  - ‘The significance of belonging and what this means in practice’
  - ‘Fostering empowerment and inter-dependence’
  - ‘Safe and stable bases’
  - ‘Understanding developmental needs to develop trusting relationships’
  - Using the Haringey Wellbeing Tool (Resilience Wheel) to support practice and increase emotional wellbeing
- ❖ **Team managers can request whole team training via: [anchor@haringey.gov.uk](mailto:anchor@haringey.gov.uk)**
  - ❖ **Bespoke training is available following discussion and agreement**

**2. Applying the thinking to case-work:**

**Social Care teams which engage with the project and receive training can book group sessions to apply the thinking to case-work**

**3. Micro-support groups in fostering:**

- The project supports an initiative in the Fostering Service which brings together a group of foster carers with a range of experience, taking a peer support approach
  - Training is provided using the Haringey Wellbeing Tool and supported group discussions take place in the group to apply the thinking to work with Young People
  - Additional case support is offered to Supervising Social Worker and foster carers within the group at times of particular challenge to apply the thinking to complex cases to help stabilise placements
  - Supervising SW and carers will support colleagues in using the approach to cascade more widely over time
- ❖ **If you are a Haringey In-House Supervising Social Worker and would like to start a group, gain agreement from your manager and email: [anchor@haringey.gov.uk](mailto:anchor@haringey.gov.uk)**

