

Training Offer to Health Professionals

1. Supporting Health and Wellbeing – Resilience Wheel

The project will work with health teams, as appropriate, to use the Haringey Wellbeing Tool (Resilience Wheel) to support practice and increase emotional wellbeing

- ❖ Team managers can request whole team training via: anchor@haringey.gov.uk
- ❖ Bespoke training is available following discussion and agreement

2. Applying the thinking to case-work:

Health teams that engage with the project and receive training can book group sessions to apply the thinking to cases

- ❖ Team managers can request whole team training via: anchor@haringey.gov.uk

3. Training – supporting families with children antenatally – 2 yrs

Training in using the following tools to maximise impact with families:

- Team Talk
- Five to Thrive
- How to Be Home

- ❖ Team managers can request whole team training via: anchor@haringey.gov.uk

4. Other Training

- ‘The significance of belonging and what this means in practice’
- ‘Fostering empowerment and inter-dependence’
- ‘Safe and stable bases’
- ‘Understanding developmental needs to develop trusting relationships’

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