

Team Talk

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Information for Sonographer

Part of Team Talk Toolkit for health professionals



Aim

The Team talk project aims to support parents to provide the optimal stimulatory environment for their child to reach their neurodevelopmental potential.

Background and rationale

Team talk is a key component of Haringey's relationship based approach to resilience. It is a cross-sector interdisciplinary project to support health professionals working with families with children age 0-5 years old. School children with learning and behavioural difficulties, often begin school with delayed or disordered acquisition of core global neurodevelopmental skills and poor emotional regulatory skills. The project seeks to support key early life relationships and to influence family-centred

environmental factors which can affect a child's school readiness. In the first 2 years of a healthy child's life, new parents will have up to 25 routine points of contact with health professionals (including the antenatal period): plenty of opportunities to support and educate.

Objectives

- 1 Increase the information given to new parents about secure parent-child attachment relationships and their child's global neurodevelopment and emotional wellbeing
- 2 Give specific advice that is easily understood, practical and meaningful
- 3 Provide consistent advice which is reinforced across sectors and disciplines

What to say to new parents

Point of Contact

Communication / Action

12 week scan

- Mother & partner talk & sing to your unborn baby (18 weeks – first hear sound). Talk & sing in your own language too
- Listen & relax to favourite music

20 week scan

- How is the talking & singing to your unborn baby going? Do you speak/sing in your home language (18 weeks – first hear sound). Does your partner do this too?
- Cuddling & relaxing with baby helps: you & baby connect & baby learn to regulate their emotions & regain emotional balance when they are distressed

KEY – areas of focus ● Connecting through touch & cuddles ● Responding promptly & consistently ● Connecting through speech language & communication ● Supporting physical development ● Learning to recognise baby's needs



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For further information visit: www.haringey.gov.uk/anchor-project