

Most families walk for at least part of their school journey. Walking to school is one of the easiest ways we can improve our family's health and wellbeing, and is the easiest way for children to do the recommended 60 minutes of physical exercise every day. It also helps to reduce traffic congestion around the school, reduces air pollution and improves safety for everyone. Best of all, it's free!

The Stroud Green Primary School Walking Zone encourages all families to walk either all or part way to school, as well as to travel on foot more often around the Manor House and Finsbury Park area.

Walking to school is beneficial because:

- It keeps us all fit, healthy and happy
- It teaches road safety
- It's quicker than finding a parking space
- It's better for the environment and helps keep our air clean
- It helps keep the roads around school free from traffic which is safer for all our children
- It's fun to walk and talk!
- Best of all its FREE!

If you do need to travel by car, please park outside of the Walking Zone and walk the last part of the journey with everyone else. Our map will help you find your route to school.

Together we can improve the health and lives of all our children.

Sign up to AIRTEXT

This service will send a text message to your phone to warn you if pollution levels will be high that day. This can be useful for people with respiratory problems (problems with their lungs) like asthma or emphysema www.airtext.info



Promoting safer and smarter journeys to school

Smarter Travel Team
020 8489 5351
smarter.travel@haringey.gov.uk



Stroud Green Primary School Walking Zone Map

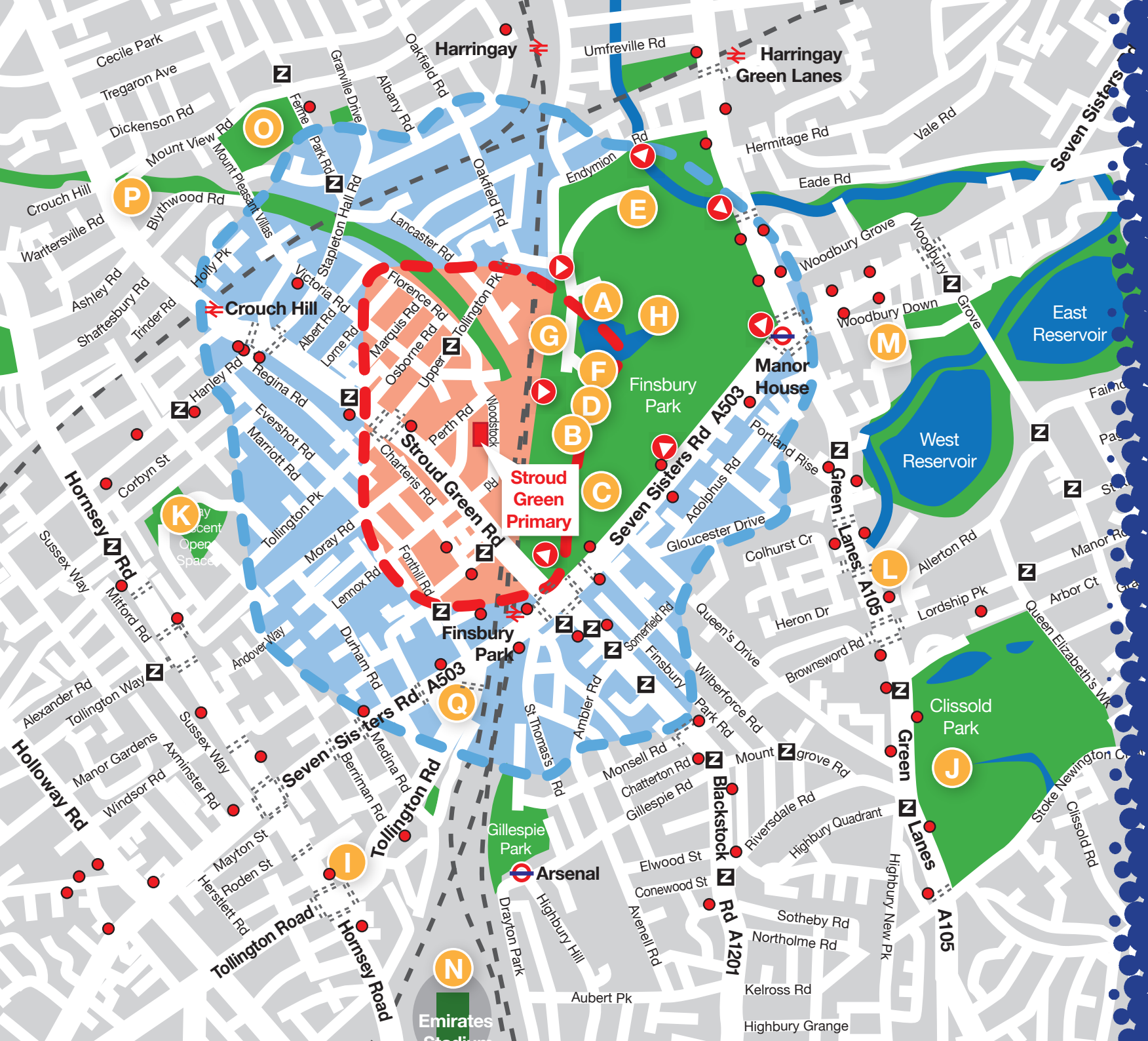
Save the Air – Walk There!

We want the children and adults of Haringey to breathe clean air, live healthy, long and fulfilling lives and for Haringey to be a clean and safe borough.

Our aim is for every child and young person in Haringey to walk, cycle or use the bus safely for their everyday journeys, especially to and from school.



Travelling to Stroud Green Primary School



KEY:

- 5 minute walking zone
- 10 minute walking zone
- A** London Blitz American Football Club
- B** Finsbury Park Skate Park
- C** Running Track (Finsbury Park)
- D** Playground (Finsbury Park)
- E** Outdoor Gym (Finsbury Park)
- F** Boat Hire (Finsbury Park)
- G** Cycling Club (Finsbury Park)
- H** Finsbury Park Athletics
- I** Sobell Leisure Centre
- J** Clissold Park
- K** Wray Crescent Park
- L** Castle Climbing Centre
- M** The Gym
- N** Emirates Stadium
- O** Ferme Park Road Recreation Ground
- P** Parkland Walk
- Q** Pure Gym
- Finsbury Park entrances
- Bus stops
- Zebra crossings
- Pedestrian crossings