

Save
the air
walk
there

South Harringay Junior School Walking Zone Map

Save the Air – Walk There!

We want the children and adults of Harringay to breathe the clean air, live healthy, long and fulfilling lives and for Harringay to be a clean and safe borough.

Our aim is for every child and young person in Harringay to walk, cycle or use the bus safely for their everyday journeys, especially to and from school.

Drivers and car passengers breathe more pollution than walkers and cyclists.



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An idling engine can produce up to twice the pollution of a car that is moving. Drivers who do not turn off their engines while waiting, waste fuel, pollute our air and may be fined for breaking the law.



If you do need to travel by car, please park outside of the Walking Zone and walk the last part of the journey with everyone else. Our map will help you find your route to school.

If you are staying in one place for more than 1 minute – do NOT leave your engine running. It's a waste of money and it pollutes the air you breathe.



I'm Nixy, a nasty smelling gas also known as NO2 or Nitrogen Dioxide. I can be bad for your health especially if you have asthma. I can be found in car exhausts

This map was created by children of South Harringay Junior School to encourage you to walk to school, and to travel on foot more often around the local area.

Walking to school is beneficial because:

- It keeps us all fit, healthy and happy
- It teaches road safety
- Walkers breathe less pollution than car drivers and passengers
- It's quicker than finding a parking space
- It's better for the environment and helps keep our air clean
- It helps keep the roads around school free from traffic which is safer for all our children
- It's fun to walk and talk, and it's totally free!

Together we can improve the health and lives of all our children.

Sign up to AIRTEXT

This service will send a text message to your phone to warn you if pollution levels will be high that day. This can be useful for people with respiratory problems (problems with their lungs) like asthma or emphysema
www.airtext.info

We're the Particulate Matter Brothers PM10 and little brother PM2.5. We are tiny dust particles from cars that can get inside your body and hurt your heart and lungs.



Promoting safer and smarter journeys to school

Smarter Travel Team
020 8489 5351
smartertravel@harringay.gov.uk

Most families walk the journey to school. Walking to school is one of the easiest ways we can improve our family's health and wellbeing, and is the easiest way for children to do the recommended 60 minutes of physical exercise every day. It also helps to reduce traffic congestion around the school, reduces air pollution and improves safety for everyone. Best of all, it's free!



South Haringay Junior and Infant Schools Walking Zone Map

KEY:

- 5 minute walking zone
- 10 minute walking zone
- Fairland Park
- Chestnuts Park
- Railway Fields
- Bus stops
- Zebra crossings
- Pedestrian crossings
- School entrances

