

Mon

Baby Massage

0- crawling age
In Centre
26th Apr - 17th May
11am-12pm

Booking only
Call 07967442508

**Citizens Advice
Bureau**

Telephone Advice
9-5pm

Please contact the
centre to book.

**Get Ready for ESOL:
Entry 1**

Mon/Fri
19th Apr- 9th Jul
10am -12pm

Booking only
Call 07967442508

**North Middlesex
Hospital Antenatal/
Postnatal Clinic**

8am-4pm

Appointment only
Please contact the
midwife.

**Breast feeding
Support**

10.00-3.00pm

Booking only
Contact the Centre

Tues

**Focus Group
Activities**

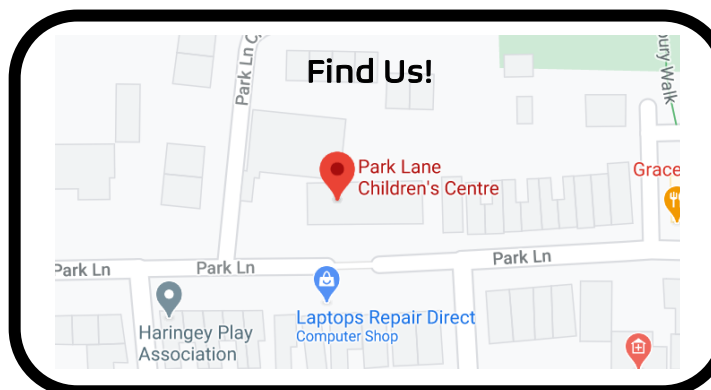
0-4 year olds
In Centre
10.30am-11.30pm

Booking only
Call 07971826490

**WEA Get Ready for
ESOL: Entry 2**

Tues/Thurs
20th Apr- 6th Jul
10am -12pm

Booking only
Call 07967442508



Park Lane Nursery and Children 's Centre

139 Park Lane, Tottenham, N17 0HB Tel: 0208 489 4945

Email: parklane.childrenscentre@haringey.gov.uk

We work in partnership with the community to provide support and activities for families with children aged 0-4 years.

Wed

**Parent Support
Surgery**
9.30am-11.30am

Booking Only
Call 07971826490

**HALS Parenting
Programme**
Online Via Zoom
19th May- 23rd Jun
10am-12pm

Booking only
Call 07967442508

**Online Story and
Rhyme**
0-4 years old
Online via Zoom
11.30am-12pm

Booking Only
Call 07971826490

**Parent and Child
Yoga**
In Centre
12th May-2nd Jun
11am-12pm

Booking only
Call 07967442508

Thur

**Whittington
Hospital Antenatal/
postnatal Clinic**
9.30-5pm

Appointment only
Please contact the
midwife.

A Bag of Taste
Cooking healthy meals
on a budget
Virtual Via WhatsApp
Week commencing
19th April

Booking only
Call 07967442508

**WEA Get Ready for
ESOL: Entry 2**
Tues/Thurs
20th Apr- 6th Jul
10am -12pm

Booking only
Call 07967442508

Plant, Grow, Eat
In Centre
Once a Month
22nd Apr, 27th May,
24th Jun, 15th Jul
9am-10.30pm

Booking Only
Call 07971826490

Fri

**Parent Support
Surgery**
9.30am-11.30am

Booking Only
Call 020 8489 4945

**WEA Community
Interpreting
Taster**
Online Via Zoom
14th May
12.30pm-2.30pm

Booking only
Call 07967442508

**WEA Community
Interpreting
Level 1 & Level 2**
Online Via Zoom
21st May
12.30pm-2.30pm

Booking only
Call 07967442508

**Get Ready for
ESOL: Entry 1**
Mon/Fri
19th Apr- 9th Jul
10am -12pm

Booking only
Call 07967442508