

## Oruwari Mercy

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**From:** Ms N Tuptuk [ntu@northumberlandpark.haringey.sch.uk]  
**Sent:** 13 January 2017 16:53  
**To:** LDF  
**Subject:** Views on the fast food policy: Changes to DM47 - Hot Food Takeaway Policy

Good afternoon,

It is a challenge for both adults and children to eat healthily. With children in particular we need to show as well as tell our expectations of things.

It makes no sense for a simple 400m exclusion zone around schools to be removed when we know that obesity is not merely a local but a national issue.

Far too many young people congregate around fast food shops afterschool as there are way too many tempting offers and unhealthy food available. In my role as Assistant Achievement Coordinator I have had conversations with parents about their child purchasing food before coming home and then not eating the healthy food that they cook.

As schools we apply for Healthy School awards and there is only so much we can do if the council is not working with us to do a little more outside of schools regarding exclusion zones. If we are to take the health and well being of our young people seriously we cannot do this merely through rhetoric but must also do so through our actions.

Before an exclusion zone is lifted I really hope there will be great consideration given to the message we are given to young people.

Regards,

Ms N. Tuptuk  
PSHEe Coordinator and Y7 Ass. Achievement Coordinator

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