

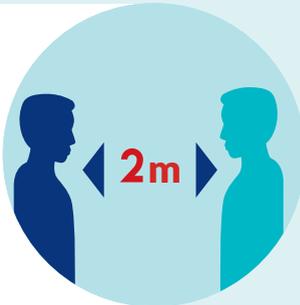
Quick Reference Guide for Adults' Social Workers

Before your visit, please contact the client to confirm if anyone at home has COVID-19 symptoms or if anyone at home is extremely vulnerable to COVID-19 and advised to shield.

Do not go to work if you have symptoms of COVID-19 (a high temperature and/or a new continuous cough)

Please remember - when interacting with people at home always...

Keep a
minimum
distance of
2 metres
where
possible



Wash hands
frequently
(for at least
20 seconds)
or use hand
sanitizer with
a minimum of
60% alcohol



Clean surfaces
frequently
including
door
handles,
rails, hoists
etc.



Avoid
touching
your face,
nose and
eyes



You shouldn't be providing direct care to a client. You should only need PPE if you are in a household where someone has COVID-19 symptoms and you cannot maintain 2 metres social distance, or if someone or is extremely vulnerable to COVID-19



ADPH London



When do you need PPE?

If you are visiting any household where any member of the household is showing symptoms of COVID-19 (and self-isolating) or you are unable to make an assessment of COVID-19 status and you cannot maintain 2 metres social distance

or

If you are visiting a household where any member of the household is in the **extremely vulnerable group** advised to shield*

What PPE should you use?

- Disposable gloves
- Disposable plastic apron
- Fluid repellent surgical mask (*you may use a simple surgical mask if you are visiting a household where someone is extremely vulnerable and advised to shield, and no one has COVID-19 symptoms)
- Eye protection (use if there is a risk of splashing)



Safe use and disposal of PPE

- Follow the **guidance** on how to safely put on / take off PPE
- Use new gloves and apron for each client
- You can safely use a mask between households (on foot, by car or public transport) if you:
 - Don't touch the mask or lower it from your face
 - Change if it becomes soiled, damp, damaged or uncomfortable
 - Change when you need to remove the mask e.g. to drink, eat or take a break
 - Face masks can be worn for up to 8 hours
- Follow the **guidance** on how to decontaminate re-usable eye protection (if required) after use
- To safely dispose of PPE, double bag used apron, gloves and mask
- Set aside from other waste for 72 hours before disposal in general waste
- Wash your hands after taking off PPE and handling waste

**Guidance based on PHE advice 1 May 2020 and subject to change.
Always check for updates on the [gov.uk](https://www.gov.uk) website.**

If you have concerns about your visit or PPE please speak to your manager.