

**FREE
EVENT**

Celebration of

International Women's Day

EACH FOR EQUAL
An equal world is an enabled world!

Sunday 8th March 2020

11am to 7pm

Lordship Hub
Broadwater Farm
Community Centre
and Lordship Rec N17

Organised by Lordship Sports &
Activities Consortium
Supported by Housing &
Regeneration

Supported by

Haringey
LONDON

Event details

Join us for a special event to celebrate international women month and take part in a variety of activities on offer throughout the day, which includes - sports, workshops, information and advice stalls, inspirational speakers and performances. The event is open to all girls and women from 8yrs to 80yrs.

Opening ceremony at 1pm at Broadwater Farm CC with guest speakers and performances.

The day includes:

INSPIRATIONAL SPEECHES:

Black Women's Movement and The History of Women in Football

STALLS: Advice and information of activities and programmes taking place in Haringey – , Smarter Travel, Violence Against Women and Girls (VAWG) and more.

ACTIVITIES: football, self-defence, pilates, carnival, dance,

free gym inductions and more

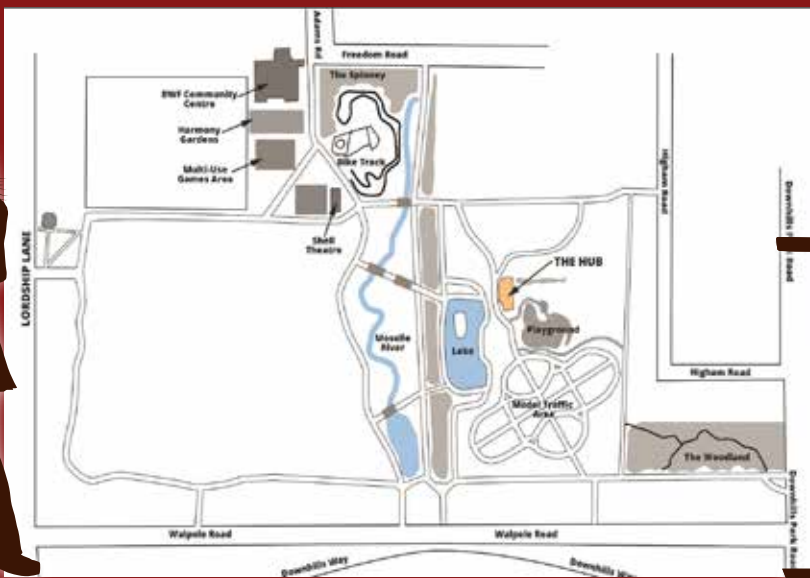
WORKSHOPS: Public speaking, haircare - Love Me, Love My Hair and more

CHAIR MESSAGES AND NAIL BAR

BMX AND CYCLING SESSIONS

A **FREE CRECHE FACILITY** is available, please book in advance.

Visit www.haringey.gov.uk/whm for a timetable of the day's events.



AREA	ACTIVITIES	ORGANISATION	TIME
Sport Hall	Football	2TR Football	11am 12noon / 2- 3pm
Sport Hall	Basketball	HBA	12noon - 1pm / 2 - 3pm
Sport Hall	Mental, physical & environmental well being	DILI Management	11 - 11:15am
Sport Hall	Athletics	DILI Management	11am- 12noon
Opening	Speeches and dance performance		1 - 1:30pm
Sport Hall	Soca Dance	Shenika	2 - 3pm
Sport Hall	Carnival Dance - followed with parade to Hub	Gemma	3 - 4pm
Sport Hall	Badminton		Just set up & play
Jazz Café	Hula Hoops	Sara	12noon - 1pm
Jazz Café	Self Defence	Theresa T	1 - 2pm
Jazz Café	Pilates	Lauren	2 - 3pm
Jazz Café	Spirit & Nature	Saba	3 - 4pm

Stalls

AREA	ACTIVITIES	ORGANISATION	TIME
BWF	Style care 4u & Sewn together	Style Care 4 U	All day
BWF	Embrace	Embrace	All day
BWF	VAWG	KMEON/Haringey	All day
BWF	Sprouting /food growing	Bread Line London	All day
BWF	Homes For Haringey / BWF Res	Haringey	All day
BWF	Active Travel / Communities	Smarter Travel	All day
BWF	Reach & Connect	Reach & Connect	All day
BWF	Mental, physical & environmental well being	DILI Management	All day

Other

AREA	ACTIVITIES	ORGANISATION	TIME
BWF	Reed Wellbeing	One You	All day
BWF	Health checks	THS/Reed	All day
BWF	Chair Massage	GM Massage	All day
AREA	ACTIVITIES	ORGANISATION	TIME
BWF	Foot Rubs	Yvette	All day
BWF	Free Gym Taster sessions	Fusion	2 - 4pm
BWF	Nail Bar	Dionne Greenway	1 - 3pm

Lordship	Cycling	Wheely Tots	12 - 2pm
Lordship	BMX	Tottenham Bike Club	1 - 3pm
Harmony G	Intro food growing & eco therapies	Go Grow	1 - 3pm
Lordship Hub - 11:15 to 5pm			
11:15 to 5:30	Workshop		
Hub	Soca Dance Workout	Sheneka	11:15am - 12:15noon
Hub	Domestic Violence and Honour Based Violence	Kurdish and Middle Eastern Women's Organisation (KMEWO)	12:30 - 1pm
Hub	Style care 4u & Sewn together	Style Care 4 U	1:30 - 2:30pm
Hub	Public Speaking	Bridget Badoe McQuick	2:35 - 3:05pm
Hub	Love me Love MY hair	Bread Line London	3:10 - 5pm
Lordship Hub - 5:30pm - 7pm - GAR			
	Inspirational Speakers		
Hub	History of women in football	Joanna Yeung	5:35 - 6pm
Hub	Black women's movement	Stella Dadzie	6:00 - 6:15pm
Hub	Women community Leadership	Doris Abokyi	6:20 - 6:35pm

Performances

AREA	ACTIVITIES	ORGANISATION	TIME
Hub	Spoken Word	McQuick	
Hub	Amanda	Celtic Sister	

Creché

AREA	ACTIVITIES	ORGANISATION	TIME
Hub	Creché	Parent and Toddler Group	12 - 5pm

Buses routes: 123, W4, 243

Nearest tube: Wood Green, Seven Sisters, Turnpike Lane

Please note: the timetable is subject to change. For more information and bookings, contact: get.active@haringey.gov.uk