

# Haringey's Health and wellbeing strategy

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Adults and Health Scrutiny Panel, January 22<sup>nd</sup> 2015

Dr. Jeanelle de Gruchy, Director of Public Health

# Haringey's Health and Wellbeing Strategy

2012-2015



# Vision for 2012-2015: A Healthier Haringey

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*We will reduce health inequalities through working with communities and residents to improve opportunities for adults and children to enjoy a healthy, safe and fulfilling life*

# HWB strategy refresh programme

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- Agreed by HWB May 2014
- Reviewing the joint strategic needs assessment (JSNA) – improvements, ongoing challenges
- Review of the current strategy
  - meetings with key stakeholder groups
  - a workshop, survey and focus groups of the voluntary sector and residents organised by HealthWatch and HAVCO
- Identifying areas where the HWB needs to take a strong strategic lead.

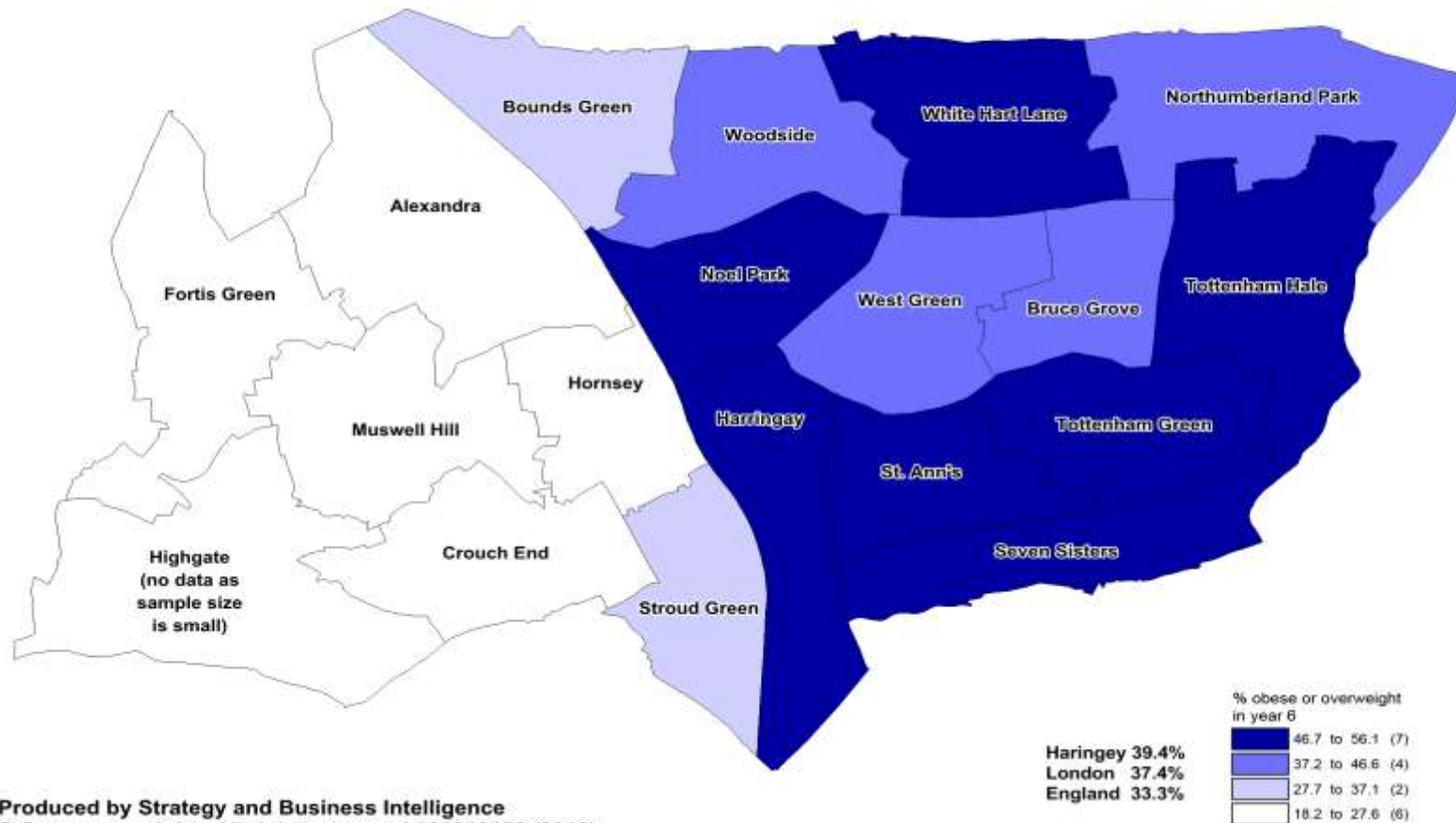
# Outcome 1: summary of highs and lows

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- Reduction in teenage pregnancy (still high cf London / national)
- Reduction in infant mortality (still high cf London / national)
- 1 in 3 children live in poverty
- Childhood obesity is high cf London / nationally; tooth decay has worsened (poor cf London / national)

# Overweight in 10-11 year olds by ward

% of Year 6 children who are obese or overweight 2013  
Haringey wards



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# Outcome 2: summary of highs and lows

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## ■ Life expectancy

- is improving generally, esp. for men; but men die younger than women (largely due to early death from heart disease and stroke)
- **the inequality ‘gap’ for men (about 8 years) and women (about 3 years) has remained constant over the last 10 years**

## ■ ‘Healthy life expectancy’

- on average, women live the last 20 yrs of life in poor health; worse than London and national
- number of people with dementia and long term conditions is increasing



# Life expectancy and healthy life expectancy

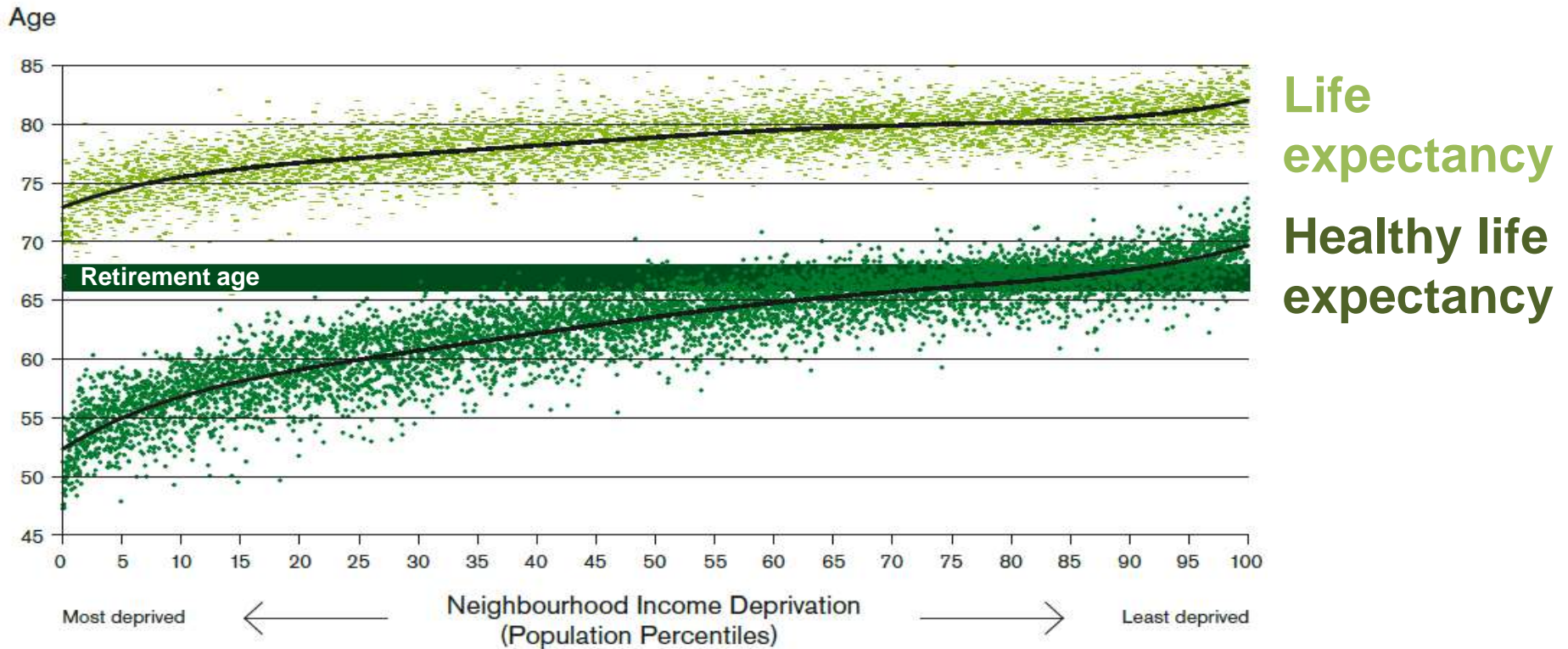
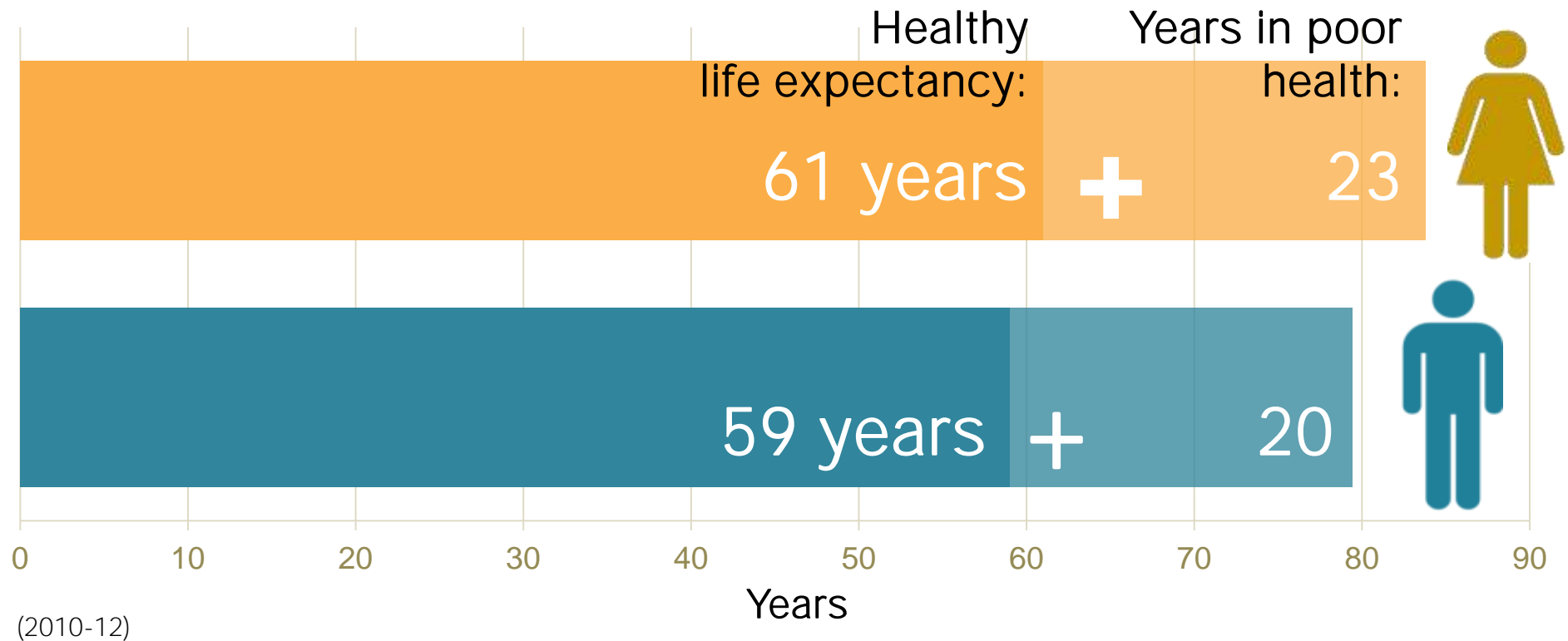


Figure 1 Life expectancy and disability-free life expectancy (DFLE) at birth, persons by neighbourhood income level, England, 1999–2003



# Healthy life expectancy - women generally live longer in poor health



## Outcome 3: summary of highs and lows

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- Recorded crime is down by 40%
- Increased national, regional and local focus on mental health
- High numbers of children have behavioural problems
- Many people suffer from anxiety and depression, and autism, without help or support from services
- Severe mental illness:
  - significantly high especially in the east
  - High % have poor physical health and LTC
  - Low % in employment or settled accommodation

# Context: development of the HWB

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- Strengthened partnership working and delivery
  - 3 outcome delivery groups
  - Integration Programme Board
- Clearer understanding of role

# Context: Opportunities

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- Potential for Haringey is huge
  - Need to capitalise on this for greatest health improvement and reduction in health inequalities
  - Need for an ambitious strategy; to find the synergies with other developments

# Principles

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- “... unless authorities create an environment in which the public is active in pursuit of their own health and wellbeing, the cost of treatment of chronic conditions will become **unsupportable.**” [*Wanless, 2007*]
- Tackling health inequalities
- Prevention and early intervention
- Working with communities

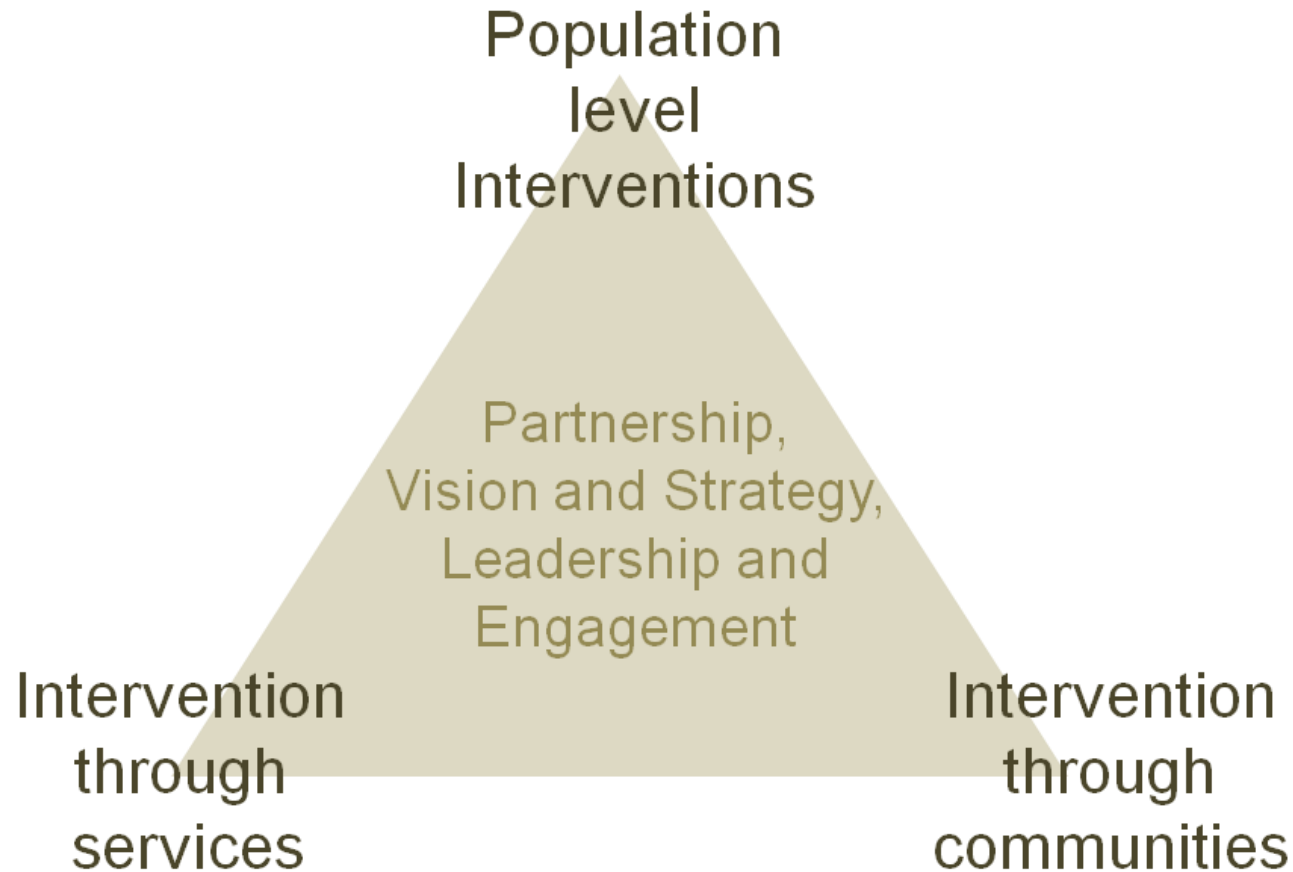
# HWB strategy - priorities

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- Reducing obesity
- Increasing healthy life expectancy
  - Particular focus on people with a long term condition
- Improving mental health and wellbeing
  - Particular focus on enablement

# Our approach to delivery

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# Consultation

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- 3 month consultation launched at January HWB
  - Easy read version to be developed
- Includes a consultation on the overall strategy, with more specific activity for the respective priorities
- Delivery plans will be developed through this period
- HWB strategy and high level delivery plans to be agreed by the HWB in June.