

Haringey

people

December 2020 - January 2021

Made for
Tottenham

Haringey
LONDON

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Year's resolutions



The show must
go on



As we enter December, I'm not sure whether 2020 has been a long year, or a short year. It has certainly been an unforgettable year, one that I think we will all gladly see behind us. The spread of the coronavirus pandemic, must remind us of what a global, interconnected world that we live in.

However, in Haringey, what has really shone out is the amazing effort that you, our residents, have made in keeping each other safe, supporting our communities, and supporting local businesses.

From volunteering and donating to simply looking out for each other, Haringey's people really are our greatest strength.

The imminent roll out of a vaccine is no cause for complacency. It will not offer 100% protection, so until we get widespread vaccination/immunity we still need to take the same precautions. We ask you to continue to work with us to reduce the spread of the virus in our community. As a council, we will continue to enforce the regulations fairly, yet firmly.

The council is not just ramping up our preparedness for dealing with Covid into the next year, but January 1st will also bring Brexit, and we must prepare for those challenges as well.

No retrospective of 2020 would be complete without acknowledging Black Lives Matter. The Black Lives Matter movement raised questions about racism, and about equality. It asked questions about how the police and "government" treat Black people; it asked about the people that we commemorate, and the lack of Black people amongst these.

People find change difficult, sometimes, indeed, people find change painful and want to delay making changes to a later date. Black Lives Matter is a movement, not a moment. But if we do not act the moment that we can, the momentum of the moment will be lost. That is why Haringey Council has been consulting on changing the name of "Black Boy Lane" in Tottenham, and have asked residents their views on renaming Albert Road Rec after long-time Haringey resident and anti-apartheid activist, Oliver Tambo.

This festive period, celebrations will be different for everyone, and for some people, even without a pandemic, this can be a lonely time. Please, do pick up the phone, and keep in touch with those who may need to hear a friendly voice, or some support. You'll find more information on the support that the council can provide to residents in this magazine.

I am also asking you to support our local businesses during this festive period. Many are being creative by offering gift cards and increasing their online presence in order to compete with massive global firms.

Finally, I want to thank our NHS heroes, care workers, emergency services and key workers, who will be working hard – as they have all year – to keep us safe over the coming weeks. Please, do the right thing, and return the favour, by being Covid-safe as you mark this season.

Haringey is so incredibly diverse, filled with people from so many cultures and beliefs. Last month we marked Diwali, and now, as we turn to Christmas and to Hanukkah, I hope that every Haringey resident is able to find some peace, rest and joy over the festive period.

Season's greetings, and best wishes for a Happy New Year.



Cllr Joseph Ejiofor
Leader, Haringey Council



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All Haringey residents should receive a copy of Haringey People, delivered to their door, six times a year. If you do not receive a copy, please call 020 8489 2697, or email us at vijendra.tailor@haringey.gov.uk (including your name and address). Haringey People is published by Haringey Council. Reproduction in whole or in part is strictly forbidden without the prior permission of Haringey Council. Products and services advertised in this publication do not necessarily carry the endorsement of Haringey Council.

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translationandinterpreting@haringey.gov.uk

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Change for good



Stay well this winter

Haringey People is available as an audio magazine in partnership with the Haringey Phoenix Group. For more information, contact 020 8889 7070.



COVID New Year's resolution



Fostering a bright future

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Coming soon to Haringey

Touch free parking
from the UK's no.1 app

RingGo



Use RingGo for touch free parking!

Motorists across Haringey will soon be able to pay to park using the UK's no.1 parking app, RingGo. This service is offered across much of London, with neighbouring Camden, Islington and Hackney all providing the service. We'll be in touch again in the coming months to tell you more about when these changes will happen.

With RingGo, there's no need to search for loose change or hunt for a parking machine, as RingGo offers a quick and safe way to pay for parking wherever you are in the borough.

The fastest, simplest way to use RingGo is by downloading the free app from the App Store or Google Play Store onto your smartphone. Just register with a few details and enter the following information when you want to pay:

- Your number plate (with no spaces)
- The 4 or 5-digit location code advertised on signs where you're parking
- How long you want to park for

Once you've paid, Civil Enforcement Officers can see that you're parked with RingGo by checking the vehicle registration number on their handheld devices. This means there's no need to display a ticket and you're actively helping the environment by using less paper too.

If you want to stay a little longer, you can extend your existing parking session remotely via the app. All you have to do is select your current session and enter the time you want to extend for. So, with cashless parking, there's no need to dash back to your vehicle or the parking machine either.

If you're not a smartphone user, you can call 020 3046 0179 (shown on signs) to pay for your parking through RingGo. You'll be able to register and extend your parking touch free using the same details as via the app. If you pre-register online at RingGo.co.uk it makes your first call to park much quicker.

You can also choose to add RingGo's text receipts and reminders, confirming your session and alerting you when your parking is due to run out. There's a small charge for each of these messages but you can opt in or out at any time.

For more information on RingGo, please see RingGo.co.uk

RingGo is the UK's no.1 parking app and serves over 17 million customers nationwide. The solution is part of the global PARK NOW Group, jointly owned by BMW and Daimler.

News



Change for good

A draft action plan designed to tackle climate change, enhance energy efficiency, reduce carbon emissions and improve air quality is now open to residents to give their feedback on, and improve and refine still further.

Haringey's Draft Climate Change Action plan sets out how the council, partners and community all need to work collaboratively and collectively together towards becoming a net zero carbon borough by 2041.

We have already implemented a number of measures to improve the local environment and play our part in this global challenge since declaring a Climate Emergency back in March 2019. We have:

- Allocated £101million to upgrade the energy performance of the council's housing stock, and £520,000 of the Carbon Offset Fund to tackle fuel poverty
- Increased the price of carbon offsetting from £60 to £95 per tonne of carbon
- Granted planning permission for the first 'Carbon Positive' council housing development in the borough
- Switched to 100% green electricity supplier
- Joined the Greater London Authority Retrofit Accelerator Homes Programme
- Reduced the energy use of the borough's street lighting, with a projected 64% reduction from 2018/19 to 2020/21
- Delivered another 12 Electric Vehicle Charging Points in the borough, bringing the total to 59 publicly accessible points

- Installed new cycling lanes and widened pavements in busy areas
- Undertook the council's food deliveries during the initial COVID-19 lockdown with electric vehicles

The council has now launched an engagement website with Commonplace. Businesses and residents can visit the site to:

- Find out more about our strategy to reduce carbon emissions in the borough by 2041
- Answer questions on a range of topics
- Tell us what you are already doing to reduce emissions, what you would do and what support you need
- Set out what you feel are the priority areas we should target first with our interactive Carbon Reduction Priority Tool

The survey can be found at haringeyclimatechangeactionplan.commonplace.is and is due to end on **Monday 4 January 2021**, so have your say before then!

Stay well this winter

There are several things you can do to keep you and your family well this winter.

Coronavirus - wearing a mask, social distancing and washing your hands regularly can help protect you. If you have any of the main symptoms, such as a high temperature, new, continuous cough or a change to your sense of taste or smell, it's important you get tested asap. You can book a test by calling 119 or online via www.nhs.uk/conditions/coronavirus-covid-19

Still not had your flu jab? – people vulnerable to COVID-19 are also at risk of complications from flu. If you're 65 or over, or you have a long-term health condition, you should have the flu jab. If you have young children or are the main carer of an older or disabled person you may also be eligible for a free flu jab. Find out more:

www.nhs.uk/staywell

See a pharmacist early - they can give advice and treatment for a range of minor illnesses. The sooner you get advice the better. Find your nearest pharmacy:

www.nhs.uk / 0300 311 22 33.

Book an appointment

If you are feeling unwell, and it's not coronavirus symptoms, you can get

advice from your GP practice or book an evening or weekend appointment at one of Haringey's primary care hubs. Appointments will take place over the phone, with face-to-face offered where necessary.

Appointments:

- 6:30pm-8:30pm on weekdays
- 8:00am-8:00pm at the weekend

To book, call your own GP practice during normal business hours or call 0330 053 9499 during the hub opening hours. The hubs are also open on public holidays.

NHS 111

If you need help when your GP surgery or pharmacy is closed, dial 111. It provides medical advice and can direct you to the right service. It is free to call and operates 24/7.

For more tips visit

www.nhs.uk/winterhealth

Some changes have been made to the way services are delivered to reduce the spread of COVID and keep patients and staff safe. Please don't delay seeking help, especially for urgent medical matters.



Do the Right Thing

Members of the Haringey community have united to urge fellow residents to wear a mask and do the right thing to keep each other safe as the pandemic continues.

The #wearamask campaign video features messages from David Lammy MP, Catherine West MP, the Leader of the Council, Metropolitan Police and local organisations including Jacksons Lane, Fashion Enter, Wise Thoughts, Turkish Cypriot Women's Project, Public Voice and 306 Collective.

The video also includes a message from 100-year-old Ken Essex, who says wearing a mask is "simple" – while eight-year-old Eliza Chughtai says she wears her mask to "help her friends".

Watch at www.haringey.gov.uk/wear-mask-campaign



Flying high

All Green Flags in Haringey were once again raised in 2020 after the borough's 22 council-run parks and open spaces were announced as award winners.

Alexandra Palace joined more than 70 landmarks to 'light the country green' by lighting up its mast in celebration.

Alexandra Park (run by the Alexandra Park & Palace Charitable Trust), Highgate Wood (managed by the Corporation of London) and Tottenham Marshes (run by the Lee Valley Regional Park Authority) were also awarded Green Flags, taking the total tally in the borough up to 25.

Keep Britain Tidy Chief Executive, Allison Ogden-Newton OBE, said:

This year, more than ever, our parks and green spaces have been a lifeline and we know that millions of people have used them to relax, meet friends, exercise or simply escape for a short time.

It is testament to the incredible dedication and hard work of parks staff and volunteers that, despite the challenges that went along with record numbers of visitors, Haringey Council's parks have achieved the highest international standards demanded by the Green Flag Award.

A new park has also been officially opened. Hornsey Park is one of 22 public areas planned for the 12-acre Clarendon development by St William - part of the Berkeley Group. The scheme will deliver affordable homes, jobs for local people and economic investment to Wood Green as part of a wider project to transform the former Clarendon Gasworks into a highly sustainable and low carbon neighbourhood. Read more about the scheme at www.haringey.gov.uk/new-green-space

Getting ready for Brexit

The UK's transition period with the EU ends on 31 December, with new rules in place from 1 January. Make sure you understand any changes you may need to make. Visit www.gov.uk/transition for information on business changes, importing and exporting, travelling to the EU, living and working in the EU and staying in the UK if you're an EU citizen.

In Haringey we celebrate our diversity and the tremendous role EU residents play in our community. There is support available in Haringey – including assistance with the Settlement Scheme – at www.haringey.gov.uk/brexit and there's business advice at www.haringey.gov.uk/businesses-and-brexit

There to care

Help, support and recognition for people who look after their family members or friends are at the heart of a new strategy for carers in Haringey.

Coproduced with carers and partners in health, social care and the voluntary sector, the Adult Carers' Strategy 2020-23 sets out the council's short-term agenda and long-term vision for the future support of carers, and aims to make the borough a place where carers feel valued, respected and included in decisions around the individual they look after.

The strategy covers five key themes: Your caring role; health and wellbeing; housing and managing at home; finances, benefits and debt; and having a life of your own.

Read more at www.haringey.gov.uk/carers-support

Holocaust Memorial Day

On January 24, 2021 the council will commemorate Holocaust Memorial Day. The theme for 2021 is 'Be the light in the darkness' and the programme, with its mix of music, poetry, remembrance and prayers will reflect that topic. This year we will come together virtually to remember and honour those millions who perished. Please do join us for the event at 2pm. More information about how to join will be published on the council website, at our libraries, other locations and online.



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The College of
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and North East London



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Black History Haringey 365

In October we marked Black History Month and launched our Black History Haringey 365 web pages. Visit www.haringey.gov.uk/bhh365 to find resources available to everyone. Learn, enjoy and be inspired by Haringey's Black History, all year round.

The Haringey Learning Partnership was proud to host its first ever Black History Month Exhibition. Students created a showcase of writing, artwork, music, spoken word performances and delicious food at the Commerce House.

Tottenham Hotspur also ran a month-long campaign, and defender Davinson Sanchez took part in a workshop for local young people with the Tottenham Hotspur Foundation. He said: "Education is so important when it comes to creating a more inclusive society – this is why it is so important for us to celebrate Black History Month."



exhibition at

We will remember them

Remembrance Sunday looked different this year due to the pandemic, but Haringey was still able to commemorate those who have lost their lives in conflict.

At a small but emotional ceremony, Mayor of Haringey, Cllr Adam Jogee, laid a wreath and said: "It is an opportunity for us all to reflect and remember those who paid the ultimate price."

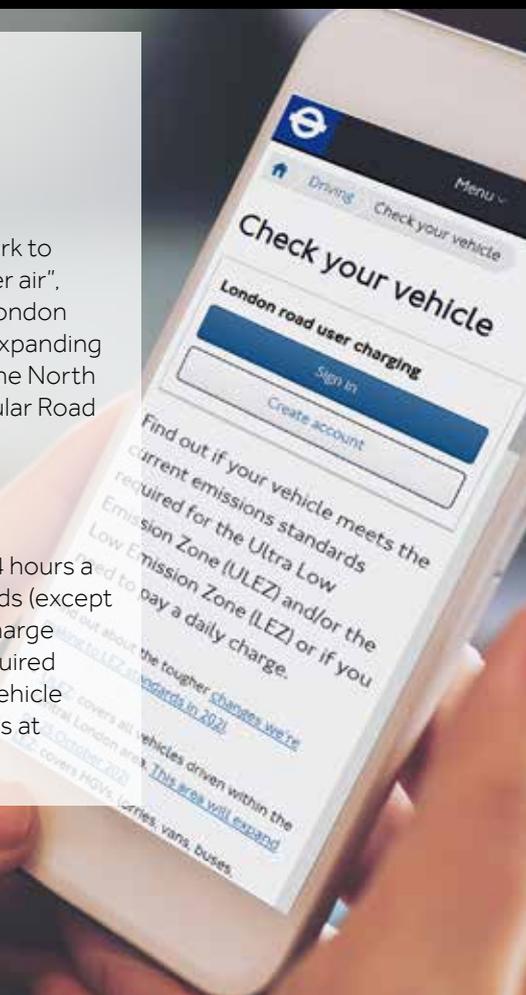
Haringey resident David Hastings has been awarded the British Empire Medal for services to the LGBT+ community. David has been an ambassador for equality, diversity and inclusion for more than 17 years as a member of the LGBT+ community. He is Chair of the LGBT+ Network at the Care Quality Commission (CQC) and his work increased the CQC's position on the Stonewall Index by 40 places within one year.

Check your vehicle

As part of Transport for London's work to "help every Londoner breathe cleaner air", from 25 October 2021, the central London Ultra Low Emission Zone (ULEZ) is expanding to create a single, larger zone up to the North Circular Road (A406) and South Circular Road (A205).

The North and South Circular Roads themselves are not in the zone.

The ULEZ will continue to operate 24 hours a day, 7 days a week, including weekends (except Christmas day), with a £12.50 daily charge for vehicles that do not meet the required emissions standards. Check if your vehicle meets the ULEZ emissions standards at www.tfl.gov.uk/ulez-2021



Win for young people

Young People from Haringey Sixth Form College won a national award for their hard-hitting knife crime film, I'm Out. Produced in partnership with the council and Casual Films, and with support from the Met Police, you can check it out at www.imout.org.uk

The team won best Public Sector Content Campaign of the Year at the UK Content Awards. One of the young people involved, Daria Iosif, said: "This project is so beneficial and eye-opening for people of all ages to understand how these acts can be prevented."



COMING SOON

A collection of 1, 2 & 3 bedroom apartments to rent for residents of Haringey

Register your interest

020 7940 9545

apex-gardens.co.uk



Rent Well. Live Well.

grainger plc

Christmas and New Year Collections



Usual collection day				Revised collection day			
Monday	21	December	2020	No change			
Tuesday	22	December	2020	No change			
Wednesday	23	December	2020	No change			
Thursday	24	December	2020	No change			
Friday	25	December	2020	Sunday	27	December	2020
Monday	28	December	2020	No change			
Tuesday	29	December	2020	No change			
Wednesday	30	December	2020	No change			
Thursday	31	December	2020	No change			
Friday	1	January	2021	Saturday	2	January	2021

Normal collections resume from Monday 4 January 2021.

All containers should be emptied and washed prior to being placed in your recycling bin. Do not leave food in any containers.

To get rid of your Christmas Tree visit: www.haringey.gov.uk (search 'Christmas Tree recycling')



Working in partnership





COVID New Year Resolutions



Dr Will Maimaris

The six New Year Resolutions I'd like us all to take up for 2021

By Dr Will Maimaris, Director of Public Health

It is most likely that for many of us, the Christmas holidays will be very different this year.

Family gatherings will be smaller; and the work parties, if they happen at all, will take place online.

Even the way we carry out our shopping will need a lot more thought put into it, no last-minute rush, as stores limit the numbers of customers for social distancing.

It is fair to say that Covid-19 has touched everyone's life in 2020 and that is likely to remain the case for at least the early part of 2021.

So, with that in mind, I'd like to propose a few Covid-19 New Year's Resolutions to help improve our lives and those around us.

1. **Improve your lifestyle.** be that losing weight, getting more active, drinking less alcohol or quitting smoking, with free support and encouragement from the One You Haringey service on 020 8885 9095 or go to: try.oneyouharingey.org/sign-up. Healthier people generally do much better if they get the Covid-19 virus.
2. **Keep in touch but keep away:** Coronavirus is spread from person to person, so we must be extra careful, especially around those who are most at risk; but don't just forget the vulnerable, a telephone call can make a big difference to a family member's mental health.

3. This could be the year that you **become a volunteer**. Whether that means collecting a neighbour's prescriptions or joining a befriending service and calling someone you don't know for a chat.
4. **Become an NHS protector.** Earlier this year many people stood on their doorsteps clapping for key workers, including the doctors and nurses working on the frontline. By sticking to the guidance, wearing our face coverings, seeing fewer people face to face, socially distancing and washing our hands, we can make a difference to save lives and play our part in protecting the health service.
5. **Get out more into your local area.** With essential travel only, being advised, we should all get out and discover our local area. A good walk can help our mental health and connect us with the place we live.
6. **Above all, we must try to come together as a community** – even though, of course, we must all stay apart. The virus has cost lives and livelihoods, but we should use this time to help make our communities stronger for future challenges.

So please, do the right thing and enjoy your winter break - if you are taking one - and have a happy, healthier, and safe 2021.

Cabinet Members' surgeries

Ward	Councillor	Availability	Time	Contact details
Bruce Grove	Joseph Ejiofor	Second Saturday of the month Last Saturday of the month	10-11am 10-11am	Please call 07940 005 507 during working hours or email joseph.ejiofor@haringey.gov.uk
Bruce Grove	Matthew White			Please call 07976 975 500 during working hours or email matt.white@haringey.gov.uk
Harringay	Sarah James	Third Saturday of the month Fourth Saturday of the month	11am-12.30pm 11am-12pm	Please call 07976 973 859 during working hours or email sarah.james@haringey.gov.uk
Noel Park	Emine Ibrahim	First Thursday of the month First Saturday of the month	6-7pm 10.30-11.30am	Please call 07812 677 724 during working hours or email emine.ibrahim@haringey.gov.uk
Northumberland Park	Kaushika Amin	First Saturday of the month Fourth Saturday of the month	10-11am 10-11am	Please call 07977 562 105 during working hours or email kaushika.amin@haringey.gov.uk
Stroud Green	Kirsten Hearn	Fourth Wednesday of the month	6.30-7.30pm	Please call 07583 119123 during working hours or email kirsten.hearn@haringey.gov.uk
West Green	Seema Chandwani	First Wednesday of the month	6.30-7.30pm	Please call 07930 505 342 during working hours or email seema.chandwani@haringey.gov.uk
West Green	Mahir Demir	Fourth Wednesday of the month	6-7pm	Please call 07976 975 949 during working hours or email mahir.demir@haringey.gov.uk
White Hart Lane	Charles Adje	Fourth Friday of the month	6-7pm	Please call 07870 157 924 during working hours or email charles.adje@haringey.gov.uk
White Hart Lane	Gideon Bull	First Wednesday of the month Last Tuesday of the month	6-7pm 3-4pm	Please call 07799 586 111 during working hours or email gideon.bull@haringey.gov.uk
Woodside	Mark Blake	Second Saturday of the month	10-11am	Please call 07976 977377 during working hours or email mark.blake@haringey.gov.uk

For a full list of councillors and their surgeries, visit www.haringey.gov.uk/your-councillors

COUNCIL SUPPORT

CUSTOMER SERVICE CENTRES

A reduced service will operate during the festive period. The centres are closed on the weekend.

Opening times:

- Thurs 24 December, 10am-2pm
- Fri 25 December – closed
- Mon 28 December – closed
- Tues 29 December, 10am-4pm
- Weds 30 December, 10am-4pm
- Thurs 31 December, 10am-2pm
- Fri 1 January 2021 – closed
- Mon 4 January 2021, 10am-4pm

In an emergency call 020 8489 0000
www.haringey.gov.uk/out-hours-emergencies

CONNECTED COMMUNITIES

If you are worried about the impact of coronavirus on your money, accessing essential items or the support you need, please call: 020 8489 4431 – Mon to Fri 9am to 5pm or visit www.haringey.gov.uk/need-help. Closed December 25 -28 and January 1 and 3 2021.

SUPPORT FOR CLINICALLY EXTREMELY VULNERABLE

Support is available for those who need it, such as priority access to online food deliveries and help with prescriptions. Get in touch with Connected Communities for support.

There's also a London-wide list of businesses that are currently delivering food: www.haringey.gov.uk/london-online-food-deliveries

If you're worried about having enough food, please have a look at our map of places to access help www.haringey.gov.uk/covid-19/foodbanks

Foodbanks: www.haringey.gov.uk/foodbanks

IF YOU'RE LONELY

The festive period can be a lonely experience for some, if you're feeling lonely, please know that you're not alone. Haringey Reach and Connect are providing a befriending service for anyone who needs a friendly

person to talk to. Find out more:

reachandconnect.net/get-support

DOMESTIC ABUSE HELP

Call the Haringey Helpline on **0300 012 0213** or email HaringeyIDVA@niaendingviolence.org.uk. Mon to Fri, 10am to 5.30pm, excluding bank holidays. If you need advice outside of these times, ring the 24/7 National Domestic Abuse Helpline on **0808 2000 247**.

HARINGEY GIVING APPEAL

If you can donate to support families with food provisions over the Christmas and Easter holidays it would be much appreciated, please visit: www.haringey.gov.uk/child-food-poverty-appeal

BUSINESS SUPPORT

Please visit haringey.gov.uk/business for a range of support. If you're experiencing financial difficulties regarding payments to the council, please contact:

- Business Rates - business.rates@haringey.gov.uk
- Commercial Property rented from the council - commercial.rent@haringey.gov.uk
- Business Support - business@haringey.gov.uk
- Council Tax - council.tax@haringey.gov.uk
- Further questions - economic.regeneration@haringey.gov.uk

MENTAL HEALTH

Many of us will be feeling anxious as a result of the coronavirus. We want to reassure residents that you aren't alone and help and support is available. You can find support on the website: www.haringey.gov.uk/positive

MONEY AND DEBT

If you're struggling to manage your finances, see what benefits you may be entitled to, visit www.gov.uk/how-to-claim-universal-credit or call Citizens Advice Help to Claim, Mon to Fri, 8am to

6pm on **0800 1448 444**. Closed 24 to 28 December and 1 January 2021.

If you can't pay your rent, please speak to your landlord straight away. If you would like to speak to someone call the Haringey Advice Partnership through the AdviceLine: **0300 330 1187** (Mon to Fri: 9am to 5pm). Closed from 24 December – 4 January 2021

HARINGEY ADULT LEARNING SERVICE (HALS)

This service can help you to achieve your employment and learning goals. All online classes are now free of charge. Learn more: www.haringey.gov.uk/hals or email hals@haringey.gov.uk

EMPLOYMENT SUPPORT

Haringey Works can help you get back into work. Email works@haringey.gov.uk or complete the online registration form: www.haringey.gov.uk/works

Volunteering Opportunities: Learn about volunteering opportunities available in Haringey: www.do-it.org/organisations/haringey-volunteer-centre

STAY UP TO DATE ON COVID-19

Find the latest information on the coronavirus pandemic: www.haringey.gov.uk/haringey-coronavirus-covid-19-updates

SIGN UP FOR OUR WEEKLY HARINGEY PEOPLE EXTRA NEWSLETTER

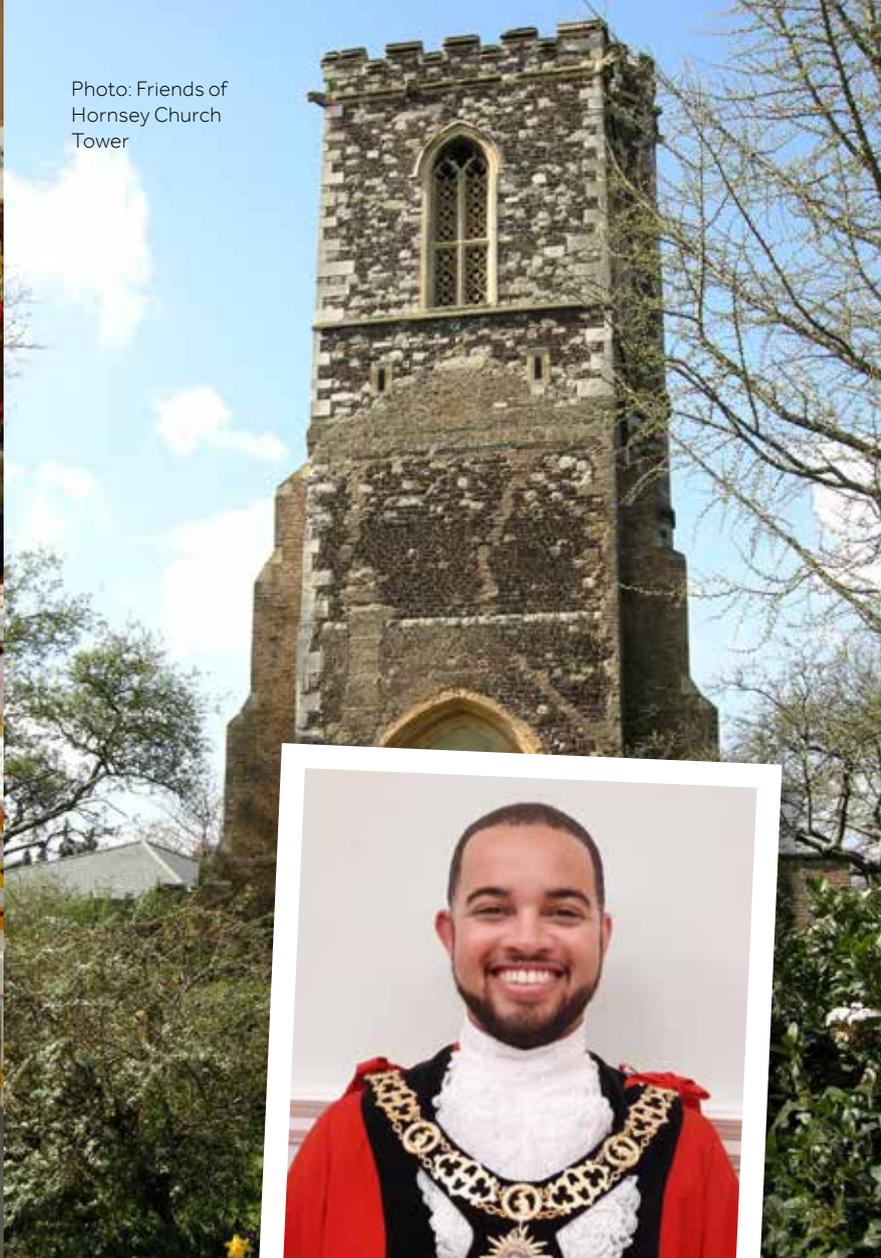
www.haringey.gov.uk/email-alerts-and-newsletters

SAFE HAVEN

If you are in crisis and need to talk, Safe Haven provides safe, confidential support for anyone aged 18+ living in Haringey or those who have GP in Haringey. Tel: 0800 953 0223 - 7 Days a week, 5pm-8.30pm, inc. bank holidays. Out of hours: 07943 156 973 Email: safehaven@mih.org.uk



Photo: Friends of Hornsey Church Tower



Mayor's special delivery

Haringey's new Mayor, Cllr Adam Jogee, is using his Special Fund to support three deserving organisations this year.

They are Pram Depot, an arts-led recycling project that provides high quality recycled baby clothes and equipment to vulnerable new mums and their babies, The Accumulate charity that provides creative workshops to young, homeless people who are living in hostels or temporary accommodation, and The Friends of Hornsey Church Tower, founded in 1989 to give the Tower a secure future.

Cllr Jogee said the organisations "mean a great deal to me and so many people across the borough".

Pram Depot's founding Director Karen Whiteread said: "We are absolutely delighted that Adam Jogee has chosen us as one of his Mayoral Charities - his support will make a massive difference to us over this coming year. We have had to completely change what we do, in response to the pandemic. We are now providing emergency baby boxes to vulnerable new mums, which provide a safe place for the baby to sleep as well as being filled with all the essential items. We provide them for new mums who have no recourse to public funds, or are escaping domestic violence, living in a refuge, have a serious

medical condition or are living in chaotic circumstances and are struggling to provide for their baby."

Donate at <https://localgiving.org/charity/pramdepot/>

Marice Cumber, Director and Founder of Accumulate, The Art School for the Homeless, said: "Accumulate is so excited and grateful to be selected as one of the Mayor of Haringey's charities. We started off and still work with residents at the North London YMCA in Crouch End and provide creative workshops and activities to help improve homeless people's lives and build their wellbeing and life skills for employment and education. Adam Jogee's support is even more critical this year as the demand on our services has increased so dramatically. Through this, we hope to reach more people who have become homeless and enable them to move onto a more positive journey in their lives."

Donate at accumulate.org.uk/donate

Friends of Hornsey Church Tower said: "The Tower is the only surviving part of the old Parish Church of St Mary's. It is Hornsey's oldest building. In 1989 Friends of Hornsey Church Tower was formed to rescue the Grade II* Tower from ruin. Activities have now widened to looking after the Churchyard and revitalising its Garden of Remembrance. Our aim is to help bring the Tower into greater community use and to make the Churchyard a place of peace and delight. We are honoured that the Mayor has chosen to support us."

Donate at hornseychurchtower.com

You can also make a donation to any of the organisations via cheque made payable to the Mayor's Special Fund.

The address is

Mayor's Parlour
George Meehan House
294 High Road
London, N22 8YX



A Healthy Start to nutrition

Good nutrition for children and pregnant mothers is essential and we know that for many families Covid-19 has led to loss of earnings and more difficult circumstances meaning that it is harder to afford the healthier food options needed for good nutrition for their children.

Healthy Start is a government scheme that aims to help pregnant mothers and children under the age of four by supporting good nutrition in pregnancy and in early childhood, with children eating a greater amount and wider variety of fruit, vegetables, pulses and milk.

Healthy Start provides families with vouchers that can be exchanged for good nutritious fresh, frozen or tinned food, and milk when they're pregnant or breastfeeding, and goes towards the cost of providing first stage new-born formula milk for those parents who are bottle feeding.

Melissa Callaghan is Infant Feeding Lead for the health visiting service in Haringey which is part of Whittington Health NHS Trust, one of the partners working with the council to deliver Healthy Start across the borough. With a background

in midwifery and public health, she is also a Lactation Consultant trained to provide specialist breastfeeding support.

Melissa told us about the work she has been doing: "I work with lots of Haringey mothers and babies, alongside the health visiting teams and the Haringey Breastfeeding Network (BfN Haringey). If mothers are breastfeeding, I can support them to continue breastfeeding for longer. If parents choose to bottle feed their babies, we can support them to do so safely and responsively.

"We also support parents when they introduce solid foods to their babies at around six months, and with healthy family eating and wellbeing generally through our HENRY Healthy Families programme."

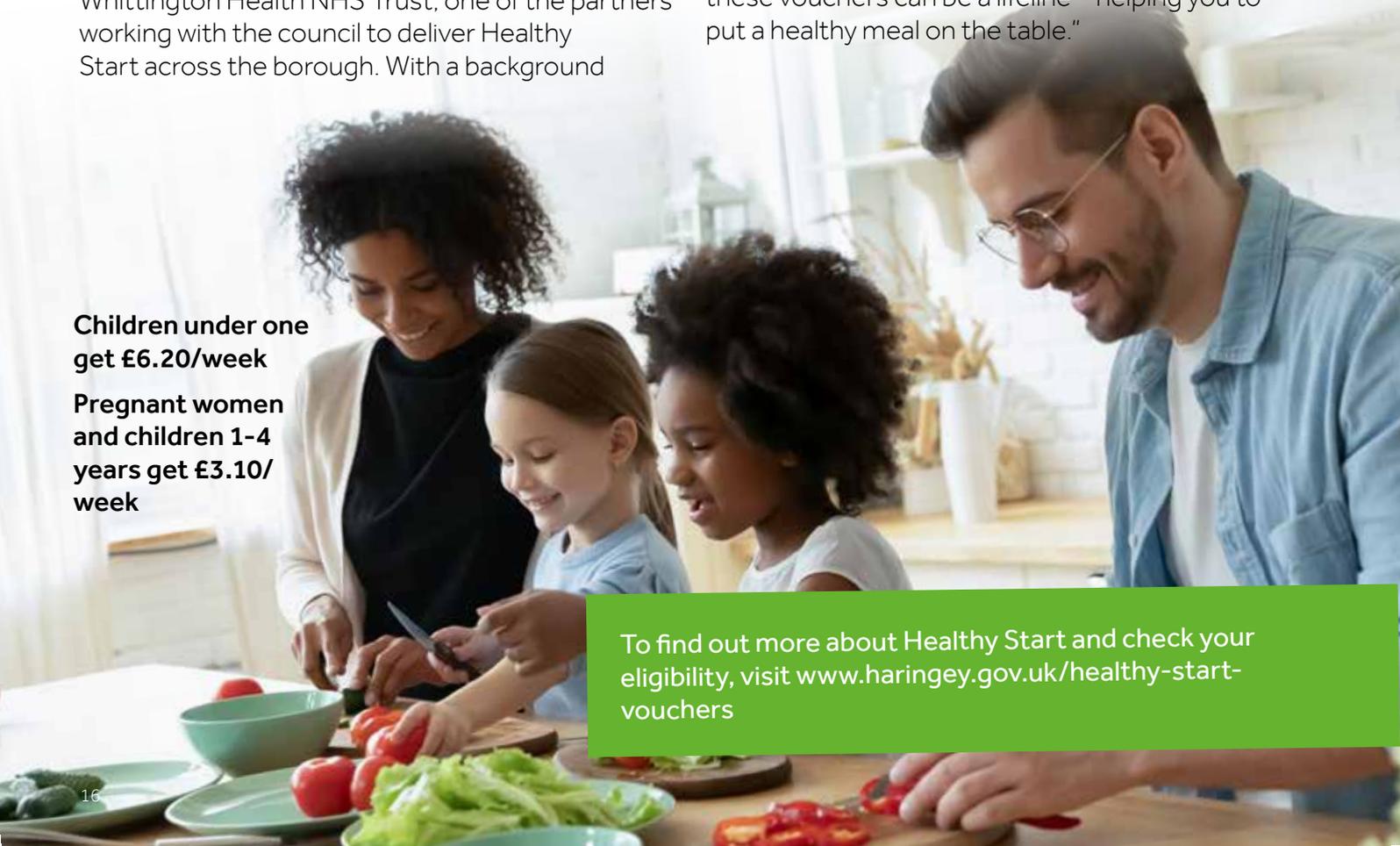
The pandemic has created a lot of stress for families in many ways, and Healthy Start continues to support them to get through these challenging times.

Melissa said: "I often meet parents who are really struggling to pay the bills and feed the family and these vouchers can be a lifeline – helping you to put a healthy meal on the table."

**Children under one
get £6.20/week**

**Pregnant women
and children 1-4
years get £3.10/
week**

To find out more about Healthy Start and check your eligibility, visit www.haringey.gov.uk/healthy-start-vouchers



Live. Shop. Local

With the COVID-19 (Coronavirus) pandemic still affecting everyday life, it's important to remember that there are ways that you can support local businesses through this difficult time. That's why we're encouraging Haringey residents to shop safe and shop local. There are an amazing variety of producers, artisans and local businesses right here on your doorstep, so why not give them a try. You can find a selection of some of what Haringey has to offer right here.

As the festive season approaches, there's still time to pick up some amazing last-minute gifts, from the local businesses in our very own borough. There has never been a more important time to support your local businesses and, with this in mind, we've put together a list of some of the incredible products that you can find right on your doorstep.

Whether it's a stocking filler or a more substantial gift you're in need of, you can find what you're looking for right here in Haringey:



Beavertown Brewery

Since 2011, Logan Plant (son of Led Zeppelin lead singer Robert Plant) and the team at Beavertown have been supplying the borough and beyond with a mix of American style beers, IPAs, sours and limited-edition flavours. This year they've also produced beer advent calendars. The beer is available in many local supermarkets and brewed right here in Haringey.

www.beavertownbrewery.co.uk

New Beacon Books

The UK's first publishing house and bookshop to specialise in the works of Black writers. Founded in 1966, by Trinidadian political and cultural activist, poet, writer and publisher John La Rose, together with his partner Sarah White, it has been championing the work of Black writers for over 50 years. www.newbeaconbooks.com



By Cecil

Launched in 2018, weaver Cecilia Child creates modern textiles, including blankets, cushions and scarves, using traditional techniques, aiming provide an alternative mass-produced and environmentally damaging textiles, while also demonstrating the best of British industry.

www.bycecil.com



Harsh and Sweet

Monica Signoretti produces beautiful jewellery that highlights

the natural features of stones and metal. Based on the belief that there are no irregularities - only unique and unrepeatable patterns - each stone is turned into a jewel in the way that best highlights its colours and patterns.

www.harshandsweet.com



Pluck'd designs

A product, Clothing & Accessories based studio founded by Saffie Pluck, which focuses on timeless, functional pieces designed for the urban dweller, fusing fashion with function, to create everyday garments.

pluckddesigns.square.site



Crouch End Candles

A small batch candle company, blending vegetable waxes from a renewable source with gorgeous fragrances which are vegan and never tested on animals. Also offer a bring your own container service.

www.crouchendcandles.co.uk

There are many more local businesses to explore, please share your recommendations with us on twitter [@HaringeyCouncil](https://twitter.com/HaringeyCouncil) and use [#liveshoplocal](https://twitter.com/liveshoplocal). You can also support your local businesses by engaging with them directly on social media, liking and sharing their posts as well as leaving a review.

Help Haringey Grow Greener, Stronger & Fairer

We are taking the first steps towards creating a New Local Plan that will set out how your neighbourhood changes and grows over the next 15 Years. The Local Plan is the main document used to decide planning applications.

We need your thoughts and ideas on how we can improve our borough, build on

what makes it great, and address the big challenges we face like where we build more Housing, the Climate Emergency, Inequality & Recovery from COVID-19.

We are also looking for help identifying sites that can accommodate the new homes, jobs, and infrastructure our current and future generations need.



Have your say on the New Local Plan

Deadline: 1 February 2021

haringeynewlocalplan.commonplace.is

Whilst the Council appreciates that this a difficult time for everyone and responding to consultations such as this may be more challenging, the Council believes that it is important to ensure we continue to plan positively for our Borough.

All feedback is welcome even if you do not feel like you fully understand the issues or are short on time.

The New Local Plan First Steps Engagement runs from **16 November 2020** until **1 February 2021**.

Our website has plenty of learning materials to help you understand what is going on in the borough and providing your feedback can take as little as 10 minutes.

Hard copies of the engagement documents are available at some of our libraries. Details of which libraries are currently open and their opening hours can be found at **www.haringey.gov.uk/libraries**

Most of our engagement will occur online at:

haringeynewlocalplan.commonplace.is

Please visit the website to see the dates and times for our virtual engagement events and sign up.



If you have any other questions please email our friendly Planning Policy Team at **Planning.Policy@haringey.gov.uk** or by phone on **020 8489 5965**.

Help us tackle the Climate Emergency

Following the Council's declaration that we are in a climate emergency, the council published its draft Haringey Climate Change Action Plan.

You can contact the
Carbon Management Team
with any questions at
CarbonManagementTeam@
haringey.gov.uk

We would like to hear from
you before we adopt the
final plan. Our engagement
platform will be live
until 4 January 2021.



To see the website, either scan
the QR code or type in this URL:

**haringeyclimatechange
actionplan.commonplace.is**



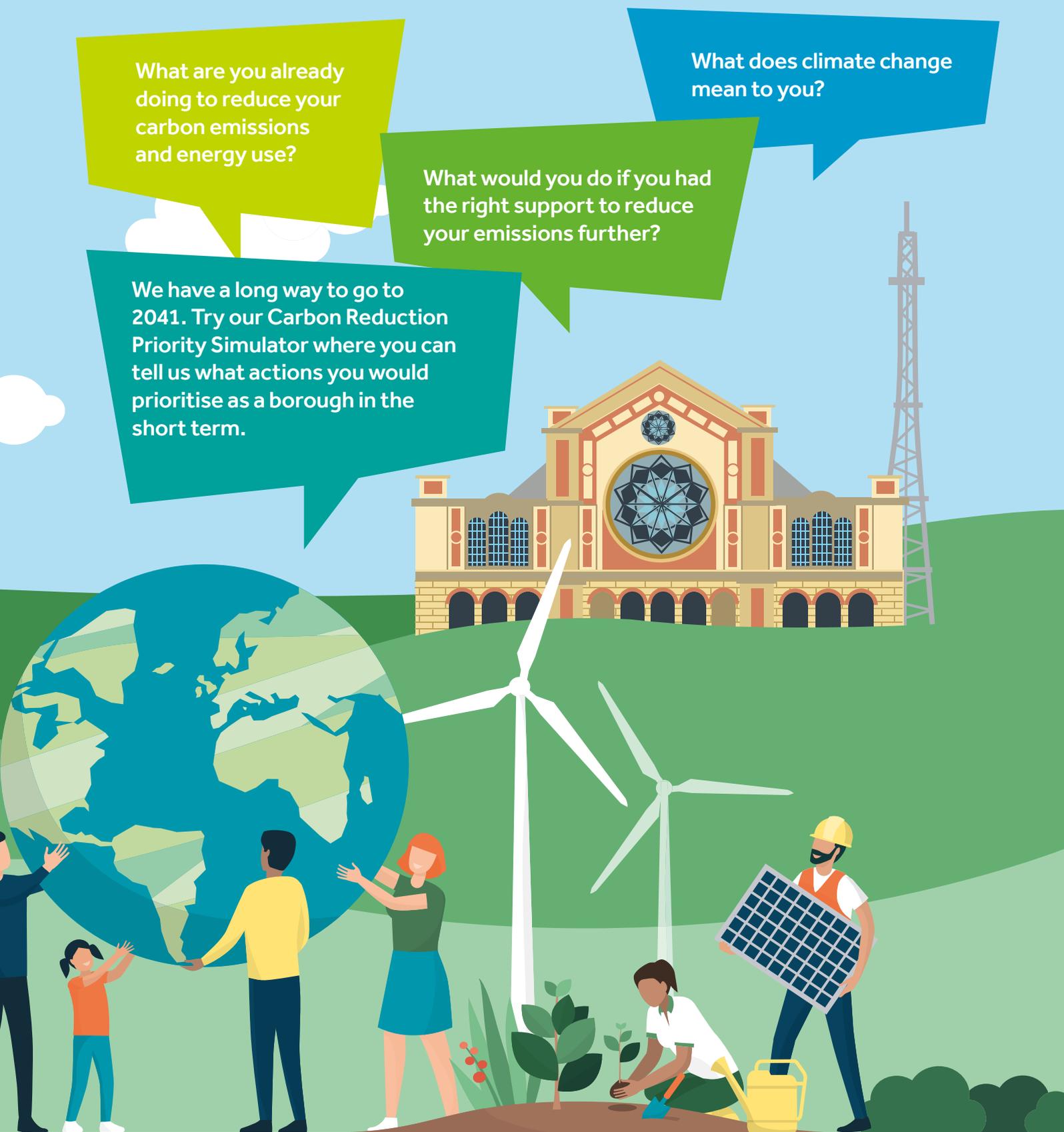
The council has an ambition to get to a net zero carbon borough by 2041. We have set out objectives in six different areas to reduce our emissions: the council, our homes, our workplaces, transport, low-carbon energy sources and the community. Read how we've already reduced 35.9% of our emissions since 2005, why this matters, and what the detail is behind our objectives and 2041 target.

What are you already doing to reduce your carbon emissions and energy use?

What does climate change mean to you?

What would you do if you had the right support to reduce your emissions further?

We have a long way to go to 2041. Try our Carbon Reduction Priority Simulator where you can tell us what actions you would prioritise as a borough in the short term.





**END VIOLENCE
AGAINST WOMEN
AND GIRLS**
Together we can stop it

Haringey
LONDON

Is it dangerous
for you to
#stayhome?

**If you or someone you know is at risk of
Domestic Abuse at home, help is available.**

**Haringey Domestic Abuse Helpline
(Mon-Fri 10am-5:30pm):**

0300 012 0213

HaringeyIDVA@niaendingviolence.org.uk

24/7 National Domestic Abuse Helpline: 0808 2000 247

If in immediate danger, always ring the police on 999

If you are unable to speak, press 55 and the police will assist you

Fostering a bright future for themselves with care

Imagine entering the care system at a young age and, despite the difficult challenges that adaptation can bring about, still striving to achieve academically and advance to a top-ranked university?

It sounds like something out of a script that is destined to be a Hollywood hit on the silver screen, with a focus on the feel-good factor.

However, for Haringey care leaver Leah Glenday, this is very much her reality right now as she has worked very hard to overcome the early obstacles she has had in life and duly be offered places to study at Cambridge respectively.

"When I found out I was going to Cambridge, I burst into tears and cried my eyes out; I was so happy," said Leah, who – much like many other Haringey care leavers, went on to further education and university – began studying Law at Cambridge herself back in October.

"With the support of my foster family and my social worker at Haringey, I just knew that I'd have to study hard and go far if I wanted to break out of the cycle and have a different life for my children in the future.

"I also wanted to show people – and other children like me in the care system – that we actually can achieve things in life because we have so many other opportunities due to being

put in the system. I used that as motivation to work hard and push myself and it clearly worked."

Leah currently intends to specialise in Family Law so that she can eventually help and support children and young people who experience such complex, emotionally fraught legal issues early on in life as well.

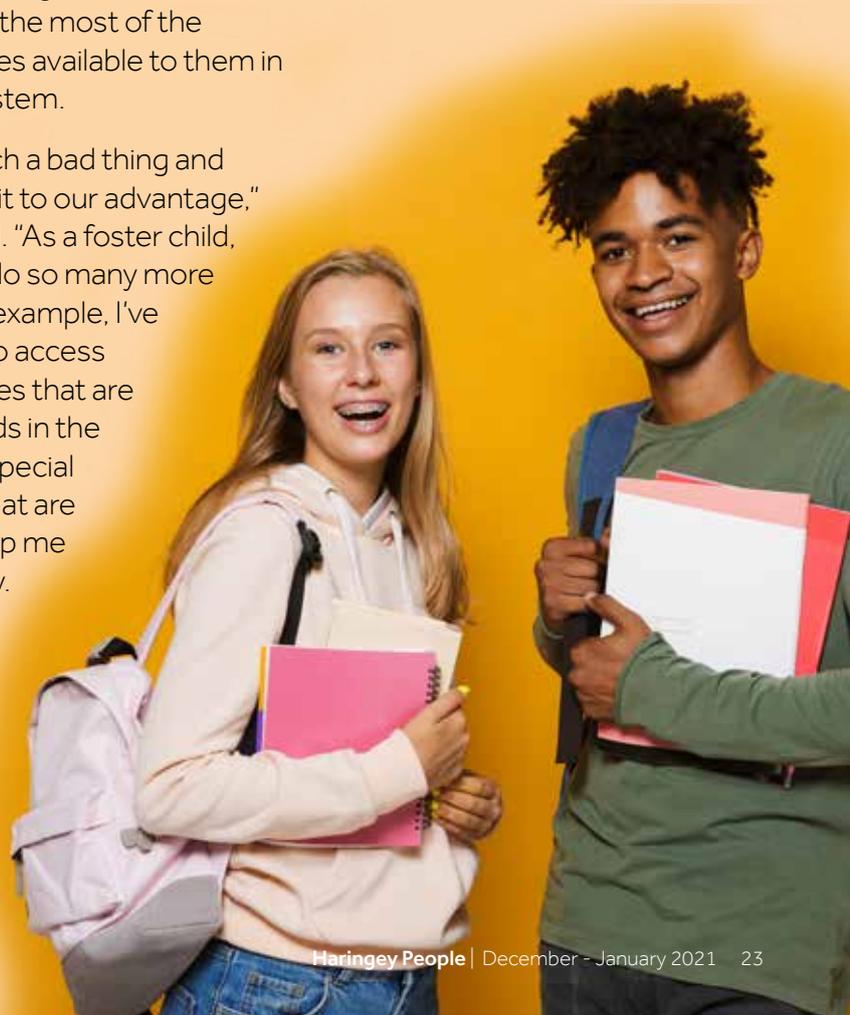
If she could give words of advice and encouragement to them right now though, it would be to make the most of the opportunities available to them in the care system.

"It is not such a bad thing and we can use it to our advantage," Leah added. "As a foster child, I'm able to do so many more things. For example, I've been able to access opportunities that are solely for kids in the system or special bursaries that are going to help me at university.

"I was lucky to have gone through the system because I'm going to be able to live a life I never would have been able to if I hadn't have been taken away from my biological parents."

For further information on fostering in Haringey and how to become a foster parent, visit the following link on the Haringey Council website:

www.haringey.gov.uk/fostering





HARINGEY HEROES

Throughout the pandemic thousands of people across the country have been stepping up and supporting those in need to help them get through the crisis.

Whether it's the elderly, the vulnerable, or families with young children, the support for the community has been incredible.

Here in Haringey, we wanted to acknowledge the amazing ways people have selflessly come together. Earlier this year, former Mayor of Haringey Cllr Shelia Peacock launched Haringey Heroes, as a way of recognising individuals who have made a difference in our borough during Covid-19.

Residents were asked to nominate anyone – individual or group – who they felt had gone above and beyond to support people in the borough.

The response was incredible, with approximately 170 people nominating someone they know. The nominations revealed some of the great ways people have been helping each other, like delivering parcels from food banks, making PPE equipment for NHS workers, and lifting people's spirits by performing piano concerts in their front garden.

As recognition for their altruistic efforts, each person nominated received a special Haringey Heroes certificate signed by Cllr Peacock.



Volunteering



HALS COURSES FOR THE WINTER TERM ARE NOW AVAILABLE ONLINE AND IN PERSON.

Prepare for the future by up-skilling, learning something new or just keep connected.



VIEW ALL COURSES AND REGISTER YOUR INTEREST AT
www.haringey.gov.uk/hals

Haringey
LONDON

My Account

During September, changes were made to Haringey Council's My Account to improve the service and provide access to more online services and transactions, making it easier to contact the council.

My Account is Haringey Council's online site which allows account holders to do various things such as view and manage council tax accounts, apply for housing benefit and council tax reduction, or report a street or park problem.

Behind the scenes the changes meant moving from our old system to a new one capable of supporting the ongoing demands of managing a growing online customer services platform.

To ensure the new transition went smoothly, volunteers from Homes for Haringey's residents' panel were offered the chance to take part in user testing exercises.

Normally such a task would take place in council offices, but due to lockdown restrictions, testing was done remotely. This was a bonus for the testing team as it provided a real understanding of some of the challenges customers experience when they go online.

Volunteers were sent test data and given access to a test website, so that they could go through some of the My Account functionality; they then reported back using online forms, what they liked or didn't like.

Online testing participant Eric Brown said: "Personally, I get frustrated when accessing online information which has not been considered with the customer in mind. As a customer, taking part in the testing enables me to be part of a team which hopefully helps improve the customer experience."

The support from the volunteers was invaluable and their feedback led to some of the changes to the system including making instructions clearer and changing the layout of forms to make them more intuitive.

Eric commented: "I enjoyed learning more and becoming aware of issues that affect all residents and being able to test an application process from the start to finish. Hopefully by doing this I can help those people who may struggle with completing application forms."

More user-experience testing is planned to include reviewing Council Tax payments in My Account. Volunteers are needed to improve the online customer experience for all of Haringey's residents. You can get involved in future user testing by joining our Citizens' panel at www.haringey.gov.uk/citizenspanel



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**WITH FAST MOVING, FUN
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FOR 6-18 YEAR OLDS**

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AND CROUCH
END N8
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Our local schools are **enrolling now** so join us for a **free trial session** and discover the Stage Academy difference - like **teaching from industry professionals, easy monthly payment plans** and a **high-quality curriculum**.

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Emma-Jane Adam - Stage Academy Parent

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0800 808 5327

STAGE ACADEMY *JRS*

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EXPRESSIVE FUN
FOR 4-6s**

An exciting, high energy class combining fun drama activities and games, singing, dancing and the power of imagination into one life-changing experience.

"Our experience with Stage Academy has exceeded all our expectations so far. The themes are brilliant, the materials provided are a great conversation starter about the class. Stage Academy's professionalism is exceptional and consistent."

Ayse - Stage Academy Parent



**COVID
SECURE**

Your Local Stage Academy Schools

Saturdays at Highgate Primary School, N6 4ED for ages 4 to 18

Wednesdays after school at Hornsey Vale, N8 9LP for ages 4 to 6

Thursdays after school at Lauderdale House, N6 5HG for ages 4 to 6

And Holiday Camps - 21st to 23rd Dec at Lauderdale House, N6 5HG for ages 4 to 18



Providing a root on the long, candlelit walks to a recovery

A tree in Haringey is helping bereaved families and grieving parents as they try to come to terms with the frankly unimaginable pain following the loss of a beloved brother or sister, daughter or son.

An oak on Parkland Walk has been designated as a Baby Loss Tree, where fathers, mothers and siblings can now acknowledge, mourn and remember a loved one they've lost to a stillbirth or neonatal death.

The idea for a Baby Loss Tree arose after the support group North & East London SANDS (Stillbirth And Neonatal Death Society) began embarking upon their annual candlelit Baby Loss Walks along Parkland Walk to mark Baby Loss Awareness Week four years ago.

That was a lasting legacy from one such little girl called Isla-Rose at the request of her mum Michelle Fischer and it soon became increasingly apparent to the group that these walks – and their lives – would benefit from a permanent memorial.

"The Baby Loss Tree, and the walks, are really useful to newly bereaved parents – or those who are further down the line – as they are ways of acknowledging the babies," said Hilary Grierson, who has been heavily involved with North & East

London SANDS since she lost her first-born child – a son named Hamish – back in 2012.

"They also help bring people together and let them know that they're not alone or isolated. Whenever you go to the tree and you see all of the painted memorial stones, the personal messages and the pink and blue ribbons, you're reminded that it's not just me who has been through this – it's us, and that helps."

For further information about the **Baby Loss Tree and North & East London SANDS**, visit their official website at: <https://nelondonsands.org> or you can find them on Facebook at: www.facebook.com/nelondon.sands and Instagram at: [@nelondonsands](https://www.instagram.com/nelondonsands)

Alternatively, if you require help and support and you need to speak to someone urgently, call the National SANDS Helpline on: **0808 164 3332**.

Made by Tottenham

A new creative business directory launches to support local talent.

Tottenham is one of London's most creative areas, with almost one in five residents working in the creative industries, London's fastest growing sector prior to the pandemic. Now more than ever, it is vital to support and celebrate the local creative economy, which can be a driving force towards London's economic recovery.

In November, Made by Tottenham, a website seeking to promote local businesses through an online directory, was launched. The directory aims to support the local creative economy, freelancers and businesses by offering business advice and guidance,

skills and training and a platform for news, events and opportunities.

The creative business directory features profiles of creative people and businesses across multiple sectors including Media, Film & Photography, Visual Arts, Architecture & Design, Craft & Making, Fashion, Music, Performing Arts and more.

Local creative, Jenny Holloway, the CEO of Haringey-based social enterprise Fashion Enter, who has already taken advantage of the directory, commented: "In these uncertain times working locally to create a circular economy is the only





Crafty Nolo

way to go. Being part of this dynamic local directory creates real business and networking opportunities for all businesses, big and small!"

The directory's aim is to not only raise the profile of creative freelancers and businesses both within the local area and beyond, but also to showcase new and emerging talent and enable connections between creatives across the whole of London. It should also facilitate paid employment opportunities, commissions, and direct employment. Through this network the hope is to inspire a new generation of creatives through increased awareness of, and access to, the vast array of creative sectors and careers available.

People engaged in the creative industries can create a profile on the Made by Tottenham website, enabling other businesses, prospective collaborators and the wider community to browse and discover their work.

Local photographer, Agenda Brown, of Visual Marvelry said: "Working in Tottenham has given me a chance to work with some of the most powerful and diverse talent that I have ever experienced. I look forward to connecting with more local creatives and producing more engagement stories and commercial work. Made By Tottenham will be a great space to explore this and make things happen."

Supported by the GLA and Haringey Council, Made by Tottenham is part of the Creative Enterprise Zone programme. For further information, visit www.madebytottenham.com or follow on Instagram [@madebytottenham](https://www.instagram.com/madebytottenham)



Marquel Yodea Williams



Euroart Studio



King of Trainers



Souleyman Garcia



Kooth is a **free online mental health and wellbeing service**, commissioned by NHS NCL CCG, to support children and young people between 11 and 18 years of age (up to their 19th birthday) and for up to 25 years of age for specific cohorts (young carers, care leavers, ex-offenders, young people with SEND).

Through Kooth young people can access free, safe and anonymous, online wellbeing support.

Young people can talk to a counsellor **365 days a year** from the comfort of their own home via text (on Monday's to Friday our counsellors are available from 12:00 noon - 10:00 pm and on weekends and bank holidays, 6:00pm-10:00pm).

www.Kooth.com



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CHARITABLE LEGAL SERVICES

SUPPORTING AND EMPOWERING THE RIGHTS OF THE BLACK COMMUNITY Our success rate is **100%**

Legal Services offered

Homelessness

Applications and reviews

Housing

Disrepair in the homes of council, housing association and private tenants, leaseholders, landlord and tenant disputes, anti-social behaviour casework, and help to buy a home (including disabled clients)

Immigration and Asylum

Deportations, British citizenship, leave to remain, employment, and settlement scheme

Employment

Settlements, disciplinaries, tribunal, pay, redundancy, dismissal, discrimination, contracts, fitness to practice in employment regulatory investigations.

Education

Parent/guardian support in expulsions /suspensions, school transfers, school place appeals, help with tuition, and university application statements

Financial education schemes

Welfare and Benefits reviews/claims

Care/disability PIP reviews/ applications

Actions against the police/crime

False arrest, malicious prosecution and domestic violence.

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Helping you to plan for your financial prosperity and future

Call mobile: 07425 308142

Hoxton Mix, 3rd floor, 86-90 Paul Street, London EC2A 4NE

Email: adviceresolutions@gmail.com

www.adviceresolutions.uk

Visit by appointment only



“ I found out that my dad is not the only parent who drinks too much alcohol. I'm not on my own. ”

Josh, age 9

“ I have learnt how my alcohol use has impacted my children. I'm now more confident as a parent. ”

Serena, mum of 2



INSIGHTFUL FAMILIES

Insightful Families provides free and confidential support for families in Haringey worried about alcohol

020 8493 8525

insightplatform@humankindcharity.org.uk

www.insightyoungpeople.org.uk

The show must go on

Like most things this year, a lot of industries have been severely impacted by the global pandemic. None more so than the entertainment industry. Haringey's Musical Theatre Academy (The MTA) in Tottenham has spent the last few months adjusting the way they work to survive in challenging circumstances.

When lockdown began in late March, the staff at The MTA, like most of us, found themselves in uncharted territory and had to adapt their teaching style within days. The staff of 40 to 50 professional freelancers normally have a whole term to teach students skills in a range of fields such as dance, acting, creative, stage management, and voice work. They had to work out how to do online auditions within days, how to conduct interviews, and develop two months' course content for online learning.

"We adapted really quickly", said Principal and CEO Annemarie Lewis Thomas. "We discovered there are many pros to online learning: in many areas we could progress our students through the course quicker. Some of the lessons learned during this period will now form part of the course, e.g. online admissions and moving forward two shows a year will be streamed or filmed.

The MTA first opened their curtains to the public in 2009 after Annemarie saw that some students leaving colleges were not properly prepared for work. While most drama colleges have gone down the degree route, The MTA has stayed vocational, helping students to develop the technical skills required for theatre work. Typical colleges are usually big with large cohorts of students whereas The MTA limit their class numbers to 22, making

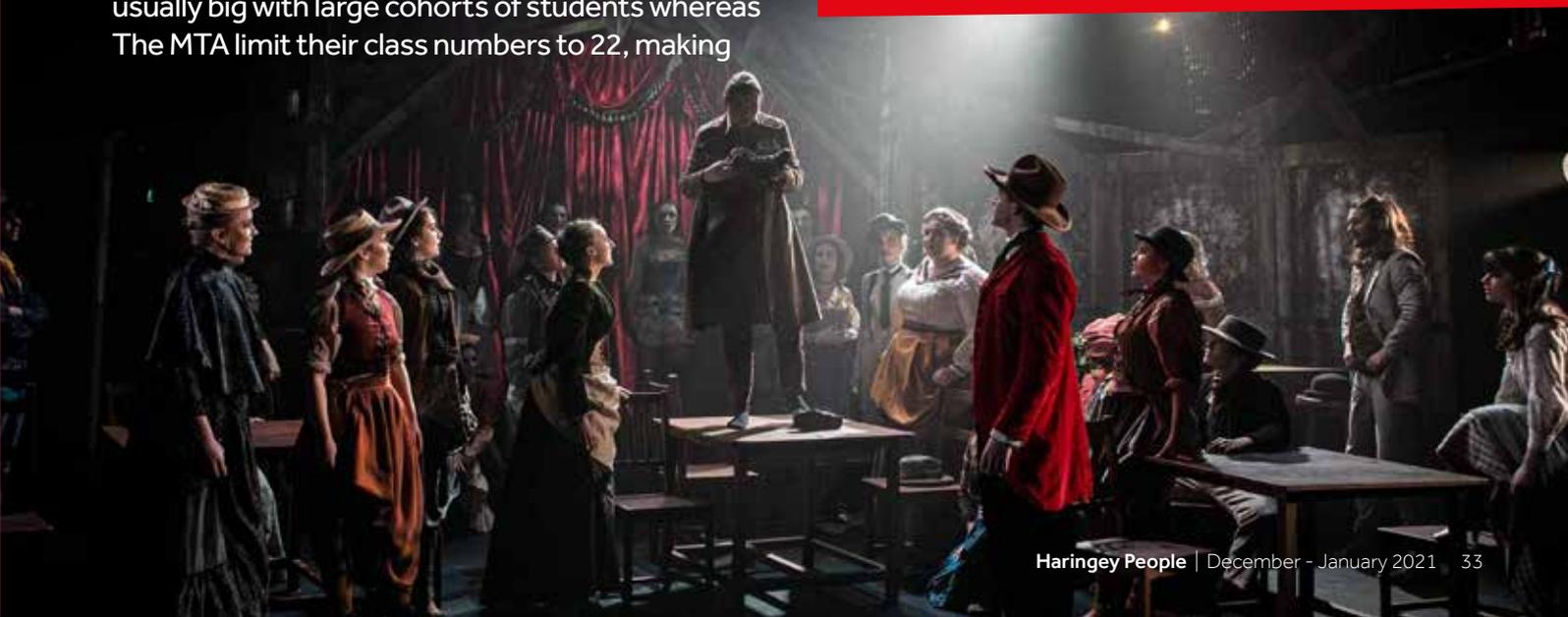
it much easier for tutors to work closely with students.

Over the years, The MTA has gone on to be a pioneer in theatre education, recognised for changing the face of drama training. It was the first drama college to provide the UK's first accelerated learning programme enabling students to graduate in two years, and the first musical theatre course with a 50/50 split between stage and screen. The MTA is also a strong advocate for mental health, creating the industry wide #time4change mental health charter in 2016.

Reflecting on the changes they made because of Covid-19, Annemarie said: "Things worked out really well, but it's not something we would want to do long-term. Digital theatre is here to stay. We've acknowledged that and we've adapted with it."

As lockdown restrictions have eased, The MTA has resumed its face to face teaching, albeit with restricted numbers in classes, operating in "bubbles".

Discover more about The MTA at
www.themta.co.uk



Live. Shop. Local.



Shop locally on-line

Please support your local shops and businesses.



European Union
European Regional
Development Fund

Haringey
LONDON

A Happy Harris Lebus Christmas Past

With social distancing - and not silver bells - ringing in our ears in these COVID-19 conscious times, one of the casualties this season is the workplace Christmas party. A tradition that not even a world war could deny has – alas - been put on hold in 2020.

But, hark - hear the herald angels sing! It's the 1950s again, as we look back to a bygone time when some things seemed simpler. A time when after a week of making paper chains, a pile of paper plates, six dozen paper hats, home-made crackers, 35 large sponge cakes and a portable record player accompanied by a cardboard box of 78s, was all it took to make the festive spirit flow. Every firm in Haringey once held a Christmas party, and the Harris Lebus furniture factory at Tottenham Hale was certainly no exception.

It's December 1955. The Lebus workforce community are in full planning mode. They have to be with so many departmental parties to get organised (you could never accommodate all 3,000 employees, plus partners, in the works canteen). They were thankful for the newly-built Sir Herman Lebus Sports Pavilion. It had lent itself so well for Christmas parties for the first time the year before. In 1955, everyone was on even more of a high than usual following the visit of the young Prince Phillip, Duke of Edinburgh to the Lebus factory on November 10 just a few weeks before.

Not to mention the parties for the children - all 2,000 of them on the list. There had been nine separate parties to sort: the factory's transport department, the engineers, sawmill, offices, the '32 shop' (veneers), 'H/J shop' (radio frequency presses), '12 shop' (sub-assemblies), polishers and '22 shop'



(assemblies). Four were to be held in the canteen and five in the sports pavilion. Some of these parties had to spill over into January. But Ms Johnstone was Lebus's secret weapon - she was a seasoned catering manager. If she could keep the factory's hungry men and women in line, the children's parties were a doddle.

Christmas 1955 is just one example of the many experiences of the Lebus workforce community of old. Some were good experiences, others were not. There were some real characters who worked there, each with a story to tell. You can hear more from them in the new book published this year - Harris Lebus: A Romance with the Furniture Trade by Tottenham resident Paul Collier, which tells the complete story of Lebus. It was the 'largest furniture factory in the world', and it was right here in Tottenham Hale, Haringey.

The book is available from Libri Publishing at www.libripublishing.co.uk



HARINGEY
SIXTH FORM COLLEGE
SUCCESS AMBITION RESILIENCE

NOW
TAKING 2021-22
APPLICATIONS



VIP TASTER DAY

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Attend our VIP Day and have an interview - a real chance for you to see why we are **#MoreThanACollege**
Opportunity to complete your application process with us and your place will be **guaranteed!**
Open event, interview and offer all in one!

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#MoreThanACollege