

Haringey

# people

October - November 2017

## Haringey top shot

**Haringey**  
LONDON

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### Inside this edition:



Ally Pally trail



Exam  
celebrations



Shared lives



The Mayor of London is searching for the capital's first ever Borough of Culture as he bids to celebrate the creativity and character that make this one of the world's great cities.

When the Mayor announced his competition, my first thought was "call off the search". Surely nowhere else in London can hold a torch to the rich variety of culture we enjoy here in Haringey?

The borough that is home to Alexandra Palace, Jacksons Lane Arts Centre, Hornsey Town Hall, Bernie Grant Arts Centre, the Chocolate Factory, and no fewer than three arthouse cinemas must surely be a front runner for the accolade.

And the great venues we enjoy here in Haringey are just the tip of the iceberg. Events such as Wood Green Open Studios, Crouch End Open Studios and the Crouch End Festival – the largest grass-roots community festival in the country – bring thousands of visitors to the borough each year.

We're home to amateur dramatic organisations such as the Crouch End Players and community choirs including the Tottenham Community Choir, the New Tottenham Singers and the world-famous Crouch End Festival Chorus – which has performed alongside stars including Ray Davies and Noel Gallagher.

In music, we count stars including Adele and Skepta amongst our alumni, whilst our young musicians recently performed at the Royal Albert Hall. And in Spurs we have a Premier League club that epitomises the role of sport in popular culture.

We can be proud to count award-winning young cartoonist Zoom Rockman – whose work regularly features in the Beano – and arts collective Studio 306 – whose creativity also supports those with mental health difficulties – amongst our artists, and we have a growing reputation for creative industries, such as the Fashion Technology Academy and Tottenham's Mill Co. Project. Our young people, too, continue to amaze with their talents and creativity.

And there are many more examples throughout Haringey. I'm proud of the wealth of creativity and culture in our borough, and of how that strong spirit of culture runs through our diverse communities. We are a borough where more than 100 different languages are spoken and where diverse communities celebrate their cultures together – from Jewish New Year to Eid, and Christmas to Diwali.

All of this is why I'm rooting for Haringey to be London's first Borough of Culture. I hope that you will too.

**Claire Kober**  
Leader of Haringey Council



Cover picture: Haringey's top shot

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[translationandinterpreting@haringey.gov.uk](mailto:translationandinterpreting@haringey.gov.uk)

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Green Pepper café



A-mazing, Celebrating A level results

Haringey People is available as an audio magazine in partnership with the Haringey Phoenix Group. For more information, contact 020 8889 7070.



Inner warrior

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Handa's Surprise

*Sanctuary*  
H O M E S



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Images are representative

# News

## Happy birthday Green Pepper!



A unique café that has helped hundreds of vulnerable people to learn essential life skills has celebrated 20 years at the heart of the community.

Green Pepper Café first opened in Philip Lane, Tottenham, in 1997 as a training project to offer people with learning disabilities the chance to gain catering experience, build their confidence and learn new skills to help them find work.

Since then, hundreds of people have benefited from the support on offer, while thousands of hungry diners have enjoyed delicious home cooked meals.

The café is now based at Winkfield Resource Centre, Wood Green, where volunteers, staff, service users and

customers past and present enjoyed a 20th anniversary celebration, complete with a special Green Pepper cake.

Team leader Jenny Smith, who has been at the helm since day one, said: "It was good to see the clients and their parents, who have supported us over the years. I'm very proud that some of them have been able to gain voluntary work with the skills they have developed at the café."

Green Pepper Café is open Monday to Friday, 9am to 3.30pm.



Left to right: Homes for Haringey resident board member Georgina Walters, Homes for Haringey Managing Director Chris Liffen, Cristina Andronache and Cllr Alan Strickland, Cabinet Member for Housing and Regeneration.

## Shared ownership homes

Leaseholder Cristina Andronache is enjoying life in her new home at Tottenham's Brewery House after moving into one of four new shared ownership properties built by Haringey Council.

With shared ownership, home-owners buy a share of between 25 and 55 percent of the property and pay rent on the remaining share. They have the option to increase their share in the future, making this a great way for first-time buyers to get a foot on the housing ladder.

The quality homes at Whitbread Close – which will be managed by Homes for Haringey – are among 31 new homes being completed this year on former garage and car park sites in seven locations across the borough.

Cristina said: "Being a home owner is a dream come true and I will always be grateful for this opportunity and for my friends who encouraged and

supported me. Shared ownership means I could get on the property ladder despite having a smaller budget, whilst benefitting from modern living in an energy-efficient flat."

## OUTSTANDING FOR ALL AWARDS 2017

### Last call for Outstanding for All

The best in Haringey education and learning will be celebrated next month at the prestigious Outstanding for All Awards – and nominations close on October 13.

The awards showcase the teachers, staff, pupils and volunteers that ensure education is Haringey is best in class.

Awards are up for grabs in a host of categories including Teacher of the Year, STEM Achievement, Overcoming Adversity and the newly-introduced Apprentice of the Year.

If you know someone whose commitment to education deserves to be recognised, make sure you nominate them for an award.

Full details of all categories and how to nominate can be found at [www.haringey.gov.uk/ofa](http://www.haringey.gov.uk/ofa)

## No place for hatred

Politicians from Haringey's two main parties have teamed up to take a stand against hatred.

Haringey Council Leader Cllr Claire Kober (Labour) and Opposition Group Leader Cllr Gail Engert (Liberal Democrat) presented a cross-party motion underlining a joint commitment to combating racism, antisemitism, hatred and bigotry.

Cllr Kober said: "Haringey is a place of great community cohesion and there is no place for any form of racism, hatred or bigotry in our borough."

Cllr Engert added: "It is our duty as local leaders to stand together against hatred in any form."



## Stay well this winter

With colder weather drawing in, NHS Choices offers a host of tips on keeping yourself and your family well this winter: [www.nhs.uk/winterhealth](http://www.nhs.uk/winterhealth)

The flu jab is especially important for people at increased risk from the effects of flu – including over-65s, pregnant women, young children and those with long-term health conditions. The vaccine is available via your GP or at many local pharmacies, and there is a nasal spray vaccine available for children. Find out more at [www.nhs.uk/staywell](http://www.nhs.uk/staywell)

If you start to feel unwell, even if it's just a cough or a cold, don't wait until it gets more serious – get help from your pharmacist as soon as possible. You can find your nearest pharmacy at [www.nhs.uk](http://www.nhs.uk) or by calling 0300 311 2233.

If you are feeling unwell "out of hours", you can book an appointment with a GP or nurse at a primary care hub, with appointments available 6.30-8.30pm on weekdays and 8am to 8pm at the weekend. Call your own GP practice during normal business hours or 0330 053 9499 during hub opening hours.

If you need help when your GP or pharmacy is closed, call NHS 111 anytime for advice or to be directed to a local service.



## Creating a sustainable community

The Muswell Hill Sustainability Group (MHSG) will host a series of free autumn advice sessions to help people save energy and money.

The group, launched in 2008 to help residents make green lifestyle changes, works with other organisations and Haringey Council to cut waste and carbon emissions, and encourage local food-growing.

Their free autumn events include:

- Woodstove Wisdom evenings – sessions that demonstrate the clean and efficient way to run a woodstove. Events at a MHSG member's home from 7-9pm on Tuesday 10 October, Tuesday 21 November and Tuesday 12 December. Book at [info@mhsgroup.org](mailto:info@mhsgroup.org)
- Green Open Home visits – free visits to energy efficient homes in the Muswell Hill area, held on Sunday 5 and Saturday 11 November.



Expert speaker meeting – Dr Stephen Simpson, Associate Professor in Marine Biology & Global Change at Exeter University, will lead a 'Future of Oceans' talk at Muswell Hill Methodist Church, Pages Lane, N10 from 7.30pm

The group also hosts socials and has been the driving force behind local initiatives such as solar panel installation and energy efficiency advice, and campaigning for green measures such as reducing packaging and waste.

Events are free and new members are always welcome at MHSG. Just pop along to any of the events or email [info@mhsgroup.org](mailto:info@mhsgroup.org). For more information, visit [www.mhsgroup.org](http://www.mhsgroup.org)

# DIAMOND BUILD CELEBRATES 40 SUCCESSFUL YEARS IN HARINGEY



And as part of their celebration, Diamond Build is recruiting  
TWO MANAGEMENT TRAINEES who will also study BSc Construction

## A company with local roots

John Gray (right) is the owner of Diamond Build plc, a local Haringey company and in November it will be celebrating its 40th year of continuous trading in the construction industry.

John is rightly proud of the achievements and success of the company which has continued to expand to a multi-faceted group of companies under the Diamond banner.



## 40 years in Haringey

We're delighted Diamond Build has entered its 40th year, and this achievement will see a whole range of activities and events to mark and celebrate 40 years of continuous trading in Haringey.



## Training the next generation

The company has a long history of providing employment within Haringey. It has given over 100 young people a start in life by offering apprenticeships and university traineeships while also providing work experience and supporting local initiatives.

## Traineeship opportunity now open



An important way we're celebrating our commitment to the future is by offering a construction management traineeship to two A level standard students who wish to embark on a construction management traineeship with the company.

Diamond Build will pay their university tuition fees and pay a starting salary of £12,500 with pay reviews every six months.

To find out more about this opportunity, and to apply, visit our webpage (<http://tinyurl.com/y9f9nuts>) or scan the QR code (right), or email: [office@diamondducationsservice.com](mailto:office@diamondducationsservice.com)



Scan the QR code to see the trainee webpage.

We're looking forward to our next 40 years of successful trading in Haringey.

## The Diamond Group of companies

The Diamond Group now encompasses:

- Diamond Build plc (for works over £1m in value);
- Diamond Fire Safety Ltd (specialists in upgrading properties to be fire compliant);
- Diamond Special Works Ltd (for works under £1m in value);
- Diamond Facilities Support Ltd (carrying out facility maintenance throughout the UK), and
- Diamond Education Service Ltd (carrying out management support services to schools and learning institutions).

All of these companies have their own specialist management teams.

## Experience and expertise

Diamond Build is a specialist public works contractor with a reputation for producing 'Quality on Time with Health and Safety in Mind' working over the years for local authorities, housing associations, educational establishments, the NHS, police force, fire brigade and many other public sector organisations.

Diamond Build has just obtained a Silver Award for the new Investors in People accreditation for people management which puts it in the top five per cent of organisations holding this award; it also holds ISO 9001 (Quality Management), ISO 1801 (Health & Safety Management), ISO 14001 (Environmental Management) and is a chartered building company.

## Building on our success



Our latest venture is to redevelop our current site in Stamford Road N15 to form a state-of-the-art head office, with a mix of 48 apartments plus affordable business spaces to meet the needs of contemporary living and work.



Diamond Build Group plc  
52-68 Stamford Road  
London N15 4PZ

020 8365 1000  
[www.diamond-build.com](http://www.diamond-build.com)

# Recycling in Haringey



Park View Road Reuse and Recycling Centre will be closed from October 23 as part of the council's efforts to make a further £20million savings in the face of ongoing funding cuts that have already seen more than £100m slashed from the council's budget.

The larger and more modern centre on Western Road, Wood Green, will remain open and residents are also welcome to access a number of other free recycling centres in north London, including: Summers Lane, North Finchley; Regis Road, Kentish Town; Hornsey Street, Islington; Kings Road, Chingford; South Access Road, Walthamstow; Gateway Road, Leyton.

For more information, visit [www.wiseuptowaste.org.uk](http://www.wiseuptowaste.org.uk)

# Supporting care leavers

Care leavers in Haringey will be exempt from paying council tax under new measures introduced by the council.

The council will ensure that care leavers aged 18-25 will not have to pay the charge.

The move comes after research from leading charity The Children's Society revealed that care leavers are at significant risk of falling into debt.

As "corporate parent" to children and young people in care, the council is committed to offering ongoing support once people move on from the care system, in much the same way as any parent would seek to do after their child turned 18.

Sam Royston, Director of Policy and Research at The Children's Society, said: "Care leavers have often experienced a really difficult upbringing and they may have experienced abuse, neglect or family breakdown, which can have a big impact upon their life chances.

"Without the family support most young people get as they become adults, care leavers often struggle to juggle their household bills and make ends meet. Many find themselves in debt, or having to go without food or other basic necessities.

"An exemption would make life easier for many young people making the move into independent living."

Haringey already offers council tax exemptions and discounts to pensioners and those who receive certain disability benefits.

The careleavers exemption will be introduced from April 2018.

# Roll up for Routes to Work

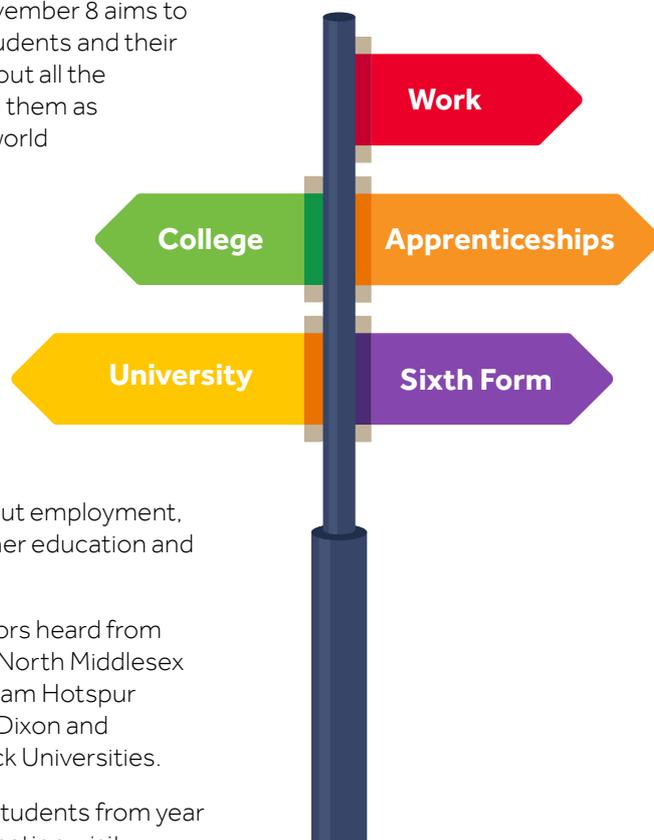
Get inspiration, ideas – and maybe even offers! – for your next career step at the Haringey Routes to Work careers fair.

The free event on November 8 aims to help the borough's students and their parents to find out about all the opportunities open to them as they set out into the world of work.

The event, in partnership with London Stansted Airport and the College of Haringey, Enfield and North East London, will see employers and providers on hand to answer questions about employment, apprenticeships, further education and other options.

Last year's 1,000 visitors heard from stallholders including North Middlesex Hospital, The Tottenham Hotspur Foundation, Willmott Dixon and Middlesex and Birkbeck Universities.

The event is open to students from year 11 up. For more information, visit [www.haringey.gov.uk/routestowork](http://www.haringey.gov.uk/routestowork)





Alexandra Palace

# Alexandra Palace trail

The Haringey People trail explores Alexandra Palace and discovers that the famous landmark isn't the only thing on offer in this elegant neighbourhood.

## To Do

### 1 Alexandra Palace

Ally Pally needs little introduction. First built in 1873, this iconic Victorian landmark is now a leading venue hosting numerous high-profile gigs, exhibitions

and events. The East Wing is currently being restored, including exciting plans to bring the original Victorian theatre back into use.

The surrounding 196-acre Green Flag winning park boasts a boating lake, skate park, pitch and putt course, cafes and even an unexploded bomb. Newly opened is the Go Ape outdoor

adventure experience. Afterwards, sit outside at the Phoenix Bar and Kitchen with a drink or a bite to eat and enjoy some of the best views in London.

Alexandra Palace Way, N22 7AY  
[www.alexandrapalace.com](http://www.alexandrapalace.com)  
[@yourallypally](https://twitter.com/yourallypally)

To donate to the Victorian theatre restoration go to:

<http://support.alexandrapalace.com>

### 2 Have a n-ice time!

Alexandra Palace is also synonymous with ice skating, the rink even featured in Robbie Williams' She's the One video. Open seven days a week for skate sessions and lessons for all ages and abilities from toddlers upwards. Advance booking is advisable, especially in winter.

The borough also has a new ice hockey team, the Haringey Huskies, competing in the National Ice Hockey League South Two. A number of other ice hockey



View from Alexandra Palace



Ice skating rink

teams also play at Alexandra Palace, including the Haringey Hounds junior club which has teams from under-9s to Under-18s and offer a beginners course. See page 29.

[www.alexandrapalace.com/ice-rink](http://www.alexandrapalace.com/ice-rink)  
[www.facebook.com/haringeyhuskies](https://www.facebook.com/haringeyhuskies) or @HaringeyHuskies  
[www.haringeyhounds.co.uk](http://www.haringeyhounds.co.uk)

### 3 Sport at Albert Road Rec

Albert Road Recreation Ground is host to a range of sports including running, basketball, cricket, bowling and tennis. As well as soccer camps and coaching, the Rec is home to the North London Lions Aussie Rules football team. Thanks to the efforts of local resident Robby Sudkheo, the Rec also serves up tennis with coaching classes for adults and kids, pay and play, or competitive leagues for serious players. There is also a children's play area and the popular Pavilion Café.

[www.farrg.org.uk](http://www.farrg.org.uk)  
[facebook.com/FARRG](https://www.facebook.com/FARRG)  
[www.psandc.co.uk](http://www.psandc.co.uk)

## To Drink

### 1 The Starting Gate

Built in 1875, this Grade II listed Victorian pub was originally the starting point of the historic Alexandra Palace Racecourse. It still has some original features and an amazing oval bar. Directly opposite the train station, this lovely pub is noted for its range of craft beers, classic British pub menu and Sunday roasts.

Station Road, N22 7SS  
[www.thestartinggate.co.uk](http://www.thestartinggate.co.uk)  
[@startinggateN22](https://www.facebook.com/startinggateN22)

### 2 Yard Café

The Yard Café in Alexandra Park Station is a hidden gem. With very friendly staff, the cafe offers sandwiches, salads, fresh juice and smoothies as well as a fantastic array of handmade cakes. A cosy spot to take a break before your train comes in, or to get a caffeine fix in preparation for the short but steep uphill walk into Alexandra Park.

Alexandra Park Railway Station, Station Road, N22 7ST  
[www.facebook.com/theyardcafe](https://www.facebook.com/theyardcafe)

### 3 Maid of Muswell

Locals swear by the Maid of Muswell, which occupies a corner spot on Alexandra Park Rd. A proper local pub offering a wide range of beers and wines and a regularly changing menu including sandwiches and Sunday lunch. The pub has quizzes on Tuesdays and outdoor space at the front and back. Dogs are welcome, making it the perfect pit-stop after a walk in Alexandra Park.

121 Alexandra Park Rd, N10 2DP  
[www.themaiofmuswell.co.uk/](http://www.themaiofmuswell.co.uk/)  
[@maidofmuswell](https://www.facebook.com/maidofmuswell)



Starting Gate

## To Eat

### 1 Alexandra Palace Farmers Market

One of the largest in London, Alexandra

Palace Farmers Market takes place most Sundays between 10am and 3pm. Visitors can enjoy local produce and dishes from around the globe from more than 30 stalls. A foodies' paradise, you can enjoy barbecue, handmade pies, cheese, cakes and biscuits, chutneys and sauces, meat and fish – not to mention fresh brewed coffee, smoothies and much more.

Alexandra Park (accessible through the Muswell Hill entrance/Hornsey Gate)

[www.alexandrapalace.com/farmers-market-2/](http://www.alexandrapalace.com/farmers-market-2/)  
[@allypallyfm](https://www.facebook.com/allypallyfm)

### 2 Owens Food Store and Café

A family business set up by local residents Simon and Sarah Owen in 2010, and run with the help of their five sons, Owens Food Store is the go-to place for organic and locally sourced produce. The award-winning store offers a range of fresh bread, organic fruit and veg, a butchery counter and a deli with tasty treats including cheese and charcuterie. The adjoining Owens Café offers organic tea and coffee and freshly made cakes, pastries, sandwiches and paninis. Also worth a mention in the same parade is the Breadline Bakery and Hilly Kitchen.

90-92 Alexandra Park Road, N10 2AE  
[www.owensfoodstore.com](http://www.owensfoodstore.com)  
[@owensfoodstore](https://www.facebook.com/owensfoodstore)

### 3 Sweet Tree Bakery

The Sweet Tree Bakery has built up a local following with its freshly baked produce made with no additives or artificial ingredients. Whether buying fresh bread or croissants to take away, or sitting in with a coffee and enjoying a freshly made baguette or bagel, this is a really welcome addition to the area. Sweet Tree also offers a great array of pastries and cakes perfect for anyone with a sweet tooth.

1 Crescent Road, N22 7RP  
[www.sweettreebakery.co.uk](http://www.sweettreebakery.co.uk)  
[@SweetTreeBakery](https://www.facebook.com/SweetTreeBakery)

We'd love to hear your suggestions for places to visit around the borough in our 'trail series'. Please email us: [pressdesk@haringey.gov.uk](mailto:pressdesk@haringey.gov.uk)

# Online application forms now available

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housing payment



Online forms



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[www.haringey.gov.uk](http://www.haringey.gov.uk)



# Haringey's top shot

In less than three years, Paralympic shot putter Vanessa Wallace has catapulted herself into the international athletics arena, rising up the ranks to become fifth in the world.

Vanessa discovered the sport by chance when she was looking for a way to improve her wheelchair skills. Since then, she has gone from strength-to-strength, competing in European championships and at last year's Rio Paralympics.

Vanessa is classified as an F34 shot putter, a category that tends to cover athletes with cerebral palsy, neurological conditions and incomplete spinal injuries. Born with Ehlers-Danlos Syndrome type 3 – a genetic connective tissue disorder meaning the tissue and ligaments in her body are too stretchy – Vanessa suffers from dislocations and poor proprioception, meaning she literally doesn't know where her body is. Even simple movements are complex, and her body has to continuously work hard to stay stable.

In addition, Vanessa was diagnosed about six years ago with neurological disorder dystonia, which causes abnormal body posturing, fatigue and pain.

Vanessa trains at Haringey's Fusion Leisure centres as part of the Free Access to National Sports people (FANS) Scheme, available to elite sports people from Haringey who compete or perform at a national level in any sport recognised by Sport England.

"I'm very grateful to have access to the fusion FANS programme," says Vanessa. "The gyms at Tottenham Green

and Park Road are easily accessible and it helps me to do my vital cardio work and maintain my body, and supports the other training I do."

In the future, Vanessa hopes to become a lecturer within sports and exercise. She enjoys knowing how the body works and wants to get other people excited about the topic. She also hopes to inspire more women to get into sport, especially those with impairments and those who fear it's not for them. "I want to make sure other people get the opportunity to find something for themselves", she says.

For now, Vanessa is enjoying her sporting journey. She loves the fact that she can try, doesn't know what is going to happen and likes seeing the outcome. It's something she never expected to do.

Vanessa's next major competition will be the European Championships next summer and she's set her sights on the 2020 Paralympics in Tokyo.

For more information about the FANS scheme, email [haringey-scd@fusion-lifestyle.com](mailto:haringey-scd@fusion-lifestyle.com)

You can read more about Vanessa's story on the Haringey Council Facebook page.



# Keeping mental health in mind



Wellbeing and mental health are at the heart of the Mayor of Haringey's charity work this year. Haringey People catches up with the two groups Mayor Cllr Stephen Mann is supporting through his special fund.

## Studio 306

Tucked away in Wood Green is a buzzing art studio where members make and sell jewellery, handmade cards, T-shirts, even Haringey landmark mugs.

Studio 306 uses crafts to help those recovering from severe mental illness. Talented members sell their products, and the money funds classes for locals who want a safe space to learn new skills.

Project manager Pamela Anomneze explains: "Here people are passionate about what they do. We use art as a catalyst for recovery. We want people to know that having a breakdown isn't the end of life. It can be a way of finding new things, new skills. You can turn from feeling like nothing, into something."

Whether it is volunteering as a skilled artist or making the studio your shop of choice for local crafts, everyone can support.

May, who sews on silk, is a volunteer. She says: "Haringey People magazine saved my life. I saw an advert for Studio 306 in it. I was depressed and wanted to volunteer. I phoned Pamela and she said 'come along!' Now everything has improved."

Member Michael says: "Studio 306 has helped recover my confidence. Every moment is full of happiness here."

Pamela hopes Studio 306 can help even more people. She says: "We are honoured to have been recognised by the Mayor. With mental health, you can't see it like a broken leg. We want mental health to be seen. It's time to stop the stigma."

### Mind in Haringey

From abseiling to music festivals and plays, the fundraising never stops at Mind in Haringey.

A lifeline for many residents, the team offer all kinds of support, from counselling to stress-busting classes and gardening sessions.

Chief Executive Officer Lynette Charles says: "People can come to us at the start of when they're feeling low. We can give them counselling, we have wellbeing classes, or they can come to classes like tai chi.

"You don't need to discuss mental health. Just come and do an activity. There's not just one type of person who comes here. Why you're here doesn't matter. Turn up and we can support you."

Mind in Haringey, in Stroud Green, has a garden that locals can help with. There's also a garden cared for by St Aidan's Primary pupils. The charity is always looking for volunteers, donations and "stuff", like laptops going spare.

They don't mess around when it comes to fundraising. They recently did an abseil from the ArcelorMittal Orbit sculpture at Stratford, ran a charity golf day and had a stall at Wireless Festival. Their latest project is a play focusing on male suicide.

They say mental health isn't just about "being in crisis" and encourage the community to work together to understand it.

Lynette says: "Our services are preventative, aimed at making people feel well and happy.

"Wellbeing is an issue for everybody. The relationship with the Mayor is great because it brings mental health into focus. If we're going to achieve something, we all need to get involved."



### Studio 306

To donate, volunteer or enrol, contact Studio 306 at [306collective@btconnect.com](mailto:306collective@btconnect.com) or 020 8365 8477. You can also find them at Studio 1, 4th Floor, 40 Cumberland Road, Wood Green, N22 7SG. Call ahead to visit the shop, or check out their products online at [www.studio306.co.uk](http://www.studio306.co.uk)

### Mind in Haringey

You can get in touch with Mind in Haringey at [admin@mih.org.uk](mailto:admin@mih.org.uk) or 020 8340 2474. They are based at Station House, 73c Stapleton Hall Road, N4 3QF. They are always looking for donations and volunteers.

### Mayor's Special Fund

Mayor of Haringey Cllr Stephen Mann is supporting the charities through his special fund. Donate and find out more at [www.haringey.gov.uk/mayor](http://www.haringey.gov.uk/mayor)

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[admissions@highgateschool.org.uk](mailto:admissions@highgateschool.org.uk)



*\*Independent Schools Inspectorate, 2011*

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[haringey.gov.uk/freeearlylearning](http://haringey.gov.uk/freeearlylearning)

## Give your child the best start in life!

The first five years of your child's life are the most important in their learning and development. Just a few hours a week in a different environment and with other children helps your child explore the world around them and prepares them for school. Take advantage of Haringey's free early learning entitlement and get your child's learning journey to a good start.

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## A-levels: setting the standard

Haringey's students celebrated a fantastic haul of A-level grades as the borough's sixth formers smashed national results.

Provisional results show that Haringey's schools and Sixth Form College secured a combined total of 80 percent grades A\* to C, compared to a national average of 77.5 percent.

The numbers of top A\* and A grades, A\* to B grades and overall passes were also higher than average.

Students from Fortismere School are heading to a host of prestigious universities after more than 90 percent of all results reached grade C or above.

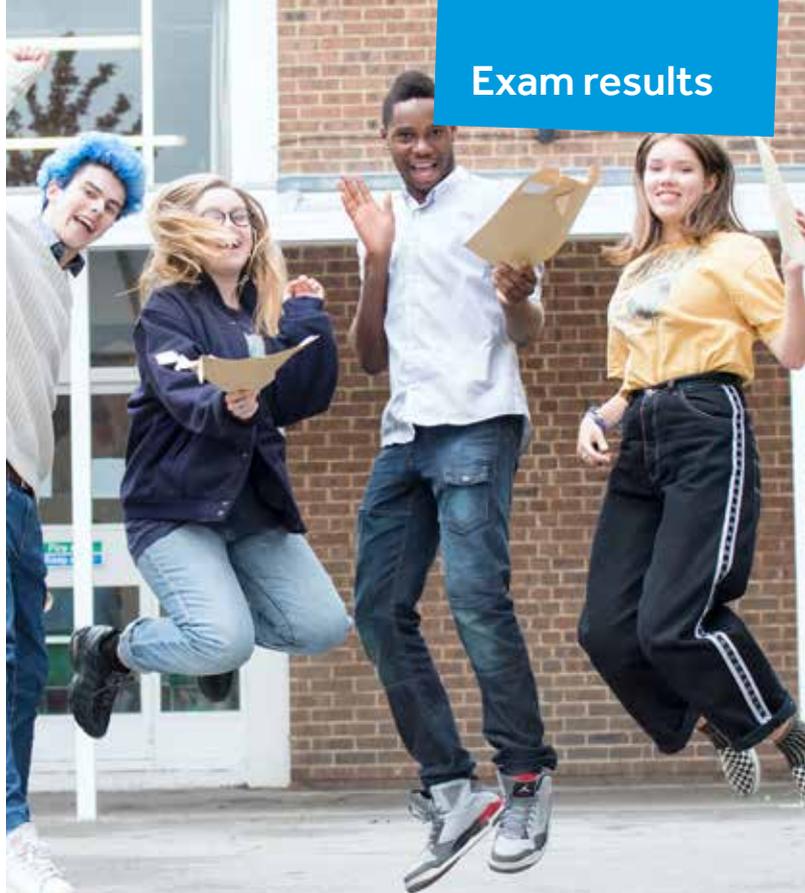
Outgoing headteacher Helen Glass said: "We are absolutely delighted for our students, who have gained such wonderful results through sheer hard work and dedication to their studies."

St Thomas More RC School headteacher Martin Tissot thanked students, parents and teachers after seeing a rise in the A-level pass rate that sees 90 percent of students earning university places.

Greig City Academy Principal Paul Sutton hailed a 100 percent overall pass rate and highlighted a string of success stories in STEM (science, technology, engineering and

 We are absolutely delighted for our students, who have gained such wonderful results through sheer hard work and dedication to their studies. 

Helen Glass, Headteacher, Fortismere School



maths) subjects. "I want to congratulate the students and their teachers on achieving these results in this first year of the new exam specifications," he said.

Highgate Wood School saw a 99 percent overall pass rate and students landing places at universities as far afield as Oxford, Durham and York.

Headteacher Patrick Cozier said: "These results represent the culmination of an amazing partnership between our students, their parents and carers and a dedicated team of fantastic teachers.

"We are so proud of what the students have achieved, grateful to the support we have from parents and grateful for the knowledge and expertise of teachers."

Hornsey Sixth Form College celebrated its 130th anniversary with a 96 percent pass rate. Headteacher Kuljit Rahelu said: "I am so proud that this year our sixth formers have matched the high benchmark we set for them. I believe they all have bright futures ahead of them and I doubt this will be the last time we hear their names. It's a wonderful way to mark a momentous year in the school's history."

# Haringey students rise to the challenge

Students across Haringey celebrated a series of success stories as they matched last year's excellent GCSE results, despite a host of fresh challenges.

Amid changes to GCSE grading and the introduction of tough new exams and standards, provisional results show that students still achieved good results.

Schools across the borough saw strong overall performances alongside individual success stories from exceptional students.

At Alexandra Park and Fortismere schools, students smashed national standards, with 79 percent earning five or more grades A\* to C or 9 to 5 including Maths and English.

At Heartlands High, nine students earned the newly introduced top grade 9 in English Literature and three students scooped the mark in Maths.

Hornsey School for Girls recorded above average results in both Maths and English, as well as a host of other subjects, with many students achieving a clutch of top marks.

At Gladesmore Community School, 66 percent of pupils achieved top grades in five or more subjects including Maths and English, an all-time best for the school.

Headteacher Tony Hartney CBE said: "I am so proud of our pupils. They have worked really hard and deserve this success. It's been very tough for them and many have surpassed their personal expectations."

At Northumberland Park Community School, the proportion of pupils achieving grades 9-4 in English and Maths increased to 48 percent from 44 percent last year.

Headteacher Monica Duncan said: "The year-on-year rise in our results is testimony to the commitment and hard work of students and staff who have worked tirelessly to achieve these results."

St Thomas More RC School saw a 33 percent increase from last year in those earning five or more grades A\* to C including English and Maths.

Chair of Governors John Meadows said: "I am particularly pleased that the numbers achieving A\*, A and B grades are rising year-on-year – this year, it was 45 percent of all grades at St Thomas More. This is phenomenal for an inner-city school and demonstrates our commitment to academia".



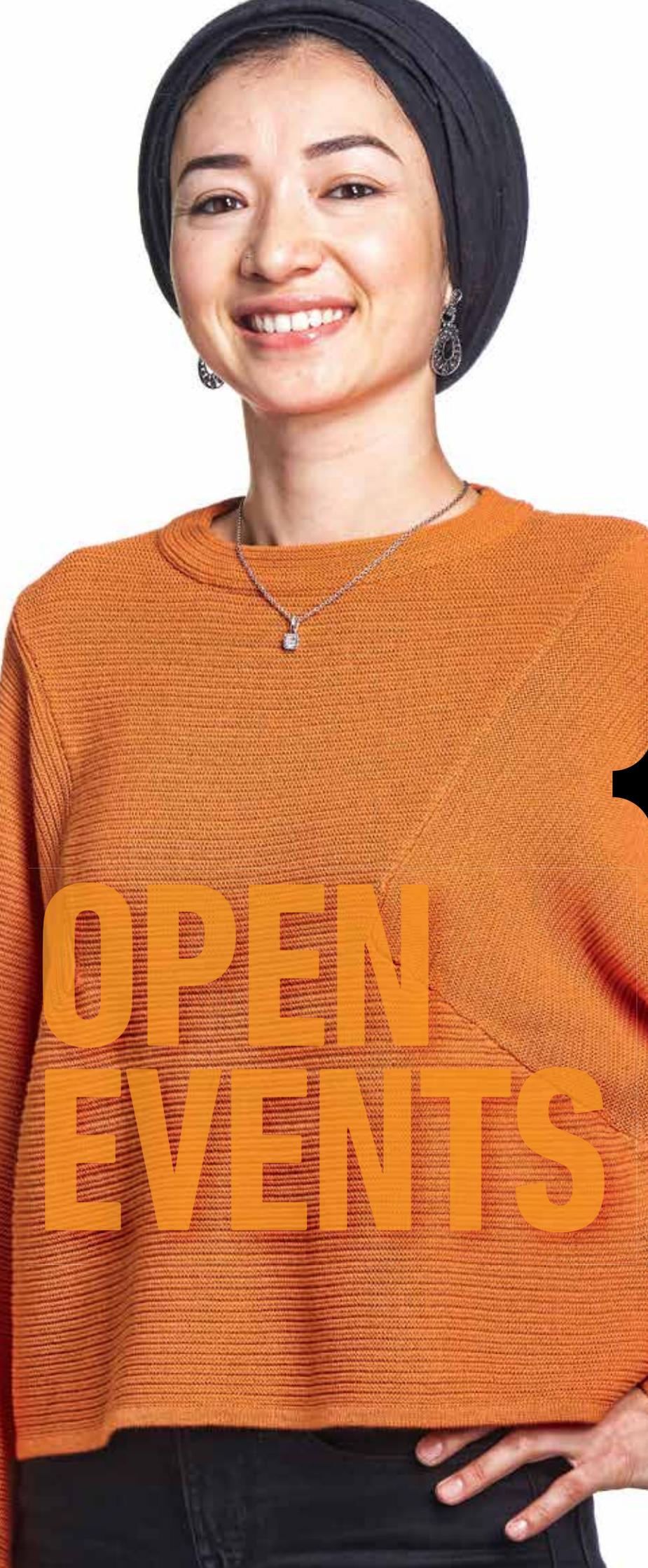


 I am so proud of our pupils. They have worked really hard and deserve this success. It's been very tough for them and many have surpassed their personal expectations. 

Tony Hartney CBE, Headteacher,  
Gladesmore Community School



For more stories and pictures from Haringey's exam results, visit our Facebook page at [www.facebook.com/haringeycouncil](https://www.facebook.com/haringeycouncil)



# OPEN EVENTS

## AUTUMN 2017

Please take careful note of the campus your chosen course is – visit our website for details.

### Wood Street Campus

Sat 4 November 2017

10am–1.45pm

### Colindale Campus

Wed 8 November 2017

5pm–7pm

### Southgate Campus

Sat 11 November 2017

10am–1.45pm

### Hospitality House

For those interested in Catering and Hospitality courses

Tue 21 November 2017

10am–3pm

## TO PRE-REGISTER FOR FAST TRACK ENTRY VISIT

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# Taking a stand against hate crime

With National Hate Crime Awareness week on the horizon, Haringey People meets Detective Inspector Fareed Mirza.

Det Insp Mirza grew up in Haringey during the 1970s and '80s, where he forged friendships with children from diverse backgrounds – sharing in their cultures and enjoying their celebrations.

"Through different music, clothes, words and sports the sounds, smells and colourful images of my friends and their family homes have stayed with me all my life," he says. His memories, though, are tinged with sadness caused by a hateful minority of people who tried to divide communities and spread fear.

Thirty years on, Det Insp Mirza has returned to the borough to lead Haringey Police's Community Safety Unit.

"A lot has changed but people are still the same, living happily side by side and helping each other out," he says. "Sadly I still see hate and feel the impact it has when it visits the hearts of innocent people who try to quietly get on with their lives."

"Hopefully Hate Crime Awareness Week will motivate us to come together to stamp out hate crime."

Hate crime is criminal offending and/or abuse directed towards a person because of their race, religion, sexual orientation or physical disability. Instances of hate crime have been rising steadily across the country during the past two years, and many hate crimes still go unreported, with victims suffering in silence.

"Hate crimes impact the lives of the victims and of their loved ones. They instil fear and marginalise the most vulnerable," says Det Insp Mirza.

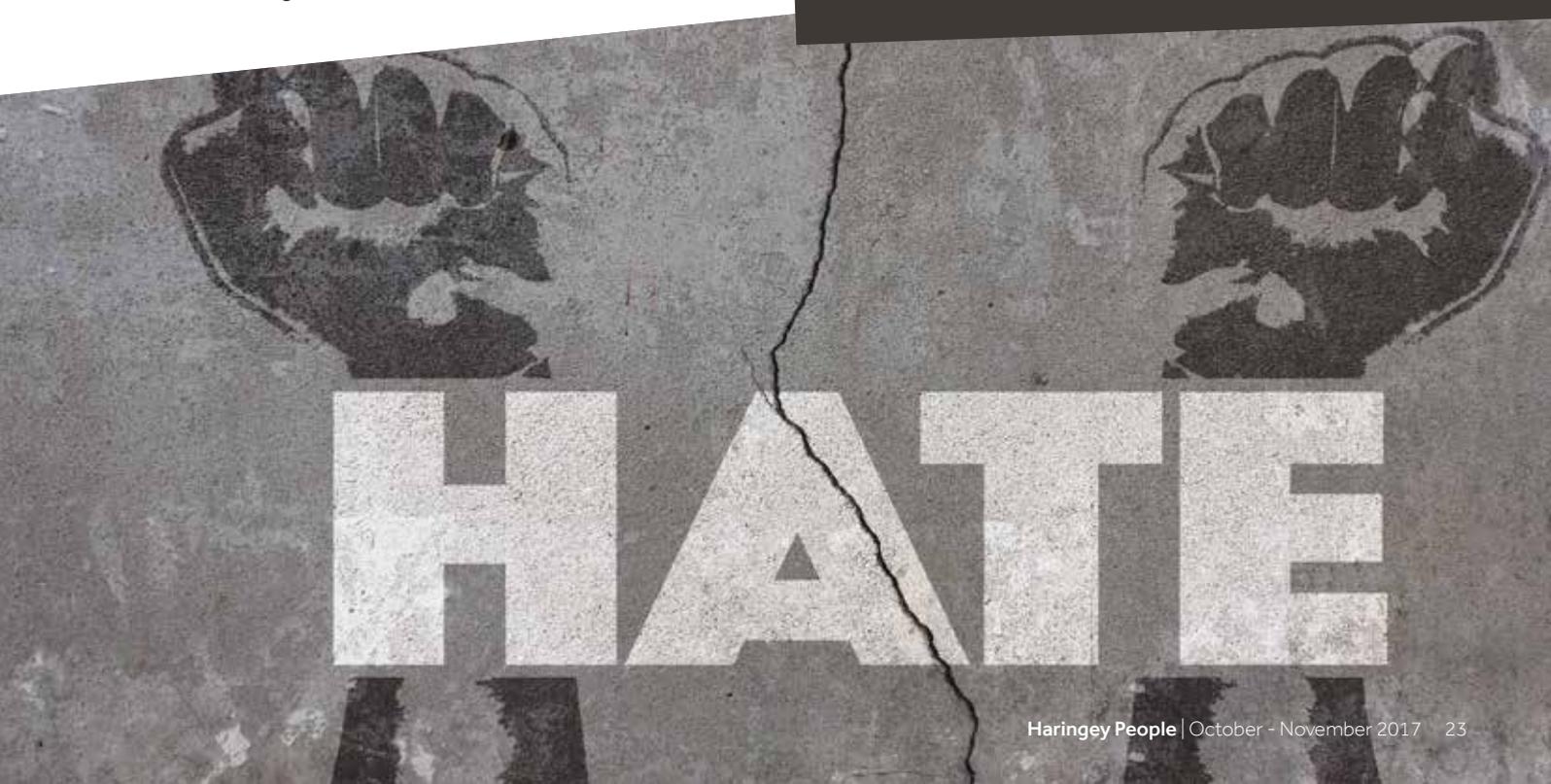
Detectives in the Community Safety Team are specially trained to investigate any crime motivated by hate, working alongside the council, other organisations and community groups.

Det Insp Mirza says: "It takes us all working together to bring perpetrators to justice, to inspire hope in victims and to win support and trust in all our communities. We are there for you and welcome your calls and any information you can share with us regarding hate crime, those who suffer it and those who perpetuate it."

The police and council will host activities during National Hate Crime Awareness Week, October 14-21. For more information, visit [www.haringey.gov.uk](http://www.haringey.gov.uk)

To report hate crime or for advice, contact the Community Safety Team on YR-CSU CommunitySupportUnit@met.police.uk or call 020 3276 3175

In an emergency dial 999. To report a non-urgent matter call 101.



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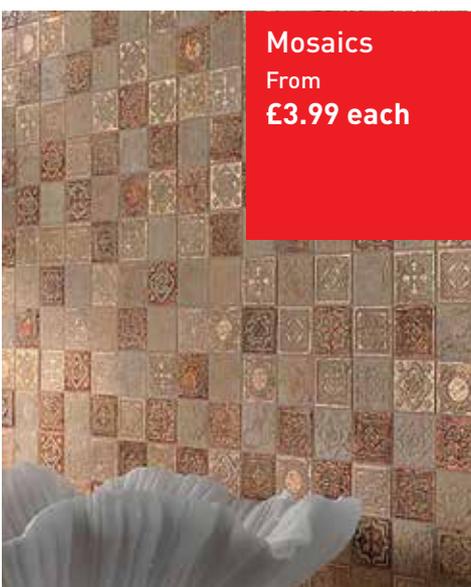
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# Releasing my 'Inner Warrior'

Haringey People's Dionne Maxwell is put through her paces at a Haringey Rhinos Ladies rugby session

Things that spring to mind when I think of rugby: gum shields; scrums; the English Rose; the All Blacks; an odd shaped ball. Something that doesn't spring to mind when I think of rugby: me.

Rugby wasn't taught at my school and I've always thought of it as American Football minus the protection.

But a 'release your inner warrior' Facebook ad from the Haringey Rhinos Ladies, who offer free taster sessions at Wood Green's New River Stadium, piqued my interest – and my competitive streak.

I gathered with ladies of all ages and abilities for the session that saw us thrown straight into teams, quickly highlighting that I wasn't quite the warrior princess I fancied myself to be – more like a lady in waiting.

It didn't take long for me to get the message that these women wanted

the ball, and were coming to get it. I found myself dropping the ball, missing passes and catches and being knocked about. My ego wasn't the only thing getting bruised.

Unlike my favoured sport of netball, rugby is no non-contact activity; it's a full-blooded 'I will tackle you to the ground to get that ball' game. To get us used to touching our opponents, one of the drills consisted of a pile-up, with one player laying across another, who had to try to turn around to throw the top player off.

Another, the Tower of Power, saw me strike a "bull frog" pose while my opponent tried to manoeuvre beneath me to lift me from my post. This was where I finally found my inner warrior, turning into something resembling Lord of the Rings' Gandalf as my body shouted "you shall not pass!" Once I found a mindset of not being moved no matter what they tried, I

felt empowered, stronger and more confident to get to grips with tackles and charges.

The Rhinos team members were very welcoming, offering guidance and tips as we played the game or tried out drills, making sure we were doing things the right way to avoid injury and to enable us to stop our opponents in their tracks. They even served up hot dogs at the end of the session.

I'd recommend anyone to give it a go – you'll make friends and definitely find out what you're made of.

For more information about Haringey Rhinos Ladies and their next warrior women session, visit [www.haringeyrhinos.co.uk](http://www.haringeyrhinos.co.uk), find them on facebook or Twitter @HRFCLadies

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Haringey People meets the new over-65s health ambassadors who are proving it's never too late to adopt a healthy lifestyle.



### **Clovis Julien, 67, Tottenham**

Clovis likes athletics and enjoys swimming – along with Zumba, badminton, running, rowing and bike machines – and refuses to allow his diabetes, blood pressure and prostate problems stop him leading an active life.

His advice to people who would rather hang out at the pub or the bookies? "You're just wasting money, drinking, killing yourself, reducing your life expectancy. By getting involved in some type of activity, you're helping your mind and your body to keep going."



### **Tony Pasgali, 74, Tottenham**

Keen swimmer Tony also attends three keep-fit classes each week and says his exercise regime has helped keep heart disease and diabetes at bay.

"You're keeping fit and healthy and you're active. I really enjoy the classes and I think the leisure centre is a nice place to meet people."



### **Eileen O'Connor, 65, Tottenham**

Since reaching retirement age, Eileen has been using her time at the leisure centre to meet friends, have a laugh and stay healthy. She takes part in pilates, meditation classes and Better with Age aerobics, keeping up with instructors despite having a poor immune system and being asthmatic.

To other over-65s, Eileen says: "Try it and I'm sure you will be very happy once you get into it."



### **Hilarie Joseph, 75, Tottenham**

Fighting-fit retired nurse Hilarie regularly attends Tottenham Green, taking part in Body Blast, Better with Age aerobics, Boot Camp, Zumba, body conditioning, yoga and pilates.

She says: "Some people tend to sit about and say 'I can't do this and I can't do that'. If they come, they'll try it and find they can do it and if they get the benefit, they'll keep coming back."



### **Lucille Thomas, 68, Wood Green**

Lucille enjoys walking and exercise and keeps herself busy with activities including aerobics and yoga, and says keeping fit has improved her confidence.

"It's good for socialising, because there are so many different people who come here. You can meet someone who you can talk to and have a laugh."

## **Sign up today!**

Visit Park Road, Broadwater Farm or Tottenham Green leisure centre and show your ID (e.g. birth certificate, passport, driving licence) and a proof of your Haringey address (council tax or utility bill or a Freedom Pass). Free access to the leisure centres is available to over-65s, Monday to Friday between 9am and 5pm.

For more information, visit [www.haringey.gov.uk/freegym](http://www.haringey.gov.uk/freegym)



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## Get your skates on

Haringey People takes to the ice with junior hockey club the Haringey Hounds.

The Hounds started up in 1989 and has grown to around 160 members aged five to 18, with teams competing from under-9s upwards, and also offers a beginners' course setting out the basics.

"It's a fantastic sport, which is fast-paced and fun," says Hounds Chair Ange Lenehan. "Our coaches are amazing and work very hard to make the hockey experience a great one for so many young people."

Head coach George Dragomir is supported by volunteers, including coaches from across the world who offer their experience and expertise.

Ange says: "We rely on the help of all club members to make The Hounds

successful, whether it be managing a team, selling raffle tickets or making game days run smoothly. We are a charity so are always looking for sponsorship to keep the club up and running."

Each year, a few club members are selected for regional teams, and a couple have even represented Great Britain in their age groups. Under-18 player Mark Voslinsky will be stepping up to play for senior team the Huskies this season.

The Hounds teams play in the EIHA (English Ice Hockey Association) South East League and take on opponents from Lee Valley to Cardiff. They also travel to tournaments in the

UK and overseas, including Sweden, Luxembourg and Holland. They hope to head for North America in the future.

"These tournaments give our kids invaluable experience and prove that Hounds hockey is up there with the best," says Ange.

Weekly Learn to Play sessions are open to ice skaters who have reached level 3 (under-9s) or level 5 (over-9s) and introduce skating for hockey. Skaters can then progress to the development squad to learn the basics of the game and take part in a "house league" to experience playing under competition conditions.



For more information about taking part or supporting the Hounds, visit [www.haringeyhounds.co.uk](http://www.haringeyhounds.co.uk)

# Open Events

## Open Evening

• Thursday 5<sup>th</sup> October 2017  
17:30-19:30 pm

## Open Mornings

• Tues 10<sup>th</sup>, Thurs 12<sup>th</sup>, Weds 18<sup>th</sup>,  
Friday 20<sup>th</sup> October 2017  
9 – 10.30 am

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Web: [www.hsq.haringey.sch.uk](http://www.hsq.haringey.sch.uk)



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# It's a Family Affair

Shared Lives is a scheme rooted in the local community. It matches adults who may not be fully able to live on their own due to care or support needs with individuals or families willing to share their home and act as carers.

David and Susan Fleming have been Haringey Shared Lives Carers for 37 years and have seen the positive impact of the unique programme on both carers and service users.

"My mother was one of the first people to join the Haringey Shared Lives scheme in 1971," says David. "When Susan and I married, it felt like a natural progression to open up our home.

"In that time, we have had more than 20 people of all ages with us – one for 26 years. Just like raising your own family, it has its ups and downs, but the advantages far outweigh any negatives."

Jonathan, 26, has learning disabilities and is currently living with the Flemings following struggles in his personal life. Susan explains: "Jonathan came to us just over a year ago from a residential home where he had been feeling isolated.

"In the time he has been here, he has grown and flourished and now has a part-time job. It's lovely to see him making the most of opportunities in the borough"

Jonathan agrees, adding: "It's great living with the family. I feel so supported, have lots of friends in the area and feel more confident and in control of my life."

Being a Shared Lives carer can be incredibly rewarding and no experience or qualifications are necessary – you just need to live in the borough, have at least one spare room and be willing to share your home and your time. In return, you will receive full training, along with practical and financial support.

To find out more about being a Shared Lives Carer on a long or short-term basis, visit [www.ategi.org.uk](http://www.ategi.org.uk) or contact the team on 020 3946 7240 or [slsharingey@ategi.co.uk](mailto:slsharingey@ategi.co.uk)

# From the Principal's Desk

Thank you for your interest in our amazing college. I believe we offer all our students an unforgettable Sixth Form education.

This means academic and vocational excellence, in fact excellence in everything we do, outstanding learning experiences and extensive enrichment opportunities.

We have very high expectations combined with the dedicated support of specialist tutors, teachers and our professional services staff. We ensure that students, whatever their individual needs, are able to develop self-confidence, fulfil their potential and realise their aspirations.

I can say with confidence that our students enjoy a learning environment that is designed to engage, inspire and challenge them and to prepare them exceptionally well for the next stage of their lives.

We work hard on our excellent college environment and this year we have upgraded the Wi-Fi, put in a new student common room and enlarged the refectory.

We are building an awesome team here, Team Haringey6. We are all incredibly proud of our students' many achievements including their consistently outstanding BTEC and A level results.

The most important thing about these exceptional results is that they give our students the best possible choice of career or university degree course; so, they leave us ready to assume their responsibilities as young adults and ready to take advantage of further exciting opportunities.

This is the only Sixth Form College in Haringey, we are the go to college. It's a college not a school experience, our increased learner numbers emphasize that this is what mature post 16 students want, they like this. I hope you have visited our website and will come and see the college for yourself.

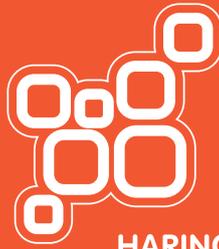
**Please do not hesitate to contact us via the website or on 020 8376 6000.**



# OPEN EVENT

**WED 18 OCT 4-8PM**

[www.haringey6.ac.uk](http://www.haringey6.ac.uk)



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# Local Democracy

**Haringey has 57 elected councillors across 19 different wards.**

Councillors are there to offer you advice, guidance and support on issues you may have in the borough, and most hold regular 'surgery' sessions where you can meet them to discuss your concerns in person.

Find out who your councillors are at [www.haringey.gov.uk/find-my-ward](http://www.haringey.gov.uk/find-my-ward) or call **020 8489 1000**.

You can contact your local councillors by writing to them at River Park House, 225 High Road, N22 8HQ or email them using the format: [firstname.lastname@haringey.gov.uk](mailto:firstname.lastname@haringey.gov.uk)

## Council meetings

Meetings are normally held in the Civic Centre, High Road, Wood Green, N22 and are open to the public.

Meeting times, dates and locations can change; for up to date information, check [www.haringey.gov.uk/meetings](http://www.haringey.gov.uk/meetings)

If you can't come to a meeting, you can watch main council meetings held at the Civic Centre live or at a later date at [www.haringey.gov.uk/webcasts](http://www.haringey.gov.uk/webcasts)

## Enfield and Haringey London Assembly Member

**Joanne McCartney (Labour)**  
020 7983 4378  
[joanne.mccartney@london.gov.uk](mailto:joanne.mccartney@london.gov.uk)

Write to:  
Joanne McCartney,  
GLA, City Hall,  
The Queen's Walk,  
London SE1 2AA

If you need to contact your MP, you can find contact details for all Members of Parliament at [www.parliament.uk/get-involved](http://www.parliament.uk/get-involved)

## Hornsey and Wood Green MP

**Catherine West (Labour)**  
020 7219 6141  
[catherine.west.mp@parliament.uk](mailto:catherine.west.mp@parliament.uk)

Write to:  
Catherine West MP  
House of Commons  
London SW1A 0AA

## Tottenham MP

**David Lammy (Labour)**  
020 7219 0767  
[mail@davidlammy.co.uk](mailto:mail@davidlammy.co.uk)

Write to:  
David Lammy MP  
House of Commons  
London SW1A 0AA

## Council Meetings

### October

- Adults & Health Scrutiny Panel**  
Tuesday 10, 6.30pm
- Environment & Community Safety Scrutiny Panel**  
Thursday 12, 6.30pm
- Licensing sub-committee**  
Thursday 12, 7pm
- Overview & Scrutiny Committee**  
Monday 16, 7pm
- Cabinet**  
Tuesday 18, 6.30pm
- Planning sub-committee**  
Monday 23, 7pm

### November

- Children & Young People's Scrutiny Panel**  
Monday 6, 7pm
- Housing & Regeneration Scrutiny Panel**  
Tuesday 7, 6.30pm
- Licensing sub-committee**  
Thursday 9, 7pm
- Planning sub-committee**  
Monday 13, 7pm
- Cabinet**  
Tuesday 14, 6.30pm
- Adults & Health Scrutiny Panel**  
Thursday 16, 6.30pm
- Standards Committee**  
Thursday 16, 7pm
- Environment & Community Safety Panel**  
Monday 20, 6.30pm
- Overview & Scrutiny Committee**  
Tuesday 21, 7pm
- North Central London Joint Health & Wellbeing Board**  
Friday 24, 10am
- Planning sub-committee**  
Tuesday 28, 7pm



Before and after at Beacon Books

## Black History Month: The fascinating history of Beacon Books

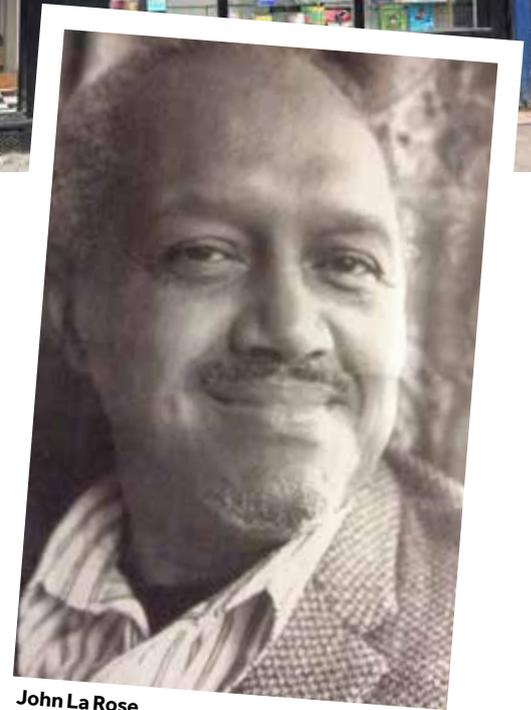
More than 50 years after first opening its doors, Stroud Green's New Beacon Books continues to be a leading light in the fight for racial equality.

Founded in 1966 by John La Rose and his partner Sarah White, New Beacon Books was the UK's first black publisher, specialist bookshop and international book distributor – bringing poetry, literature, non-fiction, history and children's books from across the globe.

Born in Trinidad in 1927, John La Rose led a life of campaigning for social justice and equality. An executive member of Trinidad's Youth Council, he went on to help found the Workers' Freedom Movement, be an executive member of the National Union of Government and Federated Workers and General Secretary of the West Indian Independence Party before moving to Britain in 1961 where he founded New Beacon Books.

Inspired by John La Rose's political and cultural vision, New Beacon has produced an important body of publications and been at the centre of a host of ground-breaking political and social organisations and campaigns through the decades – from the Caribbean Artists' Movement 1966-1972, to European Action for Racial Equality and Social Justice in the 1990s.

Facing challenges of the modern book industry, with super-publishers and easy online access to cheap books and electronic downloads, New Beacon's directors took the difficult decision to close the shop. But at the start of this year, a determined group including director Janice Durham; director and son of John, Michael La Rose; John's grandson Renaldo La



John La Rose

Rose, and his wife Vanessa La Rose agreed to try to keep the bookshop going.

Coming together as the New Beacon Development Group, the team called on volunteers and support to revive the shop and it now opens its doors every Tuesday to Saturday, with the group determined to help the shop to survive and to explore a new economic model that will sustain it for the future and raise its profile for a new generation including activists, students, educationalists, parents and children.

A social media campaign has seen people donate time, services and money – with a successful Crowd Funding campaign allowing New Beacon to improve the bookshop, upgrade its IT and build a website to help it continue to grow and flourish.

Find out more at [www.newbeaconbooks.com](http://www.newbeaconbooks.com), Twitter @newbeaconbooks or visit the shop at 76 Stroud Green Road, N4.

Open 11am-6pm Tuesday to Saturday and until 8pm on Thursdays.

October is Black History Month. For info about events and activities in the borough visit [www.haringey.gov.uk](http://www.haringey.gov.uk)

# What's On

## BRUCE CASTLE MUSEUM

Lordship Lane,  
Tottenham N17  
Open Wednesday to  
Sunday, 1-5pm

[www.haringey.gov.uk/  
brucecastlemuseum](http://www.haringey.gov.uk/brucecastlemuseum)

[museum.services  
@haringey.gov.uk](mailto:museum.services@haringey.gov.uk)

020 8808 8772

### Events FREE unless stated

**Bad Airs, Agues and Fevers - John Eliot Howard FRS, quinine and the battle against malaria exhibition**

**Until April 1, 2018**

A hands-on exhibition that charts the fascinating story of pioneering Tottenham chemist John Eliot Howard FRS, whose scientific discoveries were pivotal in the fight against malaria.

**A Walk in Myddleton Road: an exhibition by Gabriela Schutz**

**Until end of October**

A beautiful installation of two pencil drawing panoramas by local artist Gabriela Schutz. The panoramas are an intimate and monumental record of Myddleton Road in 2017 – a vibrant and diverse Victorian commercial street in Bounds Green, that is currently going through regeneration. The exhibition also includes a smaller panorama of the New River in Bowes Park.

## ALEXANDRA PALACE

Alexandra Palace Way, N22  
[www.alexandrapalace.com](http://www.alexandrapalace.com)

### EVENTS

**The Knitting & Stitching Show**

**October, 11-15  
10am-5.30pm**

The largest craft and textiles event in the UK with more than 400 craft companies, hundreds of workshops and demonstrations, daily fashion shows, and more than 20 galleries showcasing the work of leading textile artists and groups.

**£14.30-£15.95 (£7-£13 concessions)**

**The OM Yoga Show**

**October, 20-22  
10am-5pm**

From absolute beginners to the most die-hard yogis, there really is something for everyone at the OM Yoga Show London, the largest yoga gathering of its kind in Europe.

**£13.20-£28.60  
(£11-£23.10 concessions)**



Club de Fromage on ice



The OM Yoga show

**Club De Fromage on Ice**

**Saturday, October 21 &  
Saturday, November 18  
8.30pm**

Club De Fromage returns with the best tunes to dance to on the ice. Expect all the top pop, disco, rock, indie and old skool hip-hop you've come to expect from London's greatest pop party.

**£9-£10**

**Don Broco**

**Saturday, November 11  
7pm**

Rock band Don Broco will play their only UK headline show of 2017 with support acts The State Champs and Counterfeit.

**£25**

**The War on Drugs**

**Tuesday, November 14  
7pm**

The War on Drugs will hit the road for their North American, European and UK tour – playing one night at Ally Pally.

**£29.50**

**Royal Blood**

**Wednesday, November 22  
6.30pm**

With their eagerly anticipated new album, 'How Did We Get So Dark?' on its way, Royal Blood have announced their first major UK and European Tour, which kicks off at the Palace.

**£38.50**

**Wolf Alice**

**Friday, November 24  
6.30pm**

Four-piece alternative rock band Wolf Alice will be performing their hits with support from Sunflower Bean and Superfood.

**£22**

**Enter Shikari**

**Saturday, November 25  
6.30pm**

Following the release of their new single 'Supercharge', British rock mavericks Enter Shikari, are returning to the Palace with special guests Lower Than Atlantis and Astroid Boys.

**£29.50**



Factory Girl

## JACKSONS LANE

Archway Road, N6  
[www.jacksonslane.org.uk](http://www.jacksonslane.org.uk)  
 020 8341 4421

### EVENTS

#### As a Tiger in the Jungle

**October, 10-11**  
**8pm**

Using spoken word, movement, circus and ceremony, performers from Nepal and Vietnam tell the story of how, against all odds, they survived their childhood and created their own destiny. Suitable for age 12+. This show may contain adult content, nudity, strobe lighting, smoke effects.

**£12.95**  
**(£10.95 concessions)**

#### Factory Girl

**Friday, October 13**  
**8pm**

Ok-soon is a young girl working in a Japanese factory during the Korean industrial boom of the 1930s. Combining text, movement and sound, an ensemble cast of four performers bring her story to life. Age: 12+.

**£12.95**  
**(£10.95 concessions)**

#### The Pink Bucket (Too)

**Saturday, October 14**  
**8pm**

A cacophony of queer circus and cabaret led by the extraordinary 'drag prince' Alfie Ordinary. This show contains adult and sexual content, nudity, strong language. Age: 18+.

**£12.95**  
**(£10.95 concessions)**

#### Comedy Club 4 Kids

**Sunday, October 15**  
**12pm & 3pm**



Cracking entertainment for everyone over six and under 400 (no vampires). Featuring the best stand-ups and sketch acts from the international circuit for an audience of children and their families... but without the rude bits.

**£9.95**

#### The Musicians of Bremen

**October, 23-26**  
**11am, 2pm & 3pm**

Meet four animals put to pasture: a donkey, a cat, a cockerel and a dog. Too old to be of any use to their masters, this tumbling musical adventure is the story of their extraordinary friendships. Age: 3-7.

**£12.95**

#### Imbalance

**October, 30-31**  
**8pm**

This energetic, thought-provoking performance



explores our obsessive dependence with technology, asking whether our lives are 'in' or 'out' of balance. Age: 8+.

**Tickets £10.95**  
**(£9.95 concessions)**

#### He Ain't Heavy

**November, 2-3**  
**8pm**

Grania Pickard tells the story of growing up with her disabled autistic brother Sean. Through puppetry, the audience see how Sean walks, talks and interacts with the world and how his unique take on life has shaped and influenced Grania. Age: 6+.

**£10.95 (£9.95 concessions)**

#### The Snow Dragon

**Sunday, November 5**  
**12pm & 3pm**

On New Year's Eve, Billy the goat is looking forward to the annual visit of the legendary Snow Dragon, who will bring him even more goodies... But when Billy bumps into some hungry wolves in the forest, New Year's Day seems a long way off.

**£9.95**

#### The Girl Who Fell in Love with the Moon

**Tuesday, November 21**  
**8pm**

A Tim Burton-esque patchwork of puppetry, poetry, movement and live music. The Girl Who Fell in Love with the Moon sets out to explore humanity's eternal fascination with the skies through the eyes of this playful and dynamic ensemble.

Age: 12+

**£8.95**

#### Seaside Terror

**Saturday, November 25**  
**8pm**

Stuffed with fun frights and ice cream chills, Seaside Terror is a celebration of the British horror and British holidays of the 1970s. Funny, nostalgic and visually stunning, Odd Doll use their trademark brew of puppetry, clown and specially composed music to fill the stage with nerve-shattering shocks. Age: 12+.

**£8.95**

#### Ugly Duckling

**Sunday, November 26**  
**12pm & 3pm**

Hans Christian Andersen's well-known tale comes to life with a menagerie of mischievous animals in this show by tutti frutti and York Theatre Royal.

**£9.95**

## BERNIE GRANT ARTS CENTRE

Town Hall Approach Road,  
 Tottenham Green, N15

[www.berniegrantcentre.co.uk](http://www.berniegrantcentre.co.uk)

020 8365 5450

#### Femmetamorphosis

**Saturday, October 7**  
**7.30pm**

Taking inspiration from comedies such as The Real McCoy, French and Saunders, and Desmond's, this is an original story about women coming together in

the name of lingerie and love to triumph over adversity, telling a touching tale of solidarity and friendship that spans generations, race, creed, and sexuality.

**£11.50 (£9.50 concessions)**

### Seven Sisters of Comedy

**Tuesday, October 10 & Tuesday, November 7 7.30pm**

Sisters are doing it for



themselves, getting onstage and taking the comedy world by storm. Kill yourself laughing with stellar comedy featuring a diverse mix of the most exciting new talent, regulars on the comedy circuit, and TV names, plus a couple of screamingly funny male comics along for the ride.

**£5.50**

### Handa's Surprise

**October, 10-11 11am, 1pm & 2.15pm**



A blend of physical performance, puppetry, live music, and song create an intimate, magical production with audience participation in this 35-minute performance. Based on the book by Eileen Brown. Suitable for ages 2-6.

**£7.50 (£5.50 concessions)**

### The Story of M

**Thursday, October 12 1.30pm & 7.30pm**

The Story of M is SuAndi's moving tribute to her mother, who raised her children to be proud of their African heritage in the face of prejudice in 1960s Britain. A solo performance that integrates visual projections and poetry with true stories of racism, poverty, and sacrifice.

**£11.50 £9.50 concession**

### Bedtime Stories

**November, 8-9 1.30pm & 4.30pm**

Tucked up with your family in a bedroom installation, take this chance to unwind and be dazzled with circus, theatre, dance and projections from circus pioneers Upswing. Ages: 3-10.

**£9.50 (£7.50 concessions)**

### Ignatius Inspires

**November, 16-17 7pm**

Acclaimed composer and musician Juwon Ogungbe presents Ignatius Inspires, a

concert and series of school music workshops inspired by the music and life of Ignatius Sancho (1729-1780).

**£9 (£6.50 concessions)**



### Idiot-Syncrasy

**Thursday, November 23 7.30pm**

Idiot-Syncrasy is an extraordinary dance performance by Igor and Moreno that uses jumping – both literally and metaphorically – to explore our capacity to persevere, to hope, to care.

**£13.50 (£9.50 concessions)**

## HIGHGATE GALLERY @ HIGHGATE LITERARY & SCIENTIFIC INSTITUTE (HLSI)

11 South Grove, N6  
www.hlsi.net

### Events FREE unless stated

### Jamaican Intuitives

**Tuesdays to Sundays, October, 13-26**

**Tues to Fri 1-5pm, Sat 11am-4pm, Sun 11am-5pm**

RA artist and curator Charlotte Mortenson brings together work by five Jamaican artists as part of the "Jamaica 55" celebration of independence. All five artists have featured in major shows at the National Gallery of Jamaica, the largest public art museum in the English-

speaking Caribbean, as well as in New York and Zurich.

### Printmakers Inc. – Open and Closed Spaces

**November 17-30**

**Tues to Fri 1-5pm, Sat 11am-4pm, Sun 11am-5pm**

An exhibition of original prints and their processes. Open & Closed Spaces refers to the breadth of the locality - the area of almost rural calm within a city - which is the view from Highgate so enjoyed by Coleridge. The title also refers to the surfaces in printmaking of the plate when bitten, scraped, burnished, painted, inked or wiped. members of the public are invited to create their own prints on the theme of "Open & Closed Spaces" on Saturday 25 November, 2-4pm



## MARKETS

There is a range of markets on offer in Haringey – with stalls including local traders, food and drink direct from suppliers and arts and crafts.

### Alexandra Palace Farmers' Market

**Sundays 10am-3pm**

Muswell Hill entrance, foot of Muswell Hill, N10

### Tottenham Green Market

**Sundays 11am-4pm**

Tottenham Green, Town Hall Approach Road, N15

**Haringey**  
LONDON

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[paybyphone.co.uk](http://paybyphone.co.uk)

