

Haringey

people

August | September 2016

Haringey Heroes Edition



Inside this edition:



Meet our Haringey heroes



Go on the Green Lanes Trail



Rice 'n' easy

Haringey
LONDON

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One of the best things about being leader of the Haringey is getting the chance to meet thousands of amazing people from across our borough. I am always struck by the goodwill, generosity, achievements and community spirit across our diverse borough which makes Haringey unique and special.

So last month we asked residents to tell us about the positive contribution made by their neighbours, colleagues or friends to life in our borough. We wanted to collect and share as many stories of the amazing people who make our diverse communities strong and united – our Haringey Heroes.

It only took a week or two for hundreds of people who live and work here to nominate their heroes. They told us about the brilliant work of staff and pupils in our schools, the achievements of local sports coaches and musicians, the commitment of street sweepers and social workers and the dedication shown by carers. Some support their neighbours, others deliver outstanding public services and many more give their time to volunteer in the community.

It is impossible not to be moved when you read the inspiring stories behind our Haringey Heroes. They are so special that we've dedicated four pages in this edition of Haringey People to share some of their stories with you. I hope you enjoy reading about PC Sharon Rogers from Muswell Hill; Nicola Dady founder of the Tottenham-based charity 'Don't Forget the Kids', Doret Brown from Tiverton Primary School, Richard Allcock from Tottenham Hotspur, Kris Kozak from Crouch End and the manager of Dunn's Bakery in Crouch End, Christopher Freeman.

I'm sure we've only just scratched the surface so if you know a Haringey Hero please share their story by emailing: yourstories@haringey.gov.uk I look forward to hearing from you.

Claire Kober
Leader of Haringey Council

P.S. If you feel inspired to volunteer contact the Bridge Renewal Trust who can put you in touch with some brilliant organisations in Haringey. Email: Phedorah@bridgerenewaltrust.org.uk or call: **020 8442 7652**



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Haringey Heroes

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www.haringey.gov.uk/haringeypeople

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All Haringey residents should receive a copy of Haringey People, delivered to their door, six times a year. If you do not receive a copy, please call 020 8489 2997, or email us at damian.russell@haringey.gov.uk (including your name and address). Haringey People is published by Haringey Council. Reproduction in whole or in part is strictly forbidden without the prior permission of Haringey Council. Products and services advertised in this publication do not necessarily carry the endorsement of Haringey Council.

This magazine is printed on environmentally friendly paper.



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Haringey Music Festival



Marcus Garvey opening ceremony

Haringey People is available as an audio magazine in partnership with the Haringey Phoenix Group. For more information, contact 020 8889 7070.



Muswell Hill library

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Haringey's Summer of Fun



Listings



The Green Lanes Trail

In the second of a new series looking at all of the exciting things happening around our borough, Haringey People visited Green Lanes to check out some of the best things to do in the area.

Eat this

1

Gokyuzu

Green Lanes is well known throughout the capital for its amazing Turkish restaurants but unfortunately there is only room to feature one. Founded in 1999, family-run Gokyuzu has become a local institution offering mouth-watering mezes and kebabs, friendly service and value for money portions and prices.

26-27 Grand Parade, Green Lanes, London, N4 1LG

www.gokyuzurestaurant.co.uk
[@Gokyuzulondon](https://www.instagram.com/Gokyuzulondon)

2

La Vina

Located on Wightman Road, La Vina is a friendly restaurant which has been serving locals authentic Spanish cuisine for a number of years. La Vina customers enjoy the relaxed, warm atmosphere and there can be few better places in the area to share some plates of tapas or a paella, washed down with delicious glass of Rioja. As they say in Spain: Buen provecho!

La Vina, 3 Wightman Road, London, N4 1RQ
www.facebook.com/lavina.restaurant

3

Haringay Local Store

Set up by husband and wife Paul and Ebony Harding last year, Haringay Local Store is creating a buzz in the area with its wide range of organic, locally-sourced produce including meat, dairy and fish, as well as bread and craft beers from local bakeries and breweries. All this – and customers

get the chance to browse a selection of vinyl records or play an old school Space Invaders arcade game.

581c Green Lanes, London, N8 0RG
www.haringaylocalstore.co.uk
[@HaringayLocal](https://www.instagram.com/HaringayLocal)



Haringay Local Store



Railway Fields Nature Reserve © Cliff Osborne

Do this

1

Railway Fields Nature Reserve

Opposite Haringay Green Lanes station, the Railway Fields Nature Reserve is one of the area's hidden treasures. A former railway goods yard, the two acre site is now a wildlife haven with over 200 species of wild flowers and a range of wildlife including more than sixty species of birds. This peaceful little oasis offers swings and a climbing frame for children, and for parents, a welcome chance to get away from the hustle and bustle of the city.

381 Green Lanes, London, N4 1ES
 Open Monday to Friday, 9am to 5pm, the last Saturday of the month and some Sundays.
www.tcv.org.uk/railwayfields
www.friendsofrailwayfields.wordpress.com

2

Baseball in Finsbury Park

Looking for a new way to get active? Why not try baseball at the Finsbury Park Baseball Fields, located in the northeast corner of the park. The London Mets run a number of competitive teams to suit all ages, as well as training sessions and summer camps just for kids. On Friday evenings throughout the summer, the Mets have Baseball for Beginners sessions, so why not give it a go? Finsbury Park Baseball and Softball Field, London, N4 1EE (at junction of Endymion Road and Green Lanes)

www.londonmets.org
 @LondonMets

3

Hawes and Curtis Outlet Shop

If you want to dress to impress, but at a bargain price, then the Hawes and Curtis outlet shop is just the place. Hawes and Curtis has been a top Jermyn Street outfitter since 1913, and the outlet shop is open every day offering a range of formal wear for men and women including suits, shirts, ties, shoes and bags, all at discounted prices.

590 Green Lanes, London N8 0RA
www.hawesandcurtis.co.uk
 @hawesandcurtis



Baseball in Finsbury Park

Drink this

1

Jam in a Jar

A cool new addition to the local nightlife, Jam in a Jar is a relaxed bar and restaurant offering a range of cocktails, wine and beer as well as brunch, dinner and snacks. As the name suggests, customers can sit back in comfort and take in a wide range of local bands and acts playing an eclectic mix of styles and genres from around the globe.

599 Green Lanes, London, N8 0RE
www.facebook.com/jaminajar.co.uk

2

The Salisbury Hotel

Widely regarded as one of the best pubs in North London, the Salisbury has been serving local people since 1899. This impressive red-bricked pub is now Grade II listed and as well as a beautiful interior with period features, offers a wide range of beers, good food and entertainment including a much talked about Monday night pub quiz.

The Salisbury Hotel, 1 Grand Parade, Green Lanes, London, N4 1JX
www.remarkablerestaurants.co.uk



Jam in a Jar



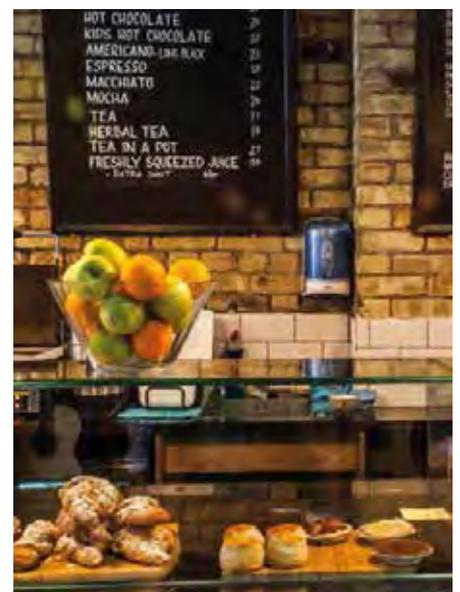
The Salisbury

3

Music and Beans

At Music and Beans you can decide whether to go for flat notes or flat whites as it blends a music shop and school with a cafe providing high quality coffee, homemade sandwiches and desserts. The venue sells a variety of instruments and you can also book lessons suitable for all ages and levels or make use of the sound-proofed rehearsal room. That's music to our ears!

Music and Beans, 461 Green Lanes, London, N4 1HE
www.musicandbeans.co.uk
 @musicandbeans



Music and Beans



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Have a ball in the park

Finsbury Park basketball courts

Looking for cheap, and even free, ways to get active this summer? Look no further than your local park.

Runners will relish the chance to get jogging at the refurbished Finsbury Park Track and Gym. Due to complete this summer, the improvement works were organised by the Finsbury Park Sports Partnership, who raised more than £1million. The new-look track will be complemented by new lighting due to be installed by Haringey, paving the way for a safer, brighter journey to the track. Now there will be no reason not to work out long into the evening!

If running doesn't take your fancy, Finsbury Park is home to a set of recently refurbished ball courts. Funded by money raised through holding events in the park, the area is kitted out with eight basketball hoops, a badminton court, three volleyball courts, two netball courts and brand new table tennis facilities. All free to use! If it's raining, or you simply fancy heading indoors, both Tottenham Green and Park Road Pools and Fitness offer sessions and gym membership and you can always make a splash at Park Road Lido if the weather brightens up!



Finsbury Park athletics track

Lordship Rec is the latest park in Haringey to boast a new outdoor gym. The brand new equipment, which includes three pieces of gymnastic equipment, six pieces of weighted equipment and two outdoor table tennis tables, was funded by Haringey Council and Sport England.

Free gym instruction sessions run every Saturday until mid-August, from 1pm to 2.30pm, but the equipment is free to use outside of this time too.

Also starting up at Lordship Rec is Silver Fit, fun and fitness sessions for those aged 45 and over. Activities are held every Tuesday from 10.30am and include Nordic walking, silver cheerleading, yoga and badminton.

For more information about getting active in Haringey visit: www.haringey.gov.uk/healthylifestyles

News

Young musicians raise the roof

Two thousand children from schools across Haringey wowed an audience at the Royal Albert Hall at the Haringey Schools' Music Festival.

Children from across our borough performed Jazz, Calypso, Peruvian Folk and Rock music at one of the most prestigious music venues in the world.

The event saw the world premiere of two specially commissioned pieces from local composers: James Redwood, Kate Stiltz and Jilly Jarman and young Haringey musicians including Noah Stoneman (BBC Young Jazz Musician of the Year finalist, May 2016).

Noah said: "That was one of the best days of my life. That showed all the very best aspects of Haringey Music! Makes me feel really proud to be part of it!"

Students from Haringey performed in a range of roles from singers in the jazz band to the steel pans to the symphony orchestra. Laura Parfitt, a teacher at Weston Park Primary School, Hornsey, said: "It was one of the most special events of my life and for the children who took part. A parent has said it was the best concert she had ever been to!"



Haringey students performing at the Royal Albert Hall

Autumn 2016 Season is here!

THE BLUES BAND

Thursday 15 September
7.45pm

Tickets: £24 | £23 Online

Paul Jones, Dave Kelly, Rob Townsend,
Gary Fletcher, Tom McGuinness



The Chris & Pui Show

Saturday 17 September
11am & 2pm

Tickets: £12 | £10 concessions
Online £11 | £9 concessions

BALLET BLACK'S TRIPLE BILL

FEATURING STORYVILLE

Tuesday 27 & Wednesday 28 September
7.45pm

Tickets: £16 | £14 concessions Online £15 | £13 concessions

OMAR

FRIDAY 30 SEPTEMBER 7.45PM
TICKETS: £21 | £20 ONLINE

LIVE IN
CONCERT!

THE SEARCHERS IN CONCERT



Sunday 4 September
7.30pm

Tickets: £22 | £20 concessions
Online £21 | £19 concessions

John McNally
Frank Allen
Spencer James
Scott Ottaway



THE LINDISFARNE STORY

Friday 23 September
7.45pm

Tickets: £18.50 | £17.50 Online

Back to Bacharach



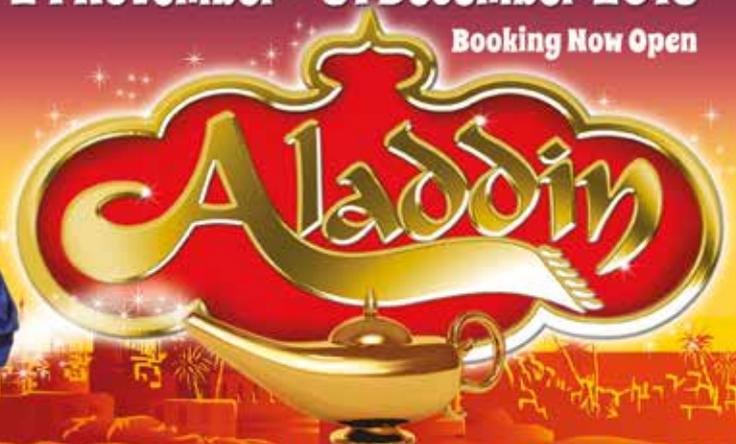
Friday 16 September 7.45pm

Tickets: £21 | £19.50 concessions
Online £20 | £18.50 concessions

Millfield's magical Family Pantomime Adventure

24 November - 31 December 2016

Booking Now Open



Box Office 020 8807 6680 www.millfieldtheatre.co.uk

MILLFIELD
THEATRE

Box Office 020 8807 6680
www.millfieldtheatre.co.uk

Millfield Theatre, Silver Street, Edmonton, London N18 1PJ

Like us at Millfield Theatre



@The_Millfield



Pupil's from St Mary's Primary School

Tiny tour of St Mary's

Pupils from St Mary's Primary School donned hard hats and high-vis vests to get a sneak peek at their school's new classrooms in progress.

The school, which is situated on two sites at Church Lane and Rectory Gardens in Hornsey, is being expanded to help provide additional school places in the local area.

The work will see the school gain a host of new facilities, including new classrooms, a studio and food technology area, and additional study rooms.

The school will also add an additional form of entry in every year group starting from September 2016.

The classroom at the Rectory Garden site will be ready for the start of the school year in September, while some external landscaping work at the site will continue until Christmas. The Church Lane site will be completed in October.

The Outstanding for All awards are back

Nominations are open for Haringey's annual celebration of achievement in education. Awards are up for grabs in ten categories, recognising the outstanding contributions made by teachers, students, support staff, governors and community groups across Haringey.

If you know someone worthy of an Outstanding for All Award, nominate them now at www.haringey.gov.uk/ofa-nominate

Nominations will remain open until late September with the award ceremony taking place at Alexandra Palace on Monday 5 December.

To find out more about the categories and make a nomination, please visit our Outstanding for All awards webpage.



London Youth Games

Sporty success

Haringey youngsters celebrated sporting success after finishing 9th in the London youth Games.

The competition saw all 33 London boroughs take part in a range of sports, from athletics to archery. Haringey finished second in under 19s netball, third in year seven hockey and fourth in male swimming. Well done to everyone who took part!



Tottenham Conference

Celebrating Tottenham

More than 500 people attended a fun-packed celebration of all things Tottenham in July.

The 2016 Tottenham Conference saw live music, African dancing and drumming, stilt walkers and face-painting; a special Saturday market run by Tottenham Green Market and walking tours led by Tottenham Hotspur FC and Tottenham Civic Society. The event also included information for residents to find a job, learn new skills or volunteer and drop-in sessions about housing, health and new jobs planned for Tottenham.

New entrance for Finsbury Park Station

Work is being carried out to create a new, larger western entrance at Finsbury Park station to provide step-free access to the tube by 2018.

The entrance to Wells Terrace is currently closed while work is ongoing. Two new lift shafts are also being built to enable step-free access to all platforms and lines at the station. New ticket gates have already been installed, and the capacity of the spiral staircases has been doubled. Finsbury Park Tube station is the fourth-busiest Underground station outside of zone one.



Win an iPad mini

Want a simple way to pay your council tax or report a pothole? My Account is the new online tool that allows you to access a range of council services on the go.

You can report dumped rubbish and waste, manage your council tax bills or apply for housing benefit and council tax reduction.

And if you sign up before August 31 we will enter you into a prize draw to win an iPad mini.

Visit: www.haringey.gov.uk/myaccount

Celebrating Wood Green's independent stores

Hundreds of people enjoyed live entertainment, a pop up market and children's entertainment when Wood Green High Road came to life for Independents Day.

The summer event is a celebration of Independent Shops and is held on July 4th, the same day as the American Independence Day.

Crowds enjoyed music, food and some cheap deals from some of the area's unique stores throughout the day.



Haringey tweets

Praise for Police Chief

@Shomrim: Positive meeting with new @MPSHaringey Borough Commander, Chief Supt Helen Millichap. A great asset for #Haringey

Haringey School's Music Festival

tamzinouthwaite@mouthwaite · Jun 28
Yesterday was a truly memorable day. Some for the wrong reasons but I did go to @RoyalAlbertHall to see my 8 yr old singing with Haringey...

... Young musicians. Many schools, many nationalities & religions, many different ages, instruments coming together in a harmonious way...

... Which the children will remember forever. I felt so honoured to be there. 8 years old at @RoyalAlbertHall

New Homes for Haringey app

@homes4haringey Report a repair at a time that that's convenient to you with our new My #Haringey Home app

Police call to end hate crime

@MPS Haringey Let's all work together to end #HateCrime in #Haringey

In case you missed it

1. A shortlist of bidders for one of the UK's largest regeneration programmes (£2 billion to deliver at least 5,000 new homes, a new town centre in Wood Green and thousands more jobs for Haringey was announced today.
2. The defective bridge at Wightman Road has now been completely removed by Network Rail, with work on track to finish in September. Businesses on Wightman Road remain open.
3. Around 130 children from eleven schools showed off their cycling skills when they took part in a mass cycle ride from Lordship Rec to Ally Pally.
4. An unlicensed street trader was sentenced to eight weeks in prison, suspended for 12 months, when he was caught selling tobacco products without the correct health warning labels.
5. Finsbury Park has played host to a Festival of Cycling in June and the UK's largest urban music festival, Wireless, in July this year. All money from events is reinvested back into Haringey's parks.
6. We are looking for Haringey Heroes we can feature as part of Black History Month in October. If you know anyone who can tell a story on the black history of Haringey please get in touch: yourstories@haringey.gov.uk

For more on these stories or others visit: www.haringey.gov.uk/news or facebook.com/haringeycouncil

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quicker to do it

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Pay for it

Report it

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www.haringey.gov.uk/digital



Haringey
LONDON



Children from Welbourne Primary School joined the Bernice Vanier Deputy Leader of Haringey Council, The Acting Jamaican High Commissioner, Mrs Dieder Mills, Tottenham MP David Lammy and local poet Abe Gibson at the opening ceremony

Tottenham's new-look £3million library

Tottenham residents are enjoying a revamped library, with new books and state of the art IT at the newly re-opened Marcus Garvey Centre – Library and Customer Services.

The new-look library, which enjoyed a £3million makeover, boasts a more spacious layout, modern furniture, more computers and 22,000 new books.

Customer service facilities have been introduced on the second floor with an

enquiry desk and payment machines. There is also a brand new study area and a dedicated Afro Caribbean and Marcus Garvey section, complete with a host of books on the Jamaican political leader.



New computers at the Marcus Garvey Centre

If you'd like instant access to thousands of books, CDs and DVDs from your phone or tablet download the Haringey libraries app. The app lets you see what is available to borrow in your local library and gives you information about events and activities in Haringey's nine libraries.

To download the App, go to your phone or tablet store (iTunes, Google Play or Blackberry App World) and search for 'Haringey Libraries'.



James Floyde, Haringey Hero

1. James Floyde

Green-fingered James Floyde (known to everyone locally as Floyde) is a passionate gardener who uses his love of plants to inspire local children. Eighty year old Floyde has lived in Haringey since the late 1960s and volunteers in Russell Park, where he maintains the flower and vegetable gardens he first set up around five years ago. Floyde works with local schools and children who help out in the garden. The children learn about where their food comes from and how to grow a flourishing garden.

Meet our community heroes

There are hundreds of people doing fantastic work all across the borough, doing their bit to make Haringey a great place to live and work. Many of these people go about their daily lives without receiving the recognition they deserve, so we decided to run a 'Haringey Heroes' campaign to shine a light on their many achievements.

Over 300 people were nominated including teachers, carers, GPs, businesses and charity workers were nominated ranging from volunteers, carers and charities through to health professionals, businesses and local trader groups. Congratulations to everyone who was nominated – we couldn't feature everyone but here is a small selection to show the amazing work that they do around Haringey.

2. Christopher Freeman

Christopher is a fifth generation baker and has been the manager at Dunn's Bakery for almost 40 years, taking over from his father. Christopher has dedicated many hours to serving his community, meeting in the Town Hall and other places, with local business owners, customers and the council to ensure all voices are heard.

Christopher's greatest accomplishment to-date has been raising an incredible £850,000 for children's charities through his National Doughnut Week event.

Christopher conceived the idea in the late 1980s and it was launched in 1991 – celebrating 25 years this year.

Christopher was nominated by his son Lewis. Lewis said: "Dad is a kind and dedicated man. He greatly appreciates our staff and customers and is not one to put himself first."

National Doughnut Week:
www.nationaldoughnutweek.org
@DoughnutWeek



Christopher Freeman - Haringey Hero

3. Nicola Dady

Nicola Dady has been described as an inspirational 'superwoman' known for her courageous feat in battling cancer and protecting the lives of those who are directly affected by it. As a single mother of two diagnosed with kidney and bladder cancer, Nicola realised how very little support there was for children of cancer patients.

Nicola founded the Don't Forget the Kids to support local children who have a parent/carer coping with cancer. Through weekly sessions the group turns what can often be a physically, mentally and emotional time into something that is friendly, inspiring and creative.

Don't Forget the Kids:
www.dontforgetthekids.co.uk
@Dont4getthekids



Nicola Dady - Haringey Hero

4. Mathew Denny

Mathew Denny is a life-long Tottenham resident who had always dreamed about joining the London Ambulance service.

Sadly, because he is unable to read or write due to a rare disability Mathew was never able to fulfil that dream. Despite that, he refused to let his disability hinder him. With the support of his family Mathew gained a full First Aid Certificate at the age of ten.

Mathew has been nominated for his work in starting a cadet group for young people four years ago. The Little Cadets give disadvantaged young people aged 9 to 18 the opportunity to get a first-aid qualification.

He started the group with four young people from very different backgrounds who are now fully qualified first aiders and have also achieved the first stage certificate for teaching first aid.

For the last 21 years, he has also been busy fundraising for Children in Need raising over £33,000 in the process.

Mathew was nominated as a Haringey Hero because he, 'is a very caring individual and believes that every child should be able to achieve and feel part of the community they live in.'



Mathew Denny - Haringey Hero

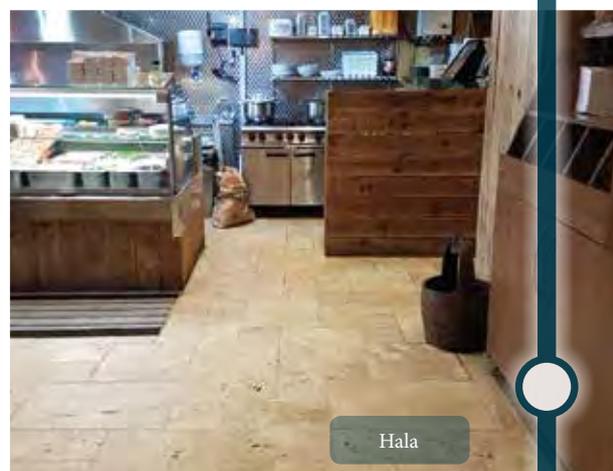


Join the **Better Haringey Trail** and experience **Green Lanes'** famous **Turkish cuisine**, and while you're there you can check out some of our **prestige natural stone and porcelain tiles!**

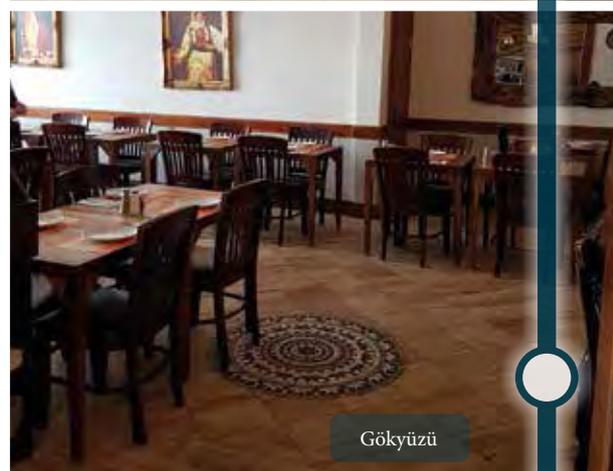
(or you could just pop in to one of our showrooms in Hornsey and Bounds Green for a cup of tea and a chat)



Antepliler



Hala



Gökyüzü



Devran

HORNSEY

Unit 6, Cranford Way
Industrial Estate,
Cranford Way
London N8 9DG
020 8340 7060
hornsey@tilesdiy.co.uk

BOUNDS GREEN

Unit C4, Bounds Green
Industrial Estate,
London N11 2UL
020 8368 3322
boundsgreen@tilesdiy.co.uk

Diyarbakır

5. Richard Allcock

Former Spurs and England player, Ledley King said, 'Richard Allcock is my Haringey Hero for the great work he does for the community and the great work he does with young kids.'

Richard was born in Tottenham and is the club's Community Development Manager.

Richard has worked on a range of community and sports projects in Haringey including the Tottenham Kicks programme at Northumberland Park.



Richard Allcock - Haringey Hero

6. PC Sharon Rogers

PC Sharon Rogers has been a dedicated police officer Muswell Hill for the last three and a half years. She was nominated for being, 'committed to doing her best for the residents, workers and visitors to Muswell Hill.

PC Rogers 'enjoys getting out and about in the community, meeting new people and making a difference to the lives of the community. By her own admission, she honestly loves her job and the community she serves.'



PC Sharon Rogers - Haringey Hero

7. Doret Brown

Doret Brown works at Tiverton Primary School as a breakfast club leader, School Meal Supervisory Assistant, and site manager. In between all of these jobs, she voluntarily stays at the school to help pupils and helps to organise and participates in all the events taking place.

Doret supports students with activities including gardening and cooks for over 100 pupils and parents at events such as international evening, the summer fair and the winter fair. Doret was nominated as a Haringey Hero for being, 'an integral part of the school and loved by pupils, families and staff for her generosity, kindness and loyalty.'



Doret Brown - Haringey Hero

8. Kris Kozak

Kris Kozak is a Veolia street cleaner who works hard every day to ensure that the litter bins on our main roads are washed regularly.

He was nominated as a Haringey Hero because he, 'is also always eager to help local residents go above and beyond the call to help. On one occasion he saw a cyclist drop her bag, containing all her personal belongings. He tried to catch up with her but wasn't able to. He found her address and later that day after he finished work he went to her house and return her bag.'

After being told he was a Haringey Hero, Kris said, 'I've worked in Haringey for 12 years and have always enjoyed working in the borough. I always aim to do a good job and keep the residents happy.'



Kris Kozak - Haringey Hero

It's not too late to nominate an individual or group of people as Haringey Heroes.

Either email us details to: yourstories@haringey.gov.uk (with photos if you have them) or complete a simple form at: www.haringey.gov.uk/heroes

National and International Recognition

A Hornsey School for Girls & Hornsey Sixth Form College Editorial Feature



Matilda celebrates her results with Headteacher Ms Rahelu and Councillor Ann Waters

Destination: Oxbridge and further afield

The university destination of many Haringey students will be decided this month and as we review the successes of the year we congratulate Matilda Tempest from Hornsey School for Girls who scored top marks in last year's A Level examinations in Philosophy, Politics and Economics and secured a coveted place at Oxford University.

As she completes her first year she talks about wanting to pursue a career for an NGO: "My mum used to work for Amnesty International; I'm really interested in human rights and women's rights." Last year's results at Hornsey Sixth Form College saw an increase of 8 percentage points in the higher A*-B grades, up to 56%, setting a high benchmark for this year's A Level students.

Ebi Shehu, Year 13 at Hornsey Sixth Form College, already has a place at UCL to read Mathematics and Louise Wong who will be going on to study Film Production had these wise words: "Don't be afraid to fail. Be bold and be brave – you will be brilliant if you are."

Other students have unconditional offers at the University of the Arts London to study Film (Elifcian Yazgun) and the University of Lancaster to read Geography (Amy Garrad). Student destinations will be published on the school website in August: www.hsg.hornsey.sch.uk.

PS: For those readers who have enjoyed a relaxing summer, raise your hat and salute an amazing Year 12 student from Hornsey Sixth Form College, Negeen Samiee, who is studying Biology, Chemistry, Maths and Physics and has spent her holiday time at summer school for budding medics. Volunteering is her middle name as she has balanced her studies this academic year with working in the Dementia unit at the Royal Free Hospital and also as a Maths and English tutor to Year 5 and 6 pupils giving up her time every Saturday. As we admire her hard work and dedication she tells us why she gives so much of her time to others – "I enjoy giving back, making a difference. It will make me stand out in my future." Powerful words for someone so young who may be in charge of our health service in the future.

International Status



Hornsey students visiting a nursery school in Gambia

As the world becomes a smaller place and the future is all about collaboration on a global scale, we are delighted to report on the The Connecting Classrooms programme taking place at Hornsey School for Girls.

Schools in the UK are linked with overseas schools exchanging best practice, researching global citizenship projects and improving the

teaching of global education. Hornsey School for Girls was partnered with schools in Gambia and students relished the challenge of developing cross curricular and international curriculum links with exchange visits taking place and lasting relationships being formed between schools.

"A trip of this nature is a huge undertaking and in many ways very challenging – for adults, let alone young people. We are so incredibly impressed with how the girls have conducted themselves; they have been enthusiastic, hardworking and thoroughly embracing of all that they have been asked to do. They have not only managed the challenge, both emotional and physical, but have done so with a huge smile, warmth and humour."
Chairperson of GEMS

Exclusive Gold Club Award



Headteacher Ms Rahelu collects the award

The Mayor of London's prestigious Gold Club award winners were recently announced with Hornsey School for Girls in the London Borough of Haringey receiving national recognition.

The Gold Club is part of a drive to boost standards and raise attainment for all schoolchildren wherever they live in the capital and regardless of background.

Hornsey School for Girls has been awarded Gold Club status because of their outstanding results which have previously seen them ranked in the top 6% of schools in the country. Only 113 schools were awarded this status in the last round. The school is being asked to share their good practice through seminars and hosting visits so that other schools can learn from a range of approaches that have delivered success and achieved extraordinary performances from their students.

"Congratulations to Hornsey School for Girls for its outstanding achievements and for the hard work of its students and teaching staff. London schools are going from strength to strength and our Gold Club members are testament to the fact all schools can aspire to attain excellence for all their students, whatever their circumstances."
The Gold Club

Hornsey School for Girls

National Winner

Hornsey School for Girls has been nationally recognised for its exceptional 2015 performance by the Schools, Students and Teachers network (SSAT).

They are the only Haringey school to achieve this national progress award in 2015. Data analysis from SSAT places the school in the top 10% nationally for progress made by students between

their key stage 2 results at primary school and their key stage 4 results.

Sue Williamson, Chief Executive of SSAT commented:
 "I hope that SSAT's Educational Outcomes award will highlight the professionalism, commitment and hard work of the leaders, teachers and students at Hornsey School for Girls.... I'm delighted to congratulate the school on their achievement."

Outstanding Teacher of the Year Award

A sociology teacher from Hornsey School for Girls has been recognised for her talent and hard work at Haringey Outstanding for All Awards 2015.

Nominated by the school's Social Sciences Team in the category of 'Teacher of the Year,' Ms McKinstry was rewarded for her exceptional practice and amazing results which span a number of years and different groups of students.



Ms McKinstry with her award

A Visit to Buckingham Palace

Phoebe Htike, Year 8 student from Hornsey School for Girls, was presented with an award for Outstanding Blog Post at the Burnet News Club Awards ceremony hosted at Buckingham Palace.

Phoebe's post was about the Refugee Crisis and she wowed her audience as she read out her insightful and heart rendering winning entry. *Read more about Phoebe's award and her winning article by visiting our website.*



Phoebe and Mum at Buckingham Palace

The Brilliant Club

University-style tutorials are being delivered to Hornsey students by PhD students through The Brilliant Club.

An article produced by Jamila Rowland-Chandler, student from Hornsey School for Girls, on the topic of Virginia Woolf has been published in The Brilliant Club's termly youth academic journal, *The Scholar*.

Martha McPherson, Academic Editor of *The Scholar* said:
 "The Brilliant Club provides students with the opportunity to take part in university-style tutorials, which are led by passionate and committed PhD students and focus on

academic development. They help students to translate potential into places at highly selective universities. We want to extend our congratulations to Jamila and Hornsey School for Girls for their achievement - competition for the publication was tight. All articles were reviewed by an expert panel of PhD Tutors before being selected. The article is a really impressive discussion of a difficult subject. We hope Jamila is very proud of her achievement."



Soaring to New Heights

Having the EDGE: An Insider's Perspective

We take time out to speak with Ania Butler, Director of Learning at Hornsey Sixth Form College (HSC) to find out her views on the students, mission and values of this small but mighty Sixth Form.



You say your sixth form gives students the 'edge', can you explain what you mean by that?

Students get a well rounded education which is both academic and personally enriching. This means that students are well prepared for their next steps after Sixth Form and are ready to get actively involved in the wider world. In an increasingly competitive society, this holistic approach should give our students the edge over their competitors!

Can you describe what a typical HSC student is like?

Bright, diverse, full of energy, politically minded, worldly and not afraid to speak out about issues that they are concerned about.

I've noticed on the HSC twitter feeds you often use #proud; what makes you so proud of HSC students?

I am proud of their individual achievements. Success looks different for each student as they have different obstacles to overcome. I am constantly proud of how our students continue to achieve both academically and personally.

Why should a student apply to HSC?

For a holistic approach to teaching and learning. For a personalised education. Perhaps most importantly to be part of an extremely supportive community where staff and students really care about each other.

If you had to summarise HSC students in one word, what would it be?

Inspiring!

To find out more visit:
www.hornseycollege.com

Global Reach

Celebrating International Women's Day 2016

On Tuesday 8 March 2016, successful women from the world of politics, business, pharmaceuticals and entertainment descended on Hornsey School for Girls.

Baroness Young of Hornsey, Catherine West MP, actor and writer Arabella Weir, BBC World News Commissioning Editor Emma De'Ath, Educational Campaigner Fiona Millar and CEO Brenda Reynolds led workshops and discussions in an awe inspiring event providing students with the opportunity to learn vital lessons from inspirational women who have achieved success in their profession.

Students enjoyed quizzing each speaker, asking a range of questions on how they had overcome obstacles in a male dominated environment to succeed in their careers.

"Women tend to undersell what they do, the best advice I can give to you is to be more confident in yourselves."

Brenda Reynolds CEO of a biotechnology company



Hornsey school's Headteacher and students with some of the guest speakers for International Women's Day

The House of Lords came under scrutiny when Baroness Young of Hornsey addressed the whole sixth form and discussed the history of women in the workplace and in politics. A wide range of topics were addressed including dealing with negative stereotypes and current political issues such as migration and mental health.

"Celebrating and hosting International Women's Day was an absolute pleasure. It is very important to highlight the fantastic achievements of amazing women and the sometimes varied ways they have reached the very top of their professions."

Ms Rahelu, Headteacher, Hornsey School for Girls

Joining the Conversation with The Economist



Hornsey students getting involved in the Burnet News Club

The Economist Educational Foundation approached Hornsey School for Girls to be the founding school for a new educational programme.

Teachers and students worked alongside journalists from this global reaching publication and took part in the Burnet News Club where young people are given the platform, skills and knowledge to interpret current affairs and join the conversations shaping their society.

Hornsey students developed critical thinking and communications skills to help them make sense of complex issues. Their views have been published on a quality public platform where they have received a wide and authentic audience, expert feedback, dialogue with hundreds of other students, and in-depth responses from experts including MPs and business leaders.

Politicians of the Future

With the age to vote becoming a hot topic and more and more young people in this country showing an interest in political affairs, Hornsey Sixth Form College (HSC) was keen to lead the way in giving students an insight into the power of politics.

The Policy League is a competition between sixth forms which aims to help young adults make sense of complex social, political and economic challenges and to adopt a collaborative approach to finding solutions. This year, Hornsey students have looked in detail at conflict in the Middle East, gentrification in London and the Investigatory Powers Bill. As well as building their knowledge of these topics, they have been asked to consider different positions and look for common ground on issues that do not have public consensus.

We're delighted to announce that HSC won the competition and students will be attending The Economist magazine, where they will see many of the skills they have developed over the years in action.



Winners - HSC students with their trophy

#ILoveReading



Students taking part in the Accelerated Reader Programme

The importance of reading and working in partnership was showcased to perfection at Hornsey School for Girls through the Accelerated Reader Programme.

Peer mentors from Year 8 have been busy supporting Year 7 students with their reading and maths to help build their confidence with literacy and numeracy. As the older students encouraged younger students, their peers develop literacy skills such as spelling, word recognition and comprehension. Year 8 peer mentors were rewarded with honing skills of their own including leadership and communication skills.

Hornsey School for Girls

A Quick Step to University



Celebrating success: Hornsey students on A Level results day

The Access Project is a key partner of Hornsey Sixth Form College, working with students from Years 10 – 13. As an award winning charity set up by a Teach First ambassador, The Access Project's aim is simple - to support students from disadvantaged backgrounds to gain places into top universities.

With 86% of all Hornsey Sixth Form College students progressing to university, 21% of which will attend the top third universities it is clear that Hornsey students are ambitious and driven to achieve.

"Working with Hornsey Sixth Form College students is fantastic. They are enthusiastic and hardworking young people who make the most of the opportunities that The Access Project offer."

Ms Earl, Project Coordinator - The Access Project

For further information visit:
www.theaccessproject.org.uk

Diary Dates for Year 7 Prospective Parents

Do you have a daughter in Year 5 or 6? Then visit our dynamic and exciting learning environment and meet our friendly pupils and staff.

Open Evening, 5.30 - 7.30pm
Tuesday 27th September 2016

Open Mornings, 9 - 10.30am
Wednesday 28th September 2016
Friday 7th October 2016
Wednesday 19th October 2016



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Keep up to date with Hornsey School's events and follow us on:

Web: www.hsg.haringey.sch.uk

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Address: Hornsey School for Girls, Inderwick Road, London, N8 9JF
Telephone 020 8348 6191

Advertising feature

A Day in the Life of a... Hornsey Sixth Form College Student



Nesrine Benaouda - Year 12 is currently studying A levels in English, Media and Sociology

8.40 am - the bell rings for registration. The sixth form block begins to fill with students rushing to make it to registration –they take punctuality pretty seriously here! We all sit patiently (and some impatiently) through registration, carefully listening to the exciting extra-curricular activities provided for us for the week ahead, deciding which activity would be best suited for us. I often wonder how this sixth form knows about so many extra-curricular opportunities, from creative writing to dodgeball. I also heard the Head of Sixth Form talking about "Super-curricular activities," designed to supplement our subject knowledge– they definitely want your university application to stand out here.

9.00 am - the bell goes and it's time for lesson 1 and 2. One hour and 40 minutes of intense hard work – trust me, A levels are not easy, take notice when you're told that.

10.40 am – break time and the sixth form block bounces back into life. Everyone knows everyone and no one is left out. Individuals indulge in conversations with their peers. There's no feeling of animosity or hate, everyone is made to feel comfortable and welcome, almost as though we're in our own bubble – we're kind of protective of each other and proud of what this sixth form represents.

11.00 am – back to it. Double Media Studies before lunch. I have to leave the sixth form block and head over to the performing arts block. We have two suites of Macs which really helps.

12.40 pm – lunch. We can opt to head out, bring food in or go to the main restaurant - the food is pretty good here (jerk chicken with rice and peas, anyone?) but I like the flexibility. On days when I opt to stay in, it's nice to have lunch in the common room. It feels like you're having lunch with your family – a very loud family sometimes, but a good laugh.

1.30 pm - lesson 5 and 6. I have supervised study, which is new for this year. This is time on your timetable when you are expected to work independently. It really does help you to manage your workload, as friends in other schools or colleges tell me that free periods are way too easy to waste with so many people to chat to.

3.10 pm – the day is done. The sixth form block is still full of students, some just chillin', others waiting for friends, some planning on getting their work done before they head home. There's talk of a film being put on the main screen in the common room – I might be tempted.

It's true that staff expect a lot from you here. We're not allowed to slack off but we know it's for our best interest. They talk about Hornsey Sixth Form College giving you 'the edge' and it's true, it is different here. It is so much more than learning your subjects and passing exams; it's about developing as a person, becoming the best we can be, so we can achieve our goals. Sixth Form isn't a long time, it's not even two complete years and you need to make it count – here, it does.

Hornsey Sixth Form College Open Evening

For more information about life at Hornsey Sixth Form College visit:
www.hornseycollege.com

Enrolment for 2016-17 will take place on Thursday 25th August, from 9am - 2pm, in the school library. To enrol please ensure that you bring your GCSE results and proof of ID.

For all prospective students and parents for courses in 2017-18 our Open Evening is taking place on Thursday 17th November from 4 - 7pm.

Give yourself the EDGE

HSC
Hornsey Sixth
Form College

Join our call for tougher fly-tipping sentences

Last year, Haringey spent £3million clearing up fly-tipping – that's money that could have been spent on other essential services, such as care for older people, youth services or libraries.

Fly-tipping is the illegal dumping of rubbish in a public place. It ranges from large incidents from a lorry load of waste tipped into Kessler Close in December 2015 (pictured above) by Gabriel Prempeh to household rubbish or furniture left on a street corner.

As a result of his brazen fly-tip, Prempeh appeared at Tottenham Magistrates Court in May 2016 and was fined £320 and

ordered to pay £580 costs. As a result we are calling for an end to "slap-on-the-wrist fines" and much tougher sentences for people who dump waste on our streets and gardens.

WATCH the video of Prempeh dumping a lorry load of rubbish on a Haringey Street on our YouTube channel:
www.youtube.com/haringeycouncil

Fly-tipping facts

- **£3million** – the amount Haringey spends on clearing up fly-tipping
- **26,000** – the amount of fly-tips cleared in Haringey in 2014/15
- **020 8885 7700** – the number to call to report a fly-tip
- **£50,000** – the maximum fine that Magistrates can impose for fly-tipping
- **6 months** – the maximum prison sentence for fly-tipping if convicted in a Magistrates Court

We're teaming up to fight fly-tipping

Residents in Noel Park are uniting to campaign against fly-tipping.

Local people are the face of new posters which call on others not to dump rubbish in their streets.

A series of posters will be unveiled on lampposts in areas where there is a lot of fly-tipping and residents and businesses will also be asked to display them.

The posters will be rolled out alongside a host of activities designed to tackle the problem and encourage people to dispose of waste responsibly, such as a rubbish amnesty day in certain streets and tougher enforcement using CCTV.

John Miles and Don Dempster are members of Parkside Malvern Residents Association, one of the residents associations backing the campaign.

John said, 'We are proud of where we live and don't want our streets blighted with rubbish and litter. We'd like our neighbours to manage their waste, recycle, and use the special collections. And we want those services well-publicised and conscientiously delivered.'

Did you know?

If you live in a flat above a shop you can leave your rubbish sacks at collection points on the street but only at certain times.

Check out our website for info: www.haringey.gov.uk/timedcollections

You can also report fly-tipping online or through the Our Haringey app on your smart phone. Visit: www.haringey.gov.uk/report-it



Noel Park resident Ozlem Yenidunya & her 9-year-old daughter



Celia Webster at the Challenge Group

Making the journey together

We discover how a playgroup in Muswell Hill is an emotional lifeline for parents of young children with special needs.

Parenting a child with special needs can be isolating. Looking back, Celia Webster remembers the feeling. Celia's third daughter, Maia, was diagnosed with a learning disability at the age of two. "After so many clinical appointments, I felt isolated and couldn't find a group where other parents could understand."

In 2009, when Maia was seven years old, Celia set up the Challenge Group, hoping to help other families who had similar feelings. Entirely run by volunteers, doors open weekly to children up to four years of age with any type of special need. Siblings who do not have a diagnosis are also welcome to come along.

The room is colourful with soft cubes, mats, books, and toys. For parents, there is no shortage of hot drinks and home-made cakes. And even a free massage while the little one is being minded.

"Parents can feel anxious, depleted, and just 'used up' at times," says Celia. "Here, they can relax, feel valued, and just talk without being judged."

It's that kind of emotional support that sets the Challenge Group apart. Parents say that when they joined, almost instantly and

naturally, they felt listened to and a sense of belonging.

Crouch End resident, Liz Campbell joined five years ago with her daughter, Jess, who has Rett Syndrome, a rare condition. "It doesn't matter how challenging your child's needs are, you can just come here and cry!" says Liz. "It's fine because we've all gone through it."

"This group has been invaluable," says latest member Sarah Jepson-Jones from Southgate. Her six-month old girl, Gabriella, has cerebral palsy and it was enough to know there was another mum in the Group that could really relate to her. "Unlike NCT groups, here we can talk about our child's milestones as 'if's' rather than 'when's'."

"It's a very different level of relating," says Celia. "There's a feeling of trust among parents to share the highs and lows with each other." This is the Challenge Group ethos – making the journey together.

The incredible work Celia does in the community and the difference she has made to so many people's lives in our borough saw her nominated as a Haringey Hero last month.



Sarah and Gabriella

The Challenge Group runs on Friday (term time) mornings, 10-11.30am in St. James' Church Hall, Muswell Hill.

For more information, see www.wave-for-change.org.uk



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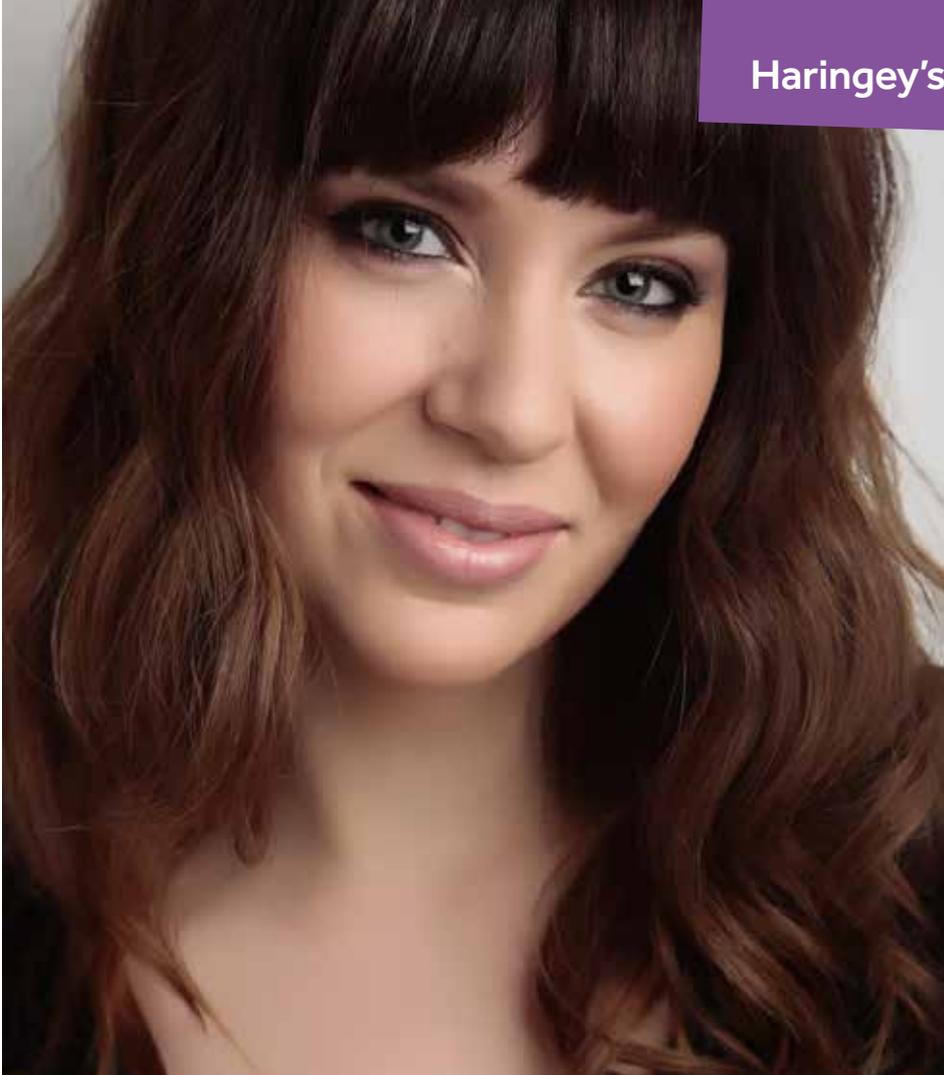
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Haringey

LONDON



Anna Shaw

Dress Yourself Well

In the second of our new 'Haringey's Business' series we visit Hornsey to meet the founder of Dress Yourself Well, Anna Shaw.

How many times have you tried on an outfit at home that made you feel uncomfortable or was unflattering? Have you ever felt the need to spend a whole day shopping to revamp your wardrobe but then decided to stick with the safe jeans and t-shirt that you own?

We sat down with Haringey Resident and founder of Dress Yourself Well, Anna Shaw at her home in Hornsey. Over a lovely cup of tea we found out what motivated Anna and why she started 'Dress Yourself Well'.

"With Dress Yourself Well' my focus is to work with individuals to feel good and look better. I came up with the idea about seven years ago after my mum went through aggressive rounds of chemotherapy and a double partial mastectomy. At the time my mum was helped by a charity that helped her to do her makeup, (which included things) like drawing on her eyebrows, putting on lashes and making herself feel good. I knew that with her new body she would need help getting used to it. Since that day I use fashion as a visual therapy, not saying I'm going to cure anyone's problems but through a few simple steps I can help make them feel fantastic."

Anna offers a variety of services to help clients; from personal shopping, to colour therapy and regular styling "I use colour therapy to help clients find the colours that best suit them which can make shopping a lot easier".

Watch a short video on one of Anna's colour therapy sessions at: www.haringey.gov.uk/haringey-people-august

Top Tips for Dressing Well

1. Know your colours - this will help more than you realise
2. Dress for your body type - not everything suits every shape
3. Dress for yourself - it doesn't matter if you're not going anywhere and are just going to sit on the sofa, put some mascara on, it does wonders!
4. You don't have to be rich to get stylist advice - there are services to suit most pockets

Do you know an independent business in Haringey that we should be celebrating?
Get in touch: yourstories@haringey.gov.uk

Contact Dress Yourself Well:
Tel: 07967 655 542
Email: hello@dressyourselfwell.com
Twitter: @annashawstylist
Instagram: @dressyourselfwell



Haringey's new Mayor Cllr Ali Gul Ozbek with the Lymphoma's Association's Director of Fundraising and Communications, Alice Strudwick



Haringey's new Mayor

Councillor Ali Gul Ozbek was elected Mayor of Haringey in May and is the borough's first Mayor of Kurdish Alevi extraction. We met Cllr Ozbek to ask him about his chosen charity and his plans as Mayor for 2016/17.

How do you feel about being Haringey's new Mayor?

It is a great honour to be appointed Mayor of Haringey and naturally I'm very proud. When I travel round the borough I see people looking to help each other, and it is by working together that we can all make Haringey a better place for everyone. This is a multi-cultural and diverse borough and I believe it is the best place for me to live, work and help others.

Why have you chosen to support the Lymphoma Association in your year as Mayor?

The Lymphoma Association supports people in the UK affected by lymphatic cancer. After my brother was diagnosed with this rare cancer last year, the Association's helpline gave invaluable advice and support at what was a very difficult and emotional time. I can honestly say that I owe my brother's life to the Lymphoma Association.

What are you planning to do to help this charity?

Raise as much money as I can! We will be collecting money and giving out information at events and festivals around Haringey, and I will also be encouraging local shops to help. In October I will be doing a sponsored walk from one end of the borough to the other, and we are also planning a fund-raising dinner for thousands of people next year. But it's not all about donations, I will also be raising awareness of the condition and its symptoms amongst health professionals, including working with local GPs and pharmacies to provide more training and better information.

What is lymphoma?

Lymphoma is the most common form of blood cancer, affecting 15,000 people each year in the UK, but is not that well known. It mostly affects people over the age of 55, but it is also the most prevalent cancer among the under-30s.

Symptoms can include a lump in the neck, armpit or groin, feeling worn out for no reason, losing weight unexpectedly, being drenched in sweat during the night and constant itching.

The Lymphoma Association is the only UK charity solely dedicated to supporting anyone affected by lymphatic cancer: it has a Freephone helpline: 0808 808 5555 and website: www.lymphomas.org.uk

If you want donate money please go to www.justgiving.com/Ali-Gul-Ozbek or make cheques payable to the Mayor's Special Fund and send to: Mayor & Business Support Officer, The Mayor's Office, Haringey Council, 5th Floor, River Park House, 225 High Road, London, N22 8HQ

Routes to Work Careers Fair

A great chance for Haringey Years 10-12 students to find out about post-16 options, including Higher Education, A-levels, BTECs, apprenticeships, employment, training and vocational qualifications.

When:
November 16th 2016

Where:
Alexandra Palace

Time:
4 - 7.30pm

Work

College

Apprenticeships

University

Sixth Form

To find out more and
reserve your place visit
[www.haringey.gov.uk/
routestowork](http://www.haringey.gov.uk/routestowork)



Muswell Hill Library

Get involved and have your say

Muswell Hill Library consultation

We want to hear what you think about our proposal to move Muswell Hill Library to an alternative site at 54/56 Muswell Hill (the site of the old Green Man pub). This would move Muswell Hill library to a larger building which is modern, accessible, all on one floor and still located in the centre of Muswell Hill.

The current building is not accessible to many residents, such as wheelchair users and parents with pushchairs. There is currently no lift in the building to access the children's library on the first floor, and no

accessible toilets for library users or staff. Level access to ground floor entrance is provided by a limited elevated platform lift.

Independent estimates for the cost of adapting the existing library building ranged from £680,000 to £1,650,000.

Haringey is one of the few London councils not to have closed any of our libraries. We are committed to preserving our library service and this year we are investing millions into our three main libraries at Hornsey, Wood Green and Marcus Garvey and our six branch libraries, including Muswell Hill.

We want to know what you think about our proposals in order to help us make the best decisions for Muswell Hill.

You still have time to tell us what you think.

To have your say please visit:
www.haringey.gov.uk/mhl-public-engagement

The Muswell Hill Library consultation closes on 25th August 2016.

Bridges to Birkbeck



YOUR JOURNEY TO UNIVERSITY STARTS HERE

At Birkbeck, we recognise that making a commitment to study is difficult. So we have designed a series of workshops, information sessions and subject taster days for people living and working in Haringey. All of our workshops and talks are free. Come visit us at 639 Enterprise Centre on Tottenham High Road.

**LONDON'S
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**bbk.ac.uk/
bridges**

Quenching Tottenham's thirst for knowledge

Birkbeck, University of London and Haringey Council are teaming up to put on a series of free workshops, talks and events this summer to give a look at what studying at university is like.

Having started in July with a talk on the search for alien life, the new series – being held at the 639 High Road Enterprise Centre in Tottenham – will see academics from Birkbeck give a free lecture on an area related to their research, to entertain, inform and also provide people coming along the chance to sample a university lecture experience.

The 'Big Ideas' series of lectures – which was run in Whitechapel last year and proved extremely popular with residents – will include topics including a look at what causes autism, why teenagers often feel paranoid, a look at Russia's takeover of the Crimea and a talk on forced marriage and honour killings in the UK. This lecture on honour killings is the next in the series, and will take place at the Centre on Wednesday, 10th August.

On Saturday, August 20th there will also be a one day workshop providing an introduction to community development. The workshop, which is free, will enable anyone coming along to build their skills in analysing community needs, designing clear objectives for a project, and gaining local support from residents and other key people in the neighbourhood, as well as tips for fundraising.

The series is part of a wider programme of events being held at the 639 Centre this summer, which includes a series of workshops designed to inspire, engage and challenge local residents in Tottenham to give them an idea of what studying for a degree-level qualification involves. These include:

- On Tuesday mornings, between 9.30 and 11.30am, the Tottenham Perks coffee morning enables local residents to set the agenda on what workshops, lectures and taster sessions they would like to see to explore what university is like and how to get there from where they are now. Free refreshments are available from the Blooming Scent Café.
- On Wednesdays, the learner's lounge runs between 4–6.30pm with different themes each week around building skills and to improve lifestyle, with the opportunity to benefit from a drop-in service to chat with staff from Birkbeck which can answer questions about how to go about further study.
- Future Focus, on the 4th Wednesday of the month, offers one-to-one careers advice and support residents in developing a career plan to enable them to meet their goals.

As part of the initiative, Birkbeck is offering residents who participate the opportunity to progress onto its Higher Education Introductory Studies (HEIS) course, a fast-track programme designed to help entry to university. Students who undertake this course will also be offered £2000 bursaries towards their study – substantially reducing the cost of their first year of a degree. Further grants of £800 are available for students who earn less than £25,000.

The HEIS course provides an opportunity to explore a specific subject, such as business, prior to choosing what to study. This is designed to be a gradual introduction to university-level study, helping prospective students to develop the knowledge, skills and understanding that they will need to perform well in higher education.

Tottenham residents interested in learning more about what's happening at the 639 Centre should visit www.bbk.ac.uk/bridges for event information (registration advised) or contact Faith Williams on **020 8489 2228** or Birkbeck@haringey.gov.uk.

London's College for skills

The College of
Haringey, Enfield
and North East London



Status Photo / Video Life Event

What's YOUR future tag? #CONELcollege



Enrol from Tuesday 16 August 2016

Enfield Centre | 73 Hertford Road, Enfield EN3 5HA | Tottenham Centre | High Road, Tottenham N15 4RU

Southbury, Brimsdown

Seven Sisters



Esther Adeosun

Tottenham resident, Esther Adeosun's favourite recipe is Jollof Rice.

The traditional Nigerian dish is cheap to make, serves a large amount of people, and is good for you – a winning combination!

Would you like to share your favourite recipe with 90,000 households in Haringey?

Please tell us what your favourite recipe is. We'll pick the best one for the October 2016 edition of Haringey People.

Email: yourstories@haringey.gov.uk

Esther Adeosun's Jollof Rice

Servings: 8 – 10 people

Cooking time: about an hour

Ingredients

One small red chilli
Two big red peppers and one small one
One onion
A squirt of tomato puree
Two cloves of garlic (not compulsory, only if you like garlic!)
A pinch of curry powder
A pinch of thyme
A pinch of Maggi seasoning
Salt and pepper
Tablespoon of vegetable oil

Method

1. First of all chop up the chilli, peppers, onion and garlic, add the tomato puree and mix together with a blender to make a paste.
2. Then – this is the secret of great Jollof rice – boil the paste for about ten minutes on the cooker. Just put it into a pan – without any oil or water so it's dry – and boil.

3. Then you drizzle the vegetable oil into another pan, warm it up a little, and transfer the heated paste into this pan and start cooking. After a few minutes add the curry powder, thyme, Maggi seasoning, and salt and pepper and cook for another five minutes.
4. Then add about three cups of water and cover so it's simmering.
5. Take about two cups of rice – we like long-grain rice – and give the rice a good wash. Add the rice to the pepper mixture and cook for about 40 minutes. Ideally, the rice will be a little burnt when it's ready to serve. The burnt rice has a great flavour and aroma. You'll know the rice is ready when all the water has gone.

Serve with chicken, fish or a few boiled eggs and enjoy!

Activities for children
and young people

July - September

Haringey
LONDON



SUMMER OF FUN

Check the web page for more details!

haringey.gov.uk/holidayfun



Haringey Summer of Fun

Although we're well into summer now there has been loads of things to do in Haringey over the last few months, including two events that have become a regular feature in Haringey. If you missed it the popular Crouch End Festival or the Tottenham Ploughmans Riverfest here's a few reasons why you go should go next year.

Tottenham Ploughmans Riverfest

Riverfest saw great food, music and cutting edge arts on Lordship Rec in June. Organiser Cheryl Cohen said; "We did what we'd set out to do, show Tottenham in a positive light. Wildes Cheese described the day as a 'game changer'. Together with Lordship Hub, we'll continue to make it bigger and better".

Join the Conversation: Twitter @TottenhamPlough #RiverFest

Like our facebook page Tottenham-Ploughman www.tottenhamploughman.com



Crouch End Festival

This year's festival was the biggest and best. More events, more people coming into the area and more diversity.

The first Saturday kicked off with jam packed day of performances from schools covering dance, singing and music. Plus a market of crafters, almost 80 stalls on the green and in the Hornsey Town Hall. The evening saw over 200 zombies march through Crouch End to then watch Grease on a big open air screen on the Green.

Sunday was a day of great live music, with 12 bands and performers, and food stalls.

The following Saturday exploded with London's biggest multi creative Latino Festival. Over 30 acts and events both on the stage and around Crouch End from dancers, singers, musicians as well as films and workshops. Some performers had flown in from South America.

Over 10 days there were over 200 performers across 60+ venues covering every type of creativity from popular to fringe and 40,000 people attended the Festival.

Next year's Crouch End Festival will take place from June 9th-18th 2017.

Love Wood Green Shop

The 4th July was Independents day in Wood Green, a day to support the many independent retail businesses in the area and inspire people to shop local with different offers and deals exclusive to the day.

Did you attend? Tweet us what you got and how you found it @HaringeyCouncil.

Future Summer of Fun events

Music Tech (11 - 19 years)

Want to make your own music? Using the latest in today's music industry we will cover: Sampling, Sequencing, Mixing and composition. Come burn a CD and be heard!

Dates:

26 July - 16 Aug, 6-8pm
(Bruce Grove Youth Space)

27 July - 17 Aug, 4-6pm

28 July - 18 Aug, 6-8pm

Cost: Free

Venue: Bruce Grove Youth Space Contact: Akin 07870 157 613

Art in the Park

Sunday 17 July, 1-5pm

A free event, open to all with a selection of art & craft activities in the beautiful surroundings of Downhills Park. Try your hand at drawing, painting, plasticine modelling, crafts, cup-cake decorating and lots, lots more.

Drop-in Recycling workshop at Tottenham Green Market on Sunday 24 July, between 11am-3.30pm.

We are going to make 10 useful things! Join us, adults and kids, bring some clean plastic bottles of every size and colour. Also if you have the following things hanging around the house, please bring, but don't worry we have supplies: Scissors, sewing needles, sticks, remains of yarn, thread, cable, some plastic bags as well, and an old magazine, old polish, colour markers etc...

Don't forget to check out the website to find out more about Haringey's summer of Fun events www.haringey.gov.uk/summerfun

What's On



Highlights

Street Food Craft Beer Festival

August, 20-21

11am-9pm

Come and join the party at Alexandra Palace this summer in the capital's biggest beer garden. Expect premium street food traders offering a huge range of delicious treats for even the most discerning foodies, all washed down with a tasty craft beer or cocktail. All this plus a full line-up of live music, DJs and entertainment, guaranteed to keep the party in full swing into the evening.

Bruce Castle Museum

Lordship Lane,
Tottenham N17
Open Wednesday to
Sunday, 1-5pm

[www.haringey.gov.uk/
brucecastlemuseum](http://www.haringey.gov.uk/brucecastlemuseum)

[museum.services
@haringey.gov.uk](mailto:museum.services@haringey.gov.uk)

020 8808 8772

Events FREE unless stated

Family art and craft activities

Sundays
2-4pm

A variety of activities for children aged 5-13. Under-eights must be accompanied by an adult – and no adults admitted without an accompanying child.

Alexandra Palace

Alexandra Palace Way, N22
www.alexandrapalace.com

The Luna Cinema

August, 6-7
8.30pm-11pm

The UK's number 1 outdoor cinema company presents two nights of classic cinema under the stars at one of London's most beautiful settings. Choose from Star Wars the Force awakens or Labyrinth.

Tickets £16.50
(£8.25 Concessions)



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Foodies Festival

August, 27-29
11am-7pm

Foodies Festival, the UK's biggest outdoor celebration of food and drink, returns to Alexandra Palace this summer for a taste-bud-tickling Bank Holiday feast.

Tickets £16



Antiques Collector Fair

Sunday, September 4
9.30pm-4.30pm

Enjoy the Antiques and Vintage pop up fair at Ally Pally with lots of hidden gems to be found! The fair is full of hand-picked, quality, vintage traders who offer a wide range of genuine vintage and antique goods.

Tickets £6



Legends of Gaming

September, 10-11
10am-6pm

London's biggest YouTube gaming event returns fully powered-up and even more awesome than before. Legends of Gaming Live is the place for you to meet YouTubers, watch them battle it out live on stage, preview games and take part in tournaments for big prizes.

Tickets £16.50

Crafting at Ally Pally

September, 17-18
10am-5pm

Formerly known as the Big Stamp & Scrapbooking show, the newly christened 'Crafting at Ally Pally' brings in over 5,000 visitors – a mixture of beginners and experienced crafters who enjoy the bargains, live demonstrations and informal atmosphere.

Tickets £6-8
(£5 Concessions)



Afropunk

Saturday, September 24
12pm-12am

For over 13 years, Afropunk has been defining culture in the music world; a triumph of multiculturalism and diversity for people of all races, genders, and tastes. With Afropunk events in Brooklyn, Atlanta and Paris, the team can now reveal its first UK edition.

Tickets £60.50



Jacksons Lane

Archway Road, N6
www.jacksonslane.org.uk

020 8341 4421

Transmission: Circumference

Friday, August 12
4pm

Circumference's work is characteristic for its interactive nature and for its collaboration across art forms, including circus, dance, theatre and installations. This is a first exploration of some of the company's new ideas and collaborations.

Tickets £5



Transmission: Natalie Reckert & Mark Morreau

Friday, August 19
4pm

Hand-balancing expert Natalie Reckert's fascination with the unseen workings of the performer's body, minute movements of limbs, and the mental processes of the upside-down world of circus will be explored during this week of collaboration with digital artist Mark Morreau.

Tickets £5



Transmission: Claire Heafford's DRAG

Friday, August 26
4pm

DRAG is a gender-bending, post-punk ballet performed by a wrestler, a gymnast, a stunt performer and a dancer. Inspired by the bizarre world of Mexican Wrestling and set to a live proto-punk and post-punk soundtrack, DRAG weaves together solos, duets and ensemble works with the aim of creating free flowing movement sequences punctuated by violent physical impacts and collisions.

Tickets £5



Throwback

August 31 – September 1
4pm

The rising stars of British circus harness the power of collective memory in Throwback: a love note to nostalgia and the things you can't forget. With awe-inspiring aerial and acrobatic work, the UK's most exciting young troupe tells stories that are honest, emotional and absorbing. A fast-paced, feel-good explosion of physical skill and fun!

Tickets £5



Soror (Work in Progress)

Saturday, September 3
8pm

Soror is a brand-new all-female circus troupe formed of graduates from the National Centre for Circus Arts. Their debut performance Soror explores the complicated subject of "sisterhood" – the intense jealousy and competition, the strong physical and emotional closeness, and the deep love and support that arises from these intense female relationships. Directed and choreographed by Ella Robson-Guilfoyle.

Tickets £8



Monstersaurus

Sunday, September 4
12pm & 3pm

This brand new show from the creators of Aliens Love Underpants is monster-ously good! Follow the young inventor Monty as he creates a whole world of whacky inventions and incredible monsters, but he has a problem – now he has made them all, what is he going to do with them? This energetic show full of thrills, spills, magic and mayhem will delight the whole family – with original music and plenty of audience participation. Suitable for ages: 3+.

Tickets £9.95



Transmission: Cul de Sac

Sunday, September 11
4pm

Cul de Sac will create a new spinning platform that will be attached to the top of the Chinese pole, allowing them to research themes like status, power relationships and trust with creative rigger Pablo Meneu. They will also research movement quality and dramaturgy with DV8 performer Ian Garside, focusing mainly on gender and personal desires.

Tickets £5



The Hogwallops

September, 14-18
7pm Wed-Thu, 11am & 3pm
Sat-Sun

Thrillingly spectacular circus skills blend seamlessly with physical comedy, theatrical storytelling and slapstick in this colourful, loud and funny dramatisation of the domestic adventures of a chaotic family of misfits. A treat for the eyes and ears with thrills, gasps, laughs and drama as Jacksons Lane present fast rising UK based contemporary circus company Lost In Translation.

Suitable for all ages from 3+

Tickets £12.95





Bernie Grant Arts Centre

Town Hall Approach Road,
Tottenham Green, N15

www.berniegrantcentre.co.uk
020 8365 5450

New Tottenham Singers Every Tuesday

For people of all ages – whether you have previous experience of singing in a choir or its just something you have always wanted to do. This autumn the choir will be preparing for their 5th Anniversary Gala Concert on Saturday 12 December, featuring favourite moments from our past Christmas concerts including traditional carols, Big Band and Swing festive songs and John Rutter's Gloria. Open rehearsals on 6, 13 and 20 September.

Why black dolls?

Saturday, August 13
1.30pm & 5pm

Operation Sankofa hosts the annual black doll expo which promotes and celebrates black dolls. Doll makers, collectors and vendors get together to show appreciation for the opportunity to access black dolls. Parents and carers continue to have difficulty finding black dolls for children of African descent and the discussions deepen as awareness grows about the importance of such a resource.

Courtney Pine: SONG (the ballad book)

August, 19-20
7.30pm

Now with his latest project, his 16th studio album to date, he plans to strip everything right back for the most intimate shows of his long and celebrated career as he takes to the stage playing bass clarinet accompanied only by fellow Mercury nominee and MOBO Award winning Pianist, Zoe Rahman.

Tickets £26.50

Highgate Gallery @ Highgate Literary & Scientific Institute (HLSI)

11 South Grove, N6
www.hlsi.net

Events are FREE unless stated

Robert Cuning – The City and Beyond

September, 16-29
Tues-Fri 1pm-5pm,
Sat 11am-4pm,
Sun 11am-5pm

The City and Beyond considers the relationship between city and the country and the boundary between urban and rural. Robert Cuning's paintings evoke a strong sense of place, whether it is the deep rural hills of south Shropshire and the Welsh Marches or the inner cityscapes of London and New York. His paintings observe the architectural spaces of our cities and the seasonal changes of the countryside.

Markets

There is a range of markets on offer in Haringey – with stalls including local traders, food and drink direct from suppliers and arts and crafts.

Alexandra Palace Farmers' Market

Sundays
10am-3pm

Muswell Hill entrance, foot of Muswell Hill, N10

Tottenham Green Market

Sundays
11am-4pm

Tottenham Green, Town Hall Approach Road, N15



Libraries

There are events of all kinds in Haringey libraries, from under-fives' messy mornings to poetry readings, author events, concerts and health and wellbeing sessions.

Check your local library for details. Haringey's libraries can be reached on 020 8489 4560 and you can find out more here: www.haringey.gov.uk/libraries

Alexandra Park

Alexandra Park Road,
N22 4UJ

Coombes Croft

Tottenham High Road,
N17 8AG

Highgate

Shepherd's Hill, N6 5QT

Hornsey

Haringey Park, N8 9JA

Muswell Hill

Queen's Avenue, N10 3PE

Marcus Garvey Centre

Library and Customer Services, 1 Philip Lane,
Tottenham, N15 4JA

St Ann's

Cissbury Road, N15 5PU

Stroud Green

Quernmore Road, N4 4QR

Wood Green

High Road, N22 6XD

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Alexandra Palace, Crouch End, Muswell Hill, Highgate**

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