

Welcome to Hampstead Heath

The Corporation of London wants you to have a really enjoyable and memorable visit.

We hope that this leaflet helps you find your way around and introduces you to the special features that make Hampstead Heath one of the best-loved and most famous open spaces in the world.

Careful planning on Hampstead Heath allows recreation and conservation to sit comfortably side by side. It is a great place for people and a great place for wildlife.

Picnics and puppets in the meadows



Countryside in the heart of London



Whilst on the Heath, do not hesitate to approach any of our staff, who will be happy to assist you.

Hampstead Heath is one of a number of open spaces, parks and gardens in and around London owned and managed by the Corporation of London as part of its commitment to sustaining a world class city. Each open space is a unique resource managed for the use and enjoyment of the public and for the conservation of wildlife and historic landscape. A full list of sites and visitor information can be found on our website at www.cityoflondon.gov.uk/openspaces or by contacting the Open Spaces Directorate on **020 7606 3030**.



Kenwood House

The Kenwood Estate is managed by our partners, English Heritage. It has its own special character and deserves a visit all on its own. For further information please call the Estate Office on **020 7973 3893**

SOME IMPORTANT CONTACTS

Emergency	Heath Constabulary	020 8340 5260
General enquiries	Parliament Hill Office	020 7485 4491
	Golders Hill Park Office	020 8455 5183
Information on wildlife and habitat management	Education Centre	020 7482 7073
Superintendent's office		020 8348 9908
Website	www.cityoflondon.gov.uk	

Picture credits: Comma butterfly Rebecca Dean, Woodpecker Yvonne Dean, Front cover/ Children and leaves / Staff photos Sonia Davda, Frog London Wildlife Trust.

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HAMPSTEAD HEATH



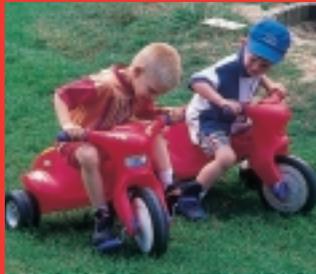
Music at the Parliament Hill bandstand



Hampstead Heath for People

Over 10 million people visit Hampstead Heath each year. The reasons for their visits are many and varied. Whatever you have come here for, the map in this leaflet will help you to find it.

Sports facilities here include an athletics track, tennis courts, a petanque pitch and a bowling green. Lifeguards oversee an outdoor swimming pool and three beautiful natural bathing ponds. The two bandstands stage music and entertainment in the summer months. There is a range of play facilities for children and even a zoo in Golders Hill Park.



Of course, many people find their own entertainment, enjoying the views and connecting with nature in a way that is hard to do anywhere else in London.

Whatever you are doing on the Heath, please consider the needs and enjoyment of others, and above all make sure you have fun!



Summer at the Lido

for Wildlife



For plants and animals to thrive, they need good quality habitats. That's what they get on Hampstead Heath. There are large areas of meadows, woodlands and wetlands. The Corporation of London works hard to improve these areas for wildlife.

Large areas of grassland have been allowed to grow long for the benefit of wildlife. Meadow brown butterflies have increased enormously as a direct result. Positive woodland management is carried out. This helps increase diversity in the woodland and benefits birds such as sparrowhawks and plants like bluebells. New ponds have been created and existing ones enhanced. A bank constructed to attract breeding kingfishers has recently done just that.

Use the map in this leaflet to explore and enjoy the amazing variety of wildlife you can find.



Viaduct Pond is a rich wildlife habitat



Enjoy the Heath throughout the year



Wherever you are on the Heath you're never too far from the nearest litter bin.

Please use it, or take your litter home. Dropping litter messes up the Heath. It also means that Corporation staff have to spend time picking it up, when we could be doing something more constructive!



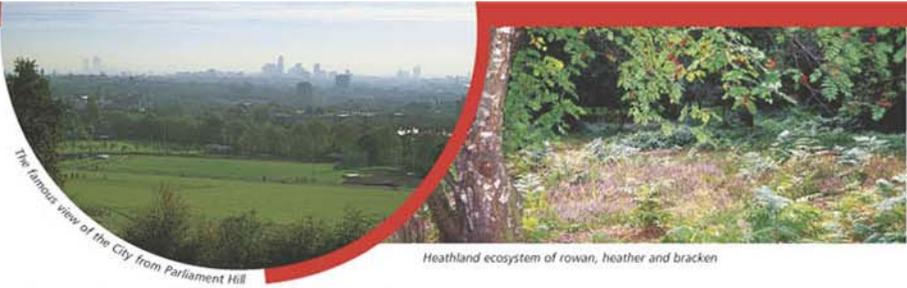
Hampstead Heath welcomes responsible dog-owners and their dogs. We believe that cleaning up dog mess is no longer an option, but an essential. Plastic scoop bags are available from the main Heath offices, but any plastic bags will do. Dog-waste bins (green) are located at many Heath entrances. Please use them.



Cycle routes are clearly marked on the map. Please cycle only on these routes, give way to pedestrians and do not exceed 12 mph.

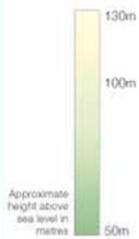


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Heathland ecosystem of rowan, heather and bracken

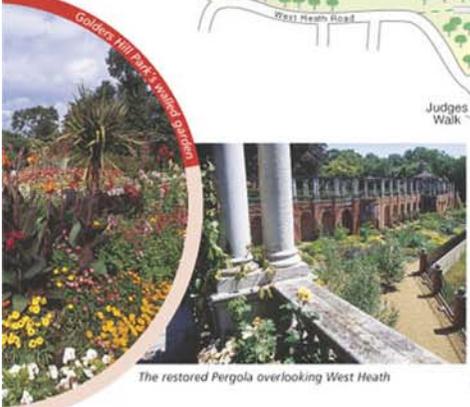
Hampstead Heath



Limited mobility access: Varying gradients and surfaces may limit access for some in places. Please telephone 020 7485 5757 for details of the Heath Mobile loan service, which offers increased access on an electric powered buggy for people with limited mobility.

Dusk closing: Golders Hill Park, The Hill Garden, the Pergola and the Kenwood Estate close before dusk. See signs for details.

Car parking around the Heath is limited and you are encouraged to come here by public transport.



Hampstead

Camden

HAMPSTEAD HEATH STATION

GOSPEL OAK STATION

Dartmouth Park

Highgate

GOLDERS GREEN STATION NORTHERN LINE

HAMPSTEAD STATION NORTHERN LINE

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