

Employment Support Workshops in partnership with IAPT and Shaw Trust



Making value-based career decisions & understanding our feelings through extraordinary times

Start Date	Day of Course	Time	Duration	Fees (Conc/Full Fee)	Course Code
15 Jan 2021 05 Mar 2021	Fri	10:00 – 12:00	1 day	Free	EMP20/8756 EMP20/8761

Reflecting on transferable skills & self-esteem through challenging times

Start Date	Day of Course	Time	Duration	Fees (Conc/Full Fee)	Course Code
22 Jan 2021 12 Mar 2021	Fri	10:00 – 12:00	1 day	Free	EMP20/8757 EMP20/8763

CV writing and building new routines

Start Date	Day of Course	Time	Duration	Fees (Conc/Full Fee)	Course Code
29 Jan 2021 19 Mar 2021	Fri	10:00 – 12:00	1 day	Free	EMP20/8758 EMP20/8764

Overcoming barriers to employment and managing stress through Covid-19

Start Date	Day of Course	Time	Duration	Fees (Conc/Full Fee)	Course Code
05 Feb 2021 26 Mar 2021	Fri	10:00 – 12:00	1 day	Free	EMP20/8759 EMP20/8765

Interview anxiety and returning to work

Start Date	Day of Course	Time	Duration	Fees (Conc/Full Fee)	Course Code
12 Feb 2021 02 Apr 2021	Fri	10:00 – 12:00	1 day	Free	EMP20/8760 EMP20/8766

To enrol use the HALS webenrol link: <https://www.webenrol.com/hals/?page=courses>



All courses will take place online using MS Teams, once you enrol you will be emailed the workshop joining instructions.

Have any questions or problems enrolling? Call Fatma Mehmet on 0208 489 3746 or email: fatma.mehmet@haringey.gov.uk