

Haringey Relational Approach to Resilience and Wellbeing Conference

Evaluation Summary 21/11/17

Aims of the conference:

Provide an opportunity to:

- Consider latest research around attachment, trauma and relational approaches to resilience
- Become familiar with training, tools and resources available in Haringey
- Network with other stakeholders

The conference provided me with the opportunity to:

1. Consider the latest research around attachment, trauma and relational approaches to resilience



Figure 1 Total = 30 responses

2. Become familiar with training, tools and resources to support increased emotional and mental wellbeing and improve long-term outcomes



Figure 2 Total = 29 responses

3. Network with other stakeholders



Figure 3 Total = 27 responses

Q1. What was the most enjoyable and/or useful?

Larry Brendtro:

- Lots of food for thought
- Talks and information
- Great speaker
- Inspirational
- Excellent keynote speaker
- Provided great theoretical foundation
- Larry's lecture/presentation
- Listening to Larry
- Meeting Larry
- My hero
- Amusing, approachable and fantastic to listen too
- Wealth of information, enjoyable, kind and generous in his helping professional to learn
- I gained a lot of knowledge and skills that I would be able to use
- Larry's engaging skilled warm style of communication
- Anecdotal pieces
- Hearing Larry speak and share his wealth of knowledge and experience
- Looking at different approaches, cultural styles emotional resilience
- Historical and cultural context was fascinating
- Fascinating and useful re practice
- Learning how important the sense of belonging is

Foster carers:

- Their experience re effective practice implementation
- Hearing first hand from foster carers

Listening and hearing from young people themselves

Listening to Steven Bovey

The anchor project resilience, relationships and wellbeing

Ideas around approaching ways to help assist children with emotional needs within my school

Great visuals

The research really resonates well with me and my practice and reinforces my understanding but also encourages deeper thought

Lots of ideas to think about

Nice venue

All of it

All very informative

Q 2. Could anything have been improved?

More time:

- Preferably the whole day/ longer day/ longer talks not just introductory talks

Venue:

- A bit tricky to access
- Difficult to find parking- led to missing 15 minutes
- Chairs!

Smaller group discussions:

- Group discussion with feedback
- Outbreaks in specific similar groups
- Share practice

Practical application:

- Little more around practical implementation to create 'emotionally friendly setting'
- More concrete examples of practice in schools
- Gain more insight into the different language/ words that Risley were advised to use
- Understand more about the work and have it transferable to SEN? Practical application

Helpful to think of those providing this to the children we work with to ensure they have what they need to

VCR- lip sync

More opportunities to ask questions

Observation re school nursing service contribution? And should be included as part of school staff

To hear from partnership frontline staff ie- social workers

More signposting to resources

A bit rushed at times - it was hard to keep up and didn't allow a lot of time for thought

More organised facilitation of networking

No

Q 3. Explain how the conference may impact on your practice:

Individual:

- Reinforces what I am doing and empowers me to spread it wider
- Be more vigilant.... In .. neglect
- Using the resilience wheel is something I am looking forward to
- Expand my thinking
- Using the anchor project information in my practice

Organisational:

- Inset for all staff
- Delivering staff inset on resilience and wellbeing to encourage and develop staff's attitude in these areas
- Will feedback to SNA's to inform of ways of dealing with challenging behaviour. Will focus on a belonging project with my class!
- Working with the resilience wheel
- Informs my own practice - hope to roll out across school
- I will quote some of the research to help parents and staff have greater understanding of behaviours. I will use them when I think as framework for discussion with children ie- improve our listening
- Thinking about wheel and applying SLT strategies
- It will continue my aim to develop our school into a safe nurturing space for children
- Can use this project to support pupils and staff working with vulnerable and behaviour issues
- Massively given me confidence to drive changes already implemented school – No sanctions Room. Will champion anchor project to other GB's (governors) and in school?
- I will consider using/adopting the Anchor project at my school
- Will be speaking to school SENCO
- Will encourage open-minded approach
- Vision and values enable circle of courage! Approaches to behaviour management
- Giving advice to schools and in EHCP advice reports on approaches with the children I work with, many of whom have attachment problems
- Being able to support social workers to support 'unloved' children/ parents and promote their resilience

Community:

- Working with the local community
- To inform colleagues and impact the way we work with families and individuals
- I will continue to deliver when supporting families and links

Borough-wide:

- It's good to have joint understanding of approach across Haringey services
- Yes as strategic lead will promote wherever can and integrate into any strategic vision shaping children's services
- Can inform quality of commissioning re- better outcomes for Children and Young people. Also will go towards professional validation – CPD
- Will champion anchor project to other GB's (school governors) and in school?

Q 4. Are you interested in any of the following?:

<u>Type</u>	<u>Number of Responses</u>
Training	13
Tools	16
Philosophical enquiry	12
Other	2 1x School visit 1xNew booklets- 1 for parents, 1 for club leaders

Range of services attended this conference?:

Health	Social Care	Education
Health Visitor	Team Manager, safeguarding	Wellbeing room manager (Inclusion facility)
Speech and Language Therapist x2	Children Support Practitioner	Assistant Head Teacher (The Brook)
CAMHS practitioner	Family Support Worker- Early help	Inclusion Manager/DSL/ EM Wellbeing Lead – West Green Primary School
Child psychologist / school counsellor	Family Support Worker	Teacher (The Brook)
Senior Public Health Commissioner Children and Young people.	Foster carer	Learning Mentor
Local Area Coordinator		SENCO (St Martin of Porres Catholic School)
		Deputy Head (Belmont Junior school)
		SEND Link Governor- Hornsey School for Girls
		Deputy Head (
		Assistant Head teacher (Brook House Primary School)
		Pastoral Support Manager LAET (London Academy of Excellence Tottenham)
		Learning Support Assistant
		Teacher at London Academy of excellence Tottenham
		Vice Chair Governor