

DIABETES

HEALTH INFOGRAPHICS



Always hungry



Unexplained weight loss



Numb or tingling hands/feet



Frequent urination

COMPLICATION



Candida



Wounds heal slowly



Peripheral neuropath



Cerebrovascular disease



Diabetic nephropathy



Coronary heart disease



Eye damage



Sexual disorder



Extreme fatigue



Check your blood sugar



Always thirsty

PREVENTION

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Health food



Control



Avoid



Exercise



See a doctor