

I AM ...

HOW WILL I GET FOOD?

WHAT DO I NEED TO DO?



'SHIELDING'
Clinically vulnerable and have been contacted by the NHS



Weekly food packages are being supplied by central government



Register on the government website [gov.uk/coronavirus-extremely-vulnerable](https://www.gov.uk/coronavirus-extremely-vulnerable) or call **Connected Communities**

Supermarkets have online priority deliveries



Log in to your supermarket online shopping account



SELF-ISOLATING
not clinically vulnerable but I cannot leave my home



Local shops are delivering



Information is on our website [haringey.gov.uk/covid19](https://www.haringey.gov.uk/covid19) or by calling **Connected Communities**

Ask friends, family or local connections; neighbours or mutual aid groups if they can help

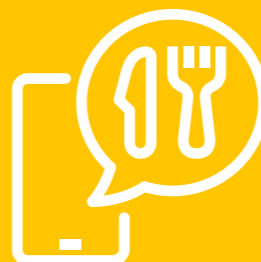


If you do not know someone who can collect this for you, contact **Connected Communities**

Organise a 'Click and Collect'



I CANNOT AFFORD FOOD



If your usual method of accessing food is unavailable or there has been a change in your circumstances, Haringey Council can help you to access food



Contact **Connected Communities**



I AM ABLE TO LEAVE MY HOME
and can afford food



You should continue to shop as you would normally



Please observe social distancing of 2m and wash your hands frequently