

Drugs and Alcohol

If you want advice and information about drugs and alcohol you should get in touch with the Drug Education and Support Team, the youth service, or local youth club or Connexions.

You can contact FRANK, the National Drug Helpline, on ☎ 0800 77 66 00 or online via www.talktofrank.com. It provides a confidential help line for young people or their parents and has useful leaflets which you can order or download via the website.

Drug Education & Support Team

Health Education Resource Base, Haringey Professional Development Centre, Downhills Park Road, N17 6AR

☎ 020 8489 5056/5096/5023

Fax 020 8489 5004

Website: www.Herbonline.info

Email: mike.davis@haringey.gov.uk

Provides drug, alcohol and tobacco education and advice for schools/young people, training for teachers and youth workers, confidential counselling for young people aged 14 to 24 years and school home support. Offers a number of youth diversion and inclusion projects and after-school clubs using music, drama, video and photography.

AHEADS

(Adolescents in Haringey & Enfield Alcohol and Drug Service)

40 Bromley Road, Tottenham, N17 0AW

☎ 020 8493 8525

Fax 020 8493 8313

Email: aheads@btinternet.com

Website: www.aheads.org

Age range: 10 to 17 years

Opening times: Monday 9.30am to 12.30pm. Tuesday to Friday 9.30am to 4.30pm. (Staff will make arrangements to meet young people and their parents/carers at other times if necessary).

AHEADS exists to minimise the harm and potential for substance use by young people in the boroughs of Haringey and Enfield. They offer information, advice and support to parents and carers of young users. Services include advice and information, initial assessment, keyworking/one to one support (covering drug awareness, risk management, anger management, safer injecting, relaxation, coping strategies as appropriate), health assessment and complimentary therapies (ear acupuncture and shiatsu), groupwork, home detox/other prescription, advocacy/onward referral, family/carer support, training and awareness raising for other agencies.

AHEADS encourage self-referrals and will accept third party referrals from other agencies and family members. They ask that the young person be informed before a referral is made on their behalf. Interpreters are provided by the Linkworker Service as required.

Connexions (London North)

560 - 568 High Road, Tottenham N17 9TA

☎ 020 8808 0333

Opening times: Monday to Friday 9.00am to 5.00pm
(except Wednesday open at 10.30am)

This government youth support service can help you with such things as school, work, careers and health. Connexions Personal Advisors are there to help you deal with issues such as educational choices, career options, training needs, health problems, family relationships, bullying, truancy or any other issues that affect your life.

You can also visit www.connexions-northlondon.co.uk, contact confidential free hotline on 0800 511111 (text 07786 511111) or email www.q2a.co.uk. These services are available from 10am to 10pm every day.

Cosmic

590 Seven Sisters Road, N15 6HR

(situated on the side of HAGA, 1st red door in Manchester Road)

☎ 020 8800 6999

☎ Freephone 0800 389 5257 (children only)

Email: childrenandfamilies@haga.co.uk

Opening times: Monday to Friday 10.00am to 5.30pm.

Saturday 11.00am to 3.00pm. (Tuesdays and Thursdays open till 8.00pm.)

Cosmic provides help and support for children aged 0 to 16 years, parents, carers and families who feel their lives have been affected by alcohol or drugs. Work includes direct support with children and families, parenting skills, play and activity sessions and outreach in schools and other agencies. Professional and self-referrals are accepted for residents in the Borough of Haringey. Interpreters are provided by the Linkworker Service as required.

Drugs Advisory Service Haringey (DASH)

80 Stroud Green Road, Stroud Green N4 3EN

☎ 020 7272 2757

Provides a wide range of services, information and advice for adults who are experiencing problems with their drug use. DASH also offers information and support to relatives, partners and friends.

Haringey Advisory Group on Alcohol (HAGA)

590 Seven Sisters Road, Tottenham, N15 6HR

☎ 020 8442 6435

Website: www.haga.co.uk

Provides a wide range of services for adults with alcohol problems, including counselling, family services and a women's group. There is a day care centre with a crèche and a Children & Families worker.

Haringey Peace Alliance

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