

# The Well-being Plan 2007-2010



# Well-being is about ...



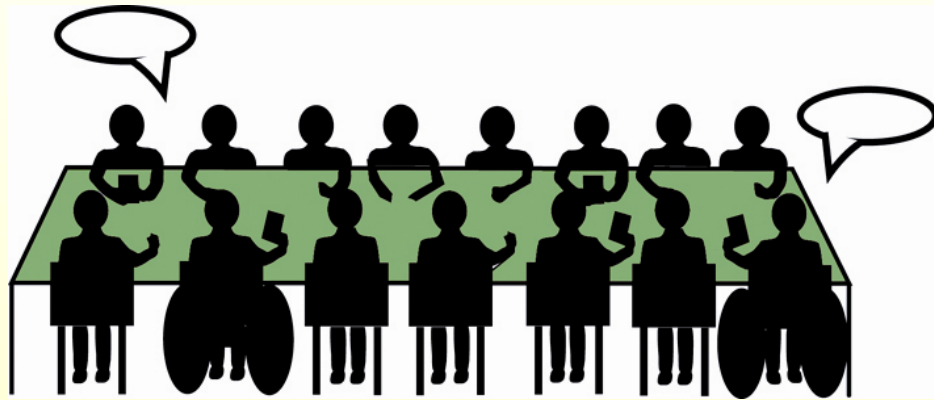
- Staying healthy and keeping well
- Everyone having the same rights
- Making choices

# Well-being is about ...



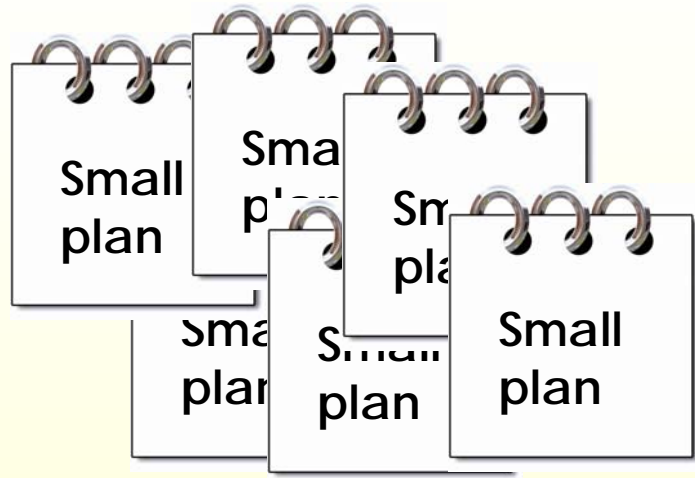
- Feeling safe
- Being independent
- Having enough money
- Being comfortable at home

# Many people make sure that Well-being happens



- You
- Haringey Council
- Health Services
- Voluntary Organisations
- Police
- Education

# The Well-being Plan



- All people who make sure that Well-being happens have small plans
- Not everyone knew what was in everyone else's small plan
- They all came together to make ONE BIG plan

# We need ONE BIG plan because ...



- The government says we all need to work together and be clear about what we do



- We all need to know what are the most important things to do

The Well-being plan will try to make sure ...



- We eat healthy food
- We do more exercise
- More people stop smoking
- People have more money to keep warm

# The Well-being plan will try to make sure ...



- We all live longer and healthier lives
- People are able to get out and about using public transport
- People can always learn new things
- People can find jobs

# What will happen now ...



- A lot of different people discussed the plan
- All the people who put the ONE BIG plan together agreed the plan in October 2007
- Every year they will meet to make sure that they do what they promised to do

# In the future ...



- Any small plans that anyone wants to make need to be part of the ONE BIG plan

# To find out more you can contact:



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