# ALLERGENS: CHEF RECIPE CARDS

**ALLERGENS: CHEF RECIPE CARDS**

|  |  |
| --- | --- |
| Dish/ingredient: |       |

|  |  |  |  |
| --- | --- | --- | --- |
| Date: |       | Chef: |       |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Celery**Celery** | Cereals containing gluten**Cereals containing gluten** | Crustaceans**Crustaceans** | Eggs**Eggs** | Fish**Fish** |
| [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Lupin**Lupin** | Milk**Milk** | Mollusc**Mollusc** | Mustard**Mustard** | Nuts**Nuts** |
| [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Peanuts**Peanuts** | Sesame seeds**Sesame seeds** | Soya**Soya** | Sulphur Dioxide**Sulphur Dioxide** | **TICK THE ALLERGENS WHICH ARE IN THE DISH** |
| [ ]  | [ ]  | [ ]  | [ ]  | 🗹 |

|  |
| --- |
| Notes:       |
| Reviewed and checked by: |       |

|  |  |
| --- | --- |
| Dish/ingredient: |       |

|  |  |  |  |
| --- | --- | --- | --- |
| Date: |       | Chef:      |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Celery**Celery** | Cereals containing gluten**Cereals containing gluten** | Crustaceans**Crustaceans** | Eggs**Eggs** | Fish**Fish** |
| [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Lupin**Lupin** | Milk**Milk** | Mollusc**Mollusc** | Mustard**Mustard** | Nuts**Nuts** |
| [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Peanuts**Peanuts** | Sesame seeds**Sesame seeds** | Soya**Soya** | Sulphur Dioxide**Sulphur Dioxide** | **TICK THE ALLERGENS WHICH ARE IN THE DISH** |
| [ ]  | [ ]  | [ ]  | [ ]  | 🗹 |

|  |
| --- |
| Notes:       |
| Reviewed and checked by:  |       |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Food Standards Agency food.gov.uk | You can find this template and others, including more information at www.food.gov.uk/allergy | ✂ | Food Standards Agency food.gov.uk | You can find this template and others, including more information at www.food.gov.uk/allergy |