



Department
for Work &
Pensions

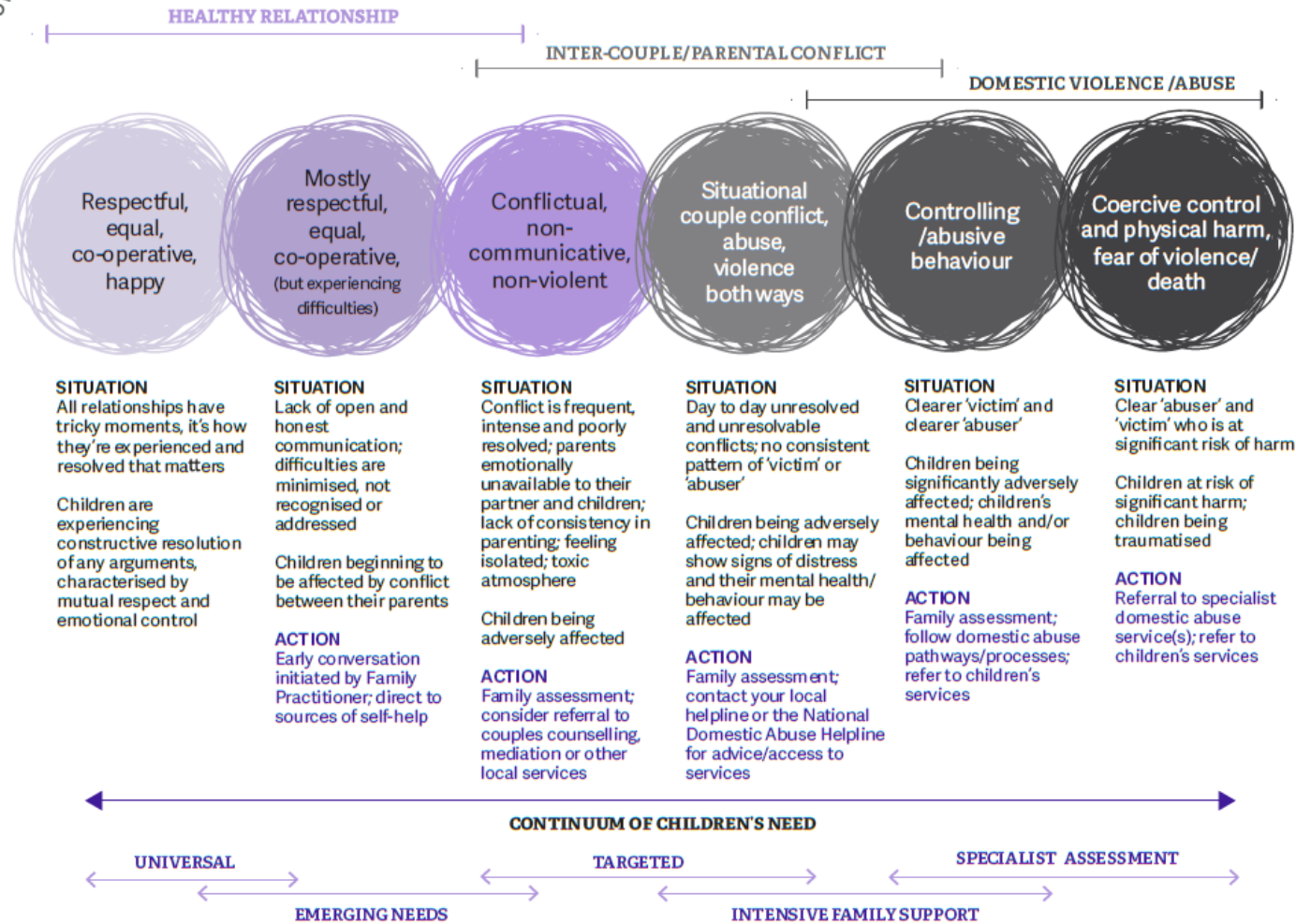
Reducing Parental Conflict Programme

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What do we mean by parental conflict?

Conflict that occurs between parents/ carers that is frequent, intense and poorly resolved.

Intimate Relationship Spectrum*



Adapted by the Stefanou Foundation from the model* developed by Dr Mark Farrall, Ignition Creative Learning Limited

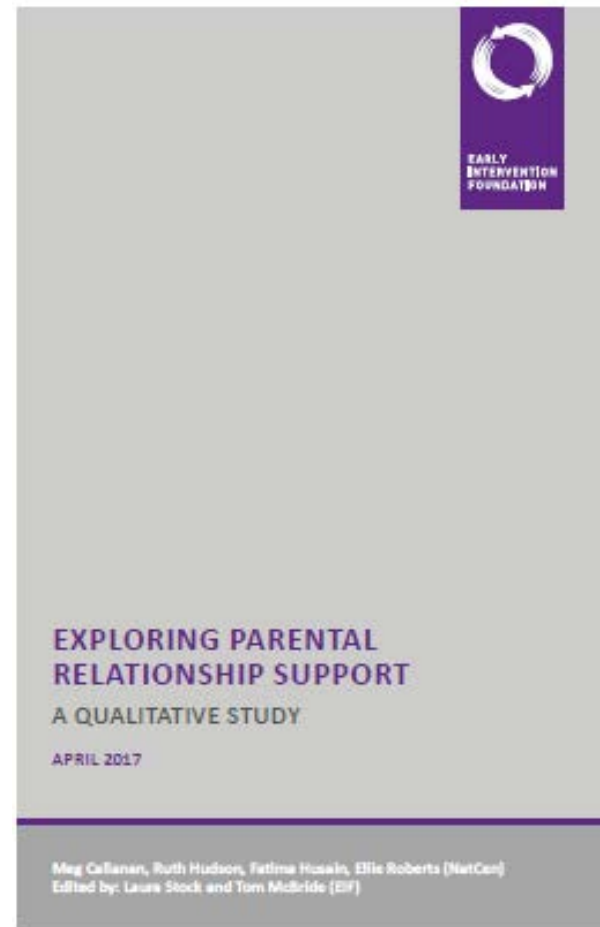
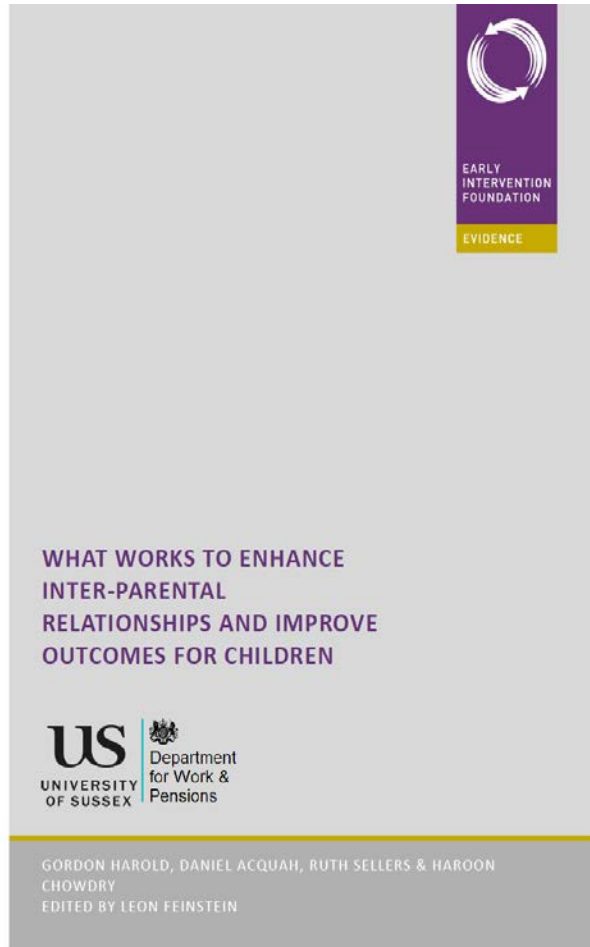
www.stefanoufoundation.org

Estimated need

1,249,820



Evidence and Tools



How to Engage Disadvantaged Parents in Parenting and Parental Conflict Programmes and Services

An Evidence Review

Children's Lives



Outcomes for the child throughout life

Infancy (0-2 years)

- Physiological symptoms of distress
- Self-regulation
- Sleep patterns

Childhood & Adolescence (2-19 years)

- Physiological symptoms of distress
- Internalising symptoms
- Externalising symptoms
- Social and interpersonal relationship competence
- Mental health and psychological wellbeing
- Academic performance
- Sleep patterns
- Physical health
- Risky health behaviours

Adulthood (>20 years)

- Social and interpersonal relationship competence
- Emotional and behavioural functioning
- Mental health and psychological wellbeing
- Academic performance
- Employment
- Economic outcomes
- Physical health
- Risky health behaviours
- Suicidality

Intergenerational transmission of negative outcomes

The Programme

A small change in service delivery could have a big impact

We want to work together and support you to integrate a focus on parental conflict by:

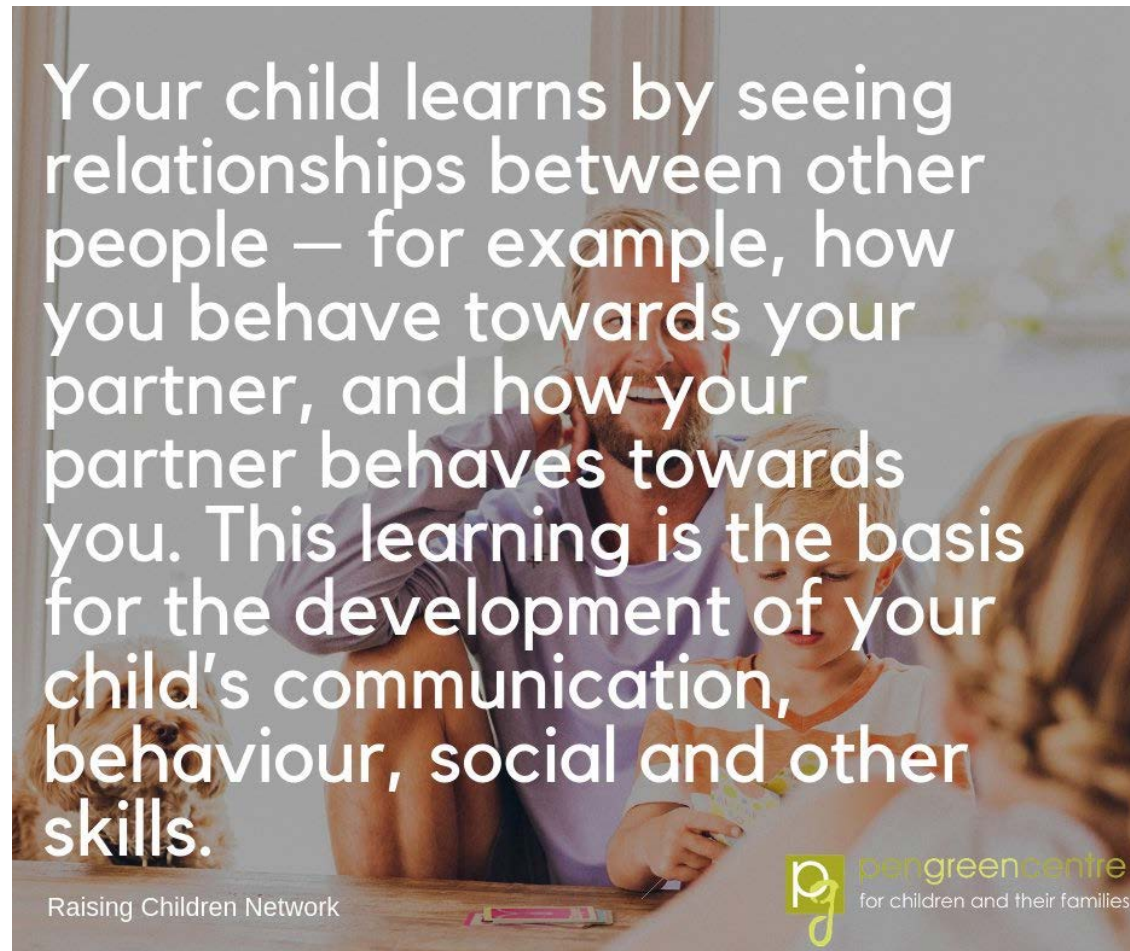
- Trialling **Face to Face interventions** for mothers and fathers in intact and separated families, in four areas (led by Hertfordshire, Westminster, Gateshead and Dorset)
- Helping local areas to develop solutions and strategies to meet the needs of the families they work with by providing **Strategic Leadership Support** and **Practitioner Training** grants to local authorities
- Working closely with the Department of Health and Social Care and Public Health England to address the issue of alcohol misuse, which is often a major contributor to parental conflict. Together we are delivering a joint £6m package of support aimed at improving the outcomes of children of alcohol-dependent parents, including a £4.5m **Innovation Fund** which is delivering projects in 9 local authority areas.
- A **Challenge Fund**, which recently awarded £2.2m of grant funding to 10 innovative projects to gather learning on what works to reduce parental conflict digitally and for families where the children face other disadvantages
- Sharing learning and providing support through our team of **Regional Integration Leads** and a series of regional and national network events
- Providing learning to inform future policy development on our digital offer maximising the **learning from the user research** - <https://www.gov.uk/government/publications/reducing-parental-conflict-a-digital-discovery>

Why alcohol?



“When my mum has had a drink she just shouts...always arguing. My dad usually takes us to my nana’s house but sometimes if it’s late we just go upstairs and try to ignore it. She doesn’t know what she’s saying most of the time, it’s just shouting, but sometimes it’s really horrible things about my dad, about us.” Turning Point Report

Its not who parents are - its what parents do



Reducing Parental Conflict Hub

Early Intervention Foundation

<http://reducingparentalconflict.eif.org.uk>

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