

Session: 360 Degree View

Apx Session Length: 50 MIns

Topic/Aims:	To encourage students to look at their strengths, skills and experience to help them to make effective choices and good applications
Learning Outcomes:	For students to create a profile of themselves To be able to identify their positive skills and attributes
In class activity:	Small group discussion and completion of a personal “brag bag”
Resources:	Copy of blank “Brag Bag” for each student

360 Degree View - Introduction

We have said that for you to be able to make good choices you need to be able to understand yourself. Traditionally, people living in the UK have been really bad at boasting about their talents and skills. This means that when we go for interviews and make applications, we find it very hard to talk about our skills and talents. This session is all about starting your “brag bag” and understanding your skills, attitudes and the things about you that will make you a really good person to have in the workplace. The 360 degree is a reference to the fact that you are going to be thinking about all the aspects of your life and asking different people to help you with the task.

Time:	Tutor & Support activity:	Student Activity:	Checking learning against objectives:	Differentiation:	Resources:
5 min	Icebreaker: In twos, students identify one thing they like about themselves and share it with their partner	Working in pairs / small groups	To be able to identify their positive skills and attributes.	Ensure all students in groups contribute and participate in the discussion	
5 min	Students each take a copy of an empty "brag bag". On the brag bag they draw a picture of themselves at the centre	Individual activity		Ensure students know what they need to do	Copy of Brag bag for everyone in class Paper Pens
10 min	The group discuss together what the sections in the brag bag need to be and these are put on the board. Suggestions are: <ul style="list-style-type: none"> • My skills • My hobbies & Interests • My talents • Nice things about me as a friend • The positive things I do with my family • Any qualifications 	Group activity		If a large group isn't working, consider working in smaller groups with one person feeding back to the rest	Paper Pens

	<ul style="list-style-type: none"> • Any work experience I have • My positive traits as a student 				
10 mins	Students discuss their brag bag with their partner who puts one positive thing into it	Small group activity	For students to create a profile of themselves	Ensure all students have at least 3 positive things to say about themselves. Speak to the quieter students to ensure they feel included	Brag bag profile Paper Pens
10 mins	Students then move round the room and talk to three more people each of whom puts something in their brag bag	Individual activity	To encourage students to look at their strengths, skills and experience	Encourage students to speak to other students	Paper Pens
5 mins	Students then return to their desk and complete the areas that remain	Individual activity	For students to create a profile of themselves		Brag bag profile Paper pen
5 min	Students then write a summary sentence, "I am going to be a real asset when I get to work because...."	Individual activity	To be able to identify their positive skills and attributes that could be useful in the	Ensure all student understand what is required of them – Write the instruction	Whiteboard Paper pens

			workplace.	on the whiteboard	
5 min	As a follow on activity students are asked to speak to one teacher and someone in their family to ask them to add something to the bag.	Individual activity	To be able to identify their positive skills and attributes	Ensure all students understand what is required of them – Write the instruction on the whiteboard or write on a worksheet for them to take away	Whiteboard Worksheet Paper pens

Evaluation: Did the students achieve all the objectives? What went well? What did not work?