

# INSIGHTFUL FAMILIES Support for Families worried about alcohol

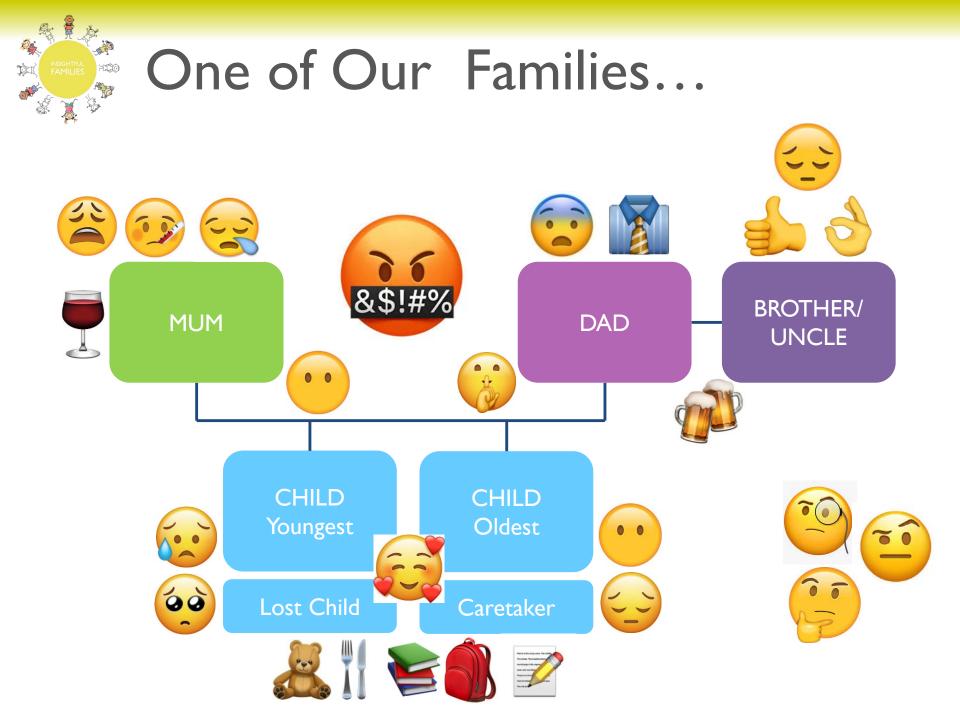
Alice Campbell & Jo Choi Sharon Pedliham & Alice Hawken







How can we support children & young People impacted by parental alcohol use?





The Whole Family Approach offers tailored made support to all family members.

Reduce the impact on children and young people.

We are here to work with families to strengthen resilience, family cohesion and wellbeing in their homes and communities.



# How we can help...

#### PARENT USING ALCOHOL

'Handholding to Adult
Treatment Services (HAGA)'
Parenting Workshop
1:1 Support
Parent & Toddler Group

### FAMILY, FRIENDS & CARERS •FFC Group •1:1 Support •Coffee Morning

- Bespoke Workshops
- Peer Support Programme
  - Involve event

### WHOLE FAMILY

Free Fun Activities | Opportunities to Earn Time Credits Age Appropriate Info & Advice | Advocacy & Signposting

### CHILDREN & YOUNG PEOPLE

Age appropriate 1:1 support
Kids Club/Holiday programme
In School Programme & Educational Workshops



# Family, Friends & Carers...



# **Empower Support Influence**

### Local



## National



- Local & National Family Forums
- Substance Misuse forums
- Alcohol & Families Alliance
- Two innovation bids around CADP in Haringey and Swindon



# Some Challenges and Solutions...

## Engaging Families from more affluent backgrounds

We've started having conversations with schools in different areas of the Borough to see how we tailor our offers to meet the local need. We are continuing to raise our profile to professionals in those areas of Haringey.

# Families do not always give consent for referrals

We understand that a lot of the work is getting families to acknowledge their issues. Having curiosity and asking questions to evoke discussions and planting seeds is something we can support you with.

Providing support throughout all locations in the Borough

Meeting the needs of the families including childcare or work commitments We are providing support across the Borough with a more outward facing model, seeing families within their homes and within their communities. These conferences are being held in Tottenham, Highgate and Alexandra Palace

We provide services in the evening (outside of office hours) and we are developing links with Children Centres to aid the provision of childcare.

We are continuously working with our families through co-production for the ongoing development of the Service.



## Successes so far...

- Summer & half term programme was well attended by new families
- Adults engaging in HAGA including those we have fast tracked into the service
- Time credit earns and spend event for families
- Increased numbers in our parenting programme
- More co production from families
- FFC cohort is growing
- More professional discussions about families in the borough
- Started working with one family member....now working with others in the family





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> > Drop in Insight Platform, 40 Bromley Road,Tottenham N17 0AR



# Meet the Team...







Chantelle

Sasha

Emily

Marie





Do you know any children who are worried about their parents alcohol use?

We provide a safe space for children and young people to talk about their experiences

Do you know any parents who need support to reduce or stop drinking?

> Do you know any parents who need someone to talk to about parenting?

Can everyone impacted by someone else's alcohol use access this Service?

Is everyone in the family being heard?

We help parents to make positive steps to improve their wellbeing

> We provide support and advice around parenting

> > We offer support to friends, carers and the whole family

> > > Yes! Our Service is Family Focused!

# Adfam - upcoming events "It's not that simple"

Adfam's 2019 Conference, discussing the way forward in tackling the multiple challenges facing families affected by substance use

Wednesday 4th December (12:30pm - 5pm) | St Brides Institute | London

Tickets: http://bit.ly/2MRejFod(or google 'Adfam Conference'

## **2019 Carol Concert**

#### Join us for a wonderful evening of music and storytelling

Wednesday 4th December (6:30pm) | St Brides Church | London

Tickets: http://bit.ly/30RtHaQ (or google 'Adfam Carol Concert')

