

<u>CODE</u>	<u>PRODUCT DESCRIPTION</u>	<u>PRICE PER MEAL</u> £
<u>POULTRY MEALS</u>		
MWMP01	Roast Chicken & gravy with Parisienne potatoes & mixed vegetables	6.22
MWMP02	Poached Chicken & gravy with mashed potatoes & mixed vegetables	6.22
MWMP03	Chicken Schnitzel with sauté potatoes & sauerkraut	6.48
MWMP04	Chicken Burgers & gravy with roast potatoes & glazed carrots	5.24
MWMP05	Stewed Chicken liver with rice & gravy & peas	5.66
MWMP06	Sliced Turkey & gravy with sauté potatoes & continental cabbage	6.10
MWMP07	Turkey Schnitzel with rice pilaff & spinach	6.48
MWMP08	Turkey Casserole with new potatoes & continental cabbage	5.98
MWMP09	Stuffed Poussin & gravy with parisienne potatoes & sauerkraut	9.94
MWMP10	Roast Duck (quarter) & gravy with parisienne potatoes & Kenyan beans	10.91
MWMP11	Chicken Chasseur with savoury rice, peppers, peas & corn	6.22
MWMP12	Chicken & Mushroom pie with potato, peas & fluted carrots	6.22
MWMP13	Sweet & Sour Chicken Wings with tomato rice & green beans	3.98
MWMP14	Barbeque Chicken Wings with parsley potatoes, peas, corn & carrots	3.98

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<u>CODE</u>	<u>PRODUCT DESCRIPTION</u>	<u>PRICE PER MEAL</u>
		£
	<u>MEAT MEALS</u>	
MWMM01	<i>Braised Steak with mashed potatoes & ratatouille</i>	7.90
MWMM02	<i>Sliced Beef & gravy with rice & cut green beans</i>	6.51
MWMM03	<i>Beef Goulash with mashed potatoes, peas & sweet corn</i>	6.51
MWMM04	<i>Salt Beef & gravy with chateau potatoes & spinach</i>	7.41
MWMM05	<i>Beef Burgers & gravy with roast potatoes & glazed carrots</i>	5.24
MWMM06	<i>Tongue & gravy with parisienne potatoes & glazed carrots</i>	12.01
MWMM07	<i>Meat Balls in tomato sauce with macaroni & gravy, peas & sweet corn</i>	5.24
MWMM08	<i>Ox Liver with rice & gravy & cut green beans</i>	5.58
MWMM09	<i>Veal Goulash with sauté potatoes & sauerkraut</i>	8.47
MWMM10	<i>Stuffed Veal & gravy with rice, gravy & spinach</i>	6.60
MWMM11	<i>Sliced Veal & gravy with stuffing, chateau potatoes & continental cabbage</i>	8.87
MWMM12	<i>Veal Schnitzel with parisienne potatoes & sauerkraut</i>	9.67

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	<u>MEAT MEALS continued...</u>	
MWMMM13	<i>Braised Veal chops with chateau potatoes & whole baby corn</i>	9.67
MWMMM15	<i>Veal Burgers & gravy with parisienne potatoes & continental cabbage</i>	5.36
MWMMM16	<i>Sliced Lamb & gravy with macaroni & gravy, peas & carrots</i>	7.12
MWMMM17	<i>Grilled Lamb Chops with sauté potatoes & glazed carrots</i>	9.40
MWMMM18	<i>Breaded Lamb Cutlet with chateau potatoes & continental cabbage</i>	9.40
MWMMM19	<i>Stuffed Cabbage & tomato sauce with mashed potatoes & peas</i>	5.36
MWMMM20	<i>Stuffed Peppers & tomato sauce with new potatoes & mixed vegetables</i>	5.36
MWMMM21	<i>Shepherds Pie with Peas, carrots & sauerkraut</i>	5.45
MWMMM22	<i>Spaghetti Bolognese with mixed vegetables & spinach</i>	5.45
MWMMM23	<i>Viennas & Beans with mashed potatoes & peas</i>	5.24
MWMMM24	<i>Steak Pie with roast potatoes, peas & sweet corn</i>	6.51
MWMMM25	<i>Meat Lasagne with mixed vegetables & spinach</i>	5.45
MWMMM26	<i>Cottage Pie with peas, carrots & sauerkraut</i>	5.45

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<u>CODE</u>	<u>PRODUCT DESCRIPTION</u>	<u>PRICE PER MEAL</u>
		£
	<u>FISH MEALS</u>	
MWWMF01	<i>Fried Plaice with macaroni in tomato sauce & sauerkraut</i>	5.57
MWWMF02	<i>Fried Haddock with mashed potatoes & spinach</i>	5.57
MWWMF03	<i>Fried Cod with parisienne potatoes & continental cabbage</i>	5.57
MWWMF04	<i>Fried Lemon Sole with parisienne potatoes & spinach</i>	9.16
MWWMF05	<i>Fried Halibut with parisienne potatoes & mixed vegetables</i>	9.94
MWWMF06	<i>Grilled Plaice & mushroom sauce with sauté potatoes & ratatouille</i>	5.57
MWWMF07	<i>Grilled Haddock & mushroom sauce with new potatoes & mixed vegetables</i>	5.57
MWWMF08	<i>Grilled Cod & mushroom sauce with rice in tomato sauce & glazed carrots</i>	5.57
MWWMF09	<i>Grilled Lemon Sole & mushroom sauce with new potatoes & glazed carrots</i>	9.16
MWWMF10	<i>Grilled Halibut & mushroom sauce with roast potatoes & Kenyan beans</i>	9.94
MWWMF11	<i>Grilled Trout & mushroom sauce with new potatoes & ratatouille</i>	7.27
MWWMF12	<i>Poached Plaice & mushroom sauce with mashed potatoes & spinach</i>	5.57

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	<u><i>FISH MEALS continued ...</i></u>	
MWWMF13	<i>Poached Haddock & mushroom sauce with parisienne potatoes & whole baby corn</i>	5.57
MWWMF14	<i>Poached Trout & mushroom sauce with mashed potatoes & ratatouille</i>	7.27
MWWMF15	<i>Poached Cod & mushroom sauce with new potatoes, peas & sweet corn</i>	5.57
MWWMF16	<i>Poached Lemon Sole & mushroom sauce with mashed potatoes & mini ratatouille</i>	9.16
MWWMF17	<i>Poached Salmon & mushroom sauce with new potatoes, peas & carrots</i>	8.49
MWWMF18	<i>Poached Halibut & mushroom sauce with parisienne potatoes & spinach</i>	9.94
MWWMF19	<i>Boiled chopped fish & mushroom sauce with new potatoes, peas & carrots</i>	5.57
MWWMF20	<i>Fried Chopped Fish & tomato sauce with new potatoes & cut green beans</i>	5.57
MWWMF21	<i>Fisherman's Pie with glazed carrots & peas</i>	5.57
MWWMF23	<i>Grilled Salmon & lemon sauce with egg fried rice, peas & fluted carrots</i>	8.49

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		£
	<u>VEGETARIAN MEALS</u>	
MWMV01	<i>Vegetarian Cutlet/Schnitzel with parisienne potatoes & continental cabbage</i>	5.45
MWMV02	<i>Vegetable Platter with mashed potatoes, spinach & vegetable casserole</i>	5.45
MWMV03	<i>Vegetarian Burger with sauté potatoes & ratatouille</i>	5.45
MWMV04	<i>Vegetarian Sausage with baked beans, mashed potatoes & peas and carrots</i>	5.45
MWMV05	<i>Plain Omelette on mushrooms with tomato rice & spinach</i>	5.45
MWMV06	<i>Tomato Omelette with parisienne potatoes & cut green beans</i>	5.45
MWMV07	<i>Mushroom Omelette with baked beans, mashed potatoes & glazed carrots</i>	5.45
MWMV08	<i>Savoury Pancake & mushroom sauce with mixed vegetables & spinach</i>	5.45
MWMV09	<i>Spaghetti Neapolitan with cut green beans & glazed carrots</i>	5.45
MWMV11	<i>Vegetarian Lasagne with spinach, peas & carrots</i>	5.45
	<u>DAIRY MEALS</u>	
MWMV10	<i>Macaroni Cheese with peas, carrots & whole baby corn</i>	6.21

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		£
	<u>SOUPS</u>	
MWS01	Chicken soup	1.34
MWS02	Barley soup	1.34
MWS03	Vegetable soup	1.34
MWS04	Tomato soup	1.34
MWS05	Asparagus soup	1.34
MWS06	Pea soup	1.34
MWS07	Mushroom soup	1.34
	<u>DESSERTS</u>	
MWD01	Chocolate mousse	1.19
MWD02	Lemon mousse	1.19
MWD03	Strawberry mousse	1.19
MWD04	Passion fruit mousse	1.19
MWD05	Vanilla ice cream	1.19
MWD06	Fruit jelly	1.19
MWD07	Peach melba	1.19
MWD08	Orange caramel	1.19
MWD09	Apple & Pineapple puree	1.19
MWD10	Peaches & pears	1.19
MWD11	Fruit cocktail	1.19
MWD12	Fruit danish	1.19
MWD13	Pear Helene	1.19
MWD14	Pear puree	1.19
MWD15	Apple pie	1.19
MWD16	Apple strudel	1.19
MWD17	Apple crumble	1.19
MWD18	Chocolate eclairs	1.19
MWD19	Chocolate cake	1.19
MWD20	Sponge cake	1.19
MWD21	Checkerboard gateaux	1.19
MWD22	Honey cake	1.19
MWD23	Pecan Pie	1.19
MWD24	Swiss roll	1.19
MWD25	Jam tart	1.19
MWD26	Cherry strudel	1.19
MWD27	Blackcurrant delice	1.19
MWD28	Apple & Plum lattice	1.19
MWD29	Bread Pudding	1.19
MWD30	Carrot Cake	1.19
MWD31	Florida Cocktail	1.19
MWD32	Lemon Sponge Cake	1.19

<u>CODE</u>	<u>PRODUCT DESCRIPTION</u>	<u>PRICE PER MEAL</u>
<u>DIABETIC DESSERTS</u>		£
MWDD01	<i>Apple Puree Diabetic</i>	1.44
MWDD02	<i>Florida Cocktail Diabetic</i>	1.44
MWDD03	<i>Fruit Cocktail Diabetic</i>	1.44
MWDD04	<i>Peaches & Pears Diabetic</i>	1.44
MWDD05	<i>Pineapple Pieces Diabetic</i>	1.44
MWDD06	<i>Pineapple Puree Diabetic</i>	1.44
MWDD07	<i>Apricot Halves Diabetic</i>	1.44
<u>DIABETIC MEALS</u>		
MWMFD01	<i>Poached Plaice Diabetic</i>	7.95
MWMFD02	<i>Poached Cod Diabetic</i>	7.95
MWMMD03	<i>Poached Beef Diabetic</i>	7.95
MWMMD04	<i>Poached Lamb Diabetic</i>	7.95
MWMPD05	<i>Poached Chicken Diabetic</i>	7.95
MWMPD06	<i>Poached Turkey Diabetic</i>	7.95
<u>MEALS WITH NO GLUTEN INGREDIENTS</u>		
MWMFGF01	<i>Poached Plaice Gluten Free</i>	10.56
MWMFGF02	<i>Poached Cod Gluten Free</i>	10.56
MWMMGF03	<i>Poached Beef Gluten Free</i>	10.56
MWMMGF04	<i>Poached Lamb Gluten Free</i>	10.56
MWMPGF05	<i>Poached Chicken Gluten Free</i>	10.56
MWMPGF06	<i>Poached Turkey Gluten Free</i>	10.56
<u>SALT FREE MEALS</u>		
MWMFSF01	<i>Poached Plaice Salt Free</i>	10.56
MWMFSF02	<i>Poached Cod Salt Free</i>	10.56
MWMMSF03	<i>Poached Beef Salt Free</i>	10.56
MWMMSF04	<i>Poached Lamb Salt Free</i>	10.56
MWMPSF05	<i>Poached Chicken Salt Free</i>	10.56
MWMPSF06	<i>Poached Turkey Salt Free</i>	10.56
<u>GRADE "D" -PUREED MEALS</u>		
MWMFP01	<i>Pureed Plaice, Mashed Potatoes, Ratatouille</i>	8.60
MWMFP02	<i>Pureed Cod, Mashed Potatoes, Glaced Carrots</i>	8.60
MWMMP03	<i>Pureed Lamb, Mashed Potatoes, Tomato Cabbage</i>	8.60
MWMMP04	<i>Pureed Beef, Mashed Potatoes, Spinach</i>	8.60
MWMPP05	<i>Pureed Chicken, Mashed Potatoes, Swede</i>	8.60
MWMPP06	<i>Pureed Turkey, Mashed Potatoes, Peas</i>	8.60
MWMVP07	<i>Pureed Vegetable Casserole, Mashed Potatoes</i>	8.60

<u>CODE</u>	<u>PRODUCT DESCRIPTION</u>	<u>PRICE PER ROUND</u>
	<u>SANDWICHES</u>	£
MWSW01	<i>Cheese & Coleslaw</i>	1.56
MWSW02	<i>Cream Cheese & Vegetables</i>	1.56
MWSW03	<i>Grilled Vegetables & Hummus</i>	1.96
MWSW04	<i>Smoked Salmon & Cream Cheese</i>	2.20
MWSW05	<i>Vegetable Salami, Djionnaise & Pickles</i>	1.56
MWSW06	<i>Deli Meat & Dijonnaise Mustard</i>	2.37
MWSW07	<i>Chicken Mayonnaise & Roasted Mushroom</i>	2.46
MWSW08	<i>Salt Beef, Pickles & Hummus</i>	2.94
MWSW09	<i>Turkey Salad & Cranberry sauce</i>	2.46
MWSW10	<i>Smoked Salmon</i>	2.10
MWSW11	<i>Tuna & Sweetcorn</i>	1.81
MWSW12	<i>Sardine</i>	1.81
MWSW13	<i>Roast Beef</i>	2.94
MWSW14	<i>Chicken & Sweetcorn</i>	2.46
MWSW15	<i>Sliced Cheese & Brown Pickle</i>	1.56
	<u>WRAPS</u>	
MWSW16	<i>Falafel Wrap</i>	2.20
MWSW18	<i>Cheese & Bean Wrap</i>	2.20
	<u>BAGELS</u>	
MWBP119	<i>Smoked Salmon & Cream cheese</i>	2.37
MWBP120	<i>Smoked Salmon</i>	2.10
MWBP121	<i>Pastrami & Dill</i>	2.53
MWBP122	<i>Salt Beef & Mustard</i>	2.94
MWBP123	<i>Tuna</i>	1.56