



Section 4

Services for Children and Young People

Music and Performing Arts Service

The **Music and Performing Arts Centre (MPAC)** works with schools to provide individual and paired tuition on musical instruments charged directly to parents. Every instrument and musical genre is offered subject to available instructors and sufficient demand within the school. MPAC works with schools to ensure that parents are kept informed of the opportunities available and that the level of demand is managed to suit the school's limitations.

Additionally, MPAC offers a wide range of enhanced provision, charged to schools, including Whole Class Instrumental Teaching and support in delivery of the National Curriculum for Music, including a recommended scheme of work at Key Stage 1 and Key Stage 2.

DCSF Music Grant 1.11 is centrally retained by MPAC on behalf of the Council and as in previous years with agreement of the Schools' Funding Forum, is used to subsidise the Whole Class Instrumental Tuition programme across all schools choosing to buy in.

Benefits to Your School

Instrumental lessons in primary schools

Working with your school, we:

- encourage children to perform in school
- process applications, invoice parents, receive payments and generate registers
- allocate subsidies for children entitled to free school meals
- recruit specialist teachers
- provide and maintain instruments for hire
- host instrumental music exams each term
- run weekly music ensembles, meeting centrally to provide a progressively higher level
- organise one and two day courses and large-scale events and tours
- publicise MPAC activities
- liaise directly with visiting teachers to agree days, times and rooms for lessons

Instrumental lessons in secondary schools

Working with your school we: provide the same services as listed above (except processing applications, invoicing parents, receiving payments and generating registers). In addition, we offer financial assistance to encourage ensembles within the school, additional subsidies are given to students at Key Stage 4 and above, taking exam courses in Music.

The partnership is governed by a Service Level Agreement. MPAC also convenes termly meetings for staff from Secondary Music departments across Haringey.

Service Features

- School-based curriculum music training and individually tailored CPD support
- Whole class Instrumental Tuition (Key Stage 2 - see separate information sent to schools)
- Age-group/whole-class projects in Dance, Drama, Singing, Samba etc.
- Small-group teaching (for example, Steel Pans, African Drumming, Saz, Recorder)
- Presentations/workshops by arrangement
- Staging and PA system available for hire

Price

Example Prices (per hour)

Small groups (less than 10 pupils)	£29
Large groups (10 to 20 pupils)	£35
Whole class	£40

Other prices

Whole Class Instrumental Tuition (Year 4 or 5) per class, per year:

- teaching	£1,250
- instrument hire	£750

Presentations/workshops from £70 CPD,
3 x 90 minute sessions £300 thereafter £100 per hour

Contract of Service

The SLA and/or contract will be provided by the Council and will be agreed and signed by both parties prior to the service being taken up. The SLA will detail the expectations of both parties. In the event that either party would like to cancel the service, no less than one term's notice period should be given.

Contact Details

Peter Desmond
Head of Music and Performing Arts

Tel: 020 8489 8960
Fax: 020 8352 2250
Email: mpac@haringey.gov.uk

The **School Swimming Service** entitles every Year 6 pupil to attend a half hour swimming lesson each week, delivered by qualified instructors. All lessons take place at one of the following pools: Park Road Pool; Tottenham Green Pool; Mattison Road Pool or Northumberland Park School Pool.

Benefits to Your School

This service:

- contributes to the Every Child Matters agenda
- supports the Healthy Schools Programme
- delivers the National Curriculum Physical Education swimming strand Key Stage 2
- all lessons take place in Haringey pools
- work in partnership with Haringey School Transport Services

Service Features

We:

- draw up the timetable
- hold a register of attendance
- record progress/achievement trebly
- provide certificates
- arrange 'top up' sessions for pupils requiring intensive support
- organise inter-school galas

Guarantees

- We will respond to any query within 24 hours
- We will be flexible towards specific school issues
- We will deliver a programme of study promoting a healthy lifestyle, this encourages water confidence and develops water survival skills
- Swimming instructors update their life saving qualifications every two years
- The School Standards and Inclusion department oversees the programme, monitors and evaluates it

Price

Cost per pupil is £100

Contract of Service

The SLA and/or contract will be provided by the Council and will be agreed and signed by both parties prior to the service being taken up. The SLA will detail the expectations of both parties. In the event that either party would like to cancel the service, no less than one term's notice period should be given.

Additionally, the School Standards and Inclusion department will monitor the schools swimming service to ensure all the features of the service are provided and work in partnership with the schools.

Contact Details

Fay Jackson
School Improvement Officer

Tel: 020 8489 5010

Email: fay.jackson@haringey.gov.uk

Sporting Activities Service

Recreation Services aims to increase the activity levels of our residents by ensuring everybody is able to access quality sporting provision that is safe and offers value for money.

We offer a single point of contact by which schools can commission providers whom they know have the relevant insurance, are CRB checked and are consistently monitored by our department. Schools can select from a number of sporting activities or we can help you design a programme that fits your needs.

Benefits to Your School

Haringey Council Recreation Services have the knowledge to commission the right provider for your school. We are able to offer excellent value for money, monitor the quality of provision whilst giving you the peace of mind that all our providers have been extensively checked.

Service Features

We:

- design a quality sporting programme to meet your objects
- ensure that the programme is delivered on time and to budget
- supply quality coaches and programmes while offering value for money
- ensure that your programme has an exit route to external sporting club/facilities
- provide free additions to your programme (dependant on size of project)

Guarantees

- We guarantee to offer a quality product at a very competitive price

Price

Coaching costs for each sporting activity can range from £15-25 per hour.

There will be an additional management charge that will be calculated based on the complexity of the programme.

Contract of Service

The SLA and/or contract will be provided by the Council and will be agreed and signed by both parties prior to the service being taken up. The SLA will detail the expectations of both parties. In the event that either party would like to cancel the service, no less than one term's notice period should be given.

Contact Details

Tanya Adair
Senior Leisure Project Officer

Tel: 020 8489 5626
Email: tanya.adair@haringey.gov.uk



School Transport Service

The aim of the **School Transport Service** is to provide passenger transport service using both externally contracted drivers (Enhanced CRB checked) and vehicles (saloon cars, mini buses and coaches), including accessible vehicles.

We provide Home to School transport for Special Education Needs (SEN) pupils as well as other general and specific transport arrangements for other Directorates within the Council, council-wide business use taxi for staff, swimming transport for schools and also transport for other extra curriculum activities on behalf of schools.

School swimming transport provides a safe, secure and reliable transport for children from their schools to their agreed swimming pool centre and/or other sports and leisure destinations such as swimming gala events. We have a Service Level Agreement with the School Inclusion Team on behalf the schools that require swimming transport.

Benefits to Your School

All drivers and transport staff exercise the utmost level of sensitivity to all our service users.

We provide:

- an assessment of each school's requirement and any special needs
- a SLA in place with School Inclusion Team on behalf of schools
- a full timetable of services
- back up and breakdown facilities
- regular (daily and quarterly, depending on the service provided) performance updates
- quality assurance monitoring procedures that are already in place
- an Annual Client Satisfaction Survey

Service Features

We provide:

- suitable vehicles to meet the service requirement
- vehicles with drivers (and an escort if required) who are all Enhanced CRB checked
- vehicles which are fully insured, and serviced to meet EU regulations
- vehicles which are clean and equipped with adequate heating and ventilation
- invoices for individual schools, annually
- risk assessment for all sites

Guarantee

- We require at least 48 hours notice to make transport arrangements; however, if a school has exceptional circumstances, we will try to arrange transport at shorter notice

Price

For School Swimming Transport

Our basic contract is based on planned regular use of our transport service between the school and the swimming baths or other destinations. The price per trip is £2,008.

Other Transport Arrangements

A rate is dependent on mileage or individual requirement; please contact Transport Office on 020 8489 5755 for quotation.

Contract of Service

The SLA and/or contract will be provided by the Council and will be agreed and signed by both parties prior to the service being taken up. The SLA will detail the expectations of both parties. In the event that either party would like to cancel the service, no less than one term's notice period should be given.

Contact Details

Tony Daysh
Contractor Supervisor

Tel: 020 8489 5605

Email: anthony.daysh@haringey.gov.uk

Pendarren House Outdoor Education Centre

Service Overview

Pendarren House is the Haringey CYPS Outdoor Education Centre situated in the Brecon Beacons National Park close to Crickhowell in South Wales. The Centre provides five-day outdoor education and field study courses for Haringey primary, secondary and special schools. Resources are being developed so that all pupils can be included in “The Pendarren Experience”.

Benefits to Your School

Pupils will:

- enjoy participating and gain confidence
- develop social and environmental awareness
- increase their self-reliance, perseverance and learn to take responsibility
- extend their key skills of communication, teamwork and initiative
- improve health and fitness
- develop an appetite for learning and broaden horizons

Service Features

- Fully catered residential accommodation in large Victorian house (Pendarren House) and converted stable block (Greig Annexe)
- Centre inspected and licensed by Adventure Activities Licensing Service (AALS)
- Courses are directed by Pendarren staff who are qualified teachers with additional qualifications and experience in adventure activities and field studies. Pendarren tutors take charge of all activities within the scope of the above licence
- Options for Yr. 6 Outdoor Studies Course are chosen by schools from a list of adventure activities, environmental studies and visits
- There is a standard course designed for Yr 8 pupils which aims to promote personal development through adventure activities such as caving, rock climbing, high ropes, canoeing, kayaking, mountain walking and orienteering
- Bespoke courses can be developed for schools and these often include ‘A’ level biology and geography, GCSE science, geography and PE, and residential programmes to support particular groups of learners

Guarantees

- Our experienced staff will help to plan courses to meet your specific aims

Price

- £152.50 per pupil for the five day course
- Reduced price of £61 for pupils who are registered for free school meals. Please note that pupils must have their entitlement registered with student support
- No charge for staff in the ratios below or for additional staff required to support statemented pupils
- Price includes transport
- Non-returnable deposit of £20 per pupil to confirm their booking
- Schools will be invoiced after the visit for the balance of the fee
- A small increase in fees is anticipated from 1 September 2010

Additional Information

- All schools with pupils in Yr 6 and above are contacted by the Centre in the Spring Term to apply for bookings for the following school year
- Initially, all schools who apply by the closing date in April are considered (using a well established impartial process) and allocated places. A waiting list is then established for schools which have not been allocated a place
- Schools should provide at least one teacher to be the group leader and sufficient suitably qualified staff in the ratio 1:13 for KS2 and 1:10 for KS3 and 4. Mixed groups should have both male and female accompanying staff
- Visiting staff work with Pendarren staff to provide “The Pendarren Experience” for pupils. Visiting staff accompany, supervise and support pupils on sessions led by Pendarren staff and also take charge of pupils in the Centre and during evenings
- Courses are five days, Monday to Friday. A coach will collect pupils at 7.30am from school on Monday and return for about 5.00pm on Friday

Contact Details

Martin Skinner
Head of Centre

Tel: 01873 810694

Email: office@pendarren.org

Haringey Young People's Counselling Service

Service Overview

We provide confidential one to one therapy and personal development group sessions for young people aged 11-19 living in Haringey. We cover a range of issues in our sessions with young people. We have a warm, sensitive and therapeutic approach to support young people with low self esteem/confidence, relationship difficulties, to more severe difficulties such as anxiety, depression, substance misuse, various forms of abuse and similar difficulties.

We work with young people who are considered to be 'at risk' due to their offending behaviour, emotional /psychological difficulties, being a young parent or carer and being a looked after child.

We work in secondary schools, Haringey 6th Form Centre and we receive referrals from other agencies who work with young people such as Social Services, Connexions, AOT and the Unaccompanied Minors Team etc.

Young people referred to the service have an initial assessment meeting with a counsellor and sessions are reviewed termly.

Benefits to Your School

We are a team of highly skilled and professional practitioners consisting of qualified Therapists/Counsellors and a Chartered Counselling Psychologist who have varied experience and specialties. We have varied experience of working therapeutically with children and young people in areas such as mental health, substance misuse and trauma work. We use various approaches to work effectively with young people including Cognitive Behavioural Therapy (CBT), integrative approaches, art therapy and as well as other methods which have been found to be effective with children and young people.

HYPSC also received a national 'Wow' award in 2008 for outstanding outcomes for young people who participated in our groupwork delivery in schools.

We regularly receive feedback through evaluation and consultation with the young people we work with, including teachers and other professionals who refer to our service. Some of the impacts and outcomes that have been commented on by young people and teachers etc are summarised below.

- Improved communication between the young people who have used the service with their peers and teachers
- Improved self esteem and confidence
- Family relationships improved relating to communication
- Young people have learnt important skills to cope with their difficulties more effectively
- Young people have been given the space and freedom to talk about issues that are important to them
- Improved attendance at school
- Improved concentration at school

Features – What Our Service Can Provide

• One to One Therapy

As mentioned we offer one to one therapy to young people referred to our service. For example if a 15 year old was referred to us due to symptoms of depression we would initially meet with them to understand what their specific difficulties are. We would most likely adopt a CBT approach with that young person (This approach has been found effective according to research). We would then work with the young person to understand their difficulties and ways of coping better with them.

For example we may look at

- The way the young person is thinking or feeling about themselves /others and their future and whether this is healthy or unhealthy.
- Help them maintain a more balanced view of the above if they are not doing so
- We would work with the young person to be specific and realistic about the goals we can achieve together
- Support them to feel they are of worth and value
- Assessing risk factors

• Group Work

We work with young people in a group, assessing the needs first and tailoring the sessions accordingly. We adopt an appropriate therapeutic approach. Through discussion, role play, small group activities and the skill of Socratic questioning young people learn new ways of reflecting on themselves and how this can affect others around them.

- **Consultation with Parents/Teachers**

We meet with parents and teachers to feed back on the work we are doing with young people. We consider issues of confidentiality and disclose specific information where appropriate, with regards to child protection issues for example. We also provide reports to schools where necessary.

- **Liaise with other services for the wellbeing of our clients**

We often liaise with other services with regards to the well being of the young person we are working with. We refer the young person on, where necessary, to appropriate agencies to receive additional support.

- **Training**

We provide training on a number of topics to students as well as teachers. Some of these topics include:

- Assertiveness Training
- Communication Skills
- Dealing with Anger
- Bullying
- Attitudes and Attitude Change

Guarantees

- We will provide highly experienced, fully qualified and CRB checked counsellor(s) registered with the BACP or BPS
- We will liaise with staff to ensure the best interventions for the pupils' well being
- We will ensure our prices are highly competitive and provide value for money
- Referrals will be dealt with swiftly and effectively – most can be seen within three weeks for an assessment.
- Groupwork will be arranged and organised in conjunction with the school – flexibility can be maintained throughout. We have many years' experience of groupwork delivery for many schools and referral agencies borough-wide.

Price

The prices for 2010-11 are as follows:

One to one Counselling: £100 per counsellor per day

Group work details are below:

Course	Length	Cost
Relaxation techniques Young people will learn skills and techniques using breathing exercises.	2hrs	£100
Assertiveness Young people will understand their 'rights' and how to identify and practise being assertive.	2hrs	£100
Coping with stress Young people will learn how to identify stress and coping strategies to manage it more effectively.	2hrs	£100
Confidence/Self Esteem Participants will be empowered to identify their strengths and inner qualities and ways to develop them.	2hrs	£100
Time Management Participants will learn strategies to structure their time more effectively as well as identifying priorities, to enable a more balance lifestyle.	2hrs	£100
Self Care/ Healthy Lifestyles Young people will learn how to value themselves more and to identify and meet their own needs, using a holistic approach.	2hrs	£100
Exam Stress Participants will learn how to identify stress relating to exam pressure and strategies to manage it more effectively.	2hrs	£100

Haringey Young People's Counselling Service

Friendship/Relationship 2hrs £100

Young people will reflect on the qualities of healthy relationships and their expectations of them.

Communication Skills 2hrs £100

Young people will learn about the different methods of effective communication and its impacts on others.

Dealing with Anger 2hrs £100

Young people will be able to identify triggers to anger and healthy strategies to manage it effectively.

Dealing with Anger 3x1 hrs/6x1 hrs £200/ £350

Young people will be able to identify triggers to anger and healthy strategies to manage it effectively.

Additional Information

We also receive referrals from and can obtain references on request from the following services:

The Adolescent Outreach Team
Social Services Children and Families Team
Involve
Leaving Care Team
Unaccompanied Minors Team
Catch 22 Intensive Support Service
Young Parents Projects
Connexions
Youth Service
E2e Learning Centre
Epic Housing for Teenage Parents and similar services

Contact Details

Contact Sharon Akinkunmi or Steve Westcott on
Tel: 020 8493 1010
Fax: 020 8808 7845
Email: Sharon.akinkunmi@haringey.gov.uk
Stephen.westcott@haringey.gov.uk

Contract of Service

The Service Level Agreement and/or contract will be provided by the Council and will be agreed and signed by both parties prior to the service being taken up. The SLA will detail the expectations of both parties. In the event that either party would like to cancel the service, no less than one term's notice period should be given.