

Recreation Services Newsletter

Issue 4

June 2009

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Welcome...

To the fourth edition of the Recreation Services
Newsletter.

It's packed full of interesting and informative articles aimed at keeping you up to date with news from Haringey Council's Recreation Services.

Contained in this edition is just a snapshot of things that have been happening over the last few months and things to come and if you have any ideas of articles you would like to see included then please email them to parks@haringey.gov.uk or active@haringey.gov.uk

'Take the Plunge' and Swim from Free!



Pictured above is a small group of older swimmers at the launch of the free swim initiative on 1 April 2009 at Tottenham Green Leisure Centre. Read more about this two year campaign on page 2 and see if you can swim for free?

MAKE A CHANGE... a date for your diary

Free Event Saturday 27TH June 12 noon to 5pm;
Ducketts Common

Music, football, aerobics tasters, netball, dance combat, lead walks, children's activities, free raffle, food and much more

MAKE A CHANGE. A DIFFERENT WAY OF THINKING

A little change to how active you are can really make you feel good. Make a change



Taking the Plunge...

Haringey is one of almost 300 boroughs across England to take part in the Government's free swimming scheme.

The £140 million programme lasts for two years and is a central part of plans to ensure a lasting legacy from the London Olympic and Paralympics Games in 2012.

Flying the Green Flags

12 council managed parks have been put forward for this year's Green Flag Award.

Haringey Council currently has 9 parks with green flags and if successful the new editions will include Belmont Rec, Wood Green Cemetery and Coldfall Woods.

Swimming for Free

Residents and visitors to Haringey who are 16 and under or 60 and over can Take the Plunge without splashing out, as the council introduces free casual swimming at local public swimming pools from April.

Tottenham Green Leisure Centre and Park Road Leisure Centres will offer those who register, free of charge casual swimming as part of a nationwide campaign aimed at getting people to lead more active, healthy lives in the run up to London 2012.

Cabinet Member for Leisure, Culture and Lifelong Learning, Cllr Dhiren Basu said: "This is

a great opportunity for local residents and I'd encourage people to take up the free swimming places, as swimming is an excellent form of low impact exercise."

Rebecca Adlington, swimming's double Olympic gold medallist, said: "I'm backing the free swimming initiative because it's a great way to encourage more people into the pool.

"No matter what your age, swimming is an amazing sport and a great way to stay fit and healthy. I look forward to seeing pools up and down the country being used to their full potential and maybe even creating

Olympic stars of the future!"

Haringey launched the free swimming initiative at a special event at Tottenham Green Leisure Centre on Wednesday 1 April. Mayor Alan Dobbie and Cllr Basu joined local residents for a Fun and Waves session following the formal launch.

The council will also bid for a share of £25m to undertake capital improvements to borough pools.



Sun and Celebrations, the Lido is 80 Years Old...

First opened on 1 June 1929 by then mayor, George A. Double, the lido has a long history in the borough and remains one of the few open-air pools available to North Londoners keen to cool off during the summer months.

Cllr Alan Dobbie officially opened the swimming season on 9 May in his capacity as Mayor and helped to celebrate the history of the lido at this special public event.

Local residents were invited down to the Park Road Leisure Centre

from 9.30am for a day of family activities including face painting, a bouncy castle, free taster sessions and mini courses. Plus a slice of life from the 20s was on display memory wall detailing the history of the lido.

Cllr Dhiren Basu, cabinet member for leisure, culture and lifelong learning said: "I'm looking forward to the opening of this year's swimming season as it marks an important milestone for the Park Road Lido.

Little known facts:

The pool contains some 315,000 gallons or 1.433million litres of water and is one of the oldest 50 yard pool in London and the 2009 season will run from Saturday 9 May to Mid October, cost of entry is £4.80 for an adult, £1 for a child and subject to discounts depending on the session and whether the customers are registered for Take the Plunge – Haringey's Free Swim Initiative for the 16's and under or 60's and over.

Parks Virtual Tours Get High Praise



Haringey Council's website is one of the top twenty local authority websites in the country, according to an authoritative survey of 468 council sites, and the virtual tours of parks received some excellent feedback.

The council website makes the grade in the latest survey by the Society of Information

Technology Management (SOCITM), which has been checking the performance and content of local authority websites across the country over the past decade.

For the first time the website was judged as 'excellent' on useful content, including the virtual tours of Haringey parks which got a special mention with one assessor saying 'The parks' 360 degree panoramic virtual tours

are very impressive, both in their features and the sheer number of them. This was an altogether clever little feature that would certainly enable you to familiarise yourself with the park's layout, attractions and facilities. I felt like I had been to visit!

So if you want to go on a virtual tour of the parks log on to www.seeharingeyparks.org

Haringey in Bloom 2009

The Council's FREE competition sponsored by the Sunshine Garden Centre was launched in May. Look out for entry forms available from council reception points, events and the web.

www.haringey.gov.uk/hib09

Make a Change: A Different Way of Thinking

Make a Change is about getting everybody to think a little differently when it comes to exercise. A little change to how active you are can make a big change to how you feel.

Make a Change's aim is for residents to know what activities are out there and where you can find them. So whether you go to the library, Children's Centre, shops or use Facebook, Make a Change will be there.

Make a change...How Active Are You?

If the answer is not much or even if it is loads then 'Make a Change' to your usual Saturday afternoon and 'Have a Go' at what we've got to offer.

The Make a Change: Have a Go day will enable you to try out loads of activities; you never know you might find talents that you didn't know you had.

There will be adult's games such as football and basketball tournaments; for you and the kids tennis, netball,

aerobics, dance combat; or children's games, food and much more.

Even if you don't feel like doing much still come along and listen to the music, have a look at the stalls, enter the **free** raffle where you could win a mountain bike, sports vouchers and lots of other freebies or have a picnic with the great food that will be available.

So if you, your friends and the kids want to listen to the latest music while trying out

something new then come along and 'Have a Go'.

The Make a Change: 'Have a Go' day will be held from 12 - 5pm, Saturday 27 June in Ducketts Common, Willoughby Road, N8 and is part of the Make a Change: A Different Way of Thinking programme.

For further info contact Tanya Adair on 020 8489 5626 or email Makeachange@haringey.gov.uk

Thank You Haringey! Residents Show Love and Help As Lordship Rec Wins £400k

People power in Haringey has helped secure £400k toward ambitious makeover plans for Lordship Recreation Ground.

In March London Mayor Boris Johnson announced that Lordship Rec generated enough public votes to secure a Priority Parks Initiative grant which will enable major regeneration of Tottenham's largest green space.

This includes plans for a new city farm and environmental centre, substantial landscaping improvements, and uncovering the River Moselle, which runs through the park. It is hoped the scheme will lead to a Green Flag award for Lordship Rec, along with a seven-fold increase in visitors – to 355,000 – making it one of the most popular parks outside central London.

Cabinet Member for Leisure, Culture and

Lifelong Learning, Cllr Dhiren Basu, said 'I'm delighted that the people of Haringey have got behind our improvement plans for Lordship Recreation Ground; your votes have helped us secure this major funding.'



'We're lucky enough in Haringey to have great support from residents, Friends' groups and community organisations for our parks improvement plans. That's helped us achieve the second highest number of Green Flag-winning open spaces in London.'

Dave Morris, Chair of the Friends of Lordship Rec said 'We thank our fellow residents around Haringey for this massive vote of confidence. All our hard work and patient partnership building with the council and others over the last seven years is at last beginning to pay off.'

47 shortlisted parks were in the running for the grants, divided into five London sub-regions (North West, North, North East, South East and South West), with around ten parks per sub-region to vote on. The two parks in each of the five London sub-regions which got the most votes were given £400k grants.

Lordship Recreation Ground won in the North London sub-region and residents are currently being consulted about future plans for the park.

Tell Us About Your Latest Visit...

We are always looking for new ways to improve your parks and open spaces. One way you can help us do this is by telling us about your most recent park visit.

What did you think of the park and its facilities? Was there something about your visit that frustrated you, or you thought so good you wanted to share with us? Either way, we want to hear from you.

Log on at:

www.haringey.gov.uk/yourvisit and tell us what you thought. It will take 60 seconds and you'll be doing your bit to improve Haringey's parks and open spaces for everyone to enjoy.

Future's Bright at Wolves Lane Garden Centre

The future of Wolves Lane Garden Centre for disabled people has been secured with a three-year funding deal from the council.

The Centre will be managed directly by the council until a

permanent funding partner from the not-for-profit sector can be found.



The centre provides bedding plants for the borough's parks and open spaces as well as for public sale, and training and employment for disabled people. Local schools are regular visitors to its nurseries,

palm house and cactus collection.

To see what else Wolves Lane Garden Centre has to offer log on to www.haringey.gov.uk/wolfeslanenursery

New Active Strength Gym for White Hart Lane Community Sports Centre

Sport and Leisure Services are pleased to announce the development of the new **Active Strength Gym** is well under way and on schedule for opening on 5th July 2009. Through consultation with the local community and current users the development will provide a facility for now and the future.



The new gym will be equipped with

Technogym's new Pure Strength™ range of resistance machines.

Technogym describe the objective of the Pure Strength™ equipment is to replicate the feeling of using free weights, whilst optimising the performance of each routine through the ergonomic and biomechanical design of the equipment.

Unique features of Technogym Pure Strength

Pure Grip - Thanks to the ergonomic design, the push-and-pull movements are more effective and comfortable thanks to the even load distribution.



The surface features a grainy texture to provide increased grip and prevent lateral slipping. The markings indicate correct hand position and the special aluminium, copper and silicon alloy ensures maximum durability.

Body Print System

The special high-density upholstery filling adapts to the shape of the body, providing a stabilising effect and maximum comfort.

Visual Flags - Yellow flags show the correct position of body on the equipment to make adjustments easier and training more effective.

Seat Adjustment - Because the machines are built around your body, once you've found the seat adjustment best suited to you, it will be the same position for the rest of the PURESTRENGTH™ equipment.

For more information on the progress of the Active Strength Gym please call 020 8881 2323



Parkforce is here...

What does Parkforce mean?

- An increased, visible and recognisable presence in 12 major parks
- Parkforce will be co-ordinating the activities of different groups,
- Parkforce represents an organisation for several diverse partners to provide a coherent service

When does Parkforce start?

- It already has - the Metropolitan Police Safer Parks Team has already been deployed

- Other elements will be introduced as agreements are finalised with groups

Why do we need Parkforce?

- People frequently express the view that parks are dangerous places, although this is untrue, we need to change people's perception
- Parkforce is designed to reduce the public's perception of danger in parks
- The government is encouraging local authorities to adopt this model

Who is involved in Parkforce?

- The Metropolitan Police - the Safer Parks Team
 - Haringey Council - Parks staff, Anti-social Behaviour Team and Enforcement
 - Conservation Charity's
 - Everybody else!
- ### Who is everybody else?
- Friends groups
 - Cafe proprietors and staff
 - Sports clubs and franchise holders
 - Playcentres
 - Allotments Forum
 - Friends Forum

Where will Parkforce operate?

Albert Road Recreation Ground, Railway Fields, Lordship Recreation Ground, Markfield Belmont, Finsbury Park, Chapmans Green, Priory Park, Bruce Castle Park, Stationers Park, Chestnuts Park, Downhills Park

Who do you call?

General Park Enquiries

- Parks Customer Care - 020 8489 1000

Police matters

- Emergency - 999 or 112
- Non-emergency - 0300 123 1212

Tottenham Green Leisure Centre Redecoration Plan

With the government's nationwide campaign for the people to make the 'Change 4 Life', Sport and Leisure Services are doing their bit to encourage residents to get active and into one of the council leisure centres.

The 2009-10 redecoration plan has already started at Tottenham Green Leisure Centre with areas such as the squash courts, changing rooms, toilet areas, function areas, a new reception layout and fast-track access system planned, there has never been a better time to come

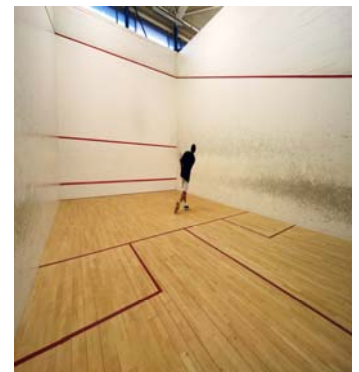
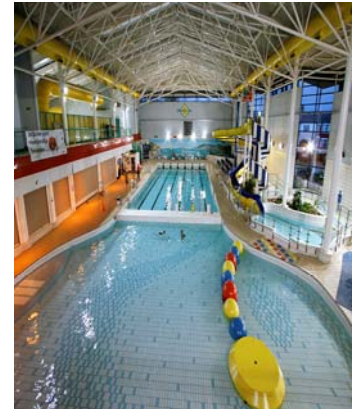
down and see what improvements the leisure centre has made in helping the council to achieve its priority of encouraging lifetime wellbeing.

Much of the work has been scheduled overnight to avoid any disruption to normal operation of the centre to its valued customers.

Energy saving light sensors have been installed throughout the building which will turn off lights in areas when no use has been detected

for several minutes, but automatically switch on as soon as a person enters the area. Work to replace the Teaching Pool shutters, which have not been in place since the building first opened, are currently out for tender.

Other energy saving measures include plans for the installation of pool covers for both the main pool and the teaching pool which will help to save on water heating overnight, when the building is closed to the public.



Tidy Up at Wood Green Cemetery and Wolves Lane Garden Centre

On 1 May between 1 and 4.30pm the Friends of Wood Green Cemetery will be holding a working day at the cemetery and adjoining Wolves Lane Garden Centre N22, tidying up the grounds and making general improvements.

This was a great success and feel free to come along and lend a helping hand and even check out the new community garden and wildlife area while you're there.

Horticulture Apprenticeship Training

The Parks Service has successfully bid for £36k funding for two additional apprentices.

The funding, which comes from the Department for Communities and Local Government (CLG), is part of a one million pound package being made available by the Government to contribute to the first year's training and employment costs of up to 60 local authority horticulture apprentices in England.

The apprentices are due to start around July and will bring the total number of apprenticeships offered by the Parks Service to 9.

Trim Trail

A new trim trail will be available to use in Albert Road Rec at the end of June, after consultation was carried out with children from both Alexandra Park and Rhodes Avenue Schools to find out what they wanted.

The Trail will offer young up to the age of 14 an opportunity for safe outdoor play, in an award winning environment.

www.haringey.gov.uk/AlbertRoadRec

What's been achieved in the Year 2008-09

When calling us!

Sport & Leisure Services have answered 86% of all front line telephones calls within 15 seconds. That's a staggering 14,806 calls from April 2008 – March 2009.

Your views on your experiences!

Monthly Customer Satisfaction Surveys: As some of you may already know; if you are regular visitors to the Leisure Centres, we carry out 125 surveys across

specific areas including the gyms, group exercise classes, swimming and front of house experiences, have achieved an overall score of 68% satisfaction in your last visit. This is against a target of 72% so a little more work is still to be done during this New Year.

When you write to us!

Recreation Services receive regular feedback from our visitors and in the last year received 156

Councillors enquiries and replied to 97% within the councils 10 day deadline that's 151 on time.

From members of the public we received 172 enquiries and replied to 90% within the councils 10 day deadline against a target of 90% and 100% from those second stage enquiries.

Leisure Centre Open User Forums

Please put a date in your diary for your chance to view your thoughts and have your say on the borough's leisure centres.

Meetings take place three times a year during February, June and November. For information call 020 8489 5315 or visit:

www.haringey.gov.uk/public_forums

Shqip

Për një kopje të këtij buletini në gjuhën tuaj, ju lutem shënjoni kutinë, plotësoni formularin dhe dërgojeni tek adresa e mëposhtme me postim falas.

Kurdî Kurmancî

Heke hun kopîyeke vê nûçenamêyê bi zimanê xwe dixwazin, ji kerema xwe qutîkê îşaret bikin, formê tije bikin û ji navnîşana posta bêpere ya jêrîn re bişînin.

বাংলা

এই নিউজলেটার-এর কপি আপনার নিজের ভাষায় পাওয়ার জন্য, বাঞ্ছা টিক্ চিহ্ন দিন, ফর্ম পূরণ করুন এবং সেটা নিচের ফ্রীপোস্ট বা বিনা ডাকমাশুলের ঠিকানায় ফেরত পাঠিয়ে দিন।

Soomaali

Haddii aad u baahan tahay nuql wargayskan oo ku qoran afkaaga hooyo, fadlan calaamadee sanduuqa, buuxina foomka kadibna dib ugu soo dir cinwaanka hoos ku xusan. Dib u soo dirista foomka lacag kaagama baahna.

Français

Pour obtenir un exemplaire dans votre langue de ce bulletin d'informations, veuillez cocher la case, remplir le coupon et le renvoyer à l'adresse ci-dessous.

Türkçe

Bu bültenin kendi dilinizde bir kopyası için, lütfen kareyi işaretleyip formu doldurarak aşağıda verilen, posta ücreti gerektirmeyen adrese gönderiniz.

Please tell us if you would like a copy of this Leisure Services Newsletter in another language that is not listed above or in any of the following formats, and send the form to the Freepost address below.

- In large print
- On audio tape
- In Braille



- In another language, please state:

Name: _____

Tel: _____

Address: _____

Please return to: Freepost RLXS-XZGT-UGRJ, Haringey Council, Translation and Interpretation Services, 8th Floor, River Park House, 225 High Road, London N22 8HQ

Haringey Council offers this translating and interpreting service to Haringey residents. We can translate this document into one language per resident ONLY.