

Where to find us

The Ladder Children's Centre
Pemberton Road
London N4 1BA

T 020 8372 5008

E theladdercc@shins.haringey.sch.uk

Bus route 29, 341, 141

- 1 The Ladder Children's Centre
- 2 North Haringay Primary School
- 3 Falkland Centre
- 4 Falkland Open Space

Shqip

Nëse e doni një kopje në gjuhën tuaj të kësaj fletushke mbi Qendrën e Fëmijëve, ju lutem plotësoni formularin e mëposhtëm dhe na e ktheni.

Polski

Osoby ktore chcialyby otrzymac kopie tej ulotki dot. Centrum dla dzieci /Children's Centre w swoim jezyku ojczystym, powinny wypelnic ponizszy formularz i odeslac go na podany adres.

Français

Si vous souhaitez obtenir un exemplaire de ce feuillet du Centre infantile dans votre langue, veuillez compléter et renvoyer le formulaire ci-dessous.

Soomaali

Haddii aad rabto koobbi ah warqaddan ku saabsan xarunta carruurta oo ku qoran luqaddaada, fadlan buuxi oo soo celi foomka hoos ku yaal.

Kurdî Kurmancî

Heke hun kopîyêke vê belavoka Navenda Zarokan bi zimanê xwe dixwazin, ji kerema xwe forma jêrîn tije bikin û bişînin.

Türkçe

Eğer bu Çocuk Merkezi broşürünün kendi dilinizde bir kopyasını istiyorsanız, lütfen aşağıdaki formu doldurup gönderin.

Please tell us if you would like a copy of this leaflet in another language that is not listed above or in any of the following formats, and send the form to the Freepost address below.

In large print On audio tape In Braille

In another language, please state: _____

Name: _____ Tel: _____

Address: _____

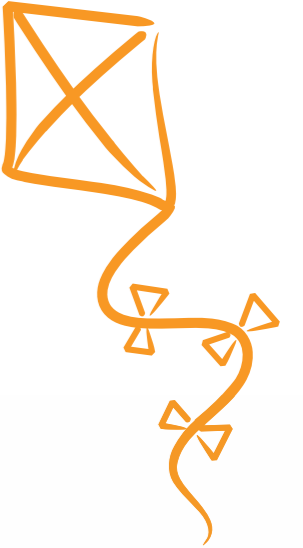
_____ Email: _____

Please return to: Freepost RLXS-XZGT-UGRJ, Haringey Council, Translation and Interpretation Services, 8th Floor, River Park House, 225 High Road, London N22 8HQ

Haringey Council offers this translating and interpreting service to Haringey residents. We can translate this document into one language per resident ONLY.

The Ladder Children's Centre

Provides services for **families** with **children** aged 0-5



What is a Children's Centre?

A Children's Centre brings together a range of services for children under five and their families such as family support, health and education. It includes good quality childcare, information and support across the local community. The idea is to make services easy to use and to give children the best start in life.



What services can you expect from us?

- Accessing child and family health services
- A friendly place to play and learn
- You can meet other families
- Access to family friendly support services
- Support on looking for work or training
- Become a volunteer in the community

Family support, learning and fun

- **Stay and play** sessions including music and movement, story time, rhyme and messy play
- **Support** for parents, carers and children with disabilities
- **Training** courses for parents
- **Activities** for fathers
- **Workshops** on parenting
- **Parents Forums** give parents and carers the chance to have their say

Health care support

- Health visitors
- Midwives
- Speech and language therapists
- Child and adult psychologists
- Breast feeding support
- Dieticians and nutritionists
- Dental health advice

Information for families

- Childcare choices
- School places
- Holiday activities
- Debt advice
- Other local services
- Tax credits and benefits

Childcare information

We offer free part time **nursery places** for children aged from three to four years at South Haringay Infant and Nursery School. Children enjoy a range of activities to support their learning, growth and development. You can also get information from us about local childminders.

Times of sessions during term time

Breakfast Club
(South Haringay Junior School)
8am to 8.45am

Nursery
Morning 9am - 12pm
Afternoon 12.30pm - 3.30pm

After School Club
(Falkland Centre)
3pm to 6pm

Help for working parents

We will be providing information and support for working parents. To find out more please call the Tax credit helpline on 0845 300 3900 or visit www.hmrc.gov.uk

Support on getting back to work

- Links to Job Centre Plus
- Information to help you make the right childcare choices that suit your needs
- English for Speakers of Other Languages (ESOL) class with crèche support

Local and national services for parents online

Find out more by visiting www.fisd.haringey.gov.uk

The most popular searches are:

- GP's and Dentists by postcode
- Volunteering
- Child nutrition
- Living with teenagers
- Child safety
- Bullying

Useful information

Chat room dangers
www.kidsmart.org.uk

Dads
www.dadtalk.co.uk
www.dads-space.com

Disability support
Contact A Family 0808 808 3555
www.cafamily.org.uk

Domestic violence advice
Hearthstone 020 8888 5362

Interpretation service for childcare queries 0845 872 6251

Lone parents
0800 018 5026
www.oneparentfamilies.org.uk

Mums and Dads
www.netmums.com

Teenagers
Music, activities and work experience
www.haringey.gov.uk/youthspace

