

Lista e shërbimeve

دليل النساء

মহিলাদের পরিচিতি-নির্দেশক

Guide des Services pour les Femmes

Οδηγός Γυναικών

Catálogo para Mulheres

Agenda Femeilor

'Tuse Diiwaan Dumar'

Kadin Rehberi

3rd Edition

# Women's Directory

## Foreword

Welcome to the third edition of Haringey Council's Women's Directory. It is packed with information about services available to women in our borough, and I hope you will find it useful.

Since we first produced this directory two years ago it has been constantly in demand, and this new edition is fully updated. Translated versions are available on the council website [www.haringey.gov.uk](http://www.haringey.gov.uk), which all residents can access free of charge in any Haringey library.

Haringey is about putting people first, achieving excellent services for all our residents. As a mark of our commitment to equal opportunities, I personally oversee our work on equalities and diversity, making sure that we give women's equality issues the importance they deserve, and take women's voices fully into account in the decision making process.

This directory is part of that commitment, alongside our proud tradition of supporting women's organisations and events, including our programme of gender equality-themed lunches throughout the year and events every March around International Women's Day. Find out more at [www.haringey.gov.uk/equalities](http://www.haringey.gov.uk/equalities)

We welcome any comments, additions or new suggestions to improve this directory in the future.

**Councillor Charles Adje**  
Leader of Haringey Council

## How to use this directory

The Haringey Women's Directory covers various services, groups and support networks for women of all ages ranging from general advice to Women's Organisations. The entries have been classified in terms of the services they provide as well as in a separate alphabetical listing indicating which section to find them in and the page number. We have put each entry under the main service they provide but many offer a huge range of other services so please check the details of each entry. This directory is also available on the Haringey Council Website. For more information on services for children and young people, please refer to the separate 2003 directory entitled "Children, Young People and their Families in Haringey". For detailed information of services and advice for people experiencing Domestic Violence please see the "[I Shall Survive: A Practical Guide to Domestic Violence Advice and Support in Haringey](#)". All booklets are available free of charge from main council receptions and libraries.

For more information about local women's equality initiatives or if you would like to be added to our women's equality mailing list please contact Haringey Council's Equalities Team by telephone 020 8489 2583 or email [eve.featherstone@haringey.gov.uk](mailto:eve.featherstone@haringey.gov.uk)

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## Advice and Counselling

### **AFRICANS' DESCENDANTS COUNSELLING SERVICES**

Advice, advocacy, counselling – one-to-one and group work, personal development, training and workshops, trans-cultural communication, listening skills.

42 Church Lane, Finchley, London N2 8DT

Tel: 020 8883 2691

email: Adcs@freeuk.com

### **BROKEN RAINBOW**

Provides ground-breaking services to Lesbian, Gay, Bisexual and Transgender (LGBT) people experiencing domestic violence. Confidential listening, information and signposting service.

Helpline: 08452 604060

(RNID type talk services)

Office: 08452 605560

email: mail@broken-rainbow.org

Website: www.broken-rainbow.org.uk

### **CARIS – HARINGEY**

CARIS provides services for homeless families, asylum seekers and refugees: ESOL with crèche – advice on welfare, housing, benefits, immigration (CLS-OISC), mobile toy library, summer play scheme, clothing exchange.

**Disabled access: fully wheelchair accessible**

107 Hampden Road, London N8 0HU

Tel: 020 8342 9080

Fax: 020 8347 7199

email: info@caris-uk.org

### **EQUAL OPPORTUNITIES COMMISSION (EOC)**

The EOC deals with sex discrimination and inequality related to gender, including good practice in the fair and equal treatment of men and women.

**Disabled access: fully wheelchair accessible**

36 Broadway, London SW1H 0BH

Tel: 0207 222 1110

Fax: 020 7222 2771

email: info@eoc.org.uk

### **FAMILIES MATTER**

Offers individual support and advice to pregnant young women and youngmothers aged between 14 and 24 years.

The Annexe,

134 Tottenham Lane N8

Tel: 020 8348 8832

### **HEARTHSTONE – Haringey Domestic Violence Support and Advice Centre**

one-stop-shop providing a range of services to women fleeing domestic violence. Open Monday to Friday 10am-4pm.

**Disabled access: fully wheelchair accessible**

10 Commerce Road, Wood Green, London N22 8ED

Tel: 020 8888 5362

Fax: 020 8889 6508

### **“I SHALL SURVIVE” – DOMESTIC VIOLENCE BOOKLET**

Advice and information on all Domestic Violence Services in Haringey. Available from all council offices, receptions, libraries and Hearthstone Domestic Violence Advice and Support Centre. Also available on the Haringey Council website with translations.

### **SAMARITANS**

Available 24 hours a day to give confidential support to anyone in emotional distress.

**Disabled access: fully wheelchair accessible**

40 Queens Road, Bounds Green, London N11 2QU

Tel: 020 8889 6888

### **THE CONNECTION AT ST MARTIN'S**

Services run seven days a week and include two day centres (one for young people up to 25 years old, one for those aged 26+). A night centre; outreach and street work; hostel referrals; advice, counselling and welfare services; healthcare, showers and other practical facilities, arts, education, training vocational guidance and employment initiatives; community resettlement into independent housing. Bi-monthly Women's Day health events'.

12 Adelaide Street, London WC2N 4HW

Tel: 020 7766 5544

Fax: 020 7930 9194

email: Info@cstm.org.uk

### **VICTIM SUPPORT (HARINGEY)**

Offers practical and emotional support to victims of crime who live and work in the borough of Haringey. Also help with criminal injuries compensation claims for victims of violent crimes, provides information on court procedures and insurance. Services include long and short-term emotional support.

**Disabled access: fully wheelchair accessible**

24-26 Commerce Road, Wood Green N22 8ED

Tel: 020 8888 9878

Fax: 020 8888 9848

email: Admin@vsharingey.org.uk

## Children's Services and Childcare

### **AFRICAN CARIBBEAN DAY NURSERY**

Events for parents of children at the nursery. Fundraising events open to the public.

30 Hornsey Park Road, Hornsey  
Tel: 020 8889 422/020 8889 6896  
Fax: 020 8889 6896  
email: [Acdn.nursery@virgin.com](mailto:Acdn.nursery@virgin.com)

### **BOUNDS GREEN TODDLER GROUP**

Disabled access: fully wheelchair accessible

Bounds Green Infant School, Bounds Green Road, London N11 2QG  
Tel: 020 8888 8824  
Fax: 020 8365 8368

### **BURGHLEY ROAD UNDER 5'S COMMUNITY CENTRE**

23 Burghley Road, London N8 0QG  
Tel: 020 8888 4664

### **BUTTERCUPS PLAYGROUP**

Gospel Centre Church, Wightman Road, London N8 0HT  
Tel: 020 8348 7868

### **"CHILDREN, YOUNG PEOPLE AND THEIR FAMILIES IN HARINGEY" - DIRECTORY**

Available from all council offices, receptions, libraries and Hearthstone Domestic Violence Advice and Support Centre Also available on the Haringey Council website.

Advice and information about numerous services available throughout the borough.

### **COSMIC – CHILDREN AND FAMILY SERVICE (HAGA AND DASH)**

COSMIC provides help and support for children (0–16), parents, carers and families who feel their lives have been affected by alcohol or drugs.

Disabled access: fully wheelchair accessible

590 Seven Sisters Road, Tottenham N15 6HR  
Tel: 020 8800 6999  
Freephone for children: 0800 389 5257  
Fax: 020 8802 0081  
email: [childrenandfamilies@haga.co.uk](mailto:childrenandfamilies@haga.co.uk)

### **HARINGEY CHILDCARE INFORMATION SERVICE**

Holds up to date information on all types of children's facilities throughout the borough.  
Tel: 020 8801 1234  
email: [www.childcarelink.gov.uk](http://www.childcarelink.gov.uk)

### **HARINGEY MOTHERS**

13 Montagne Gardens, London N13 9PT

### **HOME-START HARINGEY**

Home-Start offers support, friendship and practical support to families in their own homes helping to prevent crises and breakdown. Families must have at least one child under 5.

Rowland Hill Centre for Childhood, White Hart Lane, London N17 7LT  
Tel: 020 8352 4151/4  
Fax: 020 8352 4152  
email: [info@homestart-haringey.org.uk](mailto:info@homestart-haringey.org.uk)

### **MOTHERS AND DAUGHTERS' SUPPORT GROUP**

Help mothers to be better prepared to raise their children. To support, guide and listen to women. To help them deal with health issues, family problems, education training, male dependency, drugs and teenage pregnancy.

Disabled access: fully wheelchair accessible

c/o Chestnut Community and Arts Centre, 280 St Anns Road, Tottenham, London N15 5BN  
Tel: 020 8802 4649/020 8802 6866  
Fax: 020 8802 4649  
email: [mathilda.lewis@btconnect.com](mailto:mathilda.lewis@btconnect.com)

### **NETMUMS – HARINGEY**

A local network for mums aimed at helping mums to cope and enjoy being a mum.

Website: [www.netmums.com/haringey](http://www.netmums.com/haringey)

### **RED GABLES FAMILY CENTRE**

113 Crouch Hill, N8 9QN

#### **Monday**

AM: • 10-12 – Young parents group  
PM: • Post natal group

#### **Tuesday**

AM: • 10.30-12 – Drop-in-group 0-5 years  
PM: • 1.30-3.30 – Drop-in-group 0-5 years

#### **Wednesday**

PM: • 1.30-3.30 – Activity group for children 18 months-3 years

#### **Thursday**

AM: • 9.30-12 – Right start group for children 0-18 months  
PM: • 1.30-3.30 – Drop-in-group 0-5 years  
• 4-5 – Italian speaking children's group

#### **Friday**

AM: • 10-12 – Drop-in-group 0-5 years  
PM: • Toy library for children with disabilities  
• Last Friday Turkish/Kurdish families with disabled children  
• 2nd Friday Mothers who have experienced domestic violence.

**SURESTART**

Offers services to children under the age of four and their families to prepare children for school. Service includes play, learning sessions and summer schemes and provides ante and post natal advice referring to other agencies if necessary. They also run employment related advice and English sessions for parents.

Sure Start Haringey, Lansdowne Health Clinic  
239 Lordship Lane,  
Tottenham N17 6AA  
Tel: 020 8885 6196  
Website: [www.surestart.com](http://www.surestart.com)

**TOTTENHAM GREEN UNDER 5'S CENTRE**

The Green, Phillip Lane,  
Tottenham  
N15 4GZ  
Tel: 020 8808 9194

**WOOD GREEN PLAYGROUP**

Provide a stimulating and safe environment for play for 2 3/4 to 5 year olds.

Disabled access: fully wheelchair accessible

Partridge Way,  
London N22 8DW  
Tel: 020 8888 4590

**Community Groups****ALHIJRA SOMALI COMMUNITY ASSOCIATION**

Works with immigrant community children of all ages and their families; crèche, mother tongue language classes, homework support club and youth clubs, ESOL lessons, IT, sewing and fashion courses, general trips around London.

85 St Ann's Road,  
London N15 6NJ  
Tel: 020 8802 8488

**AN TEACH IRISH HOUSING ASSOCIATION**

Life skill and information on training opportunities though not specifically to women - true of other services.

AN Teach Housing Association,  
Haringey Irish Centre,  
Pretoria Road, N17 8OX  
Tel: 020 8365 1751  
Fax: 020 8365 0366  
email: [anteach@universalmail.com](mailto:anteach@universalmail.com)

**CHESTNUT COMMUNITY CENTRE**

We offer various support and advisory services within the community centre for women and hire the facilities of the centre for various functions. Also operate Chestnuts pre-school.

Disabled access: fully wheelchair accessible with lift

Chestnut Community Centre,  
280 St Anns Road, Tottenham,  
London N15 5BN  
Tel: 020 8802 4649  
Fax: 020 8802 4649  
email: [cnccla@tiscali.co.uk](mailto:cnccla@tiscali.co.uk)

**HARINGEY SOMALI COMMUNITY**

We offer support in aspect of housing immigration, benefits and welfare, health, ESOL and basic fashion classes, health awareness like antenatal and postnatal sessions, support women group and counselling.

Disabled access: fully wheelchair accessible with lift

Selby Centre,  
Selby Road, Tottenham,  
London N17 8JL  
Tel: 020 8885 1307/  
or 020 8801 1307  
Fax: 020 8801 0696

**IRANIAN  
COMMUNITY CENTRE**

We offer general advice and information to asylum seekers and refugee women on immigration, welfare, housing, health, education, employment, and domestic violence. We provide three sessions individual counselling followed by appropriate referrals.

Disabled access: fully wheelchair accessible with lift

266/268 Holloway Road,  
London N7 6NE  
Tel: 020 7700 0477  
Fax: 020 7700 3248

**ISLAMIC  
COMMUNITY CENTRE**

Operate weekly women's group, advice and counselling service.

Disabled access: fully wheelchair accessible

115 Clyde Road, Tottenham,  
London N15 4JZ  
Tel: 020 8809 2137  
Fax: 020 8211 7019

**KURDISH  
COMMUNITY CENTRE**

Advice service, women's breakfast.

Disabled access: fully wheelchair accessible

Fairfax Hall, 11 Portland Gardens,  
London N4 1HU  
Tel: 020 8880 1804  
Fax: 020 8802 9963  
email: kurdscentre@hotmail.com

**LONDON ISLAMIC  
CULTURAL SOCIETY**

The centre positively encourages women to access services provided such as advice on relationship breakdown, marriage guidance, health and well being lectures, discussion groups, social activities, and the right to attend places of worship to perform their Islamic duties.

Disabled access: via one step into communal building and via level access to Mosque

Contact: Mr Abdool Alli (President)  
389-395 Wightman Road, Hornsey,  
London N8 0NA  
Tel: 020 8348 0353  
Fax: 020 8372 3023

**Disabled women and children****ACTION for KIDS  
CHARITABLE TRUST**

Works with disabled children and young people up to the age of 21 years; supply mobility equipment when not available from statutory body; also provide work experience for mentally and physically disabled children and young adults.

Disabled access: fully accessible building

Ability House, 15A Tottenham Lane,  
London N8 9DJ  
Tel: 020 8347 8111  
email: Info@actionforkids.org

**CYPRIOI ELDERLY  
AND DISABLED GROUP**

Day care services for younger and disabled women. Activities, physiotherapy, social interaction, advice, health care support, advocacy, interpreting, escorting to appointments. Transport provided.

Disabled access: fully wheelchair accessible

Cypriot Centre, Earlham Grove,  
Wood Green, London N22 5HJ  
Tel: 020 8881 2329  
Fax: 020 8881 6687  
email: cypedg@yahoo.com

**HARINGEY CONSORTIUM  
OF DISABLED PEOPLE  
AND CARERS**

Support for carers of people with learning disabilities.

Disabled access: fully wheelchair accessible

551B High Road, Tottenham,  
London N17 6SB  
Tel: 020 8801 5757

## Health

### DRUG ADVICE SERVICE IN HARINGEY (DASH)

Drug advisory service in Haringey. Needle exchange, drop-in service, children and family worker.

Disabled access: limited – no disabled toilet facilities.

Access to drop-in ok

80 Stroud Green Road,  
Finsbury Park,  
London N4 3EN  
Tel: 020 7272 2757  
Fax: 020 8263 6005

### HARINGEY ADVISORY GROUP ON ALCOHOL (HAGA)

Provides a wide range of services for adults with alcohol problems, including counselling, family services and a women's group. There is a day care centre with a crèche and a Children & Families worker.

Disabled access: ramp to door, adapted toilet

590 Seven Sisters Road,  
Tottenham,  
London N15 6HR  
Tel: 020 8442 6435  
Fax: 020 8802 0081  
email: gina@haga.co.uk  
Website: www.haga.co.uk

### HARINGEY COUNCIL – PARK ROADS POOLS (RECREATION SERVICES)

- Water aerobics • Yoga
- Women-only swimming sessions
- Pilates • Yoga

Disabled access: disabled swimming sessions on Mondays

Park Road,  
Hornsey N8 8JN  
Tel: 020 8341 3567  
Fax: 020 8340 3588

### HARINGEY COUNCIL – TOTTENHAM GREEN LEISURE CENTRE

- Women-only and girls-only swimming sessions
- Water aerobics classes
- Khai-Bo classes
- Energy express aerobics

Disabled access: lift, most classes held on ground floor. Staff assist with swimming

1 Philip Lane,  
Tottenham N15 4JA  
Tel: 020 8489 5322  
Fax: 020 8489 5344  
email:  
Tottenham1.green@haringey.gov.uk

### HARINGEY PRIMARY CARE TRUST PATIENT ADVICE AND LIAISON SERVICE (PALS)

- ask for advice and information about local health, social and community services
- ask for confidential help in solving any problems experienced with local health services
- make suggestions about how health services can be improved.

B1 Trust Headquarters, St Ann's Hospital, St Ann's Road,  
London N15 3TH  
Tel: 020 8442 6859

### MENOPAUSAL HELPLINE LTD

Support and advice for women experiencing problems with Hormone Replacement Therapy.  
228 Muswell Hill, Broadway,  
London N10 3SH  
Tel: 020 8444 5202

### MIND IN HARINGEY

Works and campaigns for good practice in mental health services.

Disabled access: groundfloor has wheelchair access

Station House,  
73c Stapleton Hall Road,  
London N4 3QF  
Tel: 020 8340 2474  
email: Admin@mih.org.uk.

### PYRAMID HEALTH AND SOCIAL CARE ASSOCIATION

Offers counselling and support to parents, carers, children and families. Provides a variety of workshops including parenting skills. Offers after-school clubs. English lessons, Turkish lessons and needlework lessons. SPACE (Supporting Parents and Carers/Children Equally).

Disabled access: fully wheelchair accessible

Chestnut Community Centre  
280 St Ann's Road,  
London N15 5BN  
Tel/Fax: 020 8800 0227  
email: info@phasca.com  
Website: www.phasca.com

### THE GEORGE MARSH SICKLE CELL AND THALASSAEMIA CENTRE

In relation to haemoglobinopathies:

- Antenatal Counselling
- Preconceptual Information
- Advice and information, support
- Prenatal diagnosis screening.

The George Marsh Centre,  
St Anns Hospital, St Anns Road,  
Tottenham N15 3TH  
Tel: 020 8442 6230  
Fax: 020 8442 6575  
email: gmc.office@haringey.nhs.uk

### WINKFIELD DROP-IN WOMEN'S GROUP

Women's support group for women living with HIV/AIDS. The group meets on Tuesday from 4-7pm. A crèche worker is available so children can also attend.

Disabled access: fully wheelchair accessible

Winkfield Resource Centre,  
33 Winkfield Road,  
Wood Green N22 5RP  
Tel: 020 8889 1741

### WELL-WOMEN CLINIC

Services for women over the age of 35, experiencing difficulties with menopause and Hormone Replacement Therapy (HRT) every Wednesday 5.30-7pm  
Stuart Crescent Health Centre  
8 Stuart Crescent  
London N22 5NJ  
Tel: 020 8889 4311

## Legal Services

### MAGISTRATE COURT WITNESS SERVICE

The Witness Service helps witnesses, victims and their families, before, during and after the trial/hearing at court. The service is free and confidential. Trained volunteers provide emotional support and practical information about court proceedings, assistance with completing expense claim forms; as well as a chance to talk over the case when it has ended and to get more help and information.

Enfield Magistrates Court,  
Court House, Lordship Lane,  
Tottenham N17 6RT  
Tel: 020 8493 8947  
Fax: 020 8493 8947  
email: witnessadmin@vsharingey.freeserve.co.uk

### RIGHTS OF WOMEN

Advice/information for women on a range of legal issues including relationship breakdown, childcare, lesbian parenting, domestic and sexual violence. Offers telephone advice sessions for women who want help on legal problems.  
Monday 11am-1pm and  
Tuesdays 10am-12pm

52-54 Featherstone Street,  
London EC1Y 8RT  
Helpline tel: 020 7251 8887 (for any other legal advice – 020 7251 6577)  
Office tel: 020 7251 6575/6  
Fax: 020 7490 5377  
email: info@row.org.uk  
Website: www.rightsofwomen.org.uk



## Skills/employment/training

### **COLLAGE ARTS**

• Women's Event – International Women's Day • Encourage participation by women on Collage Arts training programme.

**Disabled access: wheelchair and lift**

The Chocolate Factory,  
Clarendon Road, Wood Green,  
London N22 6XJ

Tel: 020 8365 7500

Fax: 020 8365 8686

email: dana@collage-arts.org.uk

### **CONNEXIONS**

Connexions is the Government's support service for all young people aged 13-19 in England. It provides advice, guidance and access to personal development opportunities and to help them make a smooth transition to adulthood and working life.

**Disabled access: wheelchair**

Winkfield Resource Centre,  
22 Winkfield Road, N22 5RP  
Tel: 020 8889 0396

### **EMPOWER**

Empower is a Training and Development Consultancy working with voluntary public and private organisations, targeted groups of special need and individuals. Programme design is tailored to requirement and client group and includes personal development, assertiveness, confidence building, motivation, equality and diversity, staff support and stress management and away days.

**Disabled access: wheelchair**

6 Moseley Row, Greenwich  
Millennium Village,  
London SE10 0QS

Tel: 020 8293 0864

Mobile: 07815 780 688

Fax: 020 8293 0864

email: Empower@waitrose.com

### **GREAT LAKES INITIATIVE AND SUPPORT PROJECT**

- Money management
- Training opportunity and job search
- General advice
- Voluntary work opportunities.

**Disabled access: The building is accessible for disabled**

Room 112-114,  
Tudorleaf Business Centre,  
2-8 Fountayne Road, N15 4QL

Tel: 020 8885 5747

Fax: 020 8885 5562

email: Glispuk@yahoo.co.uk

### **HARINGEY ADULT LEARNING SERVICE (HALS)**

Information advice and guidance on learning and work. Employment related and personal development training English for speakers of other languages. Computing courses, adult community courses, family learning. Childcare available for some courses.

**Disabled access: most venues wheelchair accessible, some specialist aids and adaptations available on some courses**

2nd Floor, Central Library, Wood  
Green, London N22 6XD

Tel: 020 8489 2500

Fax: 020 8489 2551

email: Hals@haringey.gov.uk

### **HARINGEY COUNCIL CORPORATE PROCUREMENT UNIT**

The Corporate Procurement Trade Local initiative shares information with women owned/managed businesses on how the council buys its goods and services, via its website ([www.trade-local.co.uk](http://www.trade-local.co.uk)) and training and mentoring.

Corporate Procurement Unit,  
Alexandra House, 10 Station Road,  
London N22 6QS

Tel: 020 8489 2140

Fax: 020 8489 1917

email: jean.coleman@haringey.gov.uk

### **LONDON ASIAN AFRICAN CARIBBEAN CENTRE (LAACC)**

Community Centre for people from the Asian, African and African Caribbean communities. Women's group runs yoga and sewing classes. Pensioners' group runs vegetarian lunch club Tues and Fri.

229 Seven Sisters Road,  
London N4 2DA

Tel: 020 7263 3182

Fax: 020 7561 9844

email: pradip@laacc.org.uk

### **WOMEN AND MANUAL TRADES**

Promoting women in the trades through education, example and advocacy.

52-54 Featherstone Street,  
London EC1Y 8RT

Tel: 020 7251 9192

email: info@wamt.org

## Women's Groups

### AFRICAN WOMEN'S WELFARE GROUP (AWWG)

Works with children aged 0-4 years, female refugee/asylum seekers and families. Services provided include English classes for refugees, education and training on reproductive health, Female Genital Mutilation (FGM), HIV/AIDS work, Mental Health Project and also general advice, advocacy, information and crèche facilities.

594 High Road, Tottenham, London N17 9TA  
Tel: 020 8885 5822  
email: awwghsaid@aol.com

### ASIAN WOMEN'S ASSOCIATION

Referral and some case work taken up for Asian women.

Asian Women's Association,  
*Disabled access: fully wheelchair accessible*  
Selby Centre, Selby Road, London N17 8JL  
Tel: 020 8808 5510  
Fax: 020 8880 3470  
email: Awasnl@hotmail.com

### ASIAN WOMEN'S ASSOCIATION FOR SUSTAINABILITY (AWAS)

Advice sessions, one-on-one assistance support groups. Help with applications, CV preparation, interview skills. Advice on family matters.

Selby Centre, Selby Road, London N17 8JL  
Tel: 020 8808 5510  
Fax: 020 8880 3470  
email: Awasnl@hotmail.com

### BANGLADESH WOMEN'S ASSOCIATION IN HARINGEY

Offers training, childcare and advice for Bangladeshi women.

*Disabled access: wheelchair accessible*

Mitalee Centre, Stanley Road, London N15 3HB  
Tel: 020 8365 7498

### BETTER LIFE FOR WOMEN AND FAMILIES

- Advice and guidance information
- Community involvement
- Health promotion • Training

*Disabled access: office on ground floor accessible to wheelchairs*

Unit 18, Enterprise Centre, 1a Willan Road, London N17 6NQ  
Tel: 020 8808 9922  
Fax: 020 8808 8003  
email: info@betterlifeforwomenand-families.org.uk

### CYPRIT WOMEN'S LEAGUE

39 Winkfield Road, London N22 5RP  
Tel: 020 8888 1200

### GREEK CYPRIOT WOMEN'S ORGANISATION

- Educational services
- Counselling • Keep fit classes
- Health information

*Disabled access: fully wheelchair accessible*

Contact Kiki Karatzaferi at:  
Denmark Road, Haringey, London N8 0DZ  
Tel: 020 8348 9011  
Fax: 020 8347 5613

### HARINGEY ASIAN WOMEN'S AID

Services for Asian women and children fleeing domestic violence. Also offers temporary refuge.

C/O 661 Barking Road, Plaistow, London, E13 9EX  
Tel (general): 020 8472 0528  
Tel (advice): 020 8552 5524  
email: info@nawp.org  
Website: www.nawp.org

### HARINGEY SOMALI WOMEN'S ASSOCIATION

85 Turnpike Lane, Wood Green, London N8 0EE

### HARINGEY WOMEN'S AID

Temporary crisis accommodation for women and children fleeing domestic violence.

*Disabled access: one room available for wheelchair users*

PO Box 915, Hornsey N8 7EE  
Tel: 020 8341 4665  
Fax: 020 8341 4665  
email: s.draper@btconnect.com

### HARINGEY WOMEN'S FORUM

Advice, counselling and support for women. Wide range of women's services offered to local women. Also operate the ZORA Young Women's Project targeted at women aged between 16-30 years, giving advice, training and support. 1 Bruce Grove, London N17 6RA  
Tel: 020 8885 4705  
Fax: 020 8880 9135  
email: Hwf@btconnect.com

### JOINT ASSOCIATION OF NISSA TRUST (JAN TRUST)

Centre for unemployed women, especially refugees. Skills training, employment advice, IT and English courses. Befriending service for women at risk of domestic violence or with mental health problems. Counselling service. Day care for older women. Health education. Support for women living in council accommodation. NVQ's in textile, fashion and design.

Contact Rafaat Mughal at:  
8-10 Bedford Road, Wood Green, London N22 7AU  
Tel: 020 8889 9433  
email: jan@btconnect.com



**JEWISH WOMEN'S AID**

Helpline for Jewish women experiencing domestic abuse. Kosher refuge. Support and counselling available for women who are or have experienced abuse at home.

**Disabled access: ramps – disabled room and shower room**

PO Box 2670, London N12 9ZE  
Tel: 020 8445 8060  
National Freephone  
Helpline: 0800 591 203  
Fax: 020 8445 0305  
email: Jwa@dircon.co.uk

**LATIN AMERICAN WOMEN'S AID**

Provides advice, support and temporary accommodation to Latin American women fleeing domestic violence.

Print House, 18 Ashwin Street,  
London E8 3DL  
Tel: 020 7275 0321  
Public emergency line: 07958536242

**LATIN AMERICAN WOMEN'S RIGHTS SERVICE (LAWRS)**

Provides information on social and legal rights for Latin American women on issues concerning violence within the family.

Tindlemanor, 52-54 Featherstone  
Street, London EC1Y 8RT  
Tel: 020 7336 0888  
email: lawrs@lawrs.org.uk

**LONDON IRISH WOMEN'S CENTRE**

Provides advice for Irish women and women of Irish decent on housing, welfare rights, domestic violence, debt and general issues. Also provides information on Irish and Community issues. Provides counselling, low-cost/free.

**Disabled access: fully wheelchair accessible**

59 Stoke Newington, Church Street,  
London N16 0AR  
Tel: 020 7249 7318

**NIGERIAN ORGANISATION OF WOMEN**

85 Reed Road, London N17 9BX

**NORTHUMBERLAND PARK WOMEN AND CHILDREN'S CENTRE**

Drop-in, advice, keep fit, sewing, ESOL, crèches and general childcare.

**Disabled access: fully wheelchair accessible**

Somerford Grove,  
London N17 0PG  
Tel: 020 8808 9117  
Fax: 020 8808 9117  
email: npwcc@btconnect.com

**PAKISTAN WOMEN'S WELFARE ASSOCIATION**

225 Seven Sisters Road,  
London N4 2DA

**SÓLÁS ANOIS**

Refuge for Irish women and children, including those from the travelling community, who are experiencing domestic violence. Also provides advice and advocacy on welfare rights, re-housing, emotional support and children's services.

Irish Women's Domestic Violence  
Project, PO Box 4662,  
London SW16 2ZF  
Tel: 020 8664 6289  
Fax: 020 8664 6089  
email: Solasanois@hotmail.com

**SUPPORTING ALGERIAN WOMEN'S ASSOCIATION**

15 Lisselton House, Victoria Road,  
London NW4 2BJ

**THE NIA PROJECT (FORMERLY HACKNEY WOMEN'S AID)**

Help for women and children living with domestic violence, offering:

- Housing services
- Legal and advice
- Family Support.

PO Box 6566, London E8 3ST  
Emergency Line: 08457 023 468  
Advice Line: 020 7683 1210  
General: 020 7683 1270  
Fax: 020 7683 1276  
email: Info@niaproject.info  
Website: www.niaproject.info

**TURKISH CYPRIOT WOMEN'S PROJECT**

A community centre for Turkish Cypriot/Turkish women providing a spectrum of services; ranging from advice at General Help CLS Quality Mark, Welfare Benefits at Casework level and immigration advice at OISC level 1. Facilities offered: elderly luncheon club, arts and crafts, crèche service, English classes, library for women and children, toy library, support and discussion groups.

**Disabled access: fully wheelchair accessible**

Contact Imran Incirli at:  
140a Falkland Road, Hornsey,  
London N8 0NT  
Tel: 020 8340 3300  
email: info@tcwp.org.uk

**TURKISH WOMEN'S PHILANTHROPIC ASSOCIATION**

4 Willoughby Road,  
London N8 0HR  
Tel: 020 8340 1600  
email: nevrans@blueyonder.co.uk



**WOMEN'S LINK**

Run by women for women. Housing advice building and referrals on finding accommodation.

Disabled access: limited steps at front of building

Rooms 417-419, London Fruit and Wool Exchange, Brushfield Street, London E1 6EL

Tel: 020 7248 1200

Fax: 020 7247 2028

email: Advice@womenslink.org.uk

**WOMEN'S THERAPY CENTRE**

Psychoanalytic psychotherapy to women 18+ on an individual and group basis. Low cost sessions, on a sliding scale from £5 – £45.

Disabled access: Minicom and wheelchair access

10 Manor Gardens, London N7 6JS

Tel: 020 7263 7860

email: Enquiries@womenstherapy-centre.co.uk

**Young Women****GIRL DIVA**

Girl Diva is a popular weekly youth group for young women who are lesbian, bisexual or questioning their sexuality and aged 25 or under. Our main aim is to provide support, and access to information. Meet other women of your own age and socialise outside group times. Monday 6.30 – 9.30pm.

Disabled access: guide dogs welcome, blue badge parking spaces available wheelchair accessible

Meeting venue:

Jacksons Lane Community Centre, 269a Archway Road,

London N6 5AA

Office: Girl Diva at PACE 34

Hartham Road,

N7 9JL

Tel: 020 8348 1785

email: zuziep@pace.dircon.co.uk

**GLADESMORE GIRLS AND YOUNG WOMEN'S CLUB PLUS GLADESMORE YOUTH ACTIVITIES CLUB**

Girls and young women's club is for females aged 10 to 16 years held every Thursday in the school term from 3 – 6pm. 25p charge. Learn skills to gain a better start in the adult world.

Disabled access: fully wheelchair accessible.

Contact Brenda Babalola at: Gladesmore Community School, Growland Road, Tottenham,

London N15 6TJ

Tel: 020 8800 0884

Fax: 020 8809 8500

email:

gladesmorecommunity.school@haringey.gov.uk

**HARINGEY COUNCIL – YOUTH OFFENDING SERVICE**

Group work for young girls who have offended, as part of their sentence programme. We run specific groups for girls who have offended, such as the 'Women's Anger Management Programme'. Group work is developed according to the needs of the current young offenders.

Disabled access: access for disabled people is available at Middle Lane, although disabled access is insufficient at the Keston Road site. If anyone with mobility difficulties needs to attend a group work programme, it will be arranged for it to take place at a more suitable venue.

2-6 Middle Lane, Hornsey,

London N8 8PL

Tel: 020 8489 1522

Fax: 020 8489 1588

email: jean.croot@haringey.gov.uk



### **OPEN DOOR YOUNG PEOPLE'S CONSULTATION SERVICE**

Open Door offers once weekly counselling and psychotherapy to young people aged 13-25.

**Disabled access: ground floor access to toilet and consulting room**

12 Middle Lane, Crouch End,  
London N8 8PL

Tel: 020 8348 5947

Fax: 020 8341 1684

email: Enquiries@opendooronline.org

### **SAHALI ASIAN GIRLS AND YOUNG WOMEN'S GROUP**

Chestnuts Community Centre, St  
Ann's Road, London N17 8JL

### **YMCA ADVICE CENTRE**

Support for teenage mothers, and raising issues of parenting in secondary schools.

**Disabled access: fully  
wheelchair accessible**

Contact Debbie Thomas at:  
The Annexe, 134 Tottenham Lane,  
Hornsey, N8 7EL

Tel: 020 8348 8832

email: debbie.thomas@ymca-  
hornsey.org.uk

### **ZORA YOUNG WOMEN'S PROJECT**

Project targeted at women aged between 16-30 years giving advice, training and support.

1 Bruce Grove, London N17 6RA

Tel: 020 8885 4705

Fax: 020 8880 9135

email: Hwf@btconnect.com

## General

### **HARINGEY ASYLUM SEEKERS SERVICE**

Assists women and families, single adults, unaccompanied minors, who are asylum seekers.

**Disabled access: fully  
wheelchair accessible**

476 Tottenham High Road,  
Tottenham,

London N17 JF

Tel: 020 8489 4900

Fax: 020 8489 4988

### **HARINGEY COUNCIL – EQUALITIES AND DIVERSITY UNIT**

The Equalities team offers a range of services to women. Organises events on gender equality issues throughout the year and particularly around each 8 March to celebrate International Women's Day. We offer advice and support to women on gender equality issues.

**Disabled access: full accessibility.  
Please let us know your needs and  
we will arrange to meet them**

3rd Floor Wood Green Central  
Library, High Road, Wood Green,  
London N22 6XD

Tel: 020 8489 3152

Fax: 020 8489 2575

email: eve.featherstone@haringeygov.uk

### **HARINGEY RACIAL EQUALITY COUNCIL**

14 Turnpike Lane, London N8 0PT

Tel: 020 8889 6871

### **STONEWALL HOUSING ASSOCIATION**

We provide housing advice and advocacy for the greater London lesbian and gay community. We also provide temporary supported housing for lesbians and gay men aged between 16-24 years.

**Disabled access: fully  
wheelchair accessible**

Unit 2A, Leroy House, 436 Essex  
Road, London N1 3QP

Tel: 020 7359 5767

Fax: 020 7359 9419

email: Stonewall@hostels.org.uk  
or Info@stonewallhousing.org

### **UJIMA HOUSING ASSOCIATION**

We have hostels for single women and also a domestic unit for survivors of domestic violence. In the near future we are looking to develop a foyer for young women who are either pregnant or already have a child.

**Disabled access:  
wheelchair accessible**

388 High Road, Wembley,  
Middlesex HA9 6AR

Tel: 020 8733 0733

Fax: 020 8733 0781

email: Joanne.warrick@ujima.org.uk

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you would like to change anything that appears in this booklet  
please contact:**

Eve Featherstone  
Principal Equalities and Diversity Officer  
Haringey Council  
Chief Executive Service  
187-197A High Street  
3rd floor Wood Green Library  
Wood Green  
London N22 6XD  
Tel: 020 8489 2574  
Fax: 020 8489 2575  
email: eve.featherstone@haringey.gov.uk

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**Shqip**

**Albanian**

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**বাংলা**

**Bengali**

আপনি যদি এটা আপনার নিজের ভাষায় পেতে চান তাহলে অনুগ্রহ করে  
সঠিক বাক্সে টিক্ চিহ্ন দিন, আপনার নাম ও ঠিকানা লিখুন এবং নিচের  
বিনা ডাকমাশুলের ঠিকানায় পাঠিয়ে দিন।

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**Kurdish**

Hek hun vêya bi zimanê xwe dixwazin, ji kerema xwe qutîkê îşaret bikin,  
nav û navnîşana xwe binivîsin û ji navnîşana jêrîn re bi posta bêpere  
bişînin.

**Soomaali**

**Somali**

Haddii aad qoraalkan ku rabto luuqadaada, fadlan sax mari sanduukha,  
kusoo buuxi magaca iyo ciwaankaaga, kuna soo dir boostada hoose ee  
lacag la'aanta ah.

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**Turkish**

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