

# Chapter 10: Employment and training

Chapter summary:

In this chapter we review:

- n Day services providing education, training and work opportunities
- n Local Social Security and Job Centres

## Specialist mental health services

If you would like to work, train to return to work or prepare for further education, help is available through a range of local organisations. Some of these are listed below, and may be contacted directly or may need a referral from your psychiatrist, care co-ordinator or family doctor.

### Clarendon Centre and the Six8four Centre

#### Clarendon Centre

Clarendon Road  
Hornsey N8 0DJ  
Tel: 020 8489 4860  
Fax: 020 8489 4879

#### Six8four Centre

684 High Road (Argyle Passage)  
Tottenham N17 0AE  
Tel: 020 8489 8950  
Fax: 020 8489 8951

Both are day centres and mental health resource centres (see chapter 3) providing help and support to people who have been referred and are on a CPA. They are not employment centres as such, but provide a number of activities with vocational potential. These two centres run a joint programme offering opportunities to become involved in training across a range of activities including:

#### n Information technology skills

An accredited roll-on roll-off course.

#### n Artworks

Training in the manufacture and marketing of objets d'art including jewellery, ceramics, prints and textiles.

### n Audio engineering/music technology

A course in the use of digital equipment used for audio engineering and music production.

### n Mental health employment support service

Based at the Clarendon Centre, this small team supports people into all forms of work and work placements.

### n The Grime Squad

Housed at the Six8four Centre, this emerging social enterprise employs people in cleaning and small jobs to service the needs of mental health service users and the elderly to help them maintain their homes.

### n Information and media project and Equilibrium magazine

Based in the user/carer resource centre in St Ann's hospital, these two projects train people in desktop publishing and journalism and the production of publicity and information material. Open to inpatients and those in the community, this project is managed by the Clarendon Centre.

### n Catering training at the Clarendon Centre

NVQ course in all aspects of catering. Includes gaining a hygiene certificate and the possibility of studying up to level 2 NVQ. If you are interested in finding out more about this scheme please contact the Clarendon or Six8four Centres.

### Canning Crescent Café

Basic catering training within the well-equipped café. Awards basic hygiene certificate. Works with the Clarendon Centre catering project.

### The Laurels Healthy Living Centre Community Café

Run by First Step Trust, this on the job training is a social enterprise for people with mental health problems and learning disabilities. Trainees are encouraged and assisted to move in to open employment. First Step Trust is funded by the New Deal for Communities project and has a job brokerage function catering to staff and users of the healthy living centre.

All the above catering projects work in conjunction with each other to produce a route to employment for beneficiaries. These projects meet to share good practice and improve routes through the projects and on to employment.

### [PRA Industrial Education Unit](#)

A sheltered workshop offering assembly and packaging work. There is also a woodwork shop with up to eight places for the production of special goods to order. Professional referral required.

### [PRA Industrial Education Unit](#)

The Halls  
Mitchley Road  
Tottenham N17 9HG  
Tel: 020 8808 2833  
Email: [pramitchley@btconnect.com](mailto:pramitchley@btconnect.com)

### [Employment Improves Your Mental Health \(EIYMH\) - Employment Link](#)

Block 6, St Ann's Hospital  
St Ann's Road  
Tottenham N15 3TH  
Tel: 020 8442 5420  
Email: [Eiymh@haringey.nhs.uk](mailto:Eiymh@haringey.nhs.uk)  
Service: *A partnership organisation that helps people access employment opportunities who would otherwise be unable to do so because of mental health difficulties and/or emotional distress.*

### [Et Cetera](#)

595-597 Green Lanes  
Harringay N8 0RE  
Tel: 020 8341 1852  
Fax: 020 8341 6404  
Service: *A PRA sheltered workshop including woodwork contract packing and simple assembly. Professional referral required.*

### First Step Trust (FST)

N17 Studios Unit 15G

784-788 High Road

Tottenham N17 0DA

Tel: 020 8801 7135

Fax: 020 8885 1948

Email: [Haringey@fst.org.uk](mailto:Haringey@fst.org.uk)

Service: *First Step Trust provides real work experience and employment opportunities for people with mental health problems and other disadvantages.*

### Metropolitan Housing Trust (Step Forward)

#### Horticultural Project

The Nursery

Finsbury Park N4

Tel: 020 8880 2057

Office Contact:

Fred Alston

Suite B303, The Chocolate Factory

Clarendon Road

Wood Green N22 6XJ

Email: [fals@mht.co.uk](mailto:fals@mht.co.uk)

Service: *Based in the old Finsbury Park nurseries, this is a greenhouse-based horticultural project with an acre of land. Runs three mornings a week offering therapeutic occupation and basic training for people with high support needs who are referred there.*

### Haringey Association of Voluntary and Community Organisations (HAVCO)

Room 334, Lee Valley Technopark

Ashley Road

Tottenham Hale N17 9LN

Tel: 020 8880 4087

Fax: 020 8880 4088

Email: [info@havcoharingey.org.uk](mailto:info@havcoharingey.org.uk)

Website: [www.havcoharingey.org.uk](http://www.havcoharingey.org.uk)

Service: *Local organisation representing the voluntary and community sector in Haringey. It provides information on opportunities for volunteering and local services.*

### Haringey Community Empowerment Network (HarCen)

260 - 262 High Rd  
Tottenham N15 4AJ

Tel: 020 8885 6575

Fax: 020 8885 5123

Email: [info@harcen.org.uk](mailto:info@harcen.org.uk)

Website: [www.harcen.org.uk](http://www.harcen.org.uk)

Service: *HarCen networks with the local community, voluntary sector and faith groups.*

### Mind Activity Centre

Mind in Haringey  
73c Stapleton Hall Road  
Stroud Green N4 3QF

Tel: 020 8340 2474

Service: *Mixture of activities and support.*

### Richmond Fellowship

Head Office  
80 Holloway Road  
Holloway N7 8JG

Tel: 020 7697 3300

Fax: 020 7697 3301

Website: [www.richmondfellowship.org.uk](http://www.richmondfellowship.org.uk)

### RF Training

Tel: 020 7697 3318/ 3320

Fax: 020 7697 3301

Service: *The Richmond Fellowship is one of the biggest providers of mental health care in the country. It works with people who might otherwise be excluded from the workplace because of mental ill health. Through training, work experience and work placements, it provides the support needed to get people back to work. It currently offers advice and guidance at the Six8four and Clarendon Centres.*

## The College Link Programme

College Link Worker  
Psychology Department  
St Ann's Hospital  
St Ann's Rd  
Tottenham N15 3TH  
Tel: 07974 750 973

*Service: A programme that provides individually tailored psychological support to people with mental health problems to access specially designed and accredited education opportunities at Barnet College and CONEL.*

## Workstep

Workstep is a Jobcentre Plus contract for progressive supported employment. Beneficiaries are supported into work by the Workstep co-ordinator who draws up development plans with them and the employer. This on-the-job training aims to lead to employment. To find out more, contact Clarendon Centre on 020 8489 4860.

## General services for disabled people

Disability employment advisors (DEA) help people who are ready to return to work or who will be ready within six months. DEAs are also the gateway to the Access to Work scheme.

## Access to Work

This is a fund held by the Jobcentre to enable disabled people to work. It will pay for adjustments to the workplace or other costs associated with maintaining employment. For details, visit the Jobcentre website at: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

## Social Security and Job Centres

### Muswell Hill, Crouch End and Highgate Job Centre Plus

1 Elthorne Road  
Archway N19 4AL  
Tel: 0845 377 0002

### Tottenham Job Centre

Scotland Green House  
624 High Road  
Tottenham N17 9TL  
Tel: 020 8219 5500

### South Tottenham Job Centre

Fountain Business Centre Block 2  
Broad Lane  
Tottenham N15 4EQ  
Tel: 020 8219 5400  
Textphone: 020 8219 5471

### Tottenham Social Security Office

640-656 High Road  
Tottenham N17 0AA  
Tel: 020 8365 5200  
Textphone: 020 8365 5540  
(Closed for refurbishment till Spring 2006 - people should visit Wood Green)

### Wood Green Job Centre

128 Mayes Road  
Wood Green N22 6SY  
Tel: 020 8219 5800

### Wood Green Social Security Office

Granta House  
1 Western Parade  
Wood Green N22 6UH  
Tel: 020 8899 3200  
Textphone: 020 8365 5540