



Directory

using mental health services in Haringey

About this directory

Haringey Mental Health Directory has been produced by the Haringey Mental Health Service and Tulip Mental Health Group.

Haringey Mental Health Service is delivered through a partnership between Haringey Council's Social Services, Barnet, Enfield and Haringey Mental Health Trust and Haringey Teaching Primary Care Trust. The service aims to improve the quality of life for people who experience mental health problems. Getting the appropriate treatment, early support and information about your condition can reduce unnecessary suffering and distress. This directory aims to tell you about the different kinds of help that are available and how you can access local and national services. The directory is intended for all age groups as well as providing help for those with specific needs. If your first language is not English we would be happy to arrange for an interpreter to talk through this guide with you.

Haringey has a number of good local directories that focus on the needs of particular groups. They include - 'Services for Older People in Haringey', 'Women's Directory', 'I Shall Survive' guide to domestic violence advice and support, 'Directory of Black and Minority Ethnic Community & Voluntary Organisations in Haringey' and 'Children, Young People and their Families in Haringey'.

We recommend you consult one of these specific directories for further information; all directories are available through Haringey Library Service. Every effort has been made to ensure that the information in this directory is accurate. If you would like to make any additions, comments or suggestions we would like to hear from you. Please write to us:

Haringey Mental Health Directory
Social Services Directorate
40 Cumberland Road
Wood Green
N22 7SG

We would like to thank users and staff from the Haringey Mental Health Service for their expertise and advice in compiling this guide. Particular thanks goes to Andrew Law, Operations Director, Tulip, Dr Juliet Jensen, St Ann's Hospital, Diane Arthur of Mind in Haringey, Gerry Atkinson, Project Development Manager - Mental Health, Haringey Social Services.

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