



Adult, Culture and Community Services

**Adult Services
People with Mental Health
Problems**

Annual Report 2006-2007

ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

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ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

Introduction

Services for people with mental health problems are commissioned and provided through the Barnet, Enfield and Haringey Mental Health Trust (BEHMHT), a partnership comprising Adult Services, health and the voluntary sector.

A wide range of support, help and advice services are provided to promote sustained recovery, independence and social inclusion, including:

- community and crisis intervention
- assertive outreach
- day services at the Clarendon Centre and Six8four Centre promoting offering social, educational and work opportunities for people who are recovering from severe and enduring mental illness, as well as specific men-only and women-only sessions
- a therapeutic network which offering, through specific group work, a supportive bridge to regain self-confidence and self-esteem for people who envisage returning to or starting voluntary/paid employment or further education/college
- a crisis house as an alternative to hospital care
- voluntary sector services include day opportunities, advocacy and criminal justice appropriate adult services
- residential care through both block and spot contract arrangements.



ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

Outcome 1: Improved health and emotional well-being

- Enjoying good physical and mental health (including protection from abuse and exploitation).
- Access to appropriate treatment and support in managing long-term conditions independently.
- There are opportunities for physical activity.

Achievements in 2006-2007

- We used Neighbourhood Renewal Funding (NRF) to deliver improved health and emotional well-being by supporting innovative schemes such as the Health in Mind project at Marcus Garvey Library which:
 - provided advice, signposting and support on health issues
 - maximised links between secondary mental health services and leisure and library services
 - included prescriptions for exercise and access to community dieticians for service users with long-term conditions.

Specific services were also run from ten GP surgeries in the east of the borough.

- We developed a working protocol for Alexandra Road Crisis Unit and the Homelessness Outreach Support Team (HOST) to ensure that service pathways are clear. Inpatient care protocols were also developed.
- The Barnet, Enfield and Haringey Mental Health Trust (BEHMHT) reviewed the new Care Programme Approach (CPA)/care management policy. We also submitted our comments to the Department of Health's consultation on reviewing the CPA nationally.
- The Local Enhanced Service (LES) programme was implemented with the appointment of four lead GPs as

Acorn Women's Support Group

This is a well-established support group aimed at black women aged between 18 and 65 who have experienced the mental health system. Over the past year the group has focused on improving user involvement in the group and increasing mobility/access to services.

This has resulted in members facilitating the group on a four-weekly basis and the creation of a group secretary role. The group made Taxi Card applications for group members with issues around isolation and mobility to enable them to attend activities, swimming lessons, theatre trips, Fitter Me and pampering sessions. Activities planned for the coming year include women's safety and community issues.

well as a clinical specialist to lead the overall programme development. The programme targeted lower performing surgeries based on Qualities, Outcomes, Framework (QOF) data. Specific surgery reviews on the Severely Mentally Ill (SMI) registers were started and are ongoing.

- We developed a protocol for mental health assessments for people with learning disabilities.
- A communication group facilitated by Clarendon Day Centre's occupational therapist has had a positive effect on emotional well-being. Assertiveness, appropriate communication and expressing emotion in a way acceptable to mainstream society are sometimes issues for service users.



A member of the hard working A Team turning a garden into a place to relax and de-stress

- The Clarendon Road Allotment project, begun in March 2007, had, by the end of the month, turned an untended, overgrown Council plot into a neat, thriving focal point. Garnering lots of positive comments from allotment holders and providing a healthy form of exercise, this project is expanding. Ten Clarendon Centre members have been actively involved, and good links were

established for qualifications either with the Faith Garden Centre project or a more advanced National Vocational Qualification (NVQ) programme level 2 in Amenity Horticulture with Green Routes in Finsbury Park.

Plans for 2007-2008

- Complete the reconfiguration of the mental health service by August 2007 to ensure we have clear pathway access to services.
- Develop and implement a specialist Early Intervention in Psychosis Treatment (EIPT) team to increase the number of people with first episode psychosis in specialist early intervention treatment as part of the new Intermediate Care Service. Discussions on service specification are currently underway with Child and Adolescent Mental Health Services (CAMHS).
- Review the Alexandra Road Residential Crisis Unit and the changes that have come about following the introduction of the Crisis Teams. This will include reviewing other models in other parts of London and making recommendations. The independent report is due for completion in July 2007.
- Review of primary care guidelines from June 2007 which are due for completion later in the year:

- September 2007: primary care clinical guidelines for adults
- November/December 2007: older adult guidelines.
- Develop Health Action Plans for clients in partnership with the BEHMHT.
- Continue our review of clinical practice to ensure the quality of assessments, outcome-focused care planning and review, standards of documentation, effective care co-ordination, relapse identification and contingency planning. Progress will be monitored via the Well-being Partnership Board.
- Continue working on the LES programme targeting lower performing surgeries and surgery reviews on SMI registers.
- The Clarendon Road Day Service plans to widen access by:
 - Launching a Nordic walking group run by a trained member of staff. As well as providing a social activity, Nordic walking works upper and lower body at the same time, strengthening back, legs and arms, reducing neck and shoulder tension and improving the health of heart and lungs. Access to this group will be open to members of the wider well-being community similar to Haringey Therapeutic Network's dance class and Health in Mind's walks.
 - Introducing swimming for Clarendon users and carers, initially at Tottenham Leisure Centre and Park Road.
 - Continuing to promote the allotment project and take part in local events such as their Harvest Festival.
 - Encouraging uptake of Active, the Council's leisure card, through promotion, information and initial accompanied access.
 - Developing links with the Active for Life physical activity referral scheme. This will involve making sure service users have a GP, facilitating them to request a referral from their GP and improving links with primary care graduate workers.

Client-centred inter-agency working

A man with a personality disorder was referred to the Haringey Therapeutic Network. He was isolated, unemployed and clinically depressed with no social networks.

He attended the twelve-week therapeutic programme, including sessions on stress management, assertiveness training, creative workshops and social support groups. He had individual key worker sessions looking at his aspirations and goals.

Following the programme, he accepted two voluntary work positions and a referral to an employment working group. He is now in a work placement.

The network also helped him to achieve one of his goals to have secure accommodation. This is an example of good practice involving inter-agency working, sign-posting and a client-centred approach.

ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

Outcome 2: Improved quality of life

- Access to leisure, social activities and life-long learning and to universal, public and commercial services.
- Security at home, access to transport and confidence in safety outside the home.

Achievements in 2006-2007

- Six8four Centre celebrated a number of achievements:
 - The Six8four Haringey United football team came second in the mental health category of the Community Care Award, *Recognising Excellence in Social Care*. The football team has gone from strength to strength - in partnership with Street League, a UK charity which has developed a series of sporting programmes and supported educational and training opportunities to help young adults aged 16+ from disadvantaged backgrounds achieve their potential.
 - One of our footballers was sponsored on a football coaching tour of Turkey with Street League.
 - Six8four Centre was runner-up in the Department of Health's NHS Life Award category of the Health and Social Care Awards.
 - A well-being group offering and advice and practical demonstrations was set up, following the recruitment of an occupational therapist. Activities include:
 - exercise and healthy eating
 - giving up smoking
 - recognising stress
 - learning relaxation techniques
 - treatments for drug and alcohol problems
 - women-only activities – including aerobics - focusing on emotional well-being and healthy lifestyles with the help of a professional trainer.



Six8four Haringey United football team working with Street League

- As part of the Council's Health in Mind scheme in conjunction with the Haringey Teaching Primary Care Trust (HTPCT), centre users joined in with community walks.
- The centre introduced an in-house mini gym for our clients equipped with exercise bicycles and two cross-training machines.
- A successful partnership with the College of North East London led to classes in Tai Chi and Yoga.
- The centre launched a social inclusion group whose programme included trips by public transport to various places of interest such as the London Eye, Aquarium, Victoria and Albert Museum, the Tate Modern and London street markets.
- The Clarendon Centre also celebrated success with:
 - A number of training programmes:
 - NVQ in Catering and Hospitality in partnership with Peter Bedford Housing Association
 - Clait 2007 in IT (Clarendon is an accredited OCR centre)
 - BTEC in Performing Arts (Music) in partnership with the College of North East London (CONEL)
 - Supported trips to London sights, museums and other visits further afield.
 - Participation in our World Mental Health Day photographic exhibition focusing on hope and recovery using a collection of images and stories. The exhibition was on public display in a local restaurant and a number of positive comments were received, for example:

“One in four people through the course of their lives are affected with a mental health issue. This year's World Mental Health Day exhibition was a ‘breath of fresh air’.” – Haringey Arts Council

Moving on

A service user from the black and ethnic minority community with a long history of problems including depression and illicit drug use lacked confidence and concentration and became tired quickly. However, he possessed good insight into his illness.

When he was given meaningful activities to keep his mind active, it helped him stay off drugs and reduced his stress levels. He joined in with sporting activities 18 months ago and successfully completed a recognised sports award. He attended our Moving-On Group which assists with identifying goals, plans and aspirations as well as strengths, activities and skills, interest and experiences – present and past. By the end of the 12 sessions, he and other service users were able to set up an action plan within the area of their interests and capabilities.

This increased his confidence and he has since moved into paid work with our support. He is now seeking mainstream employment and has already been offered two interviews.

- Community Mental Health Teams (CMHTs) ran a number of structured groups over the past year, some of which have been focused and time-limited, for example:
 - the Healthy Living Group, a focused eight-week programme
 - the Sports Group, in conjunction with a sports instructor at Tottenham Green Leisure Centre, encouraging service users to improve physical fitness and access mainstream resources.
- The BEHMHT drew up a Trust-wide Carers Strategy in partnership with the Council to maximise carers' access to improved quality of life.
- The third draft of the Shared Care Agreement was completed. This enabled consultants to share the care of any patients whose condition they considered to be stable and to seek, when necessary, the GP's involvement in prescribing – with the patient's consent.

Plans for 2007-2008

- Implement the Day Services Strategy to support more people into voluntary work and learning through the following activities:
 - re-assessment of clients in long-term day opportunities placements
 - establishment of a healthy living centre model at the Clarendon Centre.
- Include a module on carers in local CPA training to be rolled out from September 2007 onwards to new teams. This will include a DVD made by carers.
- Review and finalise referral and discharge protocols as part of the BEHMHT's reconfiguration of Haringey's Community Services for implementation in the Autumn of 2007.
- Undertake final consultation on the Shared Care Agreement in May 2007 for implementation by the end of June 2007. This will be linked into the reconfiguration of the Mental Health Service.
- Commissioners will work with the BEHMHT and North Middlesex Hospital partners to assess the relevant activity data for the future development of the liaison service.



Development of Mental Health Liaison Services will be considered following completion of major service reconfiguration, in partnership with North Middlesex Hospital and Enfield Primary Care Trust.

- Six8four Centre will put more emphasis on social inclusion making access to mainstream services and activities easier by:
 - launching a daily living group which will look at topics such as local transport, budgeting and domestic activities.
 - promoting and expanding on the success of men and women's football teams. The Football Foundation has agreed in principle to our application for funding to enable us to cover the increasing transport costs, equipment and hiring of training pitches.
 - working with Street League to promote accredited programmes, for example:
 - Sports 4 Work - the Community Sports Leadership Award
 - Fit 4 Work, accredited by the Open College Network (OCN) – offering job seeking and communications skills, interview techniques, time management, and organisational skills, basic literacy and numeracy skills, and FA coaching certificates. To compliment the Street League, this only plays competitive games once a month, to use the funding to join a mainstream football league.
 - using some of the football funding to start evening training sessions as a number of players are now attending college or are in employment.
 - further promoting social inclusion by starting a daily living group.
 - continuing to work in partnership with CONEL to encourage clients to attend courses. CONEL has agreed to run English speaking courses to assist service users to access the mainstream community activities.
 - enrolling people into the Gym Scheme, a Health in Mind project, through local leisure centres.
- The Clarendon Centre plans to widen access pathways to services by:

Resolving problems

A day service user studying for one of our accredited programs had some difficulties with study.

He was referred to and supported by the Haringey Adult Learning Service (HALS) Supported Learning at the College of North East London (CONEL), one of our partners. After assessment, both practical and technological solutions were offered. Not only has this transformed his engagement, but it has also positively increased his self esteem.

He now feels that he is able to achieve something he did not think he could ever do.

- Moving activities to community venues as the centre increases the number of groups it offers, for example, the Book Club and Creative Writing.
- Working in partnership with local police to promote safety for women as part of the existing women-only group.
- Re-establishing the external catering project which provided a range of food for Haringey events.

ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

Outcome 3: Making a positive contribution

- Maintaining involvement in local activities and being involved in policy development and decision-making.

Achievements in 2006-2007

- We reviewed the membership terms of reference and operation of the Mental Health Partnership Executive and the Partnership Board Local Implementation Team (LIT) in liaison with relevant stakeholders to ensure effective linkage with the Well-being Partnership Board.
- As a result of feedback from service users, we reconfigured the Mental Health Dual Diagnosis Service from a stand-alone service into a mainstream service. CMHT reconfiguration has been partly in response to patient surveys from the Healthcare Commission.
- Clarendon Road Day Centre maintained and built on service user involvement and peer group incentive by:
 - Encouraging service users to run groups, for example:
 - video workshop, creative writing and relaxation groups run by service users
 - the Hearing Voices group co-facilitated by a service user
 - four students on our BTEC music course who learned on a Wednesday and then tutored the beginner's workshop on a Thursday
 - National Vocational Qualification (NVQ) catering students who cook unsupervised in the kitchen.
 - Holding a weekly community meeting which is an avenue for service users to offer ideas and criticism about the way the centre operates and input into how the budget is spent. The meeting is chaired and minuted by service users.
 - Publishing Equilibrium magazine which is commissioned, written, edited and designed by service users publishing articles of local and national interest. It has a distribution of around 1,500 copies to professionals and service users. The 25th issue was printed in the Spring of 2007.

- The newly established Haringey User Network helped to facilitate communication and share knowledge with service users.

- Six8four Centre obtained funding to purchase up-to-date IT equipment for training following the introduction of a comprehensive training programme to include a beginner's course, PowerPoint presentations, music downloading group, office skills, web design, Photoshop, and internet café. The training included publication of a new monthly newspaper.



- We developed a project plan to modernise adult mental health day services, offering support to access mainstream opportunities. This was done in discussion with service users, carers and partners, particularly the HTPCT in line with current policy guidance.

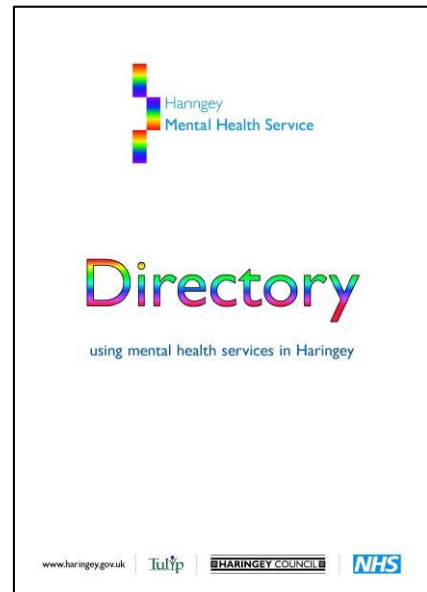
Plans for 2007-2008

- Continue to develop and support user engagement via the Mental Health Partnership Board.
- Hold a one-day event to highlight examples of good practice in day opportunities, as part of the Day Services Strategy, with service users offering their experiences and insights into the services we offer.
- Support the development of a user-led focus group for people who want to influence changes around day opportunities through the Haringey User Network.
- Invite two service users to attend the Consultation Sub-Group/Social Inclusion Sub-Group of the Mental Health Partnership Board to represent the views of the Day Opportunities Focus Group.
- Continue assessing the needs of people attending day opportunities, collating and feeding back outcomes to the Council, HTPCT, users and carers
- Work jointly with the Supporting People Programme to reconfigure support for people in low to medium supported housing in order to achieve cohesive support offering best value.
- Reconfigure the Mental Health Service through development of the Haringey User Network – currently being supported through the early stages of implementation – to facilitate specialist focus groups.

- Work with the HTPCT and the Barnet, Enfield and Haringey Mental Health Trust (BEHMHT) in support of an EIPT Team, particularly around service users' social and developmental needs.
- Continue user-led work around the format and implementation of Health Action Plans (HAPs), supporting the Patients' Council in the development and implementation within mental health services and primary care.
- Include an electronic self-assessment option in our future pathway to accessing universal services.

- Clarendon Centre will:

- update contact details of local and national support organisations listed in the Haringey Mental Health Service Directory as of April 2007. This will be done as part of a Business Administration service user training project providing routes into mainstream training, voluntary or paid employment.
- establish a user committee to deal in more depth with issues of policy, procurement and recruitment of staff, for example, trained experts by experience to sit on interview panels.



- improve links with the Haringey User Network and Inclusive Solutions, a co-operative programme – whose founder members include Haringey Council, the London Development Agency, Employ ULV (Upper Lee Valley) and Urban Futures – that grew out of the Haringey Equal Access Training (HEAT) programme which recognises that the skills and talents of many disabled people are under-used and to increase levels of user involvement.
 - raise the profile and independence of Equilibrium.
 - develop open access night and/or lunchtime concerts at either the Karamel Klub or Selby Centre theatre once a month for performance by local up and coming artists. The sound system will be set up and managed by the students on the BTEC. A feasibility study and risk assessment has already commenced.
- A Turkish community development worker will take up their post in June in a continuing drive to support community-based schemes by helping people to self-access services and training service users to participate effectively in planning.

ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

Outcome 4: Increased choice and control

- Through maximum independence and access to information.
- Being able to choose and control services and helped to manage risk in personal life.

Achievements in 2006-2007

- An audit of service users' experience of CPA began in January 2007.
- Neighbourhood Renewal Funding enabled ongoing preventative work in the Bruce Castle, Northumberland Park and Noel Park areas in the east of the borough. This led to a wider implementation of the Haringey Therapeutic Network whose capacity increased from 12 to 20 places.
- A review of contracts placed with providers of advocacy services took place in February 2007 to ensure they are fulfilling the requirements of their contracts and to maximise on existing capacity.
- We developed plans to further increase the use of direct payments. Work was carried out to increase advocacy support for direct payments with service users, carers and voluntary sector organisations.
- The Clarendon Centre was involved with the production of a video, *Stigma/Anti-stigma*, which went into production in January 2007 with filming taking place across London.

Plans for 2007-2008

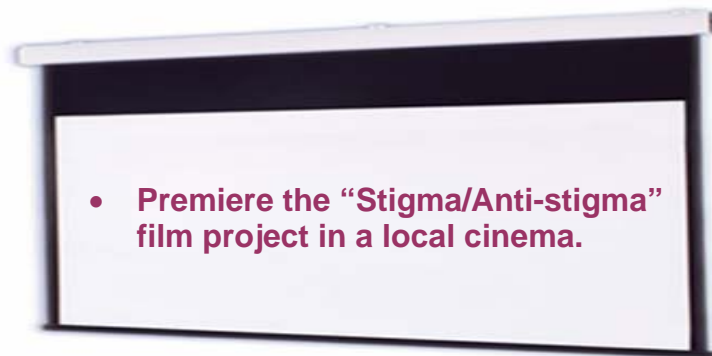
- A specification for a new translation and interpreting service is currently being written by the HTPCT. The final version of the strategy, due for completion in September 2007, is being carried out in partnership with the Department of Health.
- Identify flexible services using the healthy living centre approach, proposed within the Day Opportunities Strategy, employing staff on a sessional basis to enable the service to be more responsive to changing needs.

Control and confidence

An Afro-Caribbean service user in his 50s was living with severe isolation, unable to leave his flat, unemployed and with no social contact. As well as attending a twelve-week therapeutic group programme, he also received individual key worker sessions looking at his aspirations and goals.

Thanks to the successful use of inter-agency pathways using a social inclusion model with ongoing client evaluation and feedback, he is now able to attend a local college by public transport and has once again returned to work in a voluntary sector placement.

- Develop a personal action list for all new Clarendon Centre members by introducing initial one-to-one aspirations-based interviews.
- Launch Studio 306 as a social firm independent of existing organisations with a project executive made up of service users and representation on the steering group, using the service as a pilot for promoting direct payments.
- Haringey's Therapeutic Network's future plans include:
 - expansion of community groups with an emphasis on preventative mental health work and social inclusion
 - development of services for young people aged between 18 and 25
 - further development of service user-led groups
 - partnership with the Studio 306 social firm to support the personal development of service users.
- Develop proposals for the reconfiguration of some existing services following completion of the contract review started in February 2007, with any re-tendering taking place in Autumn 2007.



ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

Outcome 5: Freedom from discrimination and harassment

- Equality of access to services.
- Not being subject to abuse.

Achievements in 2006-2007

- Our day services offered a variety of single gender activities that were popular with service users. The two centres – Six8four and Clarendon – had six gender-specific groups that met regularly (four for women, two for men). Additionally, we marked specific events such as:
 - International Women’s Day
 - World Mental Health Day
 - women’s and men’s open days
 - a women’s football team launched in October 2006 and already playing competitive games as well as the already successful men’s Haringey 684 United Football Team.



Cllr John Bevan (far right)

Protecting vulnerable people

A Muslim woman suffering from paranoid schizophrenia was admitted to hospital. A rape alert was raised when it was discovered she was pregnant. A professionals’ strategy meeting was convened and a coherent multi-disciplinary/multi-agency plan of action was put in place.

Social Services agreed to act in her best interest, in liaison with legal services, with a referral to ante-natal and child support services. Additionally, her mental health was monitored through the Community Mental Health Team and an assessment carried out by occupational therapy.

- Service users were enabled to access other services, for example, through partnership work with the Women’s Forum helping female service users to integrate with women in activities outside of the centre.
- Information was translated into a range of community languages. Equalities Impact Assessments (EIAs) for mental health resulted in the employment of a Turkish/Kurdish community development worker and commissioning of housing and support projects for African Caribbean service users.

Plans for 2007-2008

- Continue with quarterly meetings of the Black and Minority Ethnic (BME) Network, a sub-group of the Mental Health Partnership Board, to look at improving adult mental health services for people from black and minority ethnic groups.
- Recruitment of three further community development workers over the next year as a result of consultation with the BME Network.

ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

Outcome 6: Economic well-being

- Access to income and resources sufficient for a good diet, accommodation and participation in family and community life.
- Ability to meet costs arising from specific individual needs.

Achievements in 2006-2007

- Through a Welfare to Work initiative, the Richmond Fellowship was commissioned to 'broker' 150 work placements and 40 sustainable jobs over a three-year period. They worked with the Employment and Skills Team for the provision of a number of local work placements.
- The Clarendon Centre provided employment, welfare rights and benefits support:
 - Two employment advisors worked with over 30 service users. Two were offered work, one taking up a place, the other unfortunately relapsing. We created a voluntary work placement as a receptionist for external referrals which proved successful; two candidates, both referred by First Step Trust, have moved on to paid employment.
 - Fifty service users took advantage of a welfare rights and benefits service for both service users and carers with most queries requesting assistance with:
 - claims for Disabled Living Allowance
 - understanding letters
 - phone calls to the Housing Service or the Benefits Agency and assistance if the calls encountered problems.

More complex cases were referred to the Citizens Advice Bureaux and local neighbourhood offices.

- New unpaid opportunities included:
 - the Artworks Training Project which supported service users to move on to the existing Studio 306 facility for independent use by mental health.

Paid employment

Following referral to a day service, it was found that an Afro-Caribbean service user with a long history of mental illness was interested in music technology and sport.

He achieved two recognised sports awards, was a member of the Six8four Haringey United football team, and his considerable dedication and application was recognised by service users and staff alike. He was paid to provide support at the centre.

His goal is now to move into a career in sports and leisure.

- the 'A Team' which offered deep cleaning of the accommodation of people with severe mental health problems. Over 30 people were assisted by the team of approximately eight people.

Economic Regeneration and the Selby Trust are working with both these projects in collaboration with Adult, Culture and Community Services to help them set up as social firms.

- Inclusive Solutions, a Disability Awareness Consultancy and an emergent social firm, whose membership includes people with mental health issues, delivered awareness training to major providers. They also trained the Specialist Incapacity Benefit Personal Advisers (SIBPAs) from local Jobcentre Plus offices in mental health awareness and equalities. Their offices are based at the Selby Centre.
- The employment adviser in Tottenham, in post from January 2007, took referrals from team colleagues and self-referrals from service users who received a under the CPA. The aim was to provide a one-stop shop within a mental health team, ensuring that people on enhanced as well as standard CPA were able to access employment opportunities. Outcome targets included helping service users into: paid employment, voluntary work, permitted work, training and education.

As well as working with service users, the employment adviser made links on behalf of the CMHT with Jobcentre Plus and other local employment organisations as well as employers, and provided support, if appropriate, once they were in work.

Plans for 2007-2008

- Development of a strategic framework by the Well-Being Partnership Board which will recognise “improved mental health” as a priority for 2007-10. In addition, the Local Area Agreement (LAA) has identified a target to “increase the number of residents on incapacity benefit for six months or more helped into work of 16 hours per week or more for at least 13 weeks”, many of whom are people who have experienced mental health problems.
- Provision of ten work placements will be provided in the Adult, Culture and Community Services Directorate in 2007-08. The scheme will be implemented in partnership with the Richmond Fellowship. Human Resources have agreed to propose the adoption of a work placement

Employment Adviser Pilot

This project is funded through the London Development Agency (LDA) and the European Social Fund. The project – managed through North East London Mental Health Trust (NELMHT) – has placed an employment adviser, seconded from specialist employment organisations, in three CMHTs in Tottenham, Barking, and Hackney.

It is funded until June 2008, after which it will be evaluated by the LDA, with the aim, if successful, of rolling out the model to other CMHTs in London.

scheme across the Council. The proposal will be presented to the Chief Executive's Management Board in June 2007.

This is part of the Welfare to Work initiative to which we have signed up. Initiatives to meet the overall target of 150 placements will be monitored by the Welfare to Work Partnership Board which is facilitating work placement schemes and employment for people with mental health problems (and others). The LIT also has an Employment Focus Group.

- Establish three Haringey projects as social firms by March 2008.

Signing off and moving on

A long-standing service user attended training sessions in design and publication, displaying a natural talent, enthusiasm and self-motivation.

He established himself on the editorial team of a local publication and became the paid designer, initially working with a facilitator. He has signed off benefits and registered as self-employed.

He is also undertaking a higher education course to enhance his skills.

ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

Outcome 7: Maintaining personal dignity and respect

- Keeping clean and comfortable.
- Enjoying a clean and orderly environment.
- Availability of appropriate personal care.

Achievements in 2006-2007

- “Rethink”, a user-led organisation, was jointly commissioned with neighbouring local authorities Barnet and Enfield to deliver uninstructed advocacy for people who lack capacity across all relevant providers as set out by legislation. Our plans for the service were developed in consultation with the Local Implementation Networks and partnership board.
- Safeguarding adults multi-agency training was successfully implemented across the Mental Health Service, raising awareness and the standards of protecting adults with mental health problems.
- A six-weekly forum was established – and work is ongoing – with the Children and Young People’s Service to look at cases where parents have a mental health problem. The lead nurse is a member of the Local Safeguarding Children Board (LSCB).
- Evidence of good joint working and negotiation across the BEHMHT and local authorities through the Delayed Transfers of Care protocol. Performance for long stays in acute care admissions improved this year.

Plans for 2007-2008

- Establish a multi-disciplinary good practice mental health forum for case discussion where there is a safeguarding adults issue.
- Ensure staff in acute in-patient service access POVA awareness training.
- Roll out of the parental mental illness protocol following sign-off from the LSCB.

Safeguarding vulnerable adults

Joint working between the adult mental health service, the Children and Adolescent Mental Health Service (CAMHS) and primary healthcare has resulted in a Parental Mental Health Protocol.

This has received initial approval from the Local Safeguarding Children Board (LSCB).

It provides guidance for health and social care staff across the primary and secondary care pathway on how to support parents and also safeguard children. It clarifies access points for assessment of mental health and substance misuse issues.

- The Protection of Vulnerable Adults Champions Forum will continue to meet six-weekly to look at case studies and best practice around safeguarding adults.
- All mental health providers will be given a tool-kit on safeguarding adults, commissioned by Supporting People.

Outreach services

An outreach service successfully worked with a hard to engage service user who was pregnant. Midwives, obstetricians, Haringey's Children and Young People's Service and acute adult in-patient services worked together to maintain her mental health and well-being to a level where there was safe delivery of baby and continuing support for her in a proactive planned way. The baby has now been adopted and the service user and family maintain their strong involvement with the services.

ADULT SERVICES – PEOPLE WITH MENTAL HEALTH PROBLEMS

Abbreviations

BEHMHT	Barnet, Enfield and Haringey Mental Health Trust
BME	Black and minority ethnic
CAMHS	Child and Adolescent Mental Health Services
CMHT	Community Mental Health Team
CONEL	College of North East London
CPA	Care Programme Approach
EIA	Equalities Impact Assessment
EIPT	Early Intervention in Psychosis Treatment
HAP	Health Action Plan
HEAT	Haringey Equal Access Training
HOST	Homelessness Outreach Support Team
HTPCT	Haringey Teaching Primary Care Trust
LAA	Local Area Agreement
LDA	London Development Agency
LES	Local Enhanced Service
LIT	Local Implementation Team
LSCB	Local Safeguarding Children Board
NELMHT	North East London Mental Health Trust
NRF	Neighbourhood Renewal Fund
NVQ	National Vocational Qualification
OCN	Open College Network
POVA	Protection of Vulnerable Adults
QOF	Quality, Outcomes, Framework
RES	Race Equality Scheme
SIBPA	Specialist Incapacity Benefit Personal Adviser